Poisson models for person-years and expected rates

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Technical Report #81
September 3, 2008

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1 Introduction

1.1 Motivation

In medical research we are often faced with the question of whether, in a specified cohort, the observed number of events (such as death or fracture) is more than we would expect in the general population. If there is an excess risk, we then wish to determine whether the excess varies based on factors such as age, sex, and time since disease onset.

Statistical approaches to this problem have been studied for a long time and there is a well-described set of methods available (see, for instance, overviews in the Encyclopedia of Biostatistics [6]). An interesting aspect of the methods, and the primary subject of this report, is that many of the computations are very closely related to Poisson regression models. Powerful modern software, such as the generalized linear models functions of S-Plus (glm), SAS (genmod), or other packages, allow us to do these "specialized" computations quite simply via creation of datasets in the appropriate format. This report summarizes several of these computations, and is also a compendium of various tricks and techniques that the authors have accumulated over the years.

At the outset, however, we need to distinguish two separate kinds of questions about event rates, as the approaches herein deal only with one of them. Consider all of the subjects in a population with a particular condition, e.g. exposure to Lyme disease as measured by the presence of an antibody. Interest could center on two quite different questions:

- Prospective risk: a set of subjects with the condition has been identified; what does their future hold?
- Population risk: what is the impact of the condition on the population as a whole? This includes all subjects with the condition, whether currently identified or not.

A big difference between these questions is what to do with cases that are found post-hoc, for instance patients who are found to have the antibody only when they develop an adverse outcome known to be related to Lyme disease, or cases found at autopsy. Analysis for population questions is much more difficult since it involves not only the cases found incidentally, but inference about the number of subjects in the population with the condition of interest who have not been identified.

The methods discussed here only apply to the prospective case. We might think of prospective risk as the therapist's question, as they advise the patient currently in front of them about his/her future. Interesting questions include

- Short term. What is the risk for the short term, say 30 days? This question is important, but we must be quite careful about implying causality from any association that we find. We might find more joint pain in Lyme disease patients simply because we look for it harder, or a particular lab test might only be ordered on selected patients.
- Long term. What is the long term risk for the patient? Specific examples of questions are:
  - Do patients with diabetes have a higher death rate than the general population? Has this relationship changed over time? Are there different relationships for younger versus older subjects? Does this relationship change with disease duration?
  - Has the rheumatoid arthritis population experienced the same survival benefits as the general population?
  - Multiple myeloma subjects are known to experience a large number of fractures. Does this excess fracture rate occur before or after the diagnosis of multiple myeloma? Is this excess fracture rate constant after diagnosis?
  - Do patients with MGUS (monoclonal gammopathy of undetermined significance) have higher death rates than expected? Is the excess mortality rate constant, or does it rise with age? How is the amount of excess related to gender, obesity, or other factors?

Each of these items are actual medical questions that have been addressed in studies at Mayo, worked on by members of the Division of Biostatistics, and several are used as examples in this report.

	Age					
Time	< 35	35–45	45–55	55–65	65–75	75+
0–1 month	0	0	0	.082	0	0
1–6 month	0	0	0	.416	0	0
6–12 month	0	0	0	.236	.266	0
1–2 yr	0	0	0	0	1	0
2–5 yr	0	0	0	0	2.49	0
5+ yr	0	0	0	0	0	0

Table 1: *Person-years analysis for one person who entered the study at age 64.3 and died at age 68.8. Each cell contains the number of person-years spent in that category.*

1.2 Data for examples

There are three datasets used for the examples in this report.

- The `lung` dataset is standardly available with S-Plus and includes prognostic variables from 228 Mayo Clinic patients with advanced lung cancer [8]. The main endpoint is survival, and in this particular dataset the status variable is coded as 1=alive, 2=dead. The follow-up time ranges from 5 to 1022 days, and the sex variable is coded as 1=male, 2=female. The variable `ph.ecog` is the physician assigned ECOG performance score, which is a measure of physical disability and ranges from 0 (fully active) to 4 (totally confined to a bed or chair).

- Monoclonal gammopathy of undetermined significance (MGUS) is detected from the *serum protein electrophoresis* (SPE) test, which is ordered by a physician for a number of reasons. It is often, in fact, an exploratory test when the root cause for a patient's condition is unclear. The dataset `data.spe` contains records of all 1,384 Southeastern Minnesota residents who were diagnosed with MGUS at Mayo Clinic between 1960 and 1994, plus the 21,910 subjects with negative SPE test results for the same region from June 1985 through 1994. (The electronic laboratory records only reach back to 1985).

- The `data.mgus` dataset includes the subjects diagnosed with MGUS and is a subset of `data.spe`. It contains the sex, age and date of diagnosis, region of residence, follow-up time, and status at last follow-up for 1,384 Southeastern Minnesota residents who were diagnosed with MGUS at Mayo Clinic between 1960 and 1994 [7]. These patients have, on average, over 15 years of follow-up.

1.3 Person-years

Tabular analyses of observed versus expected events, often called "person-years" summaries, are very familiar in epidemiological studies. Table 1 is an example, and shows how a subject may contribute to multiple cells within a person-years table. In this case, the results have been stratified both by patient age and by the time interval that has transpired since detection of MGUS. This table includes the follow-up for a female who is age 64.3 at diagnosis of MGUS and is followed for approximately 4.5 years. She contributes 0.082 years (1 month) to the "0-1 month" cell as a 55-65 year old. During the "6-12 month" cell she contributes person-years to two different age groups.

This concept can be applied to all the females from the `mgus` data, as shown in Table 2. We can learn a lot from this table, but it is not always easy to read. We immediately see that making those under age 35 into a separate group was unnecessary; very few people are diagnosed with MGUS before age 45. Looking across the rows, we see considerable early mortality in these patients: in the first month after detection there were 20 observed deaths, but only 2.0 expected events. This 10-fold increase is likely an artifact of detection, i.e. it is likely attributable to people who came to Mayo for a serious or life-threatening condition and were found to have MGUS incidentally. Such individuals are not dying of MGUS, but of the causes that underlie their visit.

	Age						
Time	< 35	35–45	45–55	55–65	65–75	75+	Total
	3	13	44	100	201	270	
	0.2	1.1	3.5	7.9	16.3	21.7	50.7
0–1	1	0	2	5	4	8	20
month	.0001	.0014	.011	.063	.314	1.58	2.0
	9675.1	0	179.1	79.1	12.7	5.1	10.1
	2	13	43	97	202	270	
	0.8	5.1	17.4	38.8	78.9	106.8	247.8
1–6	0	0	0	2	5	18	25
month	.0004	.0065	.055	.312	1.525	7.81	9.7
	0	0	0	6.4	3.3	2.3	2.6
	2	12	42	94	195	272	
	1.0	5.9	19.4	43.5	89.7	129.3	288.8
6–12	0	0	0	4	3	9	16
month	.0005	.0076	.061	.345	1.709	9.35	11.5
	0	0	0	11.6	1.8	0.96	1.4
	2	11	40	86	182	288	
	2.0	10.2	35.9	76.7	158.7	267.4	550.9
1–2	0	0	1	5	8	21	35
yr	.0011	.0133	.112	.611	2.947	19.50	23.2
	0	0	8.9	8.2	2.7	1.1	1.5
	2	10	39	85	178	318	
	4.5	23.1	77.7	183.3	408.5	762.3	1459.4
2–5	0	0	2	3	8	70	83
yr	.0029	.0303	.237	1.389	7.467	57.80	66.9
	0	0	8.4	2.2	1.1	1.2	1.2
	1	6	26	68	140	294	
	0.1	22.7	73.8	189.8	409.6	928.9	1624.9
5–10	0	0	0	4	19	119	142
yr	.0001	.0294	.235	1.442	7.630	80.94	90.3
	0	0	0	2.8	2.5	1.5	1.6
	0	1	9	35	74	173	
	0.0	5.1	42.3	146.3	269.4	712.4	1175.4
10+	0	0	1	0	13	88	102
yr	0	.0069	.127	1.083	4.946	62.15	68.3
		0	7.9	0	2.6	1.4	1.5
	3	15	57	147	298	466	631
	8.7	73.1	270.1	686.2	1431.1	2928.8	5398.0
Total	1	0	6	23	60	333	423
	0.01	0.1	0.84	5.2	26.5	239.1	271.9
	196.1	0	7.2	4.4	2.3	1.4	1.6

Table 2: *Rates analysis for female patients with MGUS. Each cell contains five values: 1) the number of subjects contributing to the cell, 2) the total number of person-years of observation in the cell, 3) the number of deaths, 4) the expected number of deaths based on the Minnesota population, and 5) a risk ratio. A given patient will contribute to multiple cells during her follow-up.*

The values in Table 2 were produced using the following code in S-Plus.

```
## Create desired grouping of the follow-up person-years
> cuttime <- tcut(rep(0, nrow(data.mgus)),
              c(0, 30, 182, c(1, 2, 5, 10, 100)*365.25),
              labels=c('0-1 mon', '1-6 mon', '6-12 mon', '1-2 yr',
                       '2-5 yr', '5-10 yr', '10+ yr'))

## Create desired grouping of age
## Note - the first argument defines the age at which people enter the study.
##        The tcut function then categorizes person-years according to the
##        specified age groups throughout follow-up.  The age categories
##        and baseline age are in days but the labels are in years.

> cutage  <- tcut(data.mgus$age,
              c(0, 35,45,55,65,75, 110)*365.25,
              labels=c('<35', '35-45', '45-55', '55-65', '65-75', '75+'))

## Divide follow-up by age and time categories
> pyrs.mgus <- pyears(Surv(futime, status)  ~ cuttime + cutage +
               ratetable(age=age, year=dtdiag, sex=sex), data=data.mgus,
               ratetable=survexp.mn, subset=(sex=='female'), data.frame=T)

## Create nice HTML version of the table
> pyears2html(pyrs.mgus)

## Make sure variables are summarized correctly
## Person-years 'off table' > 0 generally indicates a problem
> summary(pyrs.mgus)
Total number of person-years tabulated: 5397.977
Total number of person-years off table: 0
Matches to the chosen rate table:
     age ranges from 29.9 to 96 years
  male: 0  female: 631
  date of entry from 12/15/1960 to 11/29/1994

## Look at the dimensions of the expected data
> summary(survexp.mn)
Rate table with dimensions:
     age: time variable with 110 categories
     sex: discrete factor with legal values of (male, female)
    year: time variable with 4 categories (interpolated)
```

The `tcut` command creates time-dependent categories especially for the `pyears` computation. Its first argument is the starting point for each person; for the `cuttime` variable (time since diagnosis of MGUS) each person starts at 0 days. As a person is followed through time, they dynamically move to another category of follow-up time at 30, 182, etc. days. The `pyears` function breaks the accumulated person-years into cells based on `cutage` and `cuttime`. The created intervals are of the form $(t_1, t_2]$, meaning that the cutpoints are included on the right end of each interval.

The `survexp.mn` rate table is a special object containing the daily death rates for Minnesota residents by age, sex, and calendar year; the variable names of 'age', 'sex', and 'year' can be found by `summary(survexp.mn)`. Other rate tables may include different dimensions. For instance, the `survexp.usr` rate table is also divided by race. By default, the `pyears` function assumes that your dataset, `data.mgus` in the above example, contains both the variables found in the model statement *and* the variables found in the rate table, and that the latter are on the right scale (e.g. days versus years). If the variable names are not in your dataset you can still do the analysis by calling the `ratetable` function as part of your formula. In this particular dataset 'year' is named 'dtdiag'. Since the Minnesota rate table contains daily hazards, this means that age should be in days, and that the

'year' argument should be a Julian date (number of days since 1/1/1960) at which the subject began their follow-up. The variable sex should be coded as ("male", "female"). Any unique abbreviation of the character string, ignoring case, is acceptable, as is a numeric code of (1, 2). Correctly matching the variables of the rate table is one of the more fussy aspects of the `pyears` and `survexp` routines, and it is easy to make an error. Be very careful as well to use only the starting values of your variables (follow-up time at baseline, baseline age, etc.) when using `tcut`. The `pyears` function returns two components whose primary purpose is data checking, shown in the last 4 lines of the example. The `summary` component shows how subjects mapped into the rate table at the start of their follow-up, and `offtable` shows the amount of follow-up time that did not fall into any of the categories specifed by the formula.

An HTML version of the table can be produced using the `pyears2html` function. The local Mayo SAS procedure `personyrs` produces such tables directly, but unfortunately the result is not compact enough to fit nicely into this report. Additionally, the SAS procedure is not set up to use the standard expected death rate tables and instead expects a dataset with user-defined expected event rates [2]. See the Appendix for the location of `pyears2html` code (section 5.3.1) and for information on how to create rate tables in S-Plus and SAS (section 5.2).

1.4 Examining population event rates

Often it is useful to first examine the event rate data before comparing it to expected rates. Using the SPE data, we'll look at the observed death rates, ignoring the first 2 years of follow-up after the SPE test since the early increase in observed to expected deaths is most likely an artifact of detection. Here is S-Plus code and output, dividing the subjects into 5 year age groups. Note that in this example the `ratetable` option is not used so there are no expected rates in the output.

```
## Cut time into 0-2 years of follow-up vs 2+ years
> cuttime3 <- tcut(rep(0, nrow(data.spe)), c(0, 730, 36500),
                labels=c("0-2", "2+"))

## A fairly coarse age grouping is used (note: age is in days)
> cutage3 <- tcut(data.spe$age, c(0,seq(45,95, by=5),110)*365.25,
               labels=c('<45', paste(9:17 *5, '-', 10:19 *5, sep=''), "95+"))

## Here, no expected rates are requested
> pyrs.spe3 <- pyears(Surv(futime, status) ~ cutage3 + sex + mgus + cuttime3,
                  data=data.spe, data.frame=T)$data

## create an event/person-years ratio
> pyrs.spe3$rate <- pyrs.spe3$event/pyrs.spe3$pyears

## look at the first 5 observations with follow-up of 2+ years
> pyrs.spe3[pyrs.spe3$cuttime3=='2+',][1:5,]

   cutage3     sex mgus cuttime3     pyears      n   event         rate
49     <45  female    0       2+  10453.166   1522      36  0.003443933
50   45-50  female    0       2+   5497.853   1642      24  0.004365341
51   50-55  female    0       2+   6989.339   2039      28  0.004006101
52   55-60  female    0       2+   8512.571   2475      81  0.009515339
53   60-65  female    0       2+  10209.962   3001     128  0.012536775
```

Figure 1 shows the rates from the output table (`pyrs.spe3`) plotted on a log scale versus age; it appears that the log of the rates is nearly linear in age, with a small upward curving component. Figure 2 shows these same rates plotted on the arithmetic scale versus age; here the relationship definitely curves upward, and needs at least a quadratic component. Whatever the relationship, information from the oldest age category will be highly influential on the fit. Depending on the dataset, analysis of

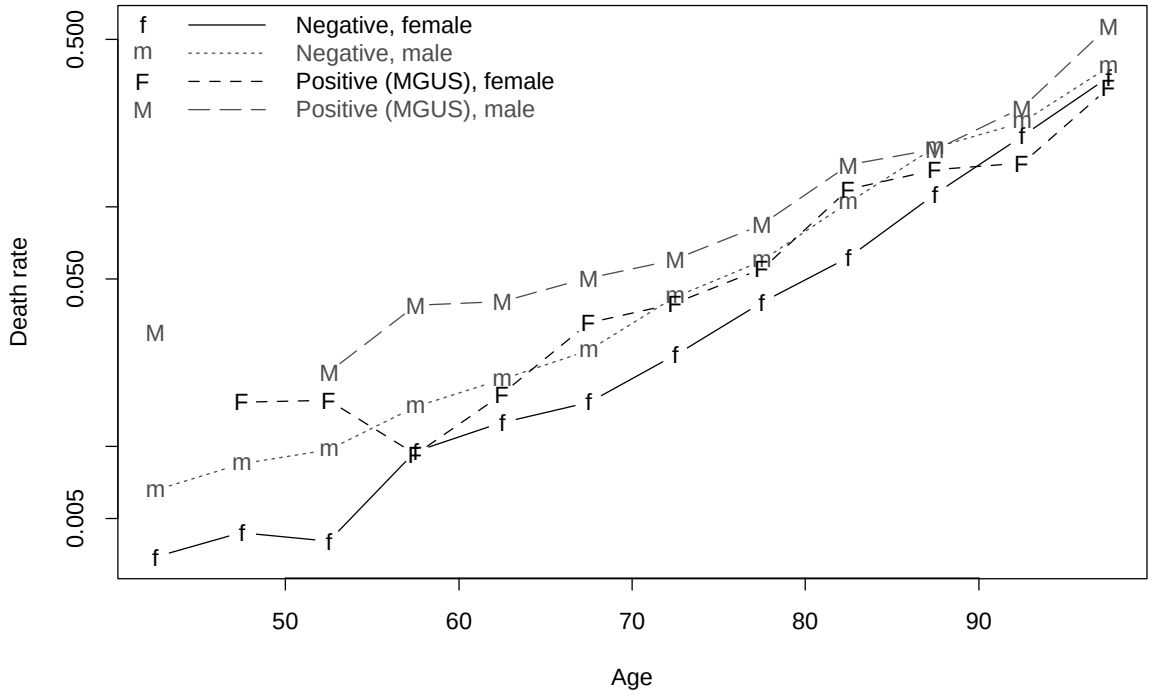


Figure 1: *Death rates (plotted on a log scale) versus age for patients who had an SPE. Note that two points with rates of zero do not appear on the logarithmic plot.*

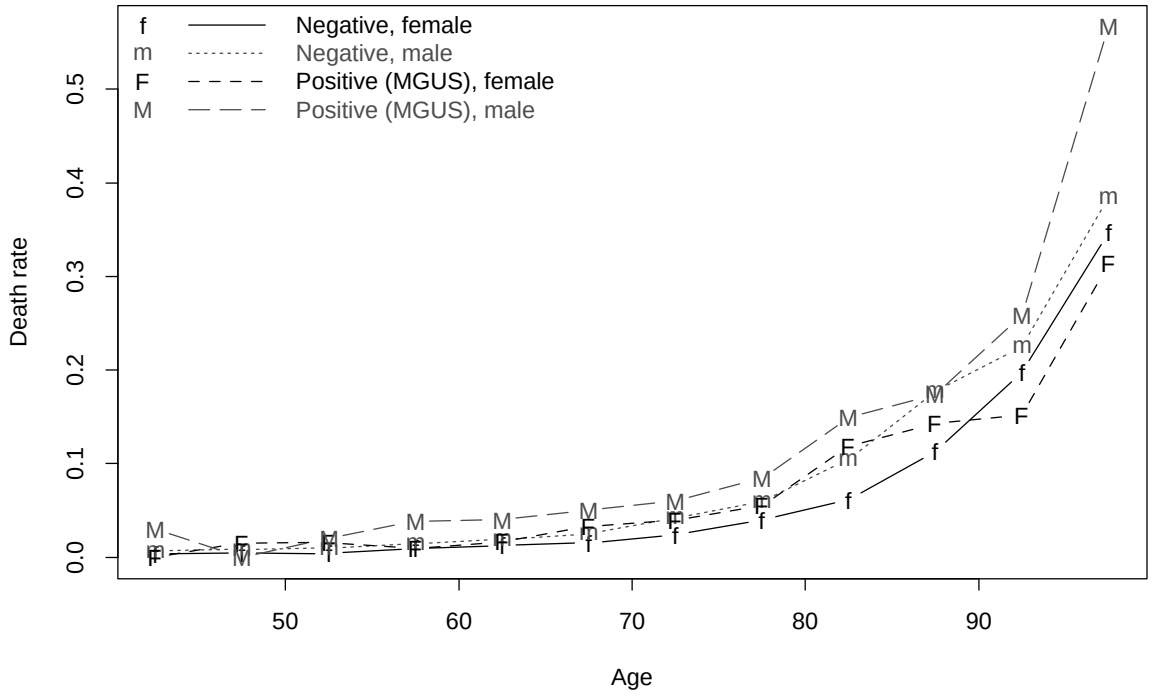


Figure 2: *Death rates (plotted on the arithmetic scale) versus age for patients who had an SPE.*

the log of the rates (multiplicative scale) or of the rates without a transformation (additive scale) may lead to a better model. In this case, analysis of the log rates appears to provide a simpler description of the age relationship.

```
#####   CODE TO CREATE FIGURE 1 #####
## Approximate centers of the intervals
> tmp.age <- (seq(40, 95, by=5)+2.5)

## Create a T/F variable that indicates cells with follow-up of 2+ years
> ok <- pyrs.spe3$cuttime3 == "2+"

## Transform the data from 1 column of rates to a matrix with 4 columns
## The 4 columns correspond to: female/mgus=0, male/mgus=0, female/mgus=1, male/mgus=1
> tmp.y <- matrix(pyrs.spe3$rate[ok], ncol=4)

> matplot(tmp.age, tmp.y, log='y', type='b', lty=1:4, col=1,
          pch="fmFM", xlab="age", ylab="Death rate")
> key(corner=c(0,1), points=list(pch="fmFM"), lines=list(lty=1:4),
      text=list(c("Negative, female", "Negative, male", "Positive (MGUS), female", "Positive (MGUS), male")))
```

Plot code for Figure 2 is similar to Figure 1 above, except with log='n' (not shown).

1.5 Using Poisson regression to model rates

To display the raw data (as in Figure 2), the person-years were lumped together in 5-year age groups as a way to control the noise (some single years of age don't include any people). Finer divisions of time, such as single year of age, work better for modeling.

Poisson models are commonly used to model incidence or person-year rates. As is pointed out by Berry [4], incidence data do not strictly follow the assumptions of a Poisson probability model. Using the example of the probability of death with 150 years of follow-up - the `y` variable, "number of events", is in this case deterministically 1. He then shows that Poisson based statistical modeling is still correct, a forerunner of the modern and more general argument for this fact which is based on counting processes and martingales [1]. Thus, modeling of rates along with hypothesis tests and confidence intervals can be based in generalized linear models [9].

Figure 3 shows the raw data from Figure 2 along with predicted death rates from Poisson regression models with quadratic age terms. The predicted death rates are obtained for a range of ages and for a dummy person-years value of 1, and are much smoother than the raw values. The dummy value of 1 "fools" the `predict` function into returning event rates rather than the number of events (which is the y variable for the Poisson model). This works because E(number of events) = rate*time. Note that the same results could be obtained by fitting one model with the appropriate set of interactions, but fitting 4 separate models is often easier to plot. In this example `log(pyears)` is used as the offset term, as will be described in the next section.

```
#####   CODE TO CREATE FIGURE 3 #####
## Finely divide age for the fit (single year intervals)
> cutage4 <- tcut(data.spe$age,  365.25*c(0,seq(35,100),110), labels=c('<35', 35:99, '100+'))

> pyrs.spe4 <- pyears(Surv(futime, status) ~ cutage4 + sex + mgus + cuttime3,
                 data=data.spe, data.frame=T)$data
> pyrs.spe4 <- pyrs.spe4[pyrs.spe4$cuttime3 == '2+',]  # keep follow-up of 2+ years

## assign a numeric value to each age group for plotting and modeling
> pyrs.spe4$age <- (34:100)[as.numeric(pyrs.spe4$cutage4)]

## fit Poisson models
> pfit4a <- glm(event ~ offset(log(pyears)) + age + age^2, data=pyrs.spe4,
```

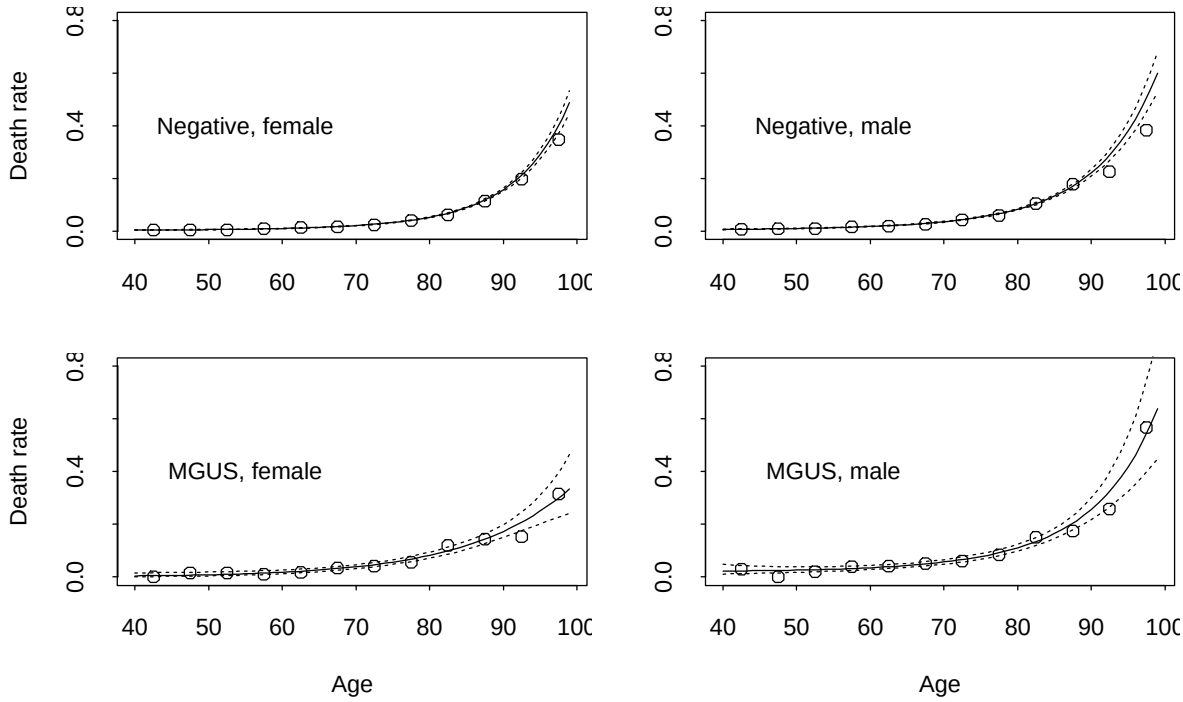


Figure 3: *Predicted death rates (solid line) and 95% confidence intervals (dashed lines) for each of the four groups, along with the observed death rates (circles) in each cell of the table.*

```
              family=poisson, subset= (sex=='female' & mgus==0))
> pfit4b <- glm(event ~ offset(log(pyears)) + age + age^2, data=pyrs.spe4,
              family=poisson, subset= (sex=='male' & mgus==0))
> pfit4c <- glm(event ~ offset(log(pyears)) + age + age^2, data=pyrs.spe4,
              family=poisson, subset= (sex=='female' & mgus==1))
> pfit4d <- glm(event ~ offset(log(pyears)) + age + age^2, data=pyrs.spe4,
              family=poisson, subset= (sex=='male' & mgus==1))

# First panel of the plot
> tempx <- 40:99               #desired age range for the plot
> pred  <- predict(pfit4a, newdata= data.frame(age=tempx, pyears=1), se.fit=T)
> matplot(tempx, exp(cbind(pred$fit,
                           pred$fit - 1.96* pred$se,
                           pred$fit + 1.96* pred$se)),
          type='l', lty=c(1,2,2), col=1)

## Add points to the figure from the coarser fit, as shown in Figure 1
> points(tmp.age, tmp.y[,1], pch=1)
```

1.6 Relating Cox and rate regression models

Cox regression is a familiar statistical tool often used to model event data. The `lung` dataset is used to demonstrate the similarities of the Cox and rate regression (Poisson) models. Note that `glm` requires that the endpoint be coded as (0,1) whereas `coxph` can handle endpoints coded either as (0,1) or (1,2). See the Appendix (section 5.1.1) for SAS code for this example.

```
> mylung <- lung  ## creates local version of the lung dataset
> mylung$event <- mylung$status - 1 ## so that it is coded as 0=censor/1=event
> coxph(Surv(time, event) ~ age + ph.ecog, data=mylung)
```

```
          coef exp(coef) se(coef)    z       p
    age 0.0113      1.01  0.00932 1.21 0.23000
ph.ecog 0.4435      1.56  0.11583 3.83 0.00013

> summary(glm(event ~ offset(log(time)) + age + ph.ecog, data=mylung,
        family = poisson))

Coefficients:
                  Value  Std. Error  t value Pr(>|t|)
(Intercept) -7.10610011 0.575199157 -12.3542   0.0000
        age  0.01097865 0.009242255   1.1879   0.2361
    ph.ecog  0.38716948 0.114240374   3.3891   0.0008

## Note: the mylung dataset has one observation per person.
## It is not necessary to aggregate the data using a call to pyears before modeling.
```

Notice how closely the coefficients and standard errors for the Poisson regression, which uses the number of events for each person as the y variable, match those of the Cox model, which is focused on a censored time value as the response. In fact, if the baseline hazard of the Cox model $\lambda_0(t)$ is assumed to be constant over time, the Cox model is equivalent to Poisson regression.

One non-obvious feature of the Poisson fit is the use of an `offset` term. This is based on a clever "sleight of hand", which has its roots in the fact that a Poisson likelihood is based on the number of events (y), but that we normally want to model not the number but rather the *rate* of events (λ). Then

$$\begin{aligned} E(y_i) &= \lambda_i t_i \\ &= \left(e^{X_i\beta}\right) t_i \\ &= e^{X_i\beta + \log(t_i)} \end{aligned} \tag{1}$$

We see that treating the log of time as another covariate, with a known coefficient of 1, correctly transforms from the hazard scale to the total number of events scale. An `offset` in glm models is exactly this, a covariate with a fixed coefficient of 1.

The hazard rate in a Poisson model is traditionally modeled as $\exp(X\beta)$ (i.e. the inverse link $f(\eta) = e^{\eta}$) rather than the linear form $X\beta$, for essentially the same reason that it is modeled that way in the Cox model: it guarantees that the hazard rate (the expected value given the linear predictors) is positive. The exponentiated coefficients from the Cox model are *hazard ratios* and those from the Poisson model are known as *standardized mortality ratios* (SMR).

A second reason for modeling $\exp(X\beta)$, at least in the Cox model case, is that for acute diseases (such as death following hip fractures or myocardial infarctions) the covariates often act in a multiplicative fashion, or at least approximately so, and the multipicative model therefore provides a better fit. Largely for these two reasons: that the underlying code works reliably and the fit is usually acceptable, the multiplicative form of both the Cox and rate regression (Poisson) models has become the standard.

Recently there has been a growing appreciation that it is worthwhile to summarize a study not just in terms of relative risk (hazard ratio or SMR) but in terms of absolute risk, the absolute amount of excess hazard experienced by a subject. An example is provided by the well-known Women's Health Initiative (WHI) trial of combined estrogen and progestin therapy in healthy postmenopausal women with an intact uterus. After 5 years, there was a 26% increase in the risk of invasive breast cancer (hazard ratio 1.26, 95% CI 1.0 to 1.6) among women who were in the active treatment group as compared to placebo [11]. It has been suggested that the results of the WHI trial should have been reported in absolute as well as relative risk terms [10]. Thus, WHI investigators should also have emphasized that the annual event rates in the two arms were 0.38% and 0.30%, respectively, leading to an increased case incidence of only 8 per 10,000 patients per year. Given other benefits of the

treatment, such as a reduction in hip fracture, a patient might take a very different view of "26% excess" and "< 1/1000 excess".

Consequently, this report explores the fit of excess risk (additive) models as well as relative risk (multiplicative) models. In many cases, excess risk models may provide information that is complementary to the relative risk models, in others they may provide a more succinct and superior summary. Both types of models can be fit using Poisson regression, but the data setup and fitting process for excess risk models is somewhat more involved and certainly far less well known.

2 Relative Risk Regression (multiplicative model)

2.1 Basic models

Relative risk regression is simply modeling the observed events, adjusting for the appropriate expected event rates. In this case, we'll use Poisson regression to further explore the MGUS data. In its simplest form, this can be written as

$$\begin{aligned} E(y_i) &= \left(\lambda_{\text{age,sex}} e^{X_i\beta}\right) t_i \\ &= \left(\lambda_{\text{age,sex}} t_i\right) e^{X_i\beta} \\ &= \Lambda_{i,\text{age,sex},t}\, e^{X_i\beta} \\ &= e_i e^{X_i\beta} \\ &= e^{X_i\beta + log(e_i)} \end{aligned}$$

In the above formula, $\lambda_{\text{age,sex}}$ is the appropriate population hazard rate for a particular age and sex combination (that of the ith subject), and e_i is the expected number of events over the time period of observation for the subject, or, more accurately, the cumulative hazard $\Lambda_i(t_i)$ for the person. In reality, the baseline hazard changes over the follow-up time for a subject, as they move from one age group to another, and computing it directly from the rate tables is a major bookkeeping chore. However, keeping track of these changes and computing a correct *total* expected number of events for each person is precisely what is done by the `pyears` and `survexp` functions in S-Plus and the `%ltp` macro in SAS. See the Appendix (section 5.2) for more information about rate tables in S-Plus and SAS.

Per the above formulation, the coefficients β in this model describe the risk for each subject relative to that for the standard population. Programming wise, the only change from the usual Poisson regression is the use of `log(expected)` instead of `log(time)` as the offset. The use of an offset treats the log of the expected as another covariate, with a known coefficient of 1.

For uncomplicated data, the S-Plus `survexp` and SAS `%ltp` (life table probability) functions are the easiest to use. Each of these returns the survival probability $S_i(t) = \exp[-\Lambda_i(t)]$, from which the expected number of events Λ_i can easily be extracted. We will base our expected calculations on the Minnesota life tables. See the Appendix (section 5.1.2) for SAS code for this example.

```
> expected <- -log(survexp(futime ~ 1, data=mgus, ratetable=survexp.mn, cohort=F))
> pfit <- glm(status ~ sex + offset(log(expected)), data=mgus, family=poisson)
Problem in .Fortran("glmfit",: subroutine glmfit: 2 Inf value(s)
 in argument 5
> range(expected)
 [1]  0.000000  3.394291

## Try again, this time subsetting the data with futime>0
## Also remove the intercept to print separate estimates for males & females
> pfit <- glm(status ~ -1 + sex + offset(log(expected)), data=mgus,
              family=poisson, subset=(futime>0))
Coefficients:
              Value Std. Error t value Pr(>|t|)
   female 0.4421053 0.04862130  9.0928        0
     male 0.4365223 0.04311289 10.1251        0
```

In this analysis we needed to confront an issue that is not uncommon in these studies: two of the subjects have an expected number of events of 0. Upon further examination, these are two people who were diagnosed with MGUS on the day of their death. Simple relative survival is not a valid technique when such cases are included. The model is attempting to compare the mortality experience of the enrolled subjects to that of a hypothetical control population, matched by age and sex, drawn randomly from the total population of Minnesota. It recognizes, correctly, that the probability of such a control's demise at the instant of enrollment is zero, i.e., infinitely unlikely, which leads to infinite values in the likelihood. The problem extends beyond day 0. In this dataset there are 16 subjects who die within 1 week of MGUS detection; for all of these it is almost certain that MGUS was detected *because* the patients were at an extreme risk of death. We must exclude those with `futime`=0, but perhaps we should also exclude those with very small follow-up times.

The analysis above shows that for both males and females, the death rate is significantly worse than that for an age-, sex- and calendar-year matched population. Rates are 55% greater than the Minnesota population at large ($\exp(0.44) = 1.55$). Note that because we have removed the intercept (using the `-1` coding), we have coefficients for both males and females. This allows us to visually compare the coefficients and also to obtain the correct standard error term for each gender. In the age range of this study (mean age = 71) the population death rate for males is substantially higher than that for females; it is interesting that the *excess* death rate associated with a MGUS diagnosis is almost identical for the two groups.

To explore this further, we will look at a second dataset that allows an estimate of detection bias, i.e., how much of this increase is actually due to MGUS, and how much might be due to the disease condition that caused the patient to come to Mayo. We also want to look at time trends in the rate: is the MGUS effect greater or less for older patients, for times near to or far from the diagnosis date, and for different calendar years?

2.2 Dividing follow-up time into pieces

Normally, relative risk models will include one or more variables that vary over the time span of the patient. These include the naturally time-dependent ones of age and calendar year (which the relevant rate tables also include), but may include categorical time-dependent variables such as the initiation of a particular treatment.

When creating data for a tabular display such as Table 2 one has to break time into moderately large chunks in order to simplify the display. When setting the data up for regression, we may still want to use broad categories for any variable that is to be treated as discrete categories in the model, i.e., using a `class` (SAS) or `factor` (S-Plus) statement. For variables that we wish to look at continuously, the divisions should be much finer.

There are two basic ways to create this division. The first is to preprocess the data, dividing each person into multiple (start time, end time] observations. This approach is often used in the creation of datasets for a Cox model. A second is to use the person-years routines to do the division for us and this approach is shown below.

As pointed out earlier, the very early deaths in the MGUS data present us with a chicken-and-egg problem: did the MGUS have an impact on the death rate, or did a state of severe disease cause detection of MGUS? Monoclonal gammopathy is detected from the *serum protein electrophoresis* (SPE) test, which is ordered by a physician for a number of reasons. It is often an exploratory test when the root cause for a patient's condition is unclear. We'll now use the `data.spe` dataset that includes all subjects for whom SPE was ordered, both those with a positive result (MGUS) and those with a negative test. For this discussion we will ignore the possibility of a calendar year effect – a more complete analysis did not find one – and use all the available data. If there is a short term medical impact of MGUS over and above a mere selection effect (i.e. the type of patient on whom this test is ordered is very ill), we will be able to see it in the difference between the negative and positive SPE results.

```
### First we create the pyrs.spe dataset
> cuttime <- tcut(rep(0, nrow(data.spe)), c(0:23 *30.5, 365.25*2:10, 36525),
              labels=c(paste(0:23, '-', 1:24, ' mon', sep=''),
                       paste(2:9,  '-', 3:10, ' yr',  sep=''), '10+ yr'))

> cutage <- tcut(data.spe$age,  365.25*c(0,40:95,110),
             labels= c("<40", paste(40:94, '-', 41:95, sep=''), "95+"))

## Save the dataset for further analysis
> tmpfit <- pyears(Surv(futime, status) ~ cuttime + cutage + sex
                     + mgus + ratetable(age=age, sex=sex, year=dtdiag),
                     data=data.spe, ratetable=survexp.mn, data.frame=T)

## Double check that the pyears, ages, sex distribution, and dates all look ok.
> summary(tmpfit)
Total number of person-years tabulated: 225416
Total number pf person-years off table: 0
Matches to the chosen rate table:
     age ranges from 24 to 103.8 years
  male: 10324  female: 12970
  date of entry from 12/15/1960 to 11/29/1994

## From here forward we only use the data portion
> pyrs.spe <- tmpfit$data

## Create 2 new variables based on the midpoint of each of these
## categories (such as cuttime= "0-1 mon" and cutage="<40 ")

## The use of as.numeric is a handy trick - it indicates which year
## or age group (1st, 2nd, etc.) each observation is in. The square brackets
## list a dxtime of (0 + .5)/12 + .5 = 0.0417 for every line that includes
## the first cuttime category (0-1 mon).

> pyrs.spe$dxtime <- c((0:23 + .5)/12, 2:10 + .5)[as.numeric(pyrs.spe$cuttime)]
> pyrs.spe$age    <- c(39:95 + .5)[as.numeric(pyrs.spe$cutage)]

## Look at the first 4 observations in this new dataset
> pyrs.spe[1:4,]
  cuttime  cutage  sex    mgus pyears    n   expected event  dxtime  age
 0-1 mon   <40     female    0 113.0650 1408    0.067    3   0.0417 39.5
 1-2 mon   <40     female    0 109.2649 1326    0.065    0   0.1250 39.5
 2-3 mon   <40     female    0 107.4415 1298    0.064    1   0.2083 39.5
 3-4 mon   <40     female    0 106.0999 1278    0.063    0   0.2917 39.5
```

As before, we use the `tcut` command to create time-dependent cutpoints for the `pyears` routine. We've created follow-up time intervals of zero to 1 month, 1 to 2 months, etc. for the first 2 years, then yearly up to 10 years after the SPE test. For the age variable we have used 1 year age groupings from age 40 up to age 95. Notice one other constraint of rate tables: since the Minnesota rate table uses units of hazard/day, all time variables in the dataset must be in days. The default behavior for the `pyears` function is to create a set of arrays, however the `data.frame=T` argument produces instead a dataset useful for further analysis. In the final data frame, the 'cuttime' and 'cutage' variables are categorical variables which is a result of using `tcut` and `pyears`. The last 2 lines create a numeric value for each category which will be more useful for subsequent models and plots.

CAUTION - COMMON MISTAKES:
1) When using `tcut`, make sure that the input value reflects the beginning of your time period or age period. For follow-up, you usually start at time 0. DO NOT use your final follow-up time in tcut. If you have variables that reflect the start and stop time for each individual, make sure the age listed is the age at the start time.
2) All time and age variables MUST be in the same units (in the previous example, days). You will run into problems if you have age in years and follow-up time in days. Additionally, these units need to match the units used in your rate table. For example, when the summary shows that age ranged between 0 and 0.3 years, it is a good clue that you used years and the program expected days.

We then fit generalized additive models (gam) using the `gam` function. Generalized additive models are simply an extension of the generalized linear models that are often used for Poisson regression. Gam models allow the fitting of nonparametric functions, in this case the smoother function `s`, to estimate relationships between the event rate and the predictors (`age` and `dxtime`). Again we use `log(expected)` as an offset to describe the risk for each subject relative to that for the standard population. Four subsets are fit, broken up by male/female and MGUS/Negative.

```
> fit3.1 <- gam(event ~ offset(log(expected)) + s(age) + s(dxtime),
              data=pyrs.spe, family=poisson,
              subset=(sex=='female' & mgus==0))
> fit3.2 <- gam(event ~ offset(log(expected)) + s(age) + s(dxtime),
              data=pyrs.spe, family=poisson,
              subset=(sex=='male' & mgus==0))
> fit3.3 <- gam(event ~ offset(log(expected)) + s(age) + s(dxtime),
              data=pyrs.spe, family=poisson,
              subset=(sex=='female' & mgus==1))
> fit3.4 <- gam(event ~ offset(log(expected)) + s(age) + s(dxtime),
              data=pyrs.spe, family=poisson,
              subset=(sex=='male' & mgus==1))
```

See the Appendix (section 5.4) for a discussion of differences between gam and glm.

2.2.1 Graphical displays

Plots of the relative death rates are shown in Figure 4 (versus time) and Figure 5 (versus age). The effects shown in the figures are very interesting. The most surprising aspect of the curves is the notable lack of a major effect of gender in the SPE negative patients (this is tested in the next subsection). This lack of a gender effect will make subsequent modeling much simpler and more compact. If we were not adjusting for overall population death rates, gender would be one of the largest effects, due to the female longevity advantage.

Figure 4 shows that there is a time-dependent selection effect (i.e. risk associated with being selected to have SPE) that decays rapidly over the first two years. It says in effect that anyone who has recently had an SPE ordered has a relatively high risk of death, independent of the outcome of that test. It perhaps reflects on the *type* of patient for which a physician would order that test. Figure 5 shows a large and decreasing age effect, for both positive and negative SPE outcomes, but with a substantially higher death rate for MGUS patients.

We need to state two caveats with respect to the figures. First, recognize that this is a curve for subjects with specified covariate values and it is not representative of the entire experience of the cohort. In order to get a representative plot of the entire cohort we'll need to do something called direct standardization (see section 2.3). Second, we have no particular reason to assume that the age and diagnosis time effects would be perfectly independent in this dataset; a complete analysis is needed to look further at interactions of the two effects.

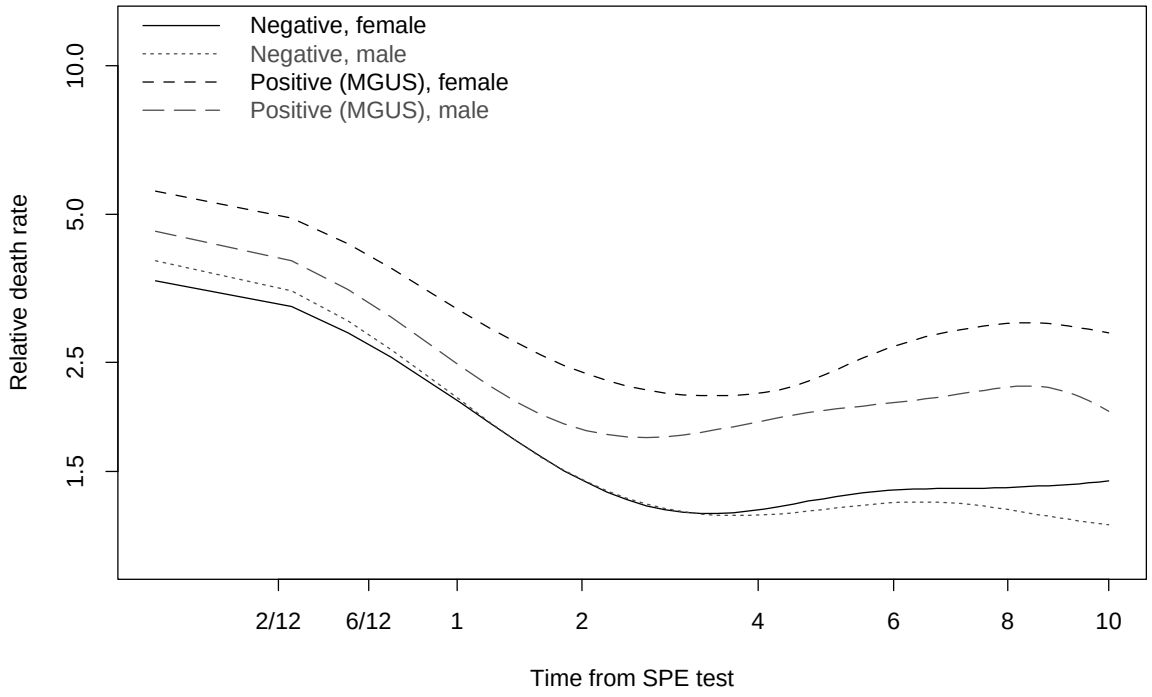


Figure 4: *The estimated selection effect for male and female patients who are 67-68 years old (≈ 67.5 years) with positive and negative SPE. To spread out the earlier times the x-axis is on a square root scale. Note that the y-axis is on the log scale.*

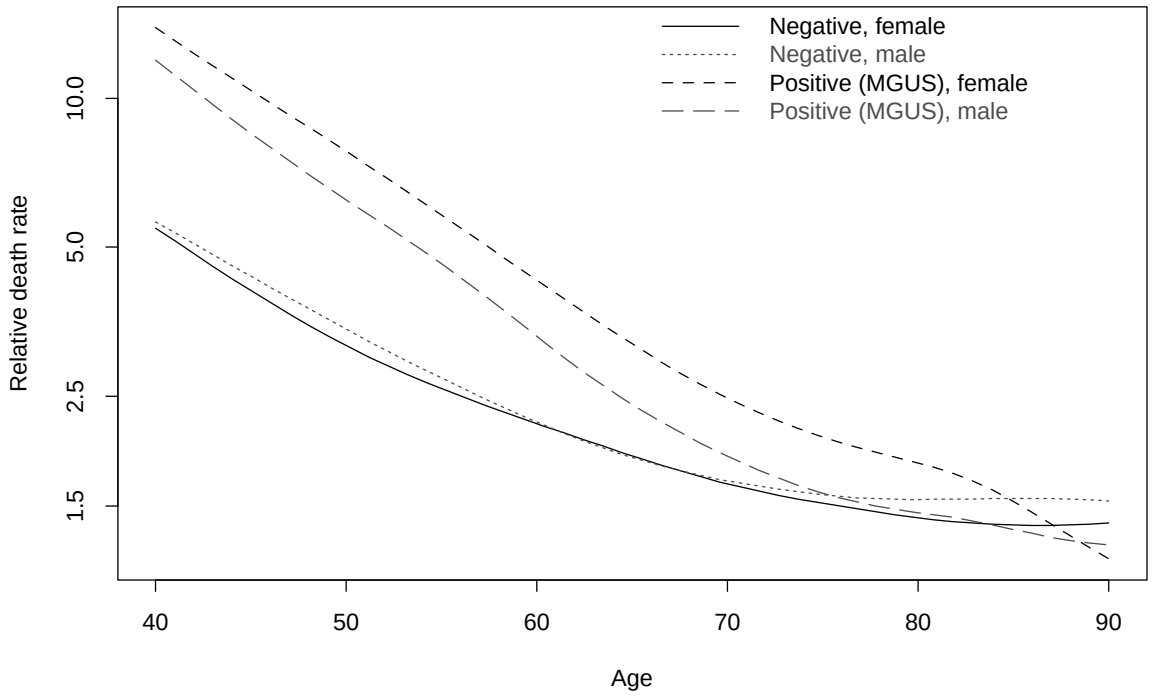


Figure 5: *The estimated age effect for a patient with 17-18 months (≈ 1.375 years) of follow-up with positive and negative SPE. The y-axis is on the log scale.*

```
#####   CODE TO CREATE FIGURE 4 #####
## Note: age=67.5 corresponds to the middle age group (67-68 year olds)
> newdata1 <- expand.grid(age = 67.5, dxtime=seq(0,10,length=50), expected=1)
> pred1 <- cbind(predict(fit3.1, newdata=newdata1, type='response'),
               predict(fit3.2, newdata=newdata1, type='response'),
               predict(fit3.3, newdata=newdata1, type='response'),
               predict(fit3.4, newdata=newdata1, type='response'))

> matplot(sqrt(newdata1$dxtime), pred1, type='l', col=1, lty=1:4, axes=F, log='y',
       xlab="Time from SPE test", ylab="Relative death rate", ylim=c(1,12))
> axis(1, sqrt(c(2/12, 6/12,1,2,4,6,8,10)),
    c("2/12", "6/12","1","2","4","6","8","10"), crt=0, srt=0)
> axis(2, c(1.5, 2.5, 5, 10), srt=90, crt=90)
> box()
> legend(sqrt(2), 8, c("Negative, Female", "Negative, Male","MGUS=Positive, Female",
                       "MGUS=Positive, Male"), lty=1:4, bty="n")

## Figure 5 uses this set of predicted values
## Note: dxtime=1.375 corresponds to the middle time interval (17-18 months)

> newdata2 <- expand.grid(age = seq(40,90,length=50), dxtime=1.375, expected=1)

> pred2 <- cbind(predict(fit3.1, newdata=newdata2, type='response'),
               predict(fit3.2, newdata=newdata2, type='response'),
               predict(fit3.3, newdata=newdata2, type='response'),
               predict(fit3.4, newdata=newdata2, type='response'))
```

Plot code for Figure 5 is similar to Figure 4 above (not shown).

2.2.2 Hypothesis testing

The advantage of using a nonparametric function such as the smoother function, `s`, to estimate relationships between the response and the predictors is that few assumptions are made about the relationship. The disadvantage is that it is difficult to look for interactions between age and a group variable such as sex or MGUS. However, it is relatively easy to test fixed effects by removing 1 variable at a time. The call to `anova` indicates that there is no significant difference between males and females, but a highly significant MGUS effect (i.e. positivity of the SPE test).

```
### FIT OVERALL AND SUBSETTED MODELS TO CHECK FOR SEX AND MGUS SIGNIFICANCE
> fit3.overall <-  gam(event ~ offset(log(expected)) + s(age) + s(dxtime) + sex + mgus,
                       data=pyrs.spe, family=poisson)
> fit3.drop1 <-  gam(event ~ offset(log(expected)) + s(age) + s(dxtime) + mgus,
                       data=pyrs.spe, family=poisson)
> fit3.drop2 <-  gam(event ~ offset(log(expected)) + s(age) + s(dxtime),
                       data=pyrs.spe, family=poisson)

> anova(fit3.overall, fit3.drop1, fit3.drop2, test='Chi')

Analysis of Deviance Table

Response: event
  Terms                            Resid. Df  Resid. Dev  Test    Df  Dev   Pr(Chi)
1 s(age) + s(dxtime) + sex + mgus  7442.252   5911.278
2 s(age) + s(dxtime) + mgus        7443.252   5913.008    -sex -1.00  -1.73 0.1883
3 s(age) + s(dxtime)               7444.202   5943.054   -mgus -0.95 -30.04 0.0000
```

Standardization method	**Indirect**	**Direct**
Question	How many events would my study population have had if their event rate was the same as the reference population?	How many events would the reference population have had if their event rate was the same as my study population?
Procedure	Event rates in reference population are applied to the study population.	Event rates in the study population are applied to the reference population
Reference population data needed	Age/sex stratified event rates	Age/sex stratified population sizes

Table 3: *Standardization Approaches*

```
## Note: exp(beta) for sex = standardized mortality ratio for sex
> coef(fit3.overall)
 (Intercept)      s(age)   s(dxtime)         sex      mgus
   2.011728 -0.01748245 -0.05069637 -0.02734728 0.1947402
> exp(coef(fit3.overall)[4])
       sex
 0.9730233
```

It is also possible to test whether the smoother function is different from a simple linear or quadratic fit for the term. The example below tests for the difference between a linear age term and the smoother. In this case there is significant evidence that the smoother is better at explaining the age relationship.

```
> fit3.lin <-  gam(event ~ offset(log(expected)) + age + s(dxtime) + mgus,
                   data=pyrs.spe, family=poisson)
> anova(fit3.drop1, fit3.lin, test='Chi')

Analysis of Deviance Table

Response: event
    Terms                    Resid. Df  Resid. Dev      Test    Df  Dev     Pr(Chi)
1 s(age) + s(dxtime) + mgus  7443.252   5913.008
2   age  + s(dxtime) + mgus  7446.090   6044.867     1 vs. 2 -2.84 -131.86       0
```

2.3 Direct standardization

The observed/expected ratios shown in Table 2 are referred to as *indirect standardization* or, more commonly, standardized mortality ratios (SMR). Another statistic of interest, although less used, is referred to as *direct standardization*. A good tutorial on both of these and other suggestions along with an extensive bibliography can be found in Inskip [6]. Whereas the indirect method asks what the event count would be in the study population (i.e. the event rates in the reference population are applied to the study population), if it had the rates of the parent or reference group, the direct method asks what the event count would be in the parent population, if it had the rates of the sample (i.e. the event rates in the study population are applied to the reference population). For the former we needed the age/sex stratified rates for the reference population of interest. For the latter we need the age/sex stratified reference population sizes (Table 3).

Direct standardization is often used to compare the average event rates for two or more studies, particularly when they were assessed on different populations, e.g. white/black, or different geographic regions, e.g. Olmsted county/Sweden. Because the underlying populations may not have the same age/sex structure, it is not fair to directly compare the overall study average rates from one to the other. For instance, if one study had significantly younger enrollees, then we would expect that the

overall death rate would be lower. By normalizing them to a common population structure, the rates become comparable.

In direct standardization it is important to recognize the implication of using different standard populations. For instance, if you want to make some statement about a diseased population, you may want to standardize to the overall age and sex distribution of that diseased population. Often diseased populations are weighted more heavily in the older ages, so standardizing to the US population would give extra weight to the younger ages where there may not be as much information. It might be more appropriate and informative to use the overall age and sex structure of diseased subjects as a reference. Likewise, if you have an age- and sex- stratified sampling of the population and you want to make generalizations to the entire US population, then you would want to standardize to the US population.

The expected number of events in the parent population is a simple sum

$$\begin{aligned} D &= R_{F,35-39}N_{F,35-39} + R_{M,35-39}N_{M,35-39} + \\ &\quad R_{F,40-44}N_{F,40-44} + \ldots + R_{M,95-100}N_{M,95-100} \end{aligned}$$

where R are the death rates estimated from the study and N the population sizes in the reference population. Reference rates are usually expressed per 100,000, or $(100000\ D)/\sum_{i,j} N_{i,j}$, where i is the sex and j is the age group.

One shortcoming of direct standardization is that covariates are limited – you can only include in the model those variables that are known for the parent population, which is usually age and sex groups, and sometimes race. Compare this to the examples, where test status and time since diagnosis both played a role. An advantage to direct standardization is that it can often be calculated from a published paper, without access to the raw data, allowing us to compare our work to other results.

When doing direct standardization, there are three advantages to using a model for the predicted death rates rather than the table values:

- The values for certain age groups may be erratic due to small sample size. The smoothing provided by the model stabilizes them.
- We can use finer age groupings. To see why coarse age groupings could be a problem, consider, for example, that we had two samples to be compared, with 10 year age groupings. In one sample the mean age within the 45-55 year age group might be 48, and in the other 52. This could bias the comparison of the studies.
- Estimates of the direct age-adjusted value and its variance can be obtained from the fitted model, as shown below.

There is also one major disadvantage to using a Poisson fit: the chosen model has to fit the data well. The estimates in our example would not be particularly good if we had used only a linear term for age, particularly in the tails. Figure 3, which is purposely plotted on arithmetic rather than logarithmic scale, clearly shows that the direct adjusted value depends very heavily on the predictions in the right hand tail.

The direct age adjusted value and its variance can be computed as follows. Assume that we want to standardize the rates for females with MGUS to the age 35 to 100 US population using a model that includes age and age^2. From the Poisson regression fit (using `glm`) we have the coefficient $\hat{\beta}$ and variance-covariance matrix Σ (i.e. `coef(pfit4c)` and `summary(pfit4c)$cov`, respectively). If we let X be the predictor matrix for the integer ages at which we need the prediction, each row of X being the vector $(1, age, age^2)$, then $\hat{r} = \exp(X\hat{\beta})$ is the vector of predicted rates, and $T = \sum w_i \hat{r}_i$ is the expected number of total events where w_i is the vector of population weights, and T/N will be the direct-adjusted estimate, where N is the total population. (Alternatively, use the proportions w_i/N as the weights.) The variance matrix of $X\hat{\beta}$ is $X\Sigma X'$, and the first-order Taylor series approximation gives $RX\Sigma X'R$ as the variance for $\hat{r}$, where R is a diagonal matrix with $R_{ii} = \hat{r}_i$. The variance of T is then $w'RX\Sigma X'Rw$.

The code below will calculate the direct age-adjusted estimate and its standard error, for the female MGUS group. Note that this approach will not work using `gam` models, since in that case we do not have an explicit variance matrix. See the appendix (section 5.4) for more details.

```
## As calculated earlier in section 1.5:
> pfit4c <- glm(event ~ offset(log(pyears)) + age + age^2, data=pyrs.spe4,
              family=poisson, subset= (sex=='female' & mgus==1))

> us.white <- sas.get('/usr/local/sasdata','us_white')
> us2000 <- us.white$p2000[us.white$sex=='F' & us.white$age>=35 &
                           us.white$age <= 100]
> USweights <- us2000*100000/sum(us2000)
> ages <- 35:100
> tempx <- cbind(1, ages, ages^2)
> rhat  <- c(exp(tempx %*% pfit4c$coef))               #predicted female rates
> rvar  <- (tempx %*% summary(pfit4c)$cov.unscaled %*% t(tempx))  # variance
> wrhat <- rhat * USweights                                  #weighted rates
> fest <- sum(wrhat)                                    #rate per 100,000
> fstd    <- sqrt(wrhat %*% rvar %*% wrhat)             #SE of the rate
> cat('The direct adjusted estimate is:',round(fest), 'deaths per 100,000 +/-',round(fstd), fill=T)

The direct adjusted estimate is 2677 deaths per 100,000 +/- 256

## SIMILAR RESULTS USING ns() INSTEAD OF age, age^2
## create datasets subsetted to female MGUS patients
> pyrs.femaleMGUS <- pyrs.spe4[pyrs.spe4$sex=='female' & pyrs.spe4$mgus==1,]

## define knots for the ns() function
> age.range <- c(35,100)
> ns.age <- ns(pyrs.femaleMGUS$age, knots=c(55,65,75), Boundary.knots=age.range)

## fit model
> agefit3.3 <- glm(event ~ offset(log(pyears)) + ns.age, family=poisson,  data=pyrs.femaleMGUS)

## create age variable to include at each time point (with ns)
> PopAge <- ns(35:100, knots=c(55,65,75), Boundary.knots=age.range)
> newdata <- cbind(rep(1,nrow(PopAge)), PopAge)

> Rhat <- c(exp(newdata %*% coef(agefit3.3)))
> weighted.Rhat <- matrix(Rhat*USweights,nrow=1)
> Rvar <- newdata %*% summary(agefit3.3)$cov.unscaled %*% t(newdata)

> FinalEstimate <- sum(weighted.Rhat)
> FinalStd <- sqrt(weighted.Rhat %*% Rvar %*% t(weighted.Rhat))

> cat('The direct adjusted estimate is:',round(FinalEstimate),
  'deaths per 100,000 +/-', round(FinalStd),fill=T)

The direct adjusted estimate is: 2874 deaths per 100,000 +/- 440
```

We could get the vector $p_i\hat{r}_i$ directly as a prediction from the model, along with the standard error of each element, but since `predict` does not return the full variance-covariance matrix, this does not give the variance for T, the sum of the vector.

```
> sum(USweights*predict(pfit4c, type='response',
      newdata=data.frame(age = ages, pyears = 1)))
2677
```

One caution regarding direct standardizing to a population is that the resulting estimates often represent a substantial extrapolation of the dataset. For instance, in the MGUS example above only 5/1384 subjects are aged < 30 years with none under 20 years. Standardization to the entire US population aged 20–100 years requires estimated rates at each age, many of which have no representatives at all in the study subjects! Even in using the age 35–100 year subset that we chose for the examples,

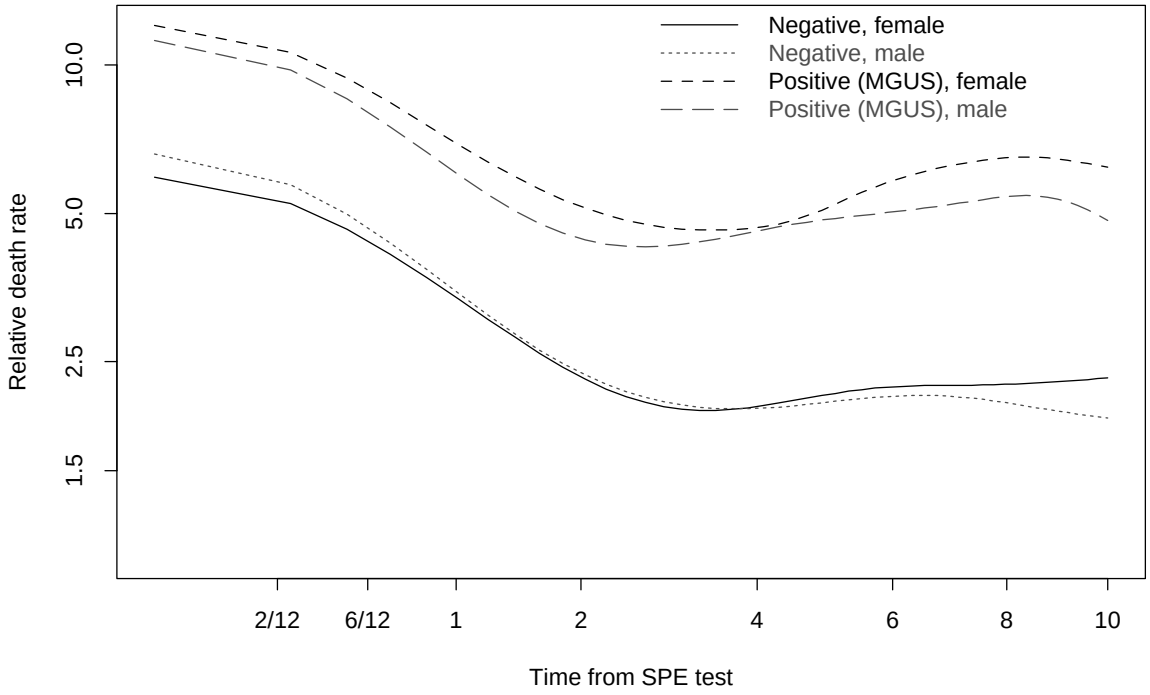


Figure 6: *The estimated selection effect for male and female patients with positive and negative SPE, age-adjusted to the population of subjects who had an SPE test. To spread out the earlier times the x-axis is on a square root scale. Note that the y-axis is on the log scale.*

14% of US female population was in the 35–39 age group, and hence this age group contributed 14% of the weight in the final estimate, but only 1.2% of the female study subjects were in this age and sex group.

2.3.1 Direct standardization to a cohort

In addition to standardizing to an external population such as the US population, it is possible to standardize to the study population. For instance, standardizing to a cohort's baseline age distribution can be done by averaging the curves of all the subjects in the cohort. Figure 4 shows the predicted curve for a given age and Figure 6 shows the age-adjusted average predicted curve for the cohort of subjects who had an SPE test ordered. As expected, the curves have the same shape as before, but the adjusted curves have slightly different intercepts.

```
#####   CODE TO CREATE FIGURE 6 #####
> pop.ages <- sort(data.spe$age/365.25)
> n.ages <- length(pop.ages)
> dxtime <- seq(0,10,length=50)

> newdata3 <- data.frame(expand.grid(age=pop.ages, dxtime=dxtime, expected=1))

## Need to do averaging for each dxtime
> tmp1 <- tapply(predict(fit3.1, newdata=newdata3, type='response'), newdata3$dxtime, mean)
> tmp2 <- tapply(predict(fit3.2, newdata=newdata3, type='response'), newdata3$dxtime, mean)
> tmp3 <- tapply(predict(fit3.3, newdata=newdata3, type='response'), newdata3$dxtime, mean)
> tmp4 <- tapply(predict(fit3.4, newdata=newdata3, type='response'), newdata3$dxtime, mean)
> pred3 <- cbind(tmp1, tmp2, tmp3, tmp4)
```

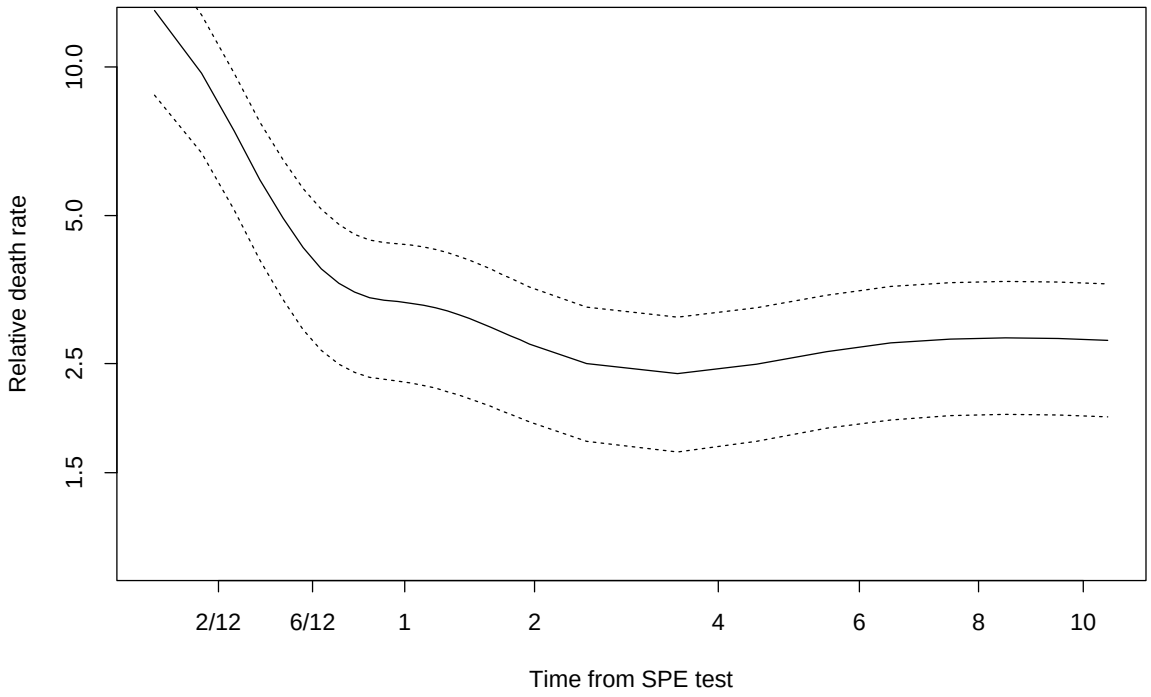


Figure 7: *The estimated selection effect for female patients with negative SPE, age-adjusted to the population of subjects who had an SPE test, with confidence intervals. To spread out the earlier times the x-axis is on a square root scale. Note that the y-axis is on the log scale.*

```
> matplot(sqrt(dxtime), pred3, type='l', col=1, lty=1:4, axes=F, log='y',
        xlab="Time from SPE test", ylab="Relative death rate", ylim=c(1,12))
> axis(1, sqrt(c(2/12, 6/12,1,2,4,6,8,10)),
     c("2/12", "6/12","1","2","4","6","8","10"), crt=0, srt=0)
> axis(2, c(1.5, 2.5, 5,10), srt=90, crt=90)
> box()
> legend(sqrt(2), 10, c("Negative, Female", "Negative, Male",
                        "MGUS=Positive, Female", "MGUS=Positive, Male"),
                        lty=1:4, bty="n")
```

2.3.2 Confidence intervals for direct standardization to a cohort

In order to calculate confidence intervals, there needs to be an easy way to extract the variance-covariance matrix from the model (similar to when we estimated the standard error adjusting to the US white population above). This particular example uses the same data as `fit3.1`, which was fit using a generalized additive model and the non-parametric smoothing spline `s` in section 2.2. Unfortunately, neither an explicit X matrix nor a variance matrix are available from the `gam` function for an `s` term. Therefore, it was refit using the generalized linear model and the parametric natural spline, `ns`. In this example we've divided the age distribution of the original cohort into 5-year groups instead of using 1-year groups (or the original data). The percentage of subjects in each age group become the weightings of the predicted values.

```
#####   CODE TO CREATE FIGURE 7 #####
##### FIT THE INITIAL MODEL #####
## Define ranges for use in the ns function
## Defining the range from both pyrs.spe and data.spe allows us to obtain predictions
## for subjects in the original dataset and in the person-years data, which may have
## older ages since it accounts for age at follow-up
```

```
> age.range <- range(c(pyrs.spe$age, data.spe$age/365.25))
> dx.range <- range(pyrs.spe$dxtime)

## create ns for fitting the original model
> ns.age <- ns(pyrs.spe$age, knots=c(55,65, 75), Boundary.knots=age.range)
> ns.dxtime<- ns(pyrs.spe$dxtime, knots=c(.25, 1,2, 5), Boundary.knots=dx.range)

> glmfit3.1 <- glm(event ~ ns.age + ns.dxtime + offset(log(expected)), family=poisson,
                 data=pyrs.spe, subset= (sex == "female" & mgus==0))

##### PREDICTION SET-UP #####
## look at each unique dxtime in the pyrs dataset
> UniqueNsDxtime <- ns(unique(pyrs.spe$dxtime),knots=c(.25,1,2,5), Boundary.knots=dx.range)
> N.dxtime <- nrow(UniqueNsDxtime)

## figure out baseline age distribution of cohort and the proportion
in each age group
> AgeWeights <- table(cut(data.spe$age/365, breaks=seq(20,105,5), left.include=T))/N
> N.age <- length(AgeWeights)

## create age variable to include at each time point (with ns)
> PopAge <- ns(seq(20,100,5)+2.5, knots=c(55,65,75), Boundary.knots=age.range)

## initialize storage space for final results (at each unique dxtime)
> finalRhat.vector <- rep(NA, N.dxtime)
> finalStd.vector <- rep(NA, N.dxtime)

##### CALCULATE FOR EACH DXTIME #####
> for(i in 1:N.dxtime) {
    newdata.temp <- as.matrix(data.frame(expected=rep(1,N.age), ns.age=PopAge,
                                    ns.dxtime=UniqueNsDxtime[rep( i,N.age),]))

    Rhat.temp <- c(exp(newdata.temp %*% coef(glmfit3.1)))
    weightedRhat.temp <- matrix(Rhat.temp*AgeWeights,nrow=1)
    Rvar.temp <- newdata.temp %*% summary(glmfit3.1)$cov.unscaled %*% t(newdata.temp)

    finalRhat.vector[i] <- sum(weightedRhat.temp)
    finalStd.vector[i] <- sqrt(weightedRhat.temp %*% Rvar.temp %*% t(weightedRhat.temp))
  }

##### PLOT RESULTS #####
> finalResults <- cbind(finalRhat.vector, finalRhat.vector + 1.96*finalStd.vector,
                      finalRhat.vector - 1.96*finalStd.vector)
> matplot(unique(pyrs.spe$dxtime), finalResults, type='l', col=c(1,2,2))
```

3 Additive models

3.1 Motivation and basic models

There are many cases where an *additive* hazard model

$$\begin{aligned} E(y_i) &= \lambda_i t_i \\ &= (X_i\beta)t_i \end{aligned} \tag{2}$$

makes more sense, from a medical or biological point of view, than a multiplicative model. For instance, it is known that MGUS patients have about a 1%/year risk of conversion to overt plasma cell malignancy. Since this event rate is constant over time, it may be reasonable to assume the covariates

of interest have a constant effect on the event rate. In the additive model, covariate effects are modeled on the event rate scale (e.g. 1 year increase in age confers an additional 0.2 absolute increase in the death rate per year). This model may not fit well if the event rate changes dramatically over time, such as the death rate following myocardial infarction (MI) which is quite high in the first few days after MI, but much lower later on. In this case it would not make sense to assume age has the same effect on the event rate both early on and later following an MI, and a multiplicative model may provide a better fit.

The main reason that the additive model is not commonly used is technical. Namely, for some choices of β, equation 2 can predict a negative hazard for some subjects, e.g., the dead coming back to life. The Poisson likelihood involves a $\log(\lambda)$ term, which is numerically undefined for a negative value. Even if the true MLE estimates are positive, if the iterative procedure ever flirts with a bad choice for $\hat{\beta}$, a missing value is generated which quickly propagates, and the fitting program will fail. Programs which regularly fail get little use. Luckily, failure can be almost completely avoided by use of a modified link function.

We wish to use an identity function for the inverse link $f(\eta) = \eta$, but also ensure that $f(\eta) > 0$ for all values of η. A second consideration is that we would like f to be smooth, with a continuous first derivative, since discontinuities tend to confuse the Newton-Raphson fitting algorithm used in the underlying code for generalized linear models. We have found the following to work well in practice:

$$\begin{array}{ll} f(\eta) = & 0.5 * (\eta + \sqrt{\eta^2 + \epsilon^2}) \\ \eta = f^{-1}(\mu) = & \mu - \epsilon^2/(4\mu) \\ f'(\mu) = & 1 + \epsilon^2/(4\mu^2) \end{array}$$

This is a hyperbolic function whose asymptotes are the 45° line for $\eta > 0$ and the x axis $f(\eta) = 0$ for $x < 0$. The value of ϵ controls how tightly it hugs the corner and the default value for ϵ is set to 0.01. Choosing this is the only problematic part of the procedure: one wants a strictly additive model to hold for as much of the data as possible, and thus a small value of ϵ, yet not so small a value as to create round-off errors. In particular, small values of ϵ along with large negative values of the linear predictor η can lead to some observations having an extremely large weight, and in turn a subsequent lack of convergence. In this case, you may want to choose a slightly larger value for ϵ. For the `lung` dataset the constrained link function is not necessary; death rates for all subsets of age and ECOG score are far enough away from zero that no problems arise. See the Appendix (section 5.3.2) for more details regarding the link function.

To fit this model, we must pre-multiply each element of the X matrix by time. This is done automatically using the `addglm` function instead of the usual `glm` function. Details about the `addglm` can be found in the Appendix (see 5.3.3). In this case, the final additive model for our earlier example using the `lung` data (Section 1.5) becomes

```
> summary(addglm( event ~ age + ph.ecog, time=time,
              data=lung, family=poisson.additive))

Coefficients:
                    Value   Std. Error t value Pr(>|t|)
(Intercept) -4.846495e-04 1.153262e-03 -0.4202   0.6747
        age  3.259046e-05 1.931485e-05  1.6873   0.0929
    ph.ecog  9.345934e-04 2.675068e-04  3.4937   0.0006
```

See the Appendix (section 5.1.3) for SAS code for this example.

The coefficients of the fit correspond to the intercept, age, and physician ECOG score effects. The value of the last coefficient indicates that each 1 point increase in ECOG score confers an additional $.00093 * 365.25 = .34$ absolute increase in the per year death rate. Note that death rates can exceed 1.0, for instance, when average survival is less than a year.

In rare cases better starting estimates may be required. The specification of initial values for the `glm` function in S-Plus is unusual; rather than expecting starting guesses for the coefficients β, it expects guesses for the vector of estimated predicted values $\hat{y}$. This makes choosing starting values

very easy: the default is to use the observed data y as the vector of starting values. An optimistic assumption that the final fit will be perfect. However, if there are observations with 0 observed events, this strategy must be modified since it would lead to log(0) in the likelihood. By default, the starting value of 1/6 is used in this case, but for some datasets, this may not be good enough, e.g. many zeros and many covariates. A solution in such a case is to first fit a multiplicative model, and then use the predicted values from that model as starting estimates for the additive one.

```
## Fit a multiplicative model to get starting values
> fitm <- glm(event ~ offset(log(time)) + age + ph.ecog,
           data=lung, family=poisson)

## Use starting values from model above to fit additive model
> fita2 <- addglm(event ~ age + ph.ecog, time=time,
           data=lung, family=poisson.additive,
           start=predict(fitm, type="response"))

> summary(fita2)

Coefficients:
                     Value   Std. Error t value Pr(>|t|)
(Intercept) -4.846495e-04 1.153262e-03 -0.4202   0.6747
        age  3.259046e-05 1.931485e-05  1.6873   0.0929
    ph.ecog  9.345934e-04 2.675068e-04  3.4937   0.0006
```

Finally, while multiplicative models give consistent answers regardless of how finely or coarsely the person-years are partitioned, this is not the case for additive models. One problem with the hyperbolic link function is that it is not invariant to subdivision of the data. Predicted values for each observation are computed near the expected number of events for the observation. When the data is finely subdivided, the expected number of events is close to zero for each observation and the predicted values lie on the curved region near the origin of the hyperbolic link function. An easy way to see if there is a problem is to compare the total number of observed events in the dataset to the total number of events predicted by the model. If these do not closely agree, try dividing the person-years less finely or using a smaller ϵ in the link function. Another simple way to identify a problem with the fit is to compare `sum(predict(fit, type='link'))` to `sum(predict(fit, type='response'))`, which would be the same for an exactly linear model.

3.2 Excess risk regression

Excess risk regression can be used to model the observed events after adjusting for the expected event rates using the additive model framework. This can be written as

$$\begin{aligned} E(y_i) &= (\lambda_{\text{age,sex}} + X_i\beta)\, t_i \\ &= \lambda_{\text{age,sex}} t_i + (X_i\beta) t_i \\ &= \Lambda_{i,\text{age,sex},t} \ + (X_i\beta) t_i \\ &= e_i + (t_i X_i)\beta \end{aligned} \tag{3}$$

As before, $\lambda_{\text{age,sex}}$ is the appropriate population hazard rate for a particular age and sex combination (that of the ith subject), and e_i is the expected number of events over the time period of observation for the subject, or, more accurately, the cumulative hazard $\Lambda_i(t_i)$ for the person.

Let us return to the MGUS example of the prior section, and examine it in terms of excess risk. Unfortunately, the pre-multiplication of each variable by `time` makes the smooth terms of `gam` models less useful. The smoothness constraints should be based on the covariates, e.g. $s(age) * time$. This is not a form that the `gam` routine is designed to handle, and is not the same as $s(age * time)$. Because of

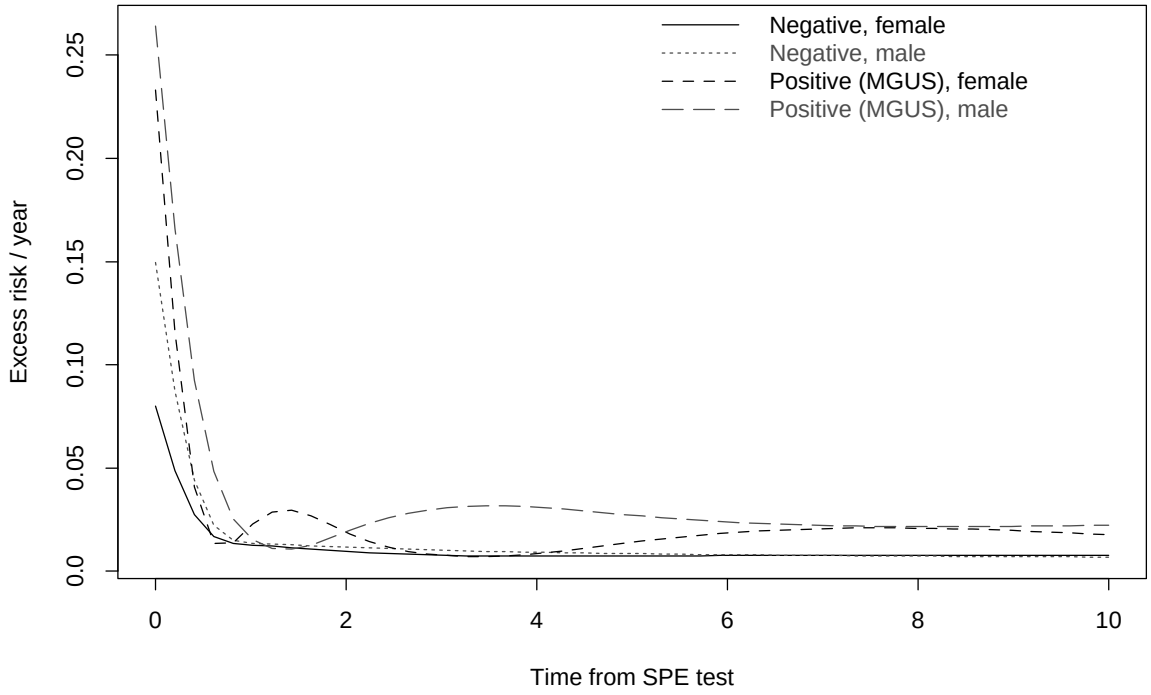


Figure 8: *The additive model was used to estimate the selection effect for male and female patients who are 67-68 years old (≈ 67.5 years) with positive and negative SPE.*

this issue, we will make use of natural splines. With natural splines you can either specify the degrees of freedom or specific knots. The choice of knots was, in this case, based on trial and error.

```
## Define ranges for use in the ns() function
## Defining the range from both pyrs.spe and data.spe allows us to later
## obtain predictions for subjects in the original dataset and in the
## person-years data, which may have older ages since it accounts
## for age at follow-up

> age.range <- range(c(pyrs.spe$age, data.spe$age/365.25))
> dx.range <- range(pyrs.spe$dxtime)

> ns.age <- ns(pyrs.spe$age, knots=c(55, 65, 75), Boundary.knots=age.range)
> ns.dxtime<- ns(sqrt(pyrs.spe$dxtime), knots=sqrt(c(.25, .5, 2, 5), Boundary.knots=dx.range)

> fit4.1 <- addglm(event ~ offset(expected) + ns.age + ns.dxtime,
                   time=pyears, data=pyrs.spe, family=poisson.additive,
                   subset=(sex=='female' & mgus==0))
# similarly, fit 4.2, 4.3, and 4.4 for the other subsets as in prior examples
```

As shown in equation 3 the offset for the fit is the number of expected events. The `addglm` code uses `time` as a multiplier for the covariates, which in this case is the person-years (called `pyears` in the dataset). Because the time variable for the fit is in years, the coefficients of the fit represent excess hazard per person-year.

To draw the plots, we first create natural spline versions of age and follow-up time using the same settings for `knots` and `Boundary.knots`, and then use these to obtain predicted values from the model.

```
#####   CODE TO CREATE FIGURES 8 & 9 #####
> New.ns.dx <- ns(seq(0,10,length=50), knots=c(.25, 1, 2, 5), Boundary.knots=dx.range)
```

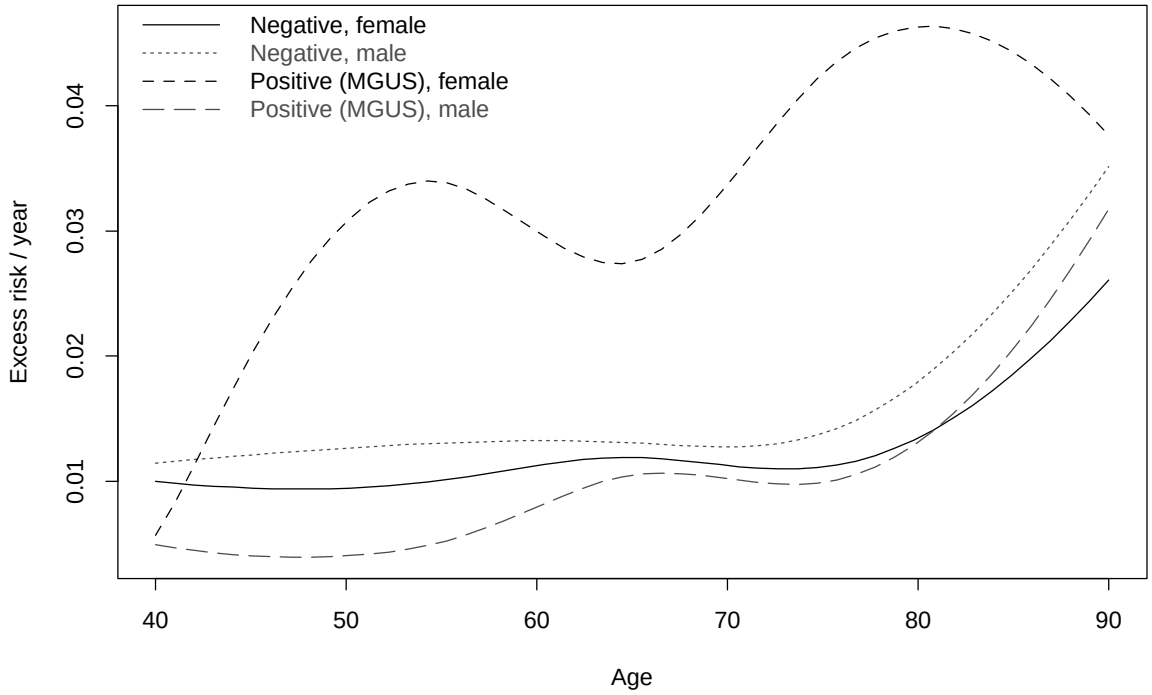


Figure 9: *The additive model was used to estimate the age effect for a male and female patient with 17-18 months (≈ 1.375 years) of follow-up and with positive and negative SPE.*

```
> ns.age1 <- matrix(ns(67.5 ,knots=c(55,65, 75), Boundary.knots=age.range),nrow=1)

> newdata.add2 <- list(expected=rep(0,50), ns.age=ns.age1[rep(1,50),], ns.dxtime=New.ns.dx)

## create matrix of predicted values based on newdata.add2
> new4.1dx <- predict(fit4.1, newdata=newdata.add2, type='response')
> new4.2dx <- predict(fit4.2, newdata=newdata.add2, type='response')
> new4.3dx <- predict(fit4.3, newdata=newdata.add2, type='response')
> new4.4dx <- predict(fit4.4, newdata=newdata.add2, type='response')
> y.dx <- cbind(new4.1dx, new4.2dx, new4.3dx, new4.4dx)

> matplot(seq(0,10,length=50), y.dx, type='l', lty=1:4,
        xlab="Time from SPE test", ylab="Excess risk / year")


> New.ns.age <- ns(seq(40,90,length=50), knots=c(55,65, 75), Boundary.knots=age.range)
> ns.dxtime1 <- matrix(ns(1.375, knots=c(.25, 1, 2, 5), Boundary.knots=dx.range),nrow=1)

> newdata.add1 <- list(expected=rep(0, 50), ns.age = New.ns.age, ns.dxtime = ns.dxtime1[rep(1,50),])

> pred1 <- predict(fit4.1, type='response', newdata=newdata.add1)
> pred2 <- predict(fit4.2, type='response', newdata=newdata.add1)
> pred3 <- predict(fit4.3, type='response', newdata=newdata.add1)
> pred4 <- predict(fit4.4, type='response', newdata=newdata.add1)
> y.age <- cbind(pred1, pred2, pred3, pred4)

> matplot(seq(40, 90, length=50), y.age, type='l', col=1, lty=1:4,
          xlab="Age", ylab="Excess risk")
```

```
> key(corner=c(0,1), lines=list(lty=1:4), text=list(c("Negative, female", "Negative, male",
                   "Positive (MGUS), female", "Positive (MGUS), male")))
```

The story told by the additive model, as shown in Figures 8 and 9, is quite different than that from the multiplicative model (Figures 4 and 5). Excess risk, as a function of time from diagnosis, is not the same for males and females, nor for positive and negative SPE results, and the effect is essentially done within one year instead of two. The age effect is nearly zero, except for age ≥ 80, as opposed to the steady decline of the multiplicative model. These differences must be viewed with some caution, since generalized additive models can sometimes be unstable with respect to the assignment of an effect to a particular term, especially if the two terms are somewhat correlated, as age and follow-up time must be.

If we return to Table 2, and look at the bottom margin, we see the same effect. Combining the first two age groups, the risk ratios are 9.1, 7.2, 4.4, 2.3 and 1.4, similar to the pattern of Figure 5. The yearly excess risks are .011, .019, .025, .023, and .032, respectively, which is instead a somewhat upward trend. Note that risk ratio=events/expected and excess risk=(events - expected)/person-years. The effect in Figure 9 for MGUS males is much sharper at the far right. There are several possible explanations for this. For instance, the oldest age groups have a much smaller fraction of their person-years during the first year after diagnosis and so miss the initial period effect.

Again, the major limitation with Figures 8 and 9 is that values are presented for specified values of age and follow-up time (`dxtime`). Direct standardization is necessary to better understand the effect on the cohort as a whole.

3.3 Direct standardization

The computation of direct rates is nearly identical to that for the multiplicative model. In particular, $\hat{r} = X\hat{\beta}$, so that $T = \sum w_i \hat{r}_i$ has the variance $w'X\Sigma X'w$.

In this example we standardized the death rates from our data to the age- and sex-specific distribution of the US whites over age 35 in the year 2000.

```
## See Multiplicative example in Section 2.3 for dataset definitions
> Add3.3 <- addglm(event ~ ns.age, time=pyears, family=poisson.additive,
              data=pyrs.femaleMGUS)

## create age variable for each age value
> PopAge <- ns(35:100, knots=c(55,65,75), Boundary.knots=age.range)
> newdata.add <- cbind(rep(1,nrow(PopAge)), PopAge)

## Need to transform values back (instead of using exp as was done for the multiplicative)
> inv.linkFunction <- function(eta, a=.02) { .5*(eta + sqrt(eta^2 + a^2)) }

> Rhat.add <- c(inv.linkFunction(newdata.add %*% coef(Add3.3)))
> weighted.Rhat.add <- matrix(Rhat.add*USweights,nrow=1)
> Rvar.add <- newdata.add %*% summary(Add3.3)$cov.unscaled %*% t(newdata.add)

> FinalEstimate.add <- sum(weighted.Rhat.add)
> FinalStd.add <- sqrt(t(USweights) %*% Rvar.add %*% USweights)

> cat('The direct adjusted estimate is:',round(FinalEstimate.add),
  'deaths per 100,000 +/-', round(FinalStd.add),fill=T)

The direct adjusted estimate is: 3274 deaths per 100,000 +/- 431
```

The final answer is similar to the multiplicative model that uses the `ns` function to describe the age relationship.

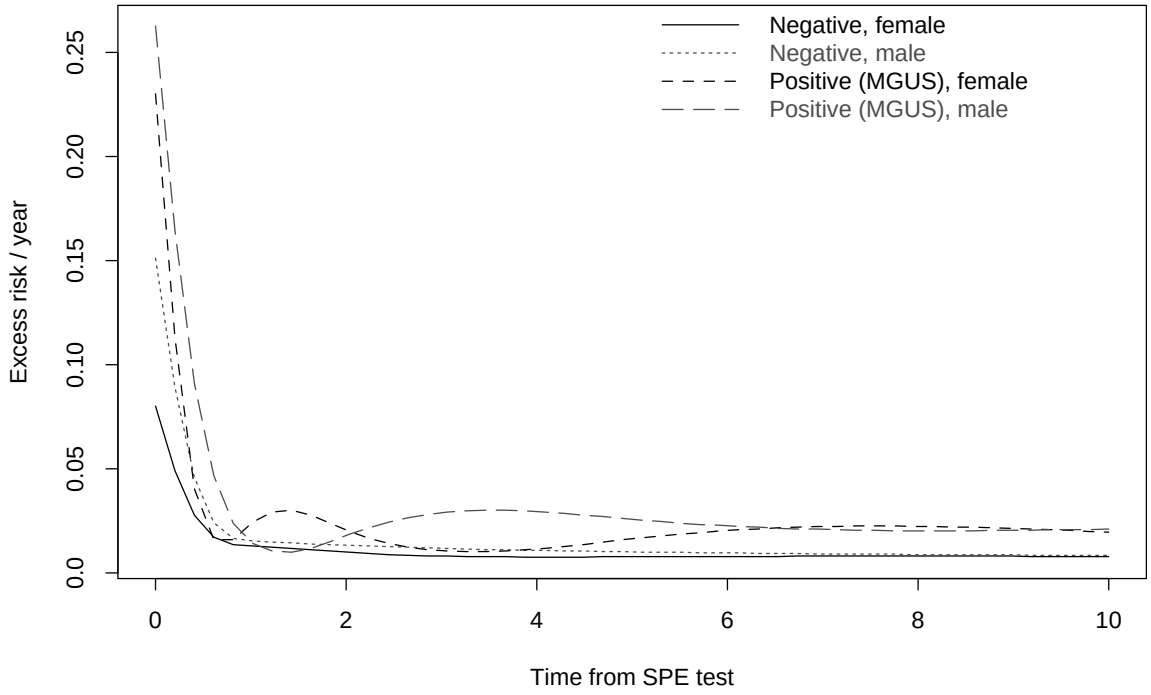


Figure 10: *The additive model was used to estimate the selection effect for male and female SPE positive and negative patients age-adjusted to the population of subjects who had an SPE test.*

3.3.1 Direct standardization to a cohort

Obtaining predictions from additive models which are directly standardized to the cohort is similar to the technique used for the multiplicative models in section 2.3.1. Notice that Figure 10 is similar to Figure 8 except that the intercept of each curve has changed slightly.

```
#####   CODE TO CREATE FIGURE 10 #####
> pop.ages <- sort(data.spe$age/365.25)
> n.ages <- length(pop.ages)
> N <- n.ages*50

> pop.ns.age <- ns(pop.ages, knots=c(55,65,75), Boundary.knots=age.range)
> pop.ns.dx <- ns(seq(0,10,length=50), knots=c(.25, 1, 2, 5), Boundary.knots=dx.range)

## create temporary dataset for prediction
> newdata.add3 <- list(expected=rep(0,N), ns.age=pop.ns.age[rep(1:n.ages, rep(50,n.ages)),],
                       ns.dxtime=pop.ns.dx[rep(1:50,n.ages),])
> ind.dxtime <- rep(1:50,n.ages)

> add1 <- tapply(predict(fit4.1, newdata=newdata.add3, type='response'),ind.dxtime, mean)
> add2 <- tapply(predict(fit4.2, newdata=newdata.add3, type='response'),ind.dxtime, mean)
> add3 <- tapply(predict(fit4.3, newdata=newdata.add3, type='response'),ind.dxtime, mean)
> add4 <- tapply(predict(fit4.4, newdata=newdata.add3, type='response'),ind.dxtime, mean)

> predadd3 <- cbind(add1,add2,add3,add4)

> matplot(dxtime, predadd3, type='l', col=1, lty=1:4,
        xlab="Time from SPE test", ylab="Relative death rate")
> legend(6, .25, c("Negative, Female", "Negative, Male","MGUS=Positive, Female",
                   "MGUS=Positive, Male"), lty=1:4, bty="n")
```

3.3.2 Confidence intervals for standardized rates

The procedure for estimating confidence intervals for additive models is similar to that for multiplicative models (see section 2.3.2). The appropriate variance-covariance matrix and link function are needed in order to estimate the confidence intervals. The following example estimates a confidence interval for females without MGUS.

```
##### THE INITIAL MODEL (from before) #####
> fit4.1 <- addglm(event ~ offset(expected) + ns.age + ns.dxtime, data=pyrs.spe,
                time=pyears, family=poisson.additive, subset=(sex=='female' & mgus==0))

##### PREDICTION SET-UP (Same as for the multiplicative model) #####
## look at each unique dxtime in the pyrs dataset
> UniqueNsDxtime <- ns(unique(pyrs.spe$dxtime),knots=c(.25,1,2,5), Boundary.knots=dx.range)
> N.dxtime <- nrow(UniqueNsDxtime)

## figure out baseline age distribution of cohort and the proportion in each age-group
> AgeWeights <- table(cut(data.spe$age/365, breaks=seq(20,105,5), left.include=T))/N
> N.age <- length(AgeWeights)

## create age variable to include at each time point (with ns)
> PopAge <- ns(seq(20,100,5)+2.5, knots=c(55,65,75), Boundary.knots=age.range)

## initialize storage space for final results (at each unique dxtime)
> finalRhat.vector <- rep(NA, N.dxtime)
> finalStd.vector <- rep(NA, N.dxtime)

## Create the appropriate inverse link function for the additive model
## Note: for the multiplicative model, exp is the inverse link of log
> inv.linkFunction <- function(eta, a=.02) { .5*(eta + sqrt(eta^2 + a^2)) }

##### CALCULATE FOR EACH DXTIME #####
> for(i in 1:N.dxtime) {
  newdata.temp <- as.matrix(data.frame(ns.age=PopAge,
                                       ns.dxtime=UniqueNsDxtime[rep(i,N.age),]))

  Rhat.temp <- c(inv.linkFunction(newdata.temp %*% coef(fit4.1)))
  weightedRhat.temp <- matrix(Rhat.temp*AgeWeights,nrow=1)
  Rvar.temp <- newdata.temp %*% summary(fit4.1)$cov.unscaled %*% t(newdata.temp)

  finalRhat.vector[i] <- sum(weightedRhat.temp)
  finalStd.vector[i] <- sqrt(weightedRhat.temp %*% Rvar.temp %*% t(weightedRhat.temp))
 }

##### PLOT RESULTS (results not shown) #####
> finalResults <- cbind(finalRhat.vector, finalRhat.vector + 1.96*finalStd.vector,
                        finalRhat.vector - 1.96*finalStd.vector)
> matplot(unique(pyrs.spe$dxtime), finalResults, type='l', col=c(1,2,2))
```

4 Summary

The classic methods for event rate data based on person-years tables can all be cast into the framework of Poisson regression models, using the appropriate offset terms and contrasts of the coefficients. The standard methods, in fact, correspond to a regression where all predictors are categorical variables. An advantage of the regression framework is the ability to use continuous predictor variables, and thus to model the event rates in a smooth way. The resultant estimates may also be more stable in small samples.

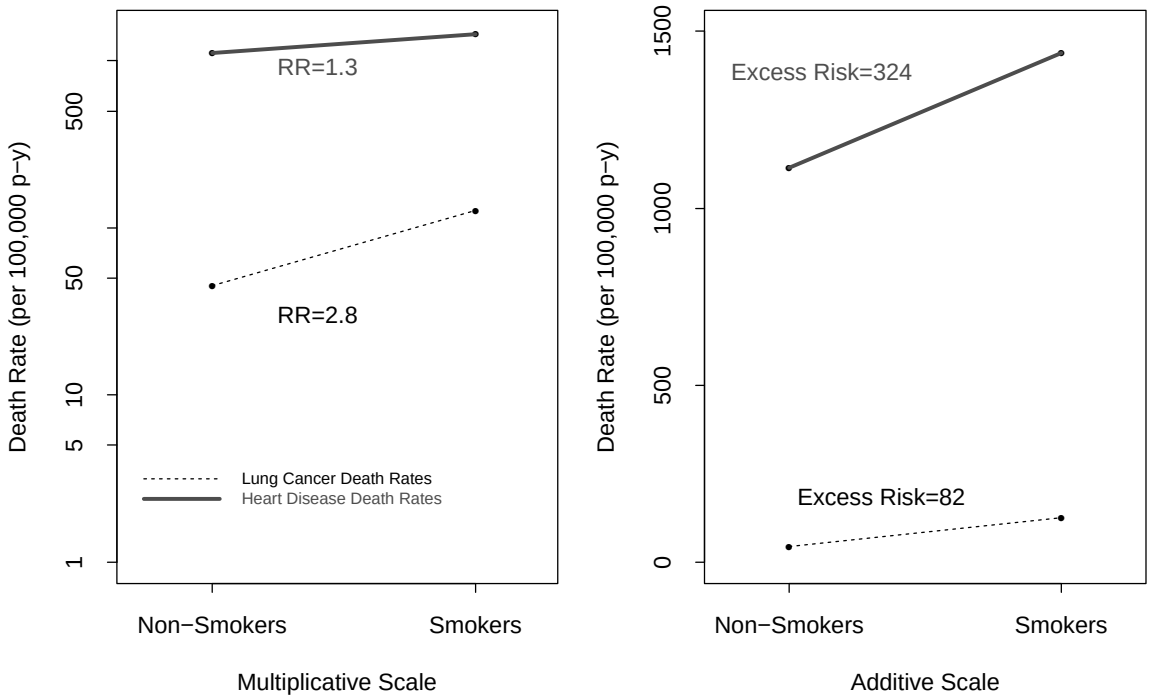


Figure 11: *This two-panel figure shows the excess death risk due to smoking for lung cancer and heart disease. The panel on the left uses the log scale and summarizes the risk between smokers and non-smokers using the relative risk (as in the multiplicative model). The panel on the right uses the arithmetic scale and summarizes the risk using excess risk (as in the additive model).*

It is often unclear whether an additive or a multiplicative model is most appropriate. Investigators often pose their questions in terms of relative risk because multiplicative models are common and familiar, even when they may be more interested in an additive model, which gives estimates of excess risk. Extra care is required in fitting additive models to avoid negative rates.

The difference between the additive and multiplicative fits is partly one of definition. If one has 2 groups with observed/expected ratios of 3/1 and 30/20 the relative risk for the first group is twice that for the second, but in terms of excess events the second group is 5 times the first. This is an old issue, for which the debate on the effect of smoking on lung cancer and heart disease forms a familiar example. Berkson quoted the lung cancer death rate for individuals aged 65-69 years as 45 per 100,000 person-year for non-smokers and 127 per 100,000 person-year for smokers [3]. Similarly the heart disease death rates for this age group were 1115 per 100,000 per year for non-smokers and 1439 per 100,000 per year for smokers. In terms of relative risk the effect of smoking on lung cancer is larger than the effect on heart disease (127/45=2.8 for lung cancer deaths and 1439/1115=1.3 for heart disease deaths). If you examine excess risk however, the effect on heart disease is far larger since heart disease is much more common (127-45=82 excess deaths per 100,000 per year for lung cancer and 1439-1115=324 excess deaths per 100,000 per year for heart disease). From a public health perspective the latter may be more important since more people are affected. Figure 11 shows these rates expressed on a log scale and an arithmetic scale. As previously noted, there has been a growing appreciation that it is worthwhile to summarize a study in terms of absolute risk as well as relative risk in order to provide adequate risk information to inform medical decisions.

The other major difference between the additive and multiplicative models is, of course, that one may fit better than the other for a particular dataset, giving a more parsimonious model. As is pointed out in many textbooks, if two covariates x_1 and x_2 fit the data without an interaction on one of the scales, then they will require an interaction term on the other. For example, when examing death rates following MI, covariates for epoch (< 30 days after MI or ≥ 30 days after MI) and their interactions

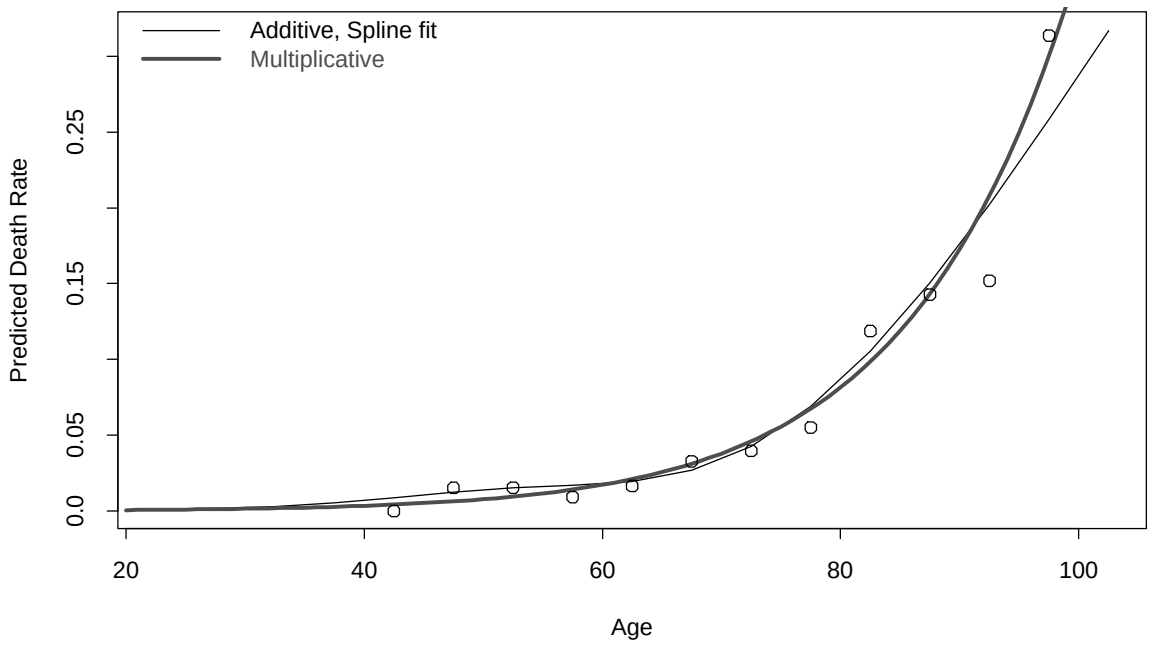


Figure 12: *Predicted death rates for female MGUS patients using an additive (thinner line) and a multiplicatative (thicker line), along with the observed death rates (circles) in each cell of the table.*

with covariates of interest can be used to allow for a change in covariate effects during periods of high and low event rates in the additive model framework.

It may be true that neither model fits better than the other. For example, Figure 12 shows predictions from an additive and a multiplicative model for the female MGUS patients. There is very little difference between the predictions from these two models.

```
#####   CODE TO CREATE FIGURE 12 #####
> pyrs.spe4[1:4,]
    cutage4    sex mgus cuttime3    pyears   n event age
264     <35 female    0       2+ 2208.7221 607     5  34
265      35 female    0       2+  583.9240 641     3  35
266      36 female    0       2+  655.2916 707     2  36
267      37 female    0       2+  712.4292 757     2  37

##### ADDITIVE MODEL #####
> ns.age5 <- ns(pyrs.spe4$age, knots=c(55,65, 75), Boundary.knots=age.range)
> pfit5c <- addglm(event ~  ns.age5, data=pyrs.spe4,
                   time=pyears, family=poisson.additive, subset= (sex=='female' & mgus==1))

> PopAge <- ns(seq(20,100,5)+2.5, knots=c(55,65,75), Boundary.knots=age.range)
> newdata.add5 <- list(expected=rep(1,N.age), pyears=rep(1,N.age), ns.age5=PopAge)
> pred5c <- predict(pfit5c, newdata=newdata.add5, type='response')

> plot(seq(20,100,5)+2.5, pred5c, type='l', xlab='Age', ylab='Predicted Death Rate')

##### MULTIPLICATIVE MODEL #####
> multfit4c <- glm(event ~ offset(log(pyears)) + ns.age5, data=pyrs.spe4,
                 family=poisson, subset= (sex=="female" & mgus==1))
```

```
> lines(20:100, predict(pfit4c, type='response',
                  newdata=data.frame(age=20:100, pyears=1)),col=2,lwd=3)

## ADD POINTS (pyrs.spe3 has courser age groupings)
> pyrs.spe3[1:4,]
  cutage3    sex mgus cuttime3   pyears    n event
1     <45 female    0      0-2 3390.979 2016    31
2   45-50 female    0      0-2 1375.092 1046    15
3   50-55 female    0      0-2 1691.297 1264    29
4   55-60 female    0      0-2 1956.830 1437    38

> tmp.age <- seq(40, 95, by=5) + 2.5
> ok <- pyrs.spe3$cuttime3=="2+" & pyrs.spe3$sex=="female" & pyrs.spe3$mgus==1
> tmp.y3 <- pyrs.spe3$event[ok]/pyrs.spe3$pyears[ok]
> points(tmp.age, tmp.y3, pch=1)

> key(corner=c(0,1), lines=list(lwd=c(1,3)),
      text=list(c('Additive, Spline fit','Multiplicative')), col=1:2)
```

5 Appendix

5.1 SAS code for the examples

5.1.1 Code for section 1.6 Relating Cox and rate regression models

In SAS, `proc phreg` is used to fit Cox models and `proc genmod` with log link and Poisson distribution is used to fit Poisson regression models.

```
proc phreg data=lung;
  title3 'Cox regression modeling survival time with age and ph_ecog';
  model time_yrs * status(1) = age ph_ecog / ties = efron;

 [edited output of fit]
                        Analysis of Maximum Likelihood Estimates

                    Parameter    Standard                              Hazard
 Variable    DF      Estimate       Error  Chi-Square   Pr > ChiSq     Ratio

 age          1   0.01128      0.00932      1.4654       0.2261      1.011
 ph_ecog      1   0.44349      0.11583     14.6592       0.0001      1.558

proc genmod data=lung;
  title3 'Poisson regression modeling events with age and ph_ecog';
  model event=age ph_ecog
              / dist   = poisson
                link   = log
                offset = ln_time;

 [edited output of fit]
                               Analysis Of Parameter Estimates

                          Standard   Wald 95% Confidence     Chi-
 Parameter  DF  Estimate     Error         Limits          Square   Pr > ChiSq

 Intercept   1   -7.1061    0.5752   -8.2335     -5.9787   152.62       <.0001
 age         1    0.0110    0.0092   -0.0071      0.0291     1.41       0.2349
 ph_ecog     1    0.3872    0.1142    0.1633      0.6111    11.49       0.0007
 Scale       0    1.0000    0.0000    1.0000      1.0000
```

5.1.2 Code for section 2.1 Relative risk regression - basic models

In SAS, the `%ltp` macro returns the survival probability, from which the expected number of events can easily be obtained. The use of `noint` provides separate estimates for males and females. To test whether the ratio of observed to expected events is different for males and females, remove the `noint` option.

```
%ltp(data=mgus, pop=mn_t, birthdt=birth_dt, firstdt=mgus_sp, time=futime, sex=sex);

data mgus; set mgus;
   expected= -1*(log(_ltp));

   ***since some expected values=0, define ln_expected where expected>0***;
   if expected>0 then ln_expected=log(expected);

proc genmod data=mgus(where=(futime>0));
   title3 'Poisson regression model of gender, predicting events with no intercept';
   class sex;
   model status=sex
               / dist   = poisson
                 link   = log
                 offset = ln_expected
                 noint;
```

```
 [edited output of fit]

                          Analysis Of Parameter Estimates

                                Standard   Wald 95% Conf       Chi-
 Parameter       DF  Estimate     Error         Limits       Square   Pr > ChiSq

 Intercept        0    0.0000    0.0000    0.0000   0.0000                 .
 sex        f     1    0.4423    0.0486    0.3470   0.5376    82.74       <.0001
 sex        m     1    0.4367    0.0431    0.3522   0.5212   102.59       <.0001
 Scale            0    1.0000    0.0000    1.0000   1.0000
```

Note that SAS and S-Plus differ slightly due to a minor difference in the expected calculation to adjust for leap years.

5.1.3 Code for section 3.1 Additive models - basic models

In SAS, `proc genmod` can be used to fit additive models. This example uses the hyperbolic link function. The `pscale` option can be used to take overdispersion into account. Accounting for overdispersion is the default in S-Plus, but in SAS the dispersion parameter is set to 1 by default. Note that the `noint` option is required for additive models.

```
proc genmod data=lung;
  title3 'Additive Poisson regression - lung data w/ time*(X matrix)';
  title4 'Defining link and inverse link functions';

  if _MEAN_=0 then mean=0.167;
          else mean=_MEAN_;

  lfun = mean - ((0.02**2)/(4*mean));
  ifun = 0.5*(_XBETA_ + sqrt(_XBETA_**2 + (0.02**2)));

  fwdlink link = lfun;
  invlink ilink = ifun;
```

```
  model event= time ecog age_ch
                 / dist   = poisson
                   noint pscale;
ods output ParameterEstimates=newlink1;

 [edited output of fit]
```

Parameter	DF	Estimate	StdErr	LowerCL	UpperCL	ChiSq	Prob ChiSq
Intercept	0	0.00000E+00	0.00000E+00	0.0000	0.0000		.
time	1	-4.84681E-04	1.71025E-03	-0.0038	0.0029	0.08	0.7769
ecog	1	9.34680E-04	3.72909E-04	0.0002	0.0017	6.28	0.0122
age_ch	1	3.25899E-05	2.80024E-05	-0.0000	0.0001	1.35	0.2445
Scale	0	1.43363E+00	0.00000E+00	1.4336	1.4336	_	_

5.2 Expected rates

5.2.1 Expected rates in S-Plus

In S-Plus the call to `survexp` or `pyears` involves both a dataset and a population rate table. Population rate tables can be stratified in an arbitrary way; before using a rate table one must verify its structure.

```
> print(survexp.mn)
Rate table with dimensions:
     age: time variable with 110 categories
     sex: discrete factor with legal values of (male, female)
    year: time variable with 4 categories (interpolated)
```

This shows that the survival table for Minnesota is stratified by age, sex, and calendar year. The table is based on decennial census data for 1970-2000, but is expanded to individual calendar years by linear interpolation. When invoking one of the routines, it is assumed that the user's dataset contains these three variables, with *exactly* these names, and the correct definitions. In this case, age must be in days and year must be a date coded as the number of days since 1/1/1960 (which is what SAS automatically does). The variable 'sex' must be a character string or `factor` with the specified levels ("male", "female").

5.2.2 Creating expected rates in S-Plus

Most of this report uses the US or Minnesota survival rates. This is a set of detailed instructions on how to build a rate table in S-Plus for those instances where your event of interest is not death. In this particular example, we look at the incidence rates of clinically diagnosed vertebral compression fractures [5]. The rates per 100,000 person-years are shown in Table 4 separately for men and women.

The daily hazard table for the computer program could, presumably, be created using either one of these two formulae applied to a rate (r) per 100,000 person-years:

$$-\log(1 - 10^{-5}r)/365.24$$

or

$$10^{-5}r/365.24\,.$$

For rare events, these two forms will give nearly identical answers. For larger rates, the proper choice depends on whether the rate is computed over a population that is static and therefore depleted by the events in question, or a population that is dynamic and therefore remains approximately the same size over the interval. The first formula applies to the standard population rate tables, the second formula may more often apply in epidemiology. In this particular example we will use the second formula.

There are two reasons for using 365.24 instead of 365.25 in our calculations. First, there are 24 leap years per century, not 25. Second, the use of 0.25 led to some confusing S-Plus results when we

Age Group	Men	Women
< 35	21	7
35–44	4	21
45–54	47	82
55–64	64	265
65–74	148	546
75–84	449	1067
85+	1327	1214

Table 4: *Incidence of clinically diagnosed vertebral compression fractures among Rochester, MN residents, 1985-1989. The age- and sex-specific rates are expressed per 100,000 person-years.*

did detailed testing of the functions, because the S-Plus `round` function uses a nearest even number rule, i.e., `round(1.5) = round(2.5) = 2`. In actual data, of course, this small detail won't matter a bit. Despite this, 365.25 is often used.

```
## READ IN (OR ENTER) YOUR INCIDENCE RATES
> inc.rates <- data.frame(age.gp=c('0-34','35-44','45-54','55-64','65-74','75-84','85+'),
                          .mrate.=c(21, 4, 47, 64, 148, 449, 1327),
                          .frate.=c(7, 21, 82, 265, 546, 1067, 1214))
## CREATE A DAILY HAZARD
> qvalue <-   c(inc.rates$.mrate., inc.rates$.frate.)/100000
> exp.vertfx <- qvalue/365.24
```

There are several other important pieces of information in a rate table, which are coded as a vector of attributes. The most important are:

factor: identifies whether a dimension is time-varying (such as age) or fixed (such as sex or race)

dimid: the variable labels for each dimension

cutpoints: for the time-varying dimensions, the breakpoints between the rows.

The actual dimensions of a rate table are arbitrary, although age and sex are the most common. Rate tables can have any number of dimensions: the `survexp.usr` table has age, sex, calendar year, and race.

In this particular example there are age-groups (7 levels) and sex (2 levels). People need to move through the age-groups throughout their follow-up whereas sex is fixed and people should not move through the sexes. Therefore, the factor is set to 0 for age and 1 for sex. The cutpoints are in terms of days instead of years. All dimensions that involve cutting need to be on the same scale (all in days or all in years). The summary function for the `pyears` object is a quick way to see if age is coded correctly. The call to `is.ratetable` checks to see if the created object meets some basic checks and is considered a legal `ratetable` object.

```
> attributes(exp.vertfx) <- list(
    dim = c(7,2),
    dimnames = list(inc.rates$age.gp,
                    c('male','female')),
    dimid = c('age','sex'),
    factor = c(0,1),
    cutpoints=list(c(0,seq(35,85,10))*365.24,
                   NULL),
    summary = function(x) {
        paste("age ranges from", format(round(min(x[,1])/365.24 ,1)),
              "to", format(round(max(x[,1])/365.24 ,1)),
              "   male:", sum(x[,2]==1), "   female:", sum(x[,2]==2)) },
    class = 'ratetable'
    )

> is.ratetable(exp.vertfx, v=T)
```

Sometimes it is good to check that everything is working correctly. The following code creates some fake data, then checks to see if the results match what is expected for the rate table. Note that the data.frame option returns the results in terms of a data frame, which may be easier to use in subsequent analyses.

```
## Test rate table to make sure it is correct - create some fake data with 10 days of follow-up
## Make sure that the variables age and sex are in the dataset
> fakedata <- data.frame(sex=c(1,1,2), days2event=c(10,10,10),
                         event=c(0,1,0), age=c(37,57,62)*365.24)

> fakedata$tage <- tcut(fakedata$age, 365.24*c(0,seq(35,85,10)))
> fakedata$tfutm <- tcut(rep(0, length(fakedata$days2event)), c(0,20,100))

> fit.test <- pyears(Surv(days2event, event) ~ tfutm + tage + sex,
              data=fakedata, ratetable=exp.vertfx, data.frame=T)

## What is expected vs what is seen:
## 1 male with 10 days in the 35-44 age category
## 1 male with 10 days in the 55-64 age category
## 1 female with 10 days in the 55-64 age category

> 10*exp.vertfx[2,1] - fit.test$data$expected[1]
[1] 0
> 10*exp.vertfx[4,1] - fit.test$data$expected[2]
[1] 0
> 10*exp.vertfx[4,2] - fit.test$data$expected[3]
[1] 0

## Make sure everything was originally coded in days
> summary(fit.test)
Call:
pyears(formula = Surv(days2event, event) ~ tfutm + tage + sex, data = fakedata,
        ratetable = exp.vertfx, data.frame = T)

Total number of person-years tabulated: 0.08213552
Total number pf person-years off table: 0
Matches to the chosen rate table:
   age ranges from 37 to 62    male: 2    female: 1
```

5.2.3 Expected rates in SAS for survival analysis

The SAS macro `%survexp` allows the user to access various rate tables, including MN_T = Minnesota Total for 1970-2000. As in S-Plus, the dataset includes one observation for each age 0-109 and for each sex (M,F) for a given year. Only decade data can be entered and the macro does linear interpolation between decades. The population dataset must contain the variables:

- POP = 3-5 character population name, as USER.
- YEAR = decade specification such as 1980 (maximum of 10 decades).
- SEX = sex recorded as (M,F)
- RACE = 2 character race (or other covariate) (must not be missing)
- AGE = numeric age from 0 to 109.
- Q = probability of dying before next birthday (may be set to missing)
- HAZARD = daily hazard for this age, sex, race, and year. That is:

$$\begin{aligned} hazard &= -log(1-q)/365.24 \\ &= irate/100,000/365.24 \end{aligned}$$

  where *irate* is the annual incidence rate per 100,000.

5.2.4 Expected rates in SAS for person-years analysis

Creating datasets containing the expected rates in the right format for the SAS `personyrs` procedure is relatively straight-forward. Unlike in S-Plus, you cannot add and use other variables (such as race) in the rate table. The variables needed in the dataset are:

- _CALYRB_ = 4 digit numeric variable containing the first calendar year to which the rate applies. The unique _CALYRB_ values must match those used later in the `calyrint` statement in the `personyrs` procedure. Set this variable to missing if there are no calendar year restrictions.
- _AGEB_ = integer numeric variable containing the first year of age to which the rate applies. These values must be identical to those defined in the `ageyrint` statement in the `personyrs` procedure.
- _MRATE_, _FRATE_ = these two numeric variables contain the expected annual event rate per `ratemult` for males and females.

```
data expected;
  input _ageb_ _mrate_ _frate_;
  _calyrb_= .;
datalines;
00    21      7
35     4     21
45    47     82
55    64    265
65   148    546
75   449   1067
85  1327   1214
;
```

Now use the expected counts with the same fake data that is used in the S-Plus example. In SAS we must have age in years, a start date (using dummy 1/1/1900 since we are just testing this and have 1900 entered in our expected counts as calendar year). We also need number of days to event for those with an event (which is missing for those where no event occurred).

```
data fakedata;
    input sex days2lfu event age;
    start_dt=mdy(1,1,1900);
    if event=1 then days2event=days2lfu;
    if sex=1 then sex_char='M'; else if sex=2 then sex_char='F';
datalines;
1 10 0 37
1 10 1 57
2 10 0 62
;

proc print data=fakedata;
    title3 "Looking at dataset 'fakedata' for analysis"; run;
```

You need to check in the correct follow-up subset and the age/sex categories to see that you get the results that you expect. Note that sex must be coded M/F and age must be in years.

```
proc personyrs data=fakedata
               tolastfu ratesdata=expected ratemult=100000;
     varnames sex=sex_char
     zerodt=start_dt
     ageyrz=age
     daysevt=days2event
     dayslfu=days2lfu;
     ageyrint 0 35 to 85 by 10;
     fuyrint 0 20 100;
     tables fuyr*ageyr*sex / p py o e rr;
     title3 'Person years results on fake data with created expected rates';
```

5.3 S-Plus functions

5.3.1 pyears2html

The `pyears2html` function is available from the Mayo website at: http://www.mayo.edu/biostatistics.

5.3.2 poisson.additive

Initially we created a Poisson link function for additive families that had a failsafe for predicted values that are too small, but it didn't have a continuous derivative function, which can cause some convergence problems.

$$f(\eta) = \begin{cases} \eta & \eta > \epsilon \\ \epsilon e^{\eta/\epsilon - 1} & \eta < \epsilon \end{cases}$$

The improved Poisson link function has a shape that is quite similar to the initial one, but because it is hyperbolic it has a continuous derivative. Both of these options are available in the function listed below where the original is called "exponential" and the newer link is called "hyperbolic". In addition, there is a "positive" option which only uses positive values of η.

```
poisson.additive <- function(link=c("hyperbolic", "exponential", "positive"),
                             a=.01) {
    link <- match.arg(link)
    if (link == 'hyperbolic') {
        # Hyperbolic function with asymptotes of y=0 for eta<0, and y=eta for
        #   a > 0.  a/2 is the value at eta=0
        # The substitute function replaces the character "c" with the current
        #   value of a, before the expression within is evaluated (defined).
        #   Kind of like a "text editor on-the-fly".
```

```
    #   Note that "a" is epsilon in the link function formulas

    lfun <- substitute(function(mu)  mu - c/(4*mu),
                   list(c=a^2))
    ifun <- substitute(function(eta) .5*(eta + sqrt(eta^2 + c)),
                   list(c=a^2))
    dfun <- substitute(function(mu)  1 + c/(2*mu)^2,
                   list(c=a^2))
    name <- 'Hyperbolic'
    }
else if (link=='exp') {
    # Linear for eta > a,
    # Exponential for eta < a:  a* exp(eta/a -1), which matches
    #   both value and first derivative.

    lfun <- substitute(function(mu)  ifelse(mu>c, c, 1 + log(mu/c)),
                   list(c=a))
    ifun <- substitute(function(eta) ifelse(eta>c, eta, c*exp(eta/c -1)),
                   list(c=a))
    dfun <- substitute(function(mu)  ifelse(mu>c, 1, c/mu),
                   list(c=a))
    name <- "Exponential extension"
    }
else {
    # positive only option - truncated at 0. Gives infinite likelihood if any
    #   observation with non-zero count gets a negative eta

    name <- "Discontinuous"
    lfun <- function(mu) pmax(0,mu)
    ifun <- function(eta) pmax(0, eta)
    dfun <- function(mu) ifelse(mu>=0, 1, .1)
    }

make.family("Poisson",   # Need this exact spelling, so glm uses dispersion=1
       list(names=name,
            link = lfun,
            inverse= ifun,
            deriv = dfun,
            initialize = expression({
               if(length(dimy <- dim(y)) > 1) {
                   if(dimy[2] > 1)
                       stop("multiple responses not allowed")
                   else y <- drop(y)
                   }
               else y <- as.numeric(y)
               mu <- y + 0.167 * (y == 0)})),
       glm.variances[, 'mu'])
}
```

5.3.3 addglm

The `addglm` function is available from the Mayo website at: http://www.mayo.edu/biostatistics. Its primary purpose is to simplify the model statement. The two fits listed below produce the same results.

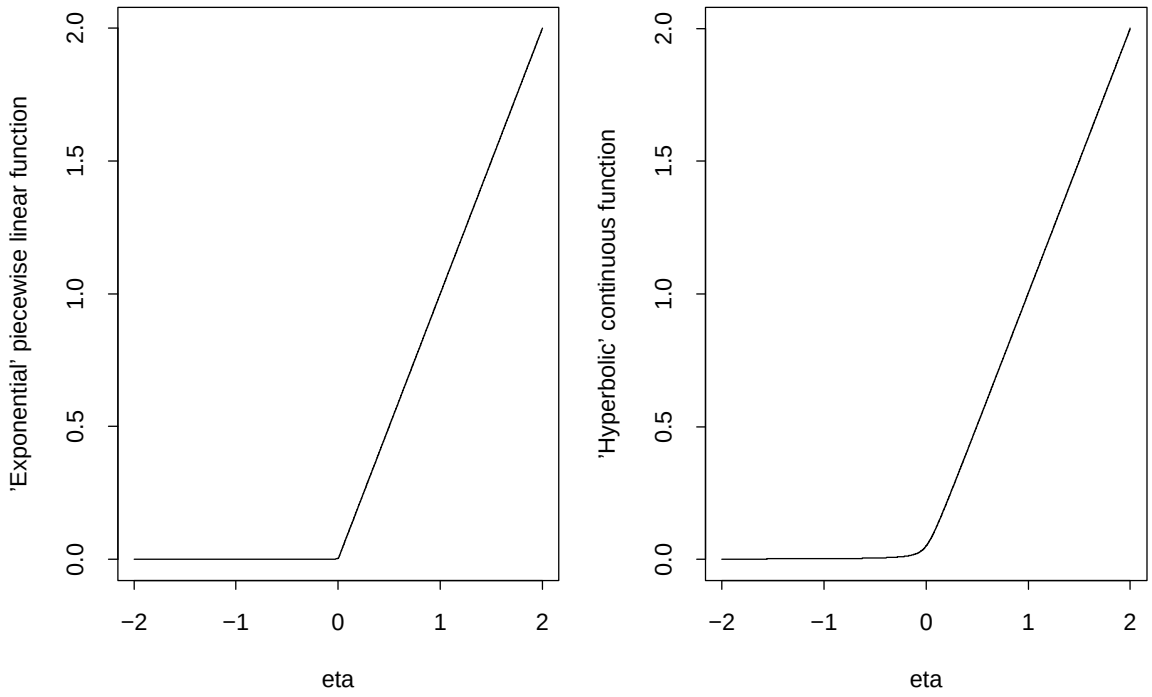


Figure 13: *The left plot depicts the inverse link function $f(\eta)$ the "exponential" solution and the right plot depicts the "hyperbolic" solution. It has the added benefit that f is smooth with a continuous first derivative. Unless η is near zero, there will be little difference in the results.*

```
### Code using glm function
> fit2 <- glm( event ~ -1 + time + I(time*age) + I(time*ph.ecog),
              data=lung, family=poisson.additive)

> summary(fit2)

Coefficients:
                          Value   Std. Error t value Pr(>|t|)
             time -4.846495e-04 1.153262e-03 -0.4202   0.6747
    I(time * age)  3.259046e-05 1.931485e-05  1.6873   0.0929
I(time * ph.ecog)  9.345934e-04 2.675068e-04  3.4937   0.0006


### Code using addglm function
> fit <- addglm(event ~ age + ph.ecog, data=lung, time=time, family=poisson.additive)

> summary(fit)
Coefficients:
                   Value   Std. Error t value Pr(>|t|)
(Intercept) -4.846495e-04 1.153262e-03 -0.4202   0.6747
        age  3.259046e-05 1.931485e-05  1.6873   0.0929
    ph.ecog  9.345934e-04 2.675068e-04  3.4937   0.0006
```

5.4 A closer look at differences between gam and glm

The generalized linear model `glm` has the form

$$g(E(y|x)) = \beta_0 + \beta_1 x_{i1} + \beta_2 x_{i2} + \cdots + \beta_p x_{ip}$$

$$Var(y) = \Phi V(E(y))$$

where g is the link function, V is the variance function, and Φ is a constant. The error terms are allowed to be non-Gaussian, and it is possible to have a non-constant variance. Different error models are handled by a reparameterization to induce linearity. The variance of y is allowed to depend on the expected value of y rather than remain constant.

The generalized additive model `gam` has the form

$$g(E(y|x)) = \alpha_0 + f_1(x_1) + f_2(x_2) + \cdots + f_p(x_p)$$

$$Var(y) = \Phi V(E(y))$$

where g is the link function, V is the variance function, Φ is a constant and $f_1, \ldots, f_p$ are functions. Therefore $g(E(y|x))$ is modeled as a sum of functions of the predictors. The predictor functions $f_1, \ldots, f_p$ can be parametric functions (equivalent to a generalized linear model) or nonparametric functions based on smoothers (e.g., loess (`lo`), spline smoothers (`s`)).

The advantage of using a *nonparametric smoother* is that the user doesn't need to specify nodes or degrees of freedom. These functions are great as an exploratory tool. The disadvantage is that it is difficult to calculate confidence intervals for model predictions. In that case, it is easier to use the generalized linear model and parametric splines (e.g. `ns`, `bs`) or polynomial fits (e.g. `poly`).

The S-Plus language automatically uses `predict.gam` when used with a `gam` model and `predict.glm` when used with a `glm` model. Trying to use the inappropriate summary or prediction method can cause a whole host of problems, as illustrated by the following examples.

```
> tmp <- data.frame(age=c(20,40,60), dxtime=c(0,0,0), expected=c(1,1,1))

## gam model with linear terms for age and dxtime
> test <- gam(event ~ age + dxtime + offset(log(expected)), family=poisson, data=pyrs.spe,
              subset=(sex=='female' & mgus==0))

## glm model with linear terms for age and dxtime
> test2 <- glm(event ~ age + dxtime + offset(log(expected)), family=poisson, data=pyrs.spe,
              subset=(sex=='female' & mgus==0))

## glm model trying (INCORRECTLY) to use s(age)
> test3 <- glm(event ~ s(age) + dxtime + offset(log(expected)), family=poisson, data=pyrs.spe,
              subset=(sex=='female' & mgus==0))

## gam model using s(age) showing true impact
> test4 <- gam(event ~ s(age) + dxtime + offset(log(expected)), family=poisson, data=pyrs.spe,
              subset=(sex=='female' & mgus==0))

## Correct - predict.gam used with a gam fit
> predict.gam(test, newdata=tmp, type='response')
        1        2        3
 3.936414 2.906844 2.146558

## WRONG, only use predict.glm with glm fits and predict.gam with gam fits
> predict.glm(test, newdata=tmp, type='response')
        1        2        3
 51.23453 18.29896 8.555364
```

```
## Values match predict.gam with gam model
> predict.glm(test2, newdata=tmp, type='response')
        1        2        3
 3.936414 2.906844 2.146558

## Note that this assumes a linear modeling of age, not s(age)
> predict.glm(test3, newdata=tmp, type='response')
        1        2        3
 3.936414 2.906844 2.146558

## Using gam shows the true (large) influence of using s(age)
> predict.gam(test4, newdata=tmp, type='response')
        1        2        3
 18.77012 5.685526 2.289967
```

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