Mayo School of Continuous Professional Development

Psychiatry in Medical Settings 2017

February 9-11, 2017
Fairmont Scottsdale Princess • Scottsdale, Arizona

REGISTER NOW!

Registration and additional course information can be found on our course website:
ce.mayo.edu/node/22619

Course Directors
Jeffrey P. Staab, M.D., M.S. and Robert P. Bright, M.D.
COURSE DESCRIPTION
The Psychiatry in Medical Settings course returns for its sixth year. The course will provide up to date reviews of depression, anxiety, dementia, suicide risk, substance use, and personality factors in medical-surgical patients. Updates will be provided on somatic symptom disorders, functional neurologic disorders, functional gastrointestinal disorders, and psycho-oncology. Each day, a featured topic will be covered in depth by a group of medical and behavioral specialists through well-coordinated didactic presentations, panel discussions, and interactive workshops. For 2017, featured topics will include:

- Women’s Health Across the Reproductive Lifespan
- Sexual Health- Men, Women, LGBT
- Treatment Resistant Depression and Pharmacogenomics

COURSE LEARNING OBJECTIVES
Upon conclusion of this program, participants should be able to:

- Assess new concepts about the detection and treatment of somatic symptom problems along with depression and anxiety in patients seen in medical settings.
- Describe evidence-based evaluation and management strategies for psychological morbidity during crucial periods in women’s reproductive health -- menarche, pregnancy and menopause.
- Identify unique medical, sexual and psychological health needs of LGBT patients.
- Describe current evidence of the clinical utility and cost-effectiveness of pharmacogenomic testing for managing patients with treatment resistant depression.

Attendance at this Mayo Clinic course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

INTENDED AUDIENCE
This course is designed for Family Physicians, General Internists, Psychiatrists, Physician Assistants and Advance Practice Nurses.

CREDIT
Mayo Clinic College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Mayo Clinic College of Medicine designates this live activity for a maximum of 18.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AOA
This program has been accredited by the American Osteopathic Association for 18.0 credits of AOA Category 2-A.
The Department of Psychiatry and Psychology at Mayo Clinic, Rochester is approved by the American Psychological Association to sponsor continuing education credits for psychologists. The Department of Psychiatry and Psychology at Mayo Clinic, Rochester maintains responsibility for this program and its content.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

A certificate of attendance will be provided to other health care professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.

To register online, visit ce.mayo.edu/node/22619. The registration fee includes tuition, comprehensive course syllabus (electronic), continental breakfasts, and lunches. Although it is not Mayo School of Continuous Professional Development (CPD) policy to limit the number of registrants for a course, conference room facilities may necessitate closing of enrollment; therefore, early registration is advised. A letter of confirmation will be sent upon receipt of payment and completed registration form.

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<th>Registration Fees</th>
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<td>Physicians/Scientists</td>
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<td>Residents, Retirees, PAs and NPs</td>
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If you cancel your participation in this course, your registration fee, less a $75 administrative fee, will be refunded when written notification is received by Mayo School of CPD on or before January 26, 2017 to cme-jax@mayo.edu. No refunds will be made after January 26, 2017. Canceled registrations are non-transferable.

Mayo School of CPD reserves the right to cancel or postpone any course due to unforeseen circumstances. In the unlikely event Mayo School of CPD must cancel or postpone this course, Mayo School of CPD will refund the registration fee, but is not responsible for any related costs, charges, or expenses to participants, including fees assessed by airline/travel/lodging agencies.

For additional information, contact:
Mayo School of Continuous Professional Development
Website: ce.mayo.edu
E-mail: cme-jax@mayo.edu
Phone: 800-462-9633

Fairmont Scottsdale Princess
7575 East Princess Drive
Scottsdale, AZ 85255
1-800-344-4758
The Fairmont Scottsdale Princess is offering rooms at $319.00 per night (plus applicable taxes) for attendees and their guests. In order to receive the special rate, reservations must be made before the room block is full or before the expiration date of January 18, 2017, whichever comes first. Reservations can be made by calling (800) 344-4758 and asking for the Mayo Clinic Psychiatry in Medical Settings group rate.

Mayo School of CPD is not responsible for expenses incurred by an individual who is not confirmed and for whom space is not available at the meeting. Costs incurred by the registrant such as airline or hotel fees or penalties are the responsibility of the registrant.

**FACULTY**

**Course Directors**

Jeffrey P. Staab, M.D., M.S.
Robert P. Bright, M.D.

Mark A. Frye, M.D.
Katherine M. Moore, M.D.
Shehzad K. Niazi, M.D.
Todd B Nippoldt, M.D.
Sandra J. Rackley, M.D.

**Mayo Clinic Faculty**

J. Michael Bostwick, M.D.
Matthew M. Clark, Ph.D., L.P.
Shawna L. Ehlers, Ph.D., L.P.
Yonas E. Geda, M.D.
Cesar A. Gonzalez, Ph.D., L.P.
Karen Grothe, Ph.D., L.P.
Ekta Kapoor, M.B.B.S.
David J. Katzelnick, M.D.
Lois E. Krahn, M.D.

Jordan Rullo, Ph.D., L.P.
Shirlene Sampson, M.D., M.S.
Craig N. Sawchuk, Ph.D., L.P.
Cynthia M. Stonnington, M.D.
Nuria J. Thusius, M.D.
Kristin S. Vickers Douglas, Ph.D., L.P.
Elena Volfsson, M.D.

**FACULTY DISCLOSURE**

As a provider accredited by ACCME, Mayo Clinic College of Medicine (Mayo School of Continuous Professional Development) must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course director(s), planning committee, faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty also will disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of this information will be published in course materials so those participants in the activity may formulate their own judgments regarding the presentation.

**NATIONAL PHYSICIAN PAYMENT TRANSPARENCY PROGRAM**

Mayo Clinic College of Medicine complies with the requirements of the National Physician Payment Transparency Program OPEN PAYMENTS (Physician Payments Sunshine Act).
Program Schedule

Thursday, February 9, 2017

7:00 – 8:00 a.m. Continental Breakfast

8:00 – 8:10 Announcements
Robert P. Bright, M.D.

8:10 – 8:30 Somatic Symptom Disorders
Jeffrey P. Staab, M.D., M.S.

8:30 – 8:50 Depression in Medical Settings
David J. Katzelnick, M.D.

8:50 – 9:10 Anxiety in Medical Settings
Craig N. Sawchuk, Ph.D., L.P.

9:10 – 9:30 Integrated Systems of Care
David J. Katzelnick, M.D.

9:30 – 9:50 Q & A (Drs. Staab, Sawchuk and Katzelnick)

9:50 – 10:10 Break

Featured Topic #1:
Health Care for Transgender/Gender Identity Individuals

10:10 – 10:30 Psychiatrist’s Perspective
J. Michael Bostwick, M.D.

10:30 – 11:10 a.m. Endocrinologist’s Perspective
Todd Nippoldt, M.D.

11:10 – 11:30 Psychologist’s Perspective
Cesar A. Gonzalez, Ph.D., L.P.

11:30 a.m. – 12:20 p.m. Case-based Panel Discussion with Audience Participation
(Drs. Nippoldt, Bostwick and Gonzalez; Moderator: Dr. Bright)

12:20 – 1:50 Buffet Lunch

1:50 – 2:10 Functional GI Disorders
Jeffrey P. Staab, M.D., M.S.

2:10 – 2:30 Resilience-Enhancing Interventions in Patient Encounters
Matthew M. Clark, Ph.D., L.P.

2:30 – 2:50 Q & A (Drs. Staab and Clark)

2:50 – 3:10 Break

BREAKOUTS

3:10 – 4:30 Workshop I: Health Care for Transgender/Gender Identity Individuals; Drs. Nippoldt, Bostwick and Gonzalez

3:10 – 4:30 Workshop II: Motivational Interviewing
Kristin S. Vickers Douglas, Ph.D., L.P.
Friday, February 10, 2017

7:00 – 8:00 a.m.  Continental Breakfast

8:00 – 8:10  Announcements
Jeffrey P. Staab, M.D., M.S.

8:10 – 8:30  Psycho-Oncology
Shawna L. Ehlers, Ph.D., L.P.

8:30 – 8:50  Obesity
Karen Grothe, Ph.D., L.P.

8:50 – 9:10  Delirium
J. Michael Bostwick, M.D.

9:10 – 9:30  Functional Neurologic Disorders
Jeffrey P. Staab, M.D., M.S.

9:30 – 9:50  Q/A (Drs. Ehlers, Grothe, Bostwick and Staab)

9:50 – 10:10  Break

Featured Topic #2:
Women’s Health Across the Reproductive Lifespan

10:10 – 10:50  Internist’s Perspective
Ekta Kapoor, M.B.B.S.

10:50 – 11:10  Psychologist’s Perspective
Jordan Rullo, Ph.D., L.P.

11:10 – 11:30  Psychiatrist’s Perspective
Katherine Moore, M.D.

11:30 a.m. – 12:20 p.m.  Case-based Panel Discussion with Audience Participation
(Drs. Kapoor, Rullo and Moore; Moderator: Dr. Staab)

12:20 – 1:50  Buffet Lunch

1:50 – 2:10  Office Management of Addictions
Elena Volfson, M.D.

2:10 – 2:30  Medical Marijuana
Nuria J. Thusius, M.D.

2:30 – 2:50  Q & A (Drs. Volfson and Thusius)

2:50 – 3:10  Break

BREAKOUTS

3:10 – 4:30  Workshop III: Women’s Health Across the Reproductive Lifespan
Drs. Kapoor, Rullo and Moore

3:10 – 4:30  Workshop IV: Behavioral Treatments of Functional Disorders
Drs. Staab and Sawchuck
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<tr>
<th>Time</th>
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<tr>
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<td><em>Robert P. Bright, M.D.</em></td>
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<td>8:10 – 8:30</td>
<td>Mild Cognitive Impairment</td>
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<td><em>Yonas Geda, M.D.</em></td>
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<td>8:30 – 8:50</td>
<td>Insomnia in Medically Ill</td>
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<td><em>Lois E. Krahn, M.D.</em></td>
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<td>8:50 – 9:10</td>
<td>Lessons for Adult Psychiatry from Children</td>
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<td><em>Sandra J. Rackley, M.D.</em></td>
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<td>9:10 – 9:30</td>
<td>Suicide Risk Assessment</td>
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<td><em>Robert P. Bright, M.D.</em></td>
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<td>9:30 – 9:50</td>
<td>Q &amp; A (Drs. Geda, Krahn, Rackley and Bright)</td>
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<td>9:50 – 10:10</td>
<td>Break</td>
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<tr>
<td>10:10 – 10:50</td>
<td>Featured Topic # 3: Psychosomatics, Pharmacogenomics and Treatment Resistant Depression</td>
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<td>Psychosomatics Medicine Perspective – Psychosomatics and Treatment Resistant Depression</td>
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<td><em>Jeffrey P. Staab, M.D., M.S.</em></td>
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<td>10:50 – 11:30</td>
<td>Mood Disorders Perspective – Pharmacogenomics and Depression Treatment – Present and Future</td>
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<td><em>Mark Frye, M.D.</em></td>
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<td>11:30 a.m. – 12:20 p.m.</td>
<td>Case-based Panel Discussion with Audience Participation (Drs. Staab and Frye; Moderator: Dr. Bright)</td>
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<td>12:20 – 1:50</td>
<td>Buffet Lunch</td>
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<td>1:50 – 2:10</td>
<td>Neuromodulation</td>
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<td><em>Shirlene Sampson, M.D.</em></td>
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<td>2:10 – 2:30</td>
<td>Psychiatric Transplant Evaluations</td>
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<td><em>Shehzad Niazi, M.D.</em></td>
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<td>2:30 – 2:50</td>
<td>Q &amp; A (Drs. Sampson and Niazi)</td>
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<td>2:50 – 3:10</td>
<td>Break</td>
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**BREAKOUTS**

3:10 – 4:30 | Workshop V: Implementing Integrated Systems of Care |
|             | *Drs. Katzelnick and Sawchuck*                                                      |

3:10 – 4:30 | Workshop VI: Mindfulness / Physicians’ Wellness |
|            | *Drs. Stonnington and Bright*                                                       |

**ADJOURN**

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