



Nathan L. Delafield, M.D.

Assistant Professor of Medicine



Nathan L. Delafield, M.D., is a senior associate consultant in Community Internal Medicine, Department of Medicine at Mayo Clinic in Arizona. He joined the staff of Mayo Clinic in 2020 and holds the academic rank of assistant professor of medicine, Mayo Clinic College of Medicine and Science.

Dr. Delafield earned his B.S. in kinesiology at Arizona State University and his M.D. at Indiana University School of Medicine. He completed his internal residency at Mayo Clinic.

As a community-engaged researcher, Dr. Delafield focuses on fostering community-driven solutions and partnerships to improve patient health.

In addition to his clinical and research activities, Dr. Delafield serves as associate program director for the internal medicine residency program at Mayo Clinic in Arizona. He has been recognized as Teacher of the Year in the internal medicine residency program as well as Community Internal Medicine Teacher of the Year. Dr. Delafield also serves as the associate chair of the Office of Belonging for the Department of Medicine at the Arizona campus.

Dr. Delafield is a fellow of the American College of Physicians where he serves on the Education Content Validation Committee. He also serves on the Board of Trustees of Vitalyst Health Foundation.