Mayo School of Continuing Medical Education

6th Annual Mayo Clinic Primary Care Review

February 27 – March 4, 2006
Western Caribbean Cruise
Royal Caribbean® Cruise Line
Enchantment of the Seas®

Limited Registration

Reasons to attend:
• New “Pearls-of-the-Day”
• Updates on Multiple Challenges in Primary Care
• Panel Discussions with Multi-Disciplinary Faculty

www.mayo.edu/cme
Course Description
Mayo Clinic’s primary care meeting will explore an updated series of topics including Pearl-of-the-Day case presentations. Course topics to be discussed will include hyperlipidemia management, atrial fibrillation, migraine treatment and multiple sclerosis. Other areas of interest will include topical skin cancer treatment, emerging infectious disease threats and thyroid nodules.

Course Learning Objectives
• Design a treatment plan for patients with atrial fibrillation
• Prescribe appropriate agents for the treatment of migraine headaches
• Summarize risks associated with Cox-2 inhibitor therapy
• Demonstrate improved accuracy when reading ECGs
• Choose appropriate testing to evaluate Rheumatological disease
• Design a treatment plan for patients with skin cancer
• Manage hyperlipidemia in the adult patient

Attendance at this Mayo course does not indicate nor guarantee competence or proficiency in the performance of any procedures that may be discussed or taught in this course.

Intended Audience
This course is designed for family physicians, internal medicine physicians, and physician’s assistants.

Credit
Mayo Foundation is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education (CME) for physicians.

Mayo Foundation designates this educational activity for a maximum of 15 category 1 credits toward the AMA Physician’s Recognition Award. Each physician should claim only those credits he/she actually spent in the activity.

The American Medical Association has determined that physicians not licensed in the United States who participate in this CME activity are eligible for AMA PRA category 1 credit.

This activity has been reviewed and is acceptable for up to 15 Prescribed credit hours by the American Academy of Family Physicians.

The American Osteopathic Association has approved 15 hours in Category 2-A credit for this course.
Date and Location
The 6th Annual Mayo Clinic Primary Care Review course will be held February 27 – March 4, 2006 on Royal Caribbean® Cruise Line’s Vision Class ship, the Enchantment of the Seas®.

Royal Caribbean® Cruise Line: Royal Caribbean International® is a global cruise brand with 19 ships in service and two more under construction. With over 25 years in service, Royal Caribbean® has carried over 2 million passengers and travels to about 160 destinations. As the world’s second largest cruise company it specializes in bringing family fun to the sea. Royal Caribbean® earned Travel Weekly magazine’s 2004 award for best overall cruise line. Additionally, it was awarded Best Cruise Line: Caribbean by Travel Weekly.

Ship: The Vision-Class ship Enchantment of the Seas® joined the Royal Caribbean® fleet in 1997. The ship will be undergoing a complete renovation in Summer 2005. New features will include bungee trampolines for the adventure seekers, as well as a new pool in the main pool deck. The main pool area will be expanded to include two pools, four whirlpools and an interactive Splash Deck for kids. The Splash Deck features 64 water jets, 40 of which are connected to an interactive touch pad system so kids can create fountain effects and spray each other to their hearts’ content. Seattle’s Best Coffee and Ben & Jerry’s Ice Cream will also be a welcomed addition on board in the new coffee and ice cream shop. The main dining room, shopping area, casino, jogging track, fitness facility, day spa, and art gallery will also be rejuvenated to please everyone’s needs.

The ship features: 11 passenger decks; 760 crew members; occupancy of over 2,700 passengers; tonnage of 80,700; 2 restaurants; alternative snack shops; casino; disco; 8 bars/lounges; library; internet center; two outdoor pools; full service spa; basketball; jogging track; shuffleboard; beauty shop; duty-free shops; and dedicated children’s center and teen program.

The Itinerary
Enjoy the Western Caribbean’s historic locations, ancient cities and beautiful underwater world. Tour Mallory Square on Key West’s historic waterfront. Guests can also discover the ancient Mayan city of Tulum while in Cozumel and the unique coral structures, intricate caves and extensive marine life underwater while in Belize.

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Port</th>
<th>Arrive</th>
<th>Depart</th>
</tr>
</thead>
<tbody>
<tr>
<td>February 27, 2006</td>
<td>Monday</td>
<td>Ft. Lauderdale, FL</td>
<td>–</td>
<td>5:00 pm</td>
</tr>
<tr>
<td>February 28, 2006</td>
<td>Tuesday</td>
<td>Key West, FL</td>
<td>7:00 am</td>
<td>2:00 pm</td>
</tr>
<tr>
<td>March 1, 2006</td>
<td>Wednesday</td>
<td>Cozumel, Mexico</td>
<td>10:00 am</td>
<td>7:00 pm</td>
</tr>
<tr>
<td>March 2, 2006</td>
<td>Thursday</td>
<td>Belize City, Belize</td>
<td>7:00 am</td>
<td>5:00 pm</td>
</tr>
<tr>
<td>March 3, 2006</td>
<td>Friday</td>
<td>At Sea</td>
<td>–</td>
<td>–</td>
</tr>
<tr>
<td>March 4, 2006</td>
<td>Saturday</td>
<td>Ft. Lauderdale, FL</td>
<td>8:30 am</td>
<td>–</td>
</tr>
</tbody>
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Ports of Call
Key West: Stroll the palm-lined streets and discover gingerbread mansions, tin-roofed conch houses, the John Audubon House, and Ernest Hemingway’s home. Visit the Museum of Art and History at the Custom House, a “must see” when in Key West. Take a trolley tour through historic Key West or snorkel clear tropical waters with colorful and exotic marine life at the only living coral reef in the continental United States. Other exciting activities in Key West include Scuba Diving, Parasailing, Jet Skiing, Shopping, and more!
Cozumel: Mexico’s largest island is world renown for its dazzling white sandy beaches and the remarkable clarity of the multi-hued azure Caribbean ocean in which it rests. Fascinating sites such as Chichén Itzá with its massive pyramids that rival those at Cheops, and Tulúm, and even Tikal in its lush jungle settings where wild monkeys still can be seen, each easily accessible. The snorkeling and scuba diving in Cozumel are world renowned at the famous Palancar Reef. Offshore fishing, biking, colorful shopping or just relaxing on the beach are perfect activities in Cozumel.

Belize: Mighty Maya cities such as Caracol, Xunantunich, and Lamanai dot the landscape. Today, Belize is an adventurer’s paradise. There is literally an exceptional activity for everyone. Tours to the interior of the country include river adventures, birding and exotic animal viewing, and a choice of distinctive Mayan ruins. Belize also offers exceptional diving, snorkeling and fishing. There are charming tours to Caye Caulker and Ambergris Caye, both nearby islands. One of the most popular attractions is the Belize City cave tubing tour.

The Cruise Center of Jacksonville, Inc. acts only as an agent for the separate and independent vendors shown in this brochure. The Cruise Center of Jacksonville, Inc. does not operate, control, or otherwise provide the services of these vendors. Neither Cruise Center of Jacksonville, Inc. nor Mayo Clinic is responsible for any operating failure, loss, damage, delay, illness or injury, which arise out of or during the meeting participant’s scheduled travel. Nor is Mayo Clinic or Cruise Center of Jacksonville, Inc. responsible for any damages, which may arise as a result of acts of God, social or labor unrest, political or national strike, terrorist activities, mechanical failures, climatic conditions, or any other acts or omission beyond Cruise Center of Jacksonville, Inc.’s or Mayo Clinic’s control.

Registration
To register, complete the attached registration form and return by mail or fax. The registration fee includes tuition, comprehensive course syllabus, welcome reception, and break refreshments. A letter of confirmation will be sent upon receipt of payment for the course. Please present the confirmation letter when checking in at the meeting registration desk.

Course Cancellation Policy
Your registration fee, less a $75 administrative fee, will be refunded if Mayo School of Continuing Medical Education receives notification before February 3, 2006 (fax#: 904-953-2954). No refunds will be made after February 3, 2006. (See cruise cancellation fees under Lodging.)
Transfers
Round-trip transfers from the airport can be arranged by contacting Cruise Center of Jacksonville, Inc. Transfers to/from the Ft. Lauderdale airport to the pier are $22.00 per person. Transfers to/from Miami International Airport are $40.00 per person.

Lodging
Group Cabin Rates:

<table>
<thead>
<tr>
<th>Stateroom Category</th>
<th>Description</th>
<th>Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Category K</td>
<td>Inside Stateroom</td>
<td>$566.50</td>
</tr>
<tr>
<td>Category G</td>
<td>Ocean View Stateroom</td>
<td>$671.50</td>
</tr>
<tr>
<td>Category F</td>
<td>Ocean View Stateroom</td>
<td>$726.50</td>
</tr>
<tr>
<td>Category D1</td>
<td>Superior Ocean View Stateroom with Balcony</td>
<td>$911.50</td>
</tr>
<tr>
<td>Category JS</td>
<td>Junior Suite with Balcony</td>
<td>$1011.50</td>
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Rates are per person based on double occupancy. Single rates are available upon request (usually 150-200% of the rate). Rates for 3rd and 4th guests in the same stateroom are $382.50 per person. Stateroom categories other than those listed may be requested.

Rates shown include current port charges and taxes of $142.50 per person. Fees subject to change.

Please consult your tax advisor with respect to the tax deductibility of this meeting.

Inclusions:
- **Accommodations:** Five nights accommodations onboard the Enchantment of the Seas® are based on double occupancy and bedding in all staterooms can either be configured to twins or queen-size. All staterooms and suites come complete with private bathroom, vanity area, hair-dryer, closed circuit TV and phone. Additional amenities for Category D1 Superior Ocean views include private balcony, sitting area with sofa bed and refrigerator. Additional amenities for Category JS Junior Suites include amenities of D1 plus a full bath with tub.
- **Meals:** All meals while onboard the ship and 24-hour room service.
- **Port Charges:** Mandatory port charges and taxes of $142.50 are included in the price. Fees subject to change.

Additional:
- Air transportation; round trip ground transfers; wines, liquors, soft drinks while onboard ship; optional shore excursions or optional onboard services; trip cancellation/interruption insurance (Cruise Center of Jacksonville, Inc. can provide at an extra cost); gratuities for ship personnel; and all other items not mentioned in the inclusions will be additional costs. Pre or post cruise hotel packages are not included but may be arranged by Cruise Center of Jacksonville, Inc.

Deposit:
A booking deposit of $200.00 per person will be required to confirm a reservation on the cruise. Final payment will be due no later than November 30, 2005. All major credit cards are accepted (except Diner’s Club). To guarantee availability of requested stateroom category and for triple and quad family staterooms, early registration is strongly recommended.
Cruise Cancellation Fees:
The following penalties will be assessed per person for cancellation:

<table>
<thead>
<tr>
<th>Date Range</th>
<th>Fee</th>
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<tbody>
<tr>
<td>December 1, 2005 - January 28, 2006</td>
<td>$200.00</td>
</tr>
<tr>
<td>January 29, 2006 - February 19, 2006</td>
<td>50% of gross fare</td>
</tr>
<tr>
<td>February 20, 2006 - February 27, 2006 or non-appearance</td>
<td>100% of gross fare</td>
</tr>
</tbody>
</table>

A cancellation fee of $25.00 per person will be paid to Cruise Center of Jacksonville, Inc. in addition to those fees imposed by Royal Caribbean Cruise Lines as stated above.

Documentation:
Government-issued photo identification together with an original or state issued certified copy of your birth certificate or your naturalization certificate is acceptable. A valid passport is the preferred proof of citizenship to carry. If the name on your birth certificate and the name on your photo I.D. are not the same, you should be prepared to show official documentation supporting the name change. For example, married women should carry an official copy of their marriage license. Non-U.S. citizens must have a valid passport and any necessary visas. Please advise Cruise Center of Jacksonville, Inc. at the time of booking if you are not a U.S. citizen.

Faculty

**Course Directors**

- J. Dan Echols, MD
- R. John Presutti, DO

**Mayo Faculty**

- Paul Brazis, MD
- Kenneth Calamia, MD
- Harvey Cassidy, MD
- Walter Hellinger, MD
- Mark Parkulo, MD
- Sarvam TerKonda, MD
- Jorge Trejo, MD
- James Waldorf, MD

Course Schedule

**Monday, February 27, 2006**

1:30 – 3:30pm Early Registration

7:00 – 8:00pm Mayo Clinic Welcome Aboard Reception

**Tuesday, February 28, 2006**

12:15pm Registration

12:30 Syllabus Review/Pretest

12:45 Welcome

1:00 Pearl Case-of-the-Day

- R. John Presutti, D.O.

1:30 Lower Extremity Wounds and Ulcers

- James Waldorf, M.D.

2:00 Hyperlipidemia Management

- Mark Parkulo, M.D.

2:30 Changes in First Line Antibiotics

- Walter Hellinger, M.D.

3:00 Question and Answer/Panel Discussion
3:30 Break
3:45 Cardiovascular Biomarkers
  Jorge Trejo, M.D.
4:15 Atrial Fibrillation in Primary Care
  Harvey Cassidy, M.D.
4:45 Coronary Heart Disease: From Mars to Venus
  Jorge Trejo, M.D.
5:15 Question and Answer/Panel Discussion
5:45 Adjourn

Wednesday, March 1, 2006

6:30am Continental Breakfast
6:45 Syllabus Review / Pretest
7:00 Pearl Case-of-the-Day
  J. Dan Echols, M.D.
7:15 Community Acquired MRSA
  Walter Hellinger, M.D.
7:45 Serologic Testing in Rheumatic Disorders
  Kenneth Calamia, M.D.
8:15 Question and Answer/Panel Discussion
8:45 Break
9:00 Newer Migraine Treatment
  Paul Brazis, M.D.
9:30 Multiple Sclerosis
  Harvey Cassidy, M.D.
10:15 Question and Answer/Panel Discussion
10:30 Adjourn

Friday, March 3, 2006

6:30am Continental Breakfast
7:00 Syllabus Review / Pretest
7:15 Pearl Case-of-the-Day
  R. John Presutti, D.O.
7:30 Gout
  Kenneth Calamia, M.D.
8:00 NSAIDs, COX-2s and the Heart
  Jorge Trejo, M.D.
8:30 Current Treatment Options for Rheumatoid Arthritis
  Kenneth Calamia, M.D.
9:00 PSAs and PAPs – When Is Enough, Enough?
  Mark Parkulo, M.D.
9:30 Question and Answer/Panel Discussion
10:00 Break
10:15 Topical Skin Cancer Treatment
  Sarvam TerKonda, M.D.
10:45 Thyroid Nodules
  Harvey Cassidy, M.D.
11:45 Breast Cancer after Lumpectomy
  James Waldorf, M.D.
12:15pm Question and Answer/Panel Discussion
12:45 Break
1:45 Tremors
  Paul Brazis, M.D.
2:15 Emerging Infectious Disease Threats
  Walter Hellinger, M.D.
2:45 Preventing End Organ Damage in Diabetes
  Mark Parkulo, M.D.
3:15 TIA Evaluation
  Paul Brazis, M.D.
3:45 Question and Answer/Panel Discussion
4:00 Adjourn
# Course/Cruise Registration Form

Mail/fax form and payment to:  
Cruise Center of Jacksonville, Inc.  
11362-16 San Jose Blvd.  
Jacksonville, FL 32223  
ATTN: Suzanne Fisher  
Email: suzannecruise@bellsouth.net  
Web: www.funseas.com/mayoclinic  
Fax: 904-260-4265  
Telephone: 800-995-3401 ext. 201  
904-260-3401  
For course information call:  
Telephone: 904-953-2925  
800-462-9633

### Please print or type all information. You may reproduce this form for multiple registrations.

<table>
<thead>
<tr>
<th>Name as it appears on driver’s license/passport</th>
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| Date of Birth: `__/__/__` Degree:  
  - MD  
  - PhD  
  - DO  
  - PA  
  - NP  
  - Other: `__________`  |
| Address:  
  - Home:  
  - Business:  
  - City: `__________`  
  - State/PC: `__________`  
  - ZIP/PC: `__________`  
  - Country: `__________`  |
| Home Telephone: `__________` Business Telephone: `__________` FAX: `__________`  |
| Institution: `__________`  |
| Medical Specialty: `__________`  |
| Email: `__________`  |
| Citizenship:  
  - USA:  
  - Other: `__________`  |
| ☐ Check here if you have any special accommodations or dietary needs. Please indicate your needs below:  |
| Cabin Mates:  
  - (full legal names):  
  - DOB: `__/__/__`  |
  - DOB: `__/__/__`  
  - DOB: `__/__/__`  
  - DOB: `__/__/__`  |
| Enchantment of the Seas® |
6th Annual Mayo Clinic Primary Care Review
Course/Cruise Registration Form Cont’d

Name ________________________________

Fees and Payment (U.S. Funds only)
Cruise Fees:
Category K  Inside Stateroom  $566.50
Category G  Ocean View Stateroom  $671.50
Category F  Ocean View Stateroom  $726.50
Category D1 Superior Ocean View Stateroom w/ Balcony  $911.50
Category JS Junior Suite with Balcony  $1011.50

Number of Passengers in Stateroom: □ 1 □ 2 □ 3 □ 4
($382.50 per 3rd and 4th person)

Trip cancellation insurance is strongly recommended. Information on this coverage will be mailed to you.

A deposit of $200.00 per person is required to confirm your cruise reservations. Final payments will be due no later than November 30, 2005.

Course Registration Fee:
Physicians  $595
Physician Assistants  $395

Special course registration rates are available for residents (with letter from training director), retired physicians and active duty military physicians. Please call 800-995-3401 or 904-260-3401 for further information. This discount applies only to the course registration fees, not to the cruise rates.

Course registration fee is due in full at time of registration.

Total Payment Enclosed: ________________________________

□ Check Enclosed (payable to Cruise Center of Jacksonville, Inc.)
□ Credit Card: □ VISA □ MasterCard □ Discover □ American Express

Number: ________________________________
Exp. Date: ________________________________

Signature: ________________________________ Date: ________________________________

(Please list name as it appears on credit card)
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Enchantment of the Seas
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