### Who is Eligible to Participate?

- Age 18 65, male or female, any race/ethnicity
- Have a diagnosis of Bipolar
   Disorder, Type I



### Where can you participate?

The Bipolar Biobank research team is currently looking for participants at the following institutions:

- Mayo Clinic Rochester, MN; Jacksonville, FL; Scottsdale, AZ
- Austin Medical Center– Mayo Health System Austin, MN
- Lindner Center of HOPE– University of Cincinnati Mason, OH; Cincinnati, OH
- University of Minnesota Minneapolis, MN

### **To Learn More**

For more information please contact: 1-507-255-9034 *or* bipolarbiobank@mayo.edu



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## Bipolar Disorder Biobank



# What is the **Bipolar Biobank?**

#### Researchers at Mayo Clinic are

developing a research resource for bipolar

disorder called a biobank. Participants

in this Bipolar Biobank provide samples

of blood, complete an interview and

questionnaires, and allow access to

medical records. The Bipolar Biobank

will make it much easier to conduct

research studies about bipolar disorder

because researchers will have access to

blood samples, along with patient data,

from thousands of people all in one place.

### How to Participate

Participation in the Bipolar Biobank is voluntary.

### If you are interested in participating, you will first meet with study staff to:

- Learn more about why the Bipolar Biobank is being created, along with what risks and benefits are involved with participation
- Discuss privacy and confidentiality procedures
- Answer any questions that you may have

If, after meeting with study staff, you decide to participate, you will then be asked to:

- Sign a document indicating you want to participate in the Bipolar Biobank
- Complete a psychiatric interview to confirm your diagnosis of bipolar disorder
- Complete a questionnaire
- Complete a psychiatric interview to allow researchers to understand your personal experience with bipolar disorder

 Allow researchers to obtain information from your medical record

\_ \_ \_ \_ \_ \_ \_ \_ \_ \_ \_ \_

Provide a blood sample

In the future, the study team may call upon you to continue your support of the Bipolar Biobank by:

- Completing more questionnaires
- Providing additional samples



### **To Learn More**

For more information about the Mayo Clinic Bipolar Biobank, please contact:

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