

Lila J. Finney Rutten, Ph.D.

Professor of Health Services Research



Lila J. Finney Rutten, Ph.D., is a consultant and chair of the Division of Epidemiology, Department of Quantitative Health Sciences at Mayo Clinic in Rochester, Minnesota, with a joint appointment in the Division of Community Internal Medicine, Geriatrics and Palliative Care, Department of Internal Medicine. Dr. Finney Rutten also serves as program lead for the Cancer Prevention, Control, and Survivorship Research Program within the Mayo Clinic Comprehensive Cancer Center. She holds the academic rank of professor of health services research, Mayo Clinic College of Medicine and Science.

Dr. Finney Rutten earned her M.A. and Ph.D. in psychology from Miami University and an M.P.H. in epidemiology and biostatistics from Harvard University. She completed postdoctoral training through the National Cancer Institute's (NCI) Cancer

Prevention Fellowship Program and remained at NCI as a project officer and behavioral scientist until 2012. She then joined Mayo Clinic as the founding director of the Population Health Science Program in the Kern Center for the Science of Health Care Delivery.

An interdisciplinary scientist, Dr. Finney Rutten brings expertise in social and behavioral science, implementation science, and social and behavioral epidemiology. Her research focuses on identifying and addressing factors that influence cancer prevention and control, with an emphasis on implementing and evaluating evidence-based strategies to improve population health and reduce cancer disparities. Dr. Finney Rutten's research is funded by the National Cancer Institute, among others. She has given presentations to both national and international audiences and has authored over 200 peer-reviewed journal articles.

In recognition of her work, Dr. Finney Rutten has received many awards and honors, including most recently the Population Health Science Special Interest Group Distinguished Service Award, the C. Tracy Orleans Distinguished Service Award, and the Elliot J. Coups Improving Health Through Behavioral Medicine Award, conferred by the Society of Behavioral Medicine. She also received the National Cancer Institute Director's Award for Population Science: NCI Health Information National Trends Survey.

Dr. Finney Rutten is a fellow of the Society of Behavioral Medicine. Her additional professional memberships include the American Society of Preventive Oncology and the Gretchen Swanson Center for Nutrition, where she serves on the Scientific Advisory Board.