

Dual-Source CT: How Does it Work and What Can it Do?

Michael R. Bruesewitz, R.T.(R)¹, Cynthia H. McCollough, Ph.D.¹, Herbert Bruder, Ph.D.², Rainer Raupach, Ph.D.², Bernhard Schmidt, Ph.D.², Thomas Flohr, Ph.D.² ¹Department of Radiology, Mayo Clinic College of Medicine, ²Siemens Medical Solutions, Forcheim, Germany

Introduction

What is Dual source CT (DSCT)?

Dual source CT is equipped with two X-ray tubes and two corresponding detectors, mounted onto the rotating gantry with an angular offset of 90°. Fig. 1 illustrates the principle. One detector (A) covers the entire scan FOV (50 cm), while the other detector (B) is restricted to a smaller, central FOV (26 cm) due to space limitations on the gantry. Each detector contains 40 detector rows; the 32 central rows are 0.6 mm wide and the 4 outer rows on both sides are 1.2 mm wide. Using the z-flying focal spot technique, two 32channel 0.6 mm measurements are combined to create 64 projections per rotation along the z axis, with each 0.6 measurement overlapped by 0.3 mm. The shortest gantry rotation time is 0.33 s. Two on-board generators provide up to 80 kW peak power to each of the two rotating envelope (Straton) X-ray tubes. When only Tube A is operated, the system performs essentially the same as a 64-channel single source CT from the facturer (Sensation 64). The gantry exterior and interior are shown in Fig. 2.



Temporal Resolution

How does DSCT obtain an 83 ms temporal resolution?

In general, partial scans (also called half-scans) are used for ECG-gated CT image reconstruction, and the acquisition time window of data contributing to the reconstruction determines the temporal resolution. If redundant data are neglected, temporal resolution at the center of rotation can be as good as 1/2 of the rotation time for a single source CT scanner. For 0.33 s rotation, temporal resolution = rotation time/2 =

165 ms (Fig. 3). In a DSCTscanner, the half-scan since gram can be split up into wo quarter-scan sii grams (Fig. 4). These two quarter-scan sinograms a neously acquired by the two detectors and are joined together by means of a smooth trans tion function to avoid arti-facts from potential discor tinuities at the respective start- and end-pr Since detector B does not cover the entire 50-cm scar FOV, its projections are potentially truncated and have to be extrapolated using data acquired by detector A for the same projection angle (i.e. a uarter rotation earlier) With this approach, ten ral resolution equivalent a quarter of the gantry ion time/4 is achiev for the FOV covered by both detectors. For rotatio time = 0.33 s, this temporal





time/4 = 83 ms. Because data from only one cardiac cycle are required to reconstruct an image (i.e. single-segment reconstruction), the temporal resolution does not depend on heart rate. Figures 5 and 6 demonstrate the improvement in temporal resolution of DSCT



Radiation Dose

Tubes A and B must each deliver the tube current (mA) required for the desired noise level, so that every projection has the required photons. However, only about half of the projections gathered by detectors A and B are used for the image reconstruction. This would double the dose, if no other changes were made. To avoid this result, and to lower dose even further relative to the Sensation 64, four dose reduction strategies are implemented on the Definition:

- A cardiac beam shaping filter (bowtie or wedge filter) • 3-D adaptive noise reduction
- Heart rate dependent pitch values
- ECG-based mA modulation with arrhythmia detection and adjustable temporal windows

CTDI doses were measured according to international standard IEC 60601-2-44 using 16-cm (head) and 32-cm (body) CTDI phantoms. $CTDI_w$ (mGy) was measured per 100 mAs and $CTDI_{vol}$ (mGy,

Dose Reduction Strategies

Cardiac Beam Shaping Filter igure 7 demons

e principle of an Xy beam-shaping fil r. Because the tient thickness is s at the periphery ne X-ray beam is nuated (i.e. haped") prior to the tient to eliminate ecessary radiatio o the body periphery cardiac CT, the egion of interest is ered within the norax, and radiation can be further restricted to the cardiac FOV nus, the radiation ose beyond the cardiac FOV can be educed by using bo the body and cardiac n-shaping filter. igure 8 demonstrate e dose reduction sing this additional lter. Figure 9 monstrates the rela ve doses for the two tems, at the same age noise, when y the additional rdiac beam shapin filter is used. The DSCT dose is ~ 1.5 es the MDCT do



Figure 10

Figure 11

CTDIvol at Eq

3-Dimensional Adaptive Noise Reduction

o achieve further ose reduction, a 3D adaptive noise reduc n algorithm is pplied to the CT vo e data for the B26 ernel of the DSCT stem. In this algothm, linear varia re calculated for rous direction n the 3D image space order to determin the orientation of dges. The minimu riance are assumed be oriented tangen ially to the contour vith highest contrast Different reconstruc ion filters are used t nerate three inter ediate data sets. pendent on the cal distribution of riances, intermed ate data are mixed by

eans of local reights. The optimal adapted filter is the combination that kimizes the noise reduction while preserving edge detail. igures 10 and 11 show the reduced noise at the same mAs ing this feature, which makes the DSCT dose comparable to

Heart Rate Dependent Pitch Values

cardiac CT, temporal resolution strongly depends on heart rate, with optimal temoral resolution achieved when the patient's heart rate and the gantry rotation time re properly de-synchronized. Fig. 12 shows the temporal resolution as a function on the heart rate for an MDCT system with 0.33 s gantry rotation time (Sensation 64) and for the DSCT (Definition) system. While the MDCT reaches 83 ms temporal res-olution using dual-segment reconstruction only at 66 bpm, 81 bpm and 104 bpm, the DSCT provides 83 ms temporal resolution at all heart rates using only one cardiac cycle's worth of data (i.e. single-segment reconstruction). Additionally, for single-segment cardiac CT reconstructions, the table feed (and its correlate, pitch) can be adapted to the heart rate, increasing for higher heart rates (Fig. 13). This directly lowers patient dose, as the average dose within the scan volne (CTDIvol) is directly proportional to 1/pitch. In MDCT, in order to allow for nward variations in heart rate during scan acquisition, or the option of multisegment reconstruction to improve temporal resolution, most commercial implement ons keep pitch relatively low when the heart rate increases. That is, with a single ource CT, pitch is not increased dramatically at higher heart rates because multinstruction must be used to improve temporal resolution and avoid ment re tion artifacts. Since this is not necessary for DSCT, pitch is able to be increased rom 0.2 to 0.5 on the evaluated DSCT system as the heart rate increased 45 to 100 ppm. Figure 14 summarizes the dose reduction achieved with increased pitch.



ECG-based mA Modulation

dulation of the tube current throughout the cardiac cycle (ECG pulsing) has been shown to reduce dose in rdiac CT by as much as 50%. As implemented in the DSCT scanner, the user can prescribe the desired ases where the maximum tube current is used (Fig.). The generators and rotating envelope (Straton) bes used in the DSCT system allow for faster mA ons relative to the Sensation 64 MDCT and her MDCT systems using conventional x-ray tube esigns, thus making the mA modulation more effient at reducing dose.



 $\text{CTDI}_{\!\scriptscriptstyle W}/\text{pitch})$ calculated. Additionally, DLP (mGy-cm) was measured in spiral mode as the pitch and ECG pulsing window were varied. Noise vs. mAs curves were measured in spiral mode for the DSCT (Definition) and 64-slice MDCT (Sensation 64), and dose compared for equivalent image noise and slice thickness.

Recalling that **mAs** = **tube current** • **exposure time** and **effective mAs** = **mAs/pitch**, in cardiac mode the DSCT system uses the term mAs/rotation = total mAs delivered per gantry rotation. Effective mAs is still used in non-cardiac scan modes.

mAs/rotation is proportional to dose on DSCT and is the sum of the mAs from both tubes. This is not the same as mAs/image (total mAs used in image reconstruction), which is proportional to 1 / noise². The mAs terminology used on the DSCT system differs from that used on the MDCT system to better reflect that for spiral cardiac DSCT, mAs/rotation \neq mAs/image.





Dose Reduction Summary

Figure 16 summarizes CTDIvol data for CTA examinations that esult in the same image noise. The data include the effects of the cardiac beam shaping filter and 3D adaptive noise reduction, and highlight the dose reduction achieved when pitch was increased, CG modulation was used, or both. The data indicate that as heart rate increases, the increase in pitch provides the most dramatic dose savings. At lower heart rates, ECG-modulation is more efficient at dose reduction compared to at higher heart rates.



Clinical Examples





