4th Annual Mayo Clinic
ENHANCED RECOVERY AFTER SURGERY (ERAS) 2019

MAYO CLINIC
FRANKE EDUCATION CENTER
PHOENIX, ARIZONA
FEBRUARY 22-23, 2019
COURSE HIGHLIGHTS

- Enhanced recovery starts with clearly defined preoperative preparation that involves the spectrum of health care team members, including the patient.
- Intraoperative approaches have the entire scope of the patient’s care in mind including post-op recovery – multimodality pain control, pre-emption of nausea, and fluid management to minimize post-op ileus.
- The opioid epidemic is a major national health care crisis. The course has added a session that directly addresses how the team caring for the surgical patient can minimize post-operative pain and the need for opiate prescriptions.
- Post-op order sets and team care optimize patient recovery, convey the experience of accumulated knowledge and minimize complications and hospital stay.

TARGET AUDIENCE
This course is designed for Physicians, Anesthesiologists, Nurse Practitioners, Nurses, CRNA’s, Dieticians and Allied Health Professionals.

LEARNING OBJECTIVES
Upon completion of this activity, participants should be able to:

- Surgeons:
  * Recognize the science and evidence supporting best practices in Enhanced Recovery to optimize their patient outcomes.
  * Reduce reliance on post-operative narcotics by using multi-modality pain management strategies
- Anesthesiologists and CRNAs:
  * Describe how intraoperative interventions regarding fluids, PONV prophylaxis, pain management, etc., can continue to affect patient outcomes in the post-operative period.
- Nurses:
  * Interpret the science and evidence behind ERAS protocol recommendations and improve ERAS protocol compliance.
- Hospital Administrators:
  * Recognize their role in facilitating the logistics of bringing together multidisciplinary teams that will improve patient outcomes and reduce costs.

COURSE DIRECTOR
Tonia M. Young-Fadok, MD, MS, FACS, FASCRS
President ERAS USA

REGISTRATION
CE.MAYO.EDU/ERAS2019
REGISTRATION FEES

<table>
<thead>
<tr>
<th>Role</th>
<th>On or Before 12/15/2018</th>
<th>After 12/15/2018</th>
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<tbody>
<tr>
<td>Physicians/Scientists</td>
<td>$400</td>
<td>$475</td>
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<tr>
<td>Nurse Practitioner, Physician Assistant, Nurse, Fellow, Resident, Allied Health Professional, Retiree</td>
<td>$350</td>
<td>$425</td>
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MEETING LOCATION
Mayo Clinic Franke Education Center
5777 E. Mayo Blvd, Phoenix, AZ 85054

ACCOMMODATIONS
Residence Inn Phoenix Desert View at Mayo Clinic
5665 E. Mayo Blvd.
Phoenix AZ 85054
(480) 563-1500

Special room rates are available until the block is sold out or until January 24, 2019, whichever comes first. The discounted rate is $239 plus tax. Please make your reservations early to ensure accommodations at the discounted rate. When calling the hotel, please be sure to indicate that you are a participant of the Mayo Clinic ERAS room block. Attendees are responsible for their own reservations. Group rates will apply three (3) days prior and three (3) days following the dates of Feb. 21-23, 2019.

PROGRAM AT-A-GLANCE
Please visit the course website for program details:
CE.MAYO.EDU/ERAS2019

In support of improving patient care, this activity is planned and implemented by Mayo Clinic College of Medicine and Science and [Insert name of other provider]. Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

AMA
Mayo Clinic College of Medicine and Science designates this live activity for a maximum of 11.50 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ANCC
Mayo Clinic College of Medicine and Science designates this live activity for a maximum of 11.50 ANCC nursing contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

Other Healthcare Professionals
A certificate of attendance will be provided to other healthcare professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.