CARE FOR THE MATURE FEMALE

. . . BEYOND THE BABY YEARS

March 24-26

2011

Harbor Beach Marriott
Fort Lauderdale, Florida

Register Now!

http://www.mayo.edu/cme/maturefemale2011
General Information

Course Description
This series of case-based lectures includes the latest knowledge about the unique aspects of medical care for the mature female. The emphasis is on the integration of metabolic, hormonal, and neuropsychologic aspects of aging. There will be opportunities for discussion with the audience about these issues and to address specific problems.

Course Learning Objectives
Upon completion of this course, participants should be able to:
• Describe common recommendations for breast cancer screening.
• Recommend appropriate screening and common therapies for osteopenia/osteoporosis.
• Describe dysfunctional bleeding and its evaluation, developing appropriate treatment regimens for perimenopause/menopause women.
• Identify common general and vulvar skin lesions in mature women with recommendations for treatment.
• Discuss common sexual issues in women and their medical and psychological therapies.
• Identify common cardiac symptoms in women, treatment for hyperlipidemia, hypertension and metabolic syndrome.

Intended Audience
This course is intended for those who provide care to the perimenopausal and menopausal woman. It will be of most interest to internists, family medicine physicians, and gynecologists but will appeal to advanced practice providers as well.

Credit
College of Medicine, Mayo Clinic is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

College of Medicine, Mayo Clinic designates this educational activity for a maximum of 17.25 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Other health care professionals will be provided a certificate of attendance for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.

Date and Location
The Care for the Mature Female….Beyond the Baby Years will be held March 24-26, 2011.
Course headquarters will be located at the Harbor Beach Marriott, Fort Lauderdale, Florida.

Registration
To register, complete the attached registration form and return by mail or fax. You can also register online at http://www.mayo.edu/cme/maturefemale2011.

The registration fee includes tuition, comprehensive course syllabus, continental breakfasts, break refreshments, and a dessert reception. Although it is not Mayo School of Continuous Professional Development policy to limit the number of registrants for a course, conference room facilities may necessitate closing of enrollment; therefore, early registration is strongly advised. A letter of confirmation will be sent upon receipt of payment and completed registration form. Please present the confirmation letter when checking in at the meeting registration desk.

Cancellation Policy
Your registration fee, less a $75 administrative fee, will be refunded when written notification is received by the Mayo School of Continuous Professional Development before March 9, 2011 (fax: 507-284-0532 or email: cme@mayo.edu). No refunds will be made after this date.
**Lodging Accommodations**

A block of guestrooms has been reserved with a special course rate of $259 plus taxes at the Harbor Beach Marriott. To ensure accommodations and the discounted rate, please make your reservations directly with the hotel at 800-228-9290 or 954-525-4000 by March 1, 2011. Please indicate that you are a participant of the Mayo Clinic course *Care for the Mature Female ...Beyond the Baby Years*.

Harbor Beach Marriott  
3030 Holiday Drive  
Fort Lauderdale, FL 33316  
Phone: 800-228-9290  
Website: www.marriotttharborbeach.com

**SOCIAL PROGRAMS**

**Dessert Reception** – Thursday, March 24, 2011, 7:30 - 9:00 p.m.

Attendees and their guest(s) are cordially invited to join the course faculty for the Dessert Reception. This casual reception welcomes you to Florida, officially opens the course, and offers you the perfect opportunity to make connections with existing and new colleagues. Pre-registration is requested.

**Faculty**

**Course Directors**

*Mary L. Marnach, M.D.*  
Assistant Professor of Obstetrics-Gynecology  
Department of Obstetrics and Gynecology

*Douglas J. Creedon, M.D., Ph.D.*  
Assistant Professor of Obstetrics-Gynecology  
Department of Obstetrics and Gynecology

**Mayo Clinic Faculty**

*Daniel M. Breitkopt, M.D.*  
Associate Professor of Medicine  
Department of Obstetrics and Gynecology

*Andrew E. Good, M.D.*  
Assistant Professor of Obstetrics-Gynecology  
Department of Obstetrics and Gynecology

*Ann E. Kearns, M.D., Ph.D.*  
Assistant Professor of Medicine  
Division of Endocrinology

*Lois E. Krahn, M.D.*  
Professor of Psychiatry  
Department of Psychiatry and Psychology

*Shannon K. Laughlin, M.D.*  
Instructor in Obstetrics-Gynecology  
Department of Obstetrics and Gynecology

*Margaret E. Long, M.D.*  
Instructor in Obstetrics-Gynecology  
Department of Obstetrics and Gynecology

*John M. Miles, M.D.*  
Professor of Medicine  
Division of Endocrinology

*Kevin G. Moder, M.D.*  
Associate Professor of Medicine  
Division of Rheumatology

*Sharon L. Mulvagh, M.D.*  
Professor of Medicine  
Department of Cardiovascular Diseases

*Sandhya Pruthi, M.D.*  
Associate Professor of Medicine  
Department of General Internal Medicine

*Walter A. Rocca, M.D., M.P.H.*  
Professor of Epidemiology and Neurology  
Division of Epidemiology

*Lynne T. Shuster, M.D.*  
Assistant Professor of Medicine  
Department of General Internal Medicine

*Anita Sood, M.D.*  
Associate Professor of Medicine  
Department of General Internal Medicine

*Janice B. Swanson, Psy.D., L.P.*  
Instructor of Psychology  
Office of Women’s Health

*Rochelle R. Torgerson, M.D., Ph.D.*  
Assistant Professor of Dermatology  
Department of Dermatology

**Faculty Disclosure**

As a provider accredited by ACCME, College of Medicine, Mayo Clinic, (Mayo School of CPD) must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course director(s), planning committee, faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty also will disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of this information will be published in course materials so those participants in the activity may formulate their own judgments regarding the presentation.
**Program Schedule**

**Thursday, March 24, 2011**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:00 a.m.</td>
<td>Registration and Breakfast Buffet</td>
</tr>
<tr>
<td>Moderator:</td>
<td>Mary L. Marnach, M.D.</td>
</tr>
<tr>
<td>8:00 a.m.</td>
<td>Hormone Therapy, Where We Are Today</td>
</tr>
<tr>
<td>Moderator:</td>
<td>Andrew E. Good, M.D.</td>
</tr>
<tr>
<td>8:30 a.m.</td>
<td>Sexual Function in the Mature Woman</td>
</tr>
<tr>
<td>Moderator:</td>
<td>Mary L. Marnach, M.D.</td>
</tr>
<tr>
<td>9:00 a.m.</td>
<td>Palpable and Non Palpable Breast Masses: What’s the Next Step in Diagnostic Evaluation?</td>
</tr>
<tr>
<td>Moderator:</td>
<td>Sandhya Pruthi, M.D.</td>
</tr>
<tr>
<td>9:30 a.m.</td>
<td>Panel Discussion</td>
</tr>
<tr>
<td>Moderator:</td>
<td>Mary L. Marnach, M.D.</td>
</tr>
<tr>
<td>9:50 a.m.</td>
<td>Break</td>
</tr>
<tr>
<td>10:15 a.m.</td>
<td>Office Hysteroscopy, Hysteroscopic Tubal Occlusion, Endometrial Ablation, IUD Insertion, Cervical Blocks, Endometrial Pipelle</td>
</tr>
<tr>
<td>Moderator:</td>
<td>Douglas J. Creedon, M.D., Ph.D., Susan M. B. Torgerson, M.D.</td>
</tr>
<tr>
<td>10:30 a.m.</td>
<td>Lunch on Your Own</td>
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<tr>
<td>2:30 p.m.</td>
<td>Optional Workshop</td>
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<tr>
<td>3:00 p.m.</td>
<td>(No Additional Fee)</td>
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<tr>
<td>4:00 p.m.</td>
<td>Case Studies in Sexual Dysfunction and Hormone Therapy (Conventional and Bioidentical)</td>
</tr>
<tr>
<td>5:00 p.m.</td>
<td>Dinner on your Own</td>
</tr>
<tr>
<td>6:00 p.m.</td>
<td>SMART Experience –Stress Management &amp; Resiliency</td>
</tr>
<tr>
<td>7:30 p.m.</td>
<td>Dessert Reception</td>
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**Friday, March 25, 2011**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00 a.m.</td>
<td>Breakfast Buffet</td>
</tr>
<tr>
<td>Moderator:</td>
<td>Douglas J. Creedon, M.D., Ph.D.</td>
</tr>
<tr>
<td>8:00 a.m.</td>
<td>Cardiovascular Health in the Mature Woman</td>
</tr>
<tr>
<td>Moderator:</td>
<td>Sharon L. Mulvagh, M.D.</td>
</tr>
<tr>
<td>8:30 a.m.</td>
<td>Migranes in the Perimenopause</td>
</tr>
<tr>
<td>Moderator:</td>
<td>Lynne T. Shuster, M.D.</td>
</tr>
<tr>
<td>9:00 a.m.</td>
<td>Lipid Screening/Management Update</td>
</tr>
<tr>
<td>Moderator:</td>
<td>Sharon L. Mulvagh, M.D.</td>
</tr>
</tbody>
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**Saturday, March 26, 2011**

<table>
<thead>
<tr>
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<th>Event</th>
</tr>
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<tbody>
<tr>
<td>7:00 a.m.</td>
<td>Breakfast Buffet</td>
</tr>
<tr>
<td>Moderator:</td>
<td>Andrew E. Good, M.D.</td>
</tr>
<tr>
<td>8:00 a.m.</td>
<td>Osteoporosis, Frax and More...</td>
</tr>
<tr>
<td>Moderator:</td>
<td>Ann E. Kearns, M.D., Ph.D.</td>
</tr>
<tr>
<td>8:30 a.m.</td>
<td>The Approach to the Patient with Musculoskeletal Complaints</td>
</tr>
<tr>
<td>Moderator:</td>
<td>Kevin G. Moder, M.D.</td>
</tr>
<tr>
<td>9:00 a.m.</td>
<td>Managing Type 2 Diabetes: New Drugs, New Possibilities</td>
</tr>
<tr>
<td>Moderator:</td>
<td>John M. Miles, M.D.</td>
</tr>
<tr>
<td>9:30 a.m.</td>
<td>Panel Discussion</td>
</tr>
<tr>
<td>Moderator:</td>
<td>Andrew E. Good, M.D.</td>
</tr>
<tr>
<td>10:30 a.m.</td>
<td>Thyroid, the Other Hormone</td>
</tr>
<tr>
<td>Moderator:</td>
<td>Ann E. Kearns, M.D., Ph.D.</td>
</tr>
<tr>
<td>11:15 a.m.</td>
<td>Managing the Obesity Epidemic in the Exam Room</td>
</tr>
<tr>
<td>Moderator:</td>
<td>John M. Miles, M.D.</td>
</tr>
<tr>
<td>11:45 a.m.</td>
<td>Panel Discussion</td>
</tr>
<tr>
<td>Moderator:</td>
<td>Andrew E. Good, M.D.</td>
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<tr>
<td>12:30 p.m.</td>
<td>Adjourn</td>
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</tbody>
</table>

**Monday, March 29, 2011**

<table>
<thead>
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registration Form

Care for the Mature Female…Beyond the Baby Years

Mail form and payment to:
Mayo School of Continuous Professional Development
200 First St SW
Rochester, MN 55905

Registration Fee
Physicians $575 $_________________
Residents, Others $500 $_________________
Workshop Thursday, 6:00 – 7:30 pm
SMART Experience –Stress Management & Resiliency $50 $_________________
Dessert Reception # attending ____________
Total Payment Enclosed $_________________

☐ Check enclosed (make checks payable to Mayo Clinic)
☐ Credit Card ☐ Visa ☐ MasterCard ☐ Discover

Card Number ____________________________ Expiration date MO/yr
Signature ______________________________________________________________________ Date ____________________________________________________________________

Harbor Beach Marriott
Fort Lauderdale, Florida
March 24-26, 2011

(type print or type all information. you may duplicate this form for multiple registrations.)

Name ____________________________ ____________________________ ____________________________
First Name Middle Name or Initial Last Name

Degree ☐ MD ☐ DO ☐ PhD ☐ PA ☐ NP ☐ Other ____________________________

Institution ________________________________________________________________

Medical Specialty __________________________________________________________

E-mail Address ____________________________

Which do you prefer to be your mailing address: ☐ Work/Business ⊗ Home

Work Address ______________________________________________________________

City ____________________________ State/PV ________ ZIP/Postal Code __________________

Home Address ______________________________________________________________

City ____________________________ State/PV ________ ZIP/Postal Code __________________

Home Telephone (______)________________ __ Business Telephone (______)________________

FAX _________________________________________________________________

Type of credit that you are interested in receiving: ☐ AMA/Category 1

□ Please check if you have any special assistance needs or dietary restrictions.

__________________________________________________________________________

Register online up to four days before the course at http://www.mayo.edu/cme/maturefemale2011
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... BEYOND THE BABY YEARS

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