GENERAL INFORMATION

COURSE DESCRIPTION

Pain is a pervasive, poorly understood, and often undertreated problem. The assessment and management of pain present many challenges for the clinician. This course will provide in-depth reviews of pain assessment, pain syndromes, and treatment approaches. The focus will be on multidisciplinary, state-of-the-art topics relevant to a wide range of health professionals. This course is appropriate for health care practitioners with an intermediate level of skill in this area.

COURSE LEARNING OBJECTIVES

By the end of the conference, the participant should be able to:

- Describe the outcome criteria that can be used in assessing clinical outcomes, cost effectiveness, and cost benefits of modalities used to treat patients with chronic pain
- Compare the clinical effectiveness, cost-effectiveness, and cost benefits of multidisciplinary rehabilitation, surgery, spinal cord stimulation, long-term opioid therapy, and other conventional approaches to pain management
- Discuss the "patient homogeneity myth" that characterizes many of the most prevalent chronic pain conditions and the limitations created by this perspective
- Describe subgroups of chronic pain patients and the clinical potential of matching treatment to the characteristics of these subgroups

INTENDED AUDIENCE

This course is designed for anesthesiologists, psychiatrists, psychologists, neurologists, physiatrists, physical medicine and rehabilitation, primary care and family medicine health care providers and allied health care providers.

CREDIT

Mayo Foundation is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Mayo Foundation designates this educational activity for a maximum of 11.0 hours in category 1 credit toward the AMA Physician’s Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity.

Mayo Foundation is approved by the American Psychological Association to offer continuing education for psychologists. Mayo Foundation maintains responsibility for the program. Mayo Foundation is offering this activity for 11.5 hours of continuing education credit.

Other health care professionals will be provided a certificate of attendance for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.

DATE AND LOCATION

The Assessment and Management of Pain in Clinical Practice will be held October 12 and 13, 2001. Course headquarters will be located in Leighton Auditorium on the second floor of the Siebens Medical Education Building, Rochester, Minnesota. Meeting facilities are easily accessible by skyway and pedestrian subway, which connect Mayo Clinic to shops, theaters, restaurants, and hotels.
REGISTRATION

To register, complete the attached registration form and return by mail or fax. The registration fee includes tuition, comprehensive course syllabus, continental breakfast, break refreshments and luncheon on Friday. Although it is not the policy of Mayo Clinic to limit the number of registrations for a course, conference room facilities may necessitate closing of enrollment; therefore, early registration is strongly advised. A letter of confirmation will be sent upon receipt of payment and completed registration form. Please present this letter when checking in at the meeting registration desk.

CANCELLATION POLICY

Your registration fee, less a $50 administrative fee, will be refunded when written notification is received by the Mayo School of Continuing Medical Education before September 28, 2001. No refunds will be made after September 28, 2001.

TRAVEL

Rochester, Minnesota, is a friendly city that greets thousands of visitors from around the world each year. The city is serviced by a modern international airport with multiple flights daily from Chicago and Minneapolis via American or Northwest Airlines. Access to and from the airport is provided by taxi cab and shuttle service. The airport is located approximately 10 driving miles from the Mayo Clinic complex.

LODGING ACCOMMODATIONS

Blocks of guestrooms have been reserved with special course rates at each of the following downtown Rochester hotels. To ensure accommodations and the discounted rate, please make your reservations by September 13, 2001 and identify yourself as a participant of the course, Assessment and Management of Pain in Clinical Practice.

Hilton Garden Inn  
225 South Broadway  
800-445-8667 or 507-285-1234  
$89 single/double

Kahler Grand Hotel  
20 Second Avenue SW  
800-533-1655 or 507-282-2581  
$89 single/double

Radisson Plaza Hotel  
150 South Broadway  
800-333-3333 or 507-281-8000  
$99 single/double

Rochester Marriott Hotel  
101 First Avenue SW  
877-623-7775 or 507-280-6000  
$129 single/double

The hotels listed above are connected by skyway and pedestrian subway to conference facilities, downtown shops, restaurants and theaters. You may also wish to visit the Rochester Convention and Visitors Bureau website (www.rochestercvb.org) for additional accommodation options.

PARKING

Parking is available in hotel, city, and Mayo patient/visitor ramps. The cost for parking is not included in the registration fee. A map indicating the location of downtown parking facilities will be mailed with the registrant confirmation letter.
FACULTY

Course Director
Michelle L. Taylor, Ph.D.
Assistant Professor of Psychology; Department of Psychiatry and Psychology

Course Co-Directors
Matthew M. Clark, Ph.D.
Associate Professor of Psychology; Department of Psychiatry and Psychology
Gilbert Y. Wong, M.D.
Assistant Professor of Anesthesiology; Department of Anesthesiology
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Mayo Faculty
H. Natalie Atkins, R.N., M.S.
Department of Nursing Administration
Adil E. Bharucha, M.D.
Assistant Professor of Medicine; Department of Internal Medicine
J. Michael Bostwick, M.D.
Assistant Professor of Psychiatry; Department of Psychiatry and Psychology
Barbara K. Bruce, Ph.D.
Assistant Professor of Psychology; Department of Psychiatry and Psychology
Paul E. Carns, M.D.
Instructor in Anesthesiology; Department of Anesthesiology
Division of Pain Medicine
Katherine L. Chick, R.N., M.S.N., C.N.S.
Department of Nursing Administration
Edward L. Gross, M.D.
Assistant Professor of Physical Medicine; Department of Physical Medicine and Rehabilitation
Jeffrey D. Rome, M.D.
Assistant Professor of Psychiatry; Department of Psychiatry and Psychology
Kevin I. Reid, D.M.D.
Assistant Professor of Dentistry; Department of Dental Specialties
Paola Sandroni, M.D., Ph.D.
Assistant Professor of Neurology; Department of Neurology
Christopher D. Sletten, Ph.D.
Assistant Professor of Psychology; Department of Psychiatry and Psychology
Jerry W. Swanson, M.D.
Associate Professor of Neurology; Department of Neurology
Jeffrey M. Thompson, M.D.
Assistant Professor of Physical Medicine; Department of Physical Medicine and Rehabilitation

Guest Faculty
Dennis C. Turk, Ph.D.
John and Emma Bonica Professor of Anesthesiology and Pain Research
University of Washington, Seattle Washington
FRIDAY, OCTOBER 12, 2001

7:30 – 8:00 a.m. Registration and Breakfast

Assessment of Pain

8:00 – 8:15 a.m. Welcome and Introduction of Speaker
Dr. Taylor

8:15 – 9:15 a.m. Treating Chronic Pain Patients: Clinical Effectiveness and Cost Benefits
Dr. Turk

9:15 – 10:00 a.m. Physical Assessment of the Patient With Pain
Dr. Thompson

10:00 – 10:15 a.m. Break

10:15 – 11:00 a.m. Psychological Assessment
Dr. Sletten

11:00 – 11:45 a.m. How Much Do I Suffer? The Relationship Between Pain and Suicide
Dr. Bostwick

11:45 a.m. – 1:00 p.m. Luncheon

Pain Syndromes

1:00 – 1:30 p.m. Cancer Pain
Dr. Wong

1:30 – 2:00 p.m. Facial Pain
Dr. Reid

2:00 – 2:30 p.m. Headaches
Dr. Swanson

2:30 – 3:00 p.m. Injured Workers
Dr. Gross

3:00 – 3:15 p.m. Break

3:15 – 3:45 p.m. Abdominal Pain
Dr. Bruce and Dr. Bharucha

3:45 – 4:15 p.m. Neuropathic Pain
Dr. Sandroni

4:15 – 5:00 p.m. Panel and Questions
SATURDAY, OCTOBER 13, 2001

7:30 – 8:00 a.m. Registration and Breakfast

Treatment

8:00 – 8:15 a.m. Welcome and Introduction

8:15 – 9:00 a.m. The Potential of Treatment Matching for Subgroups of Chronic Pain Patients: Lumping vs. Splitting
Dr. Turk

9:00 – 9:45 a.m. Pain Rehabilitation Center
Dr. Sletten

9:45 – 10:30 a.m. Use of Opioids in Pain Management
Dr. Rome

10:30 – 10:45 a.m. Break

10:45 – 11:30 a.m. Pain Clinic
Dr. Carns

11:30 – 12:00 noon JCHAO
Ms. Chick and Ms. Atkins

12:00 – 12:30 p.m. Question and Answer

FACULTY DISCLOSURE

As a provider accredited by ACCME, Mayo Foundation must ensure balance, independence, objectivity and scientific rigor in its educational activities. All faculty participating in a Mayo Foundation activity are required to disclose commitments to and/or relationships with pharmaceutical companies, biomedical device manufacturers or distributors, or others whose products or services may be considered to be related to the subject matter of the educational activity. Faculty will also disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of these commitments and/or relationships will be published in course materials so those participants in the activity may formulate their own judgments regarding the presentation.