

MAYO CLINIC
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MAYO CLINIC



18th Annual

NUTRITION & WELLNESS

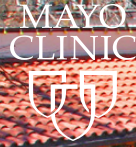
IN HEALTH AND DISEASE

SAN ANTONIO MARRIOTT RIVERWALK
SAN ANTONIO, TEXAS
SEPTEMBER 27-28, 2018

CE.MAYO.EDU/NUTRITION2018

Mayo Clinic School of Continuous Professional Development
Mayo Clinic in Rochester, MN
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Mayo Clinic School of Continuous Professional Development

18th Annual

NUTRITION & WELLNESS

IN HEALTH AND DISEASE

Gain knowledge essential to supporting your patients' nutrition, physical activity and wellness needs.

REGISTER NOW!

SAN ANTONIO MARRIOTT RIVERWALK
SAN ANTONIO, TEXAS
SEPTEMBER 27-28, 2018

Post-Course Session:
ABFM Knowledge Self-Assessment – Health Behavior
Saturday, September 29, 2018

COURSE HIGHLIGHTS

- Ambulatory nutrition, wellness, and physical activity topics with multidisciplinary faculty
- Obesity management update for children and adults and topics on obesity-related conditions including diabetes, dyslipidemia, and non-alcoholic fatty liver disease
- Current literature updates, clinical topics, interactive case studies, and panel discussions
- Many opportunities for interaction with course faculty

TARGET AUDIENCE

This course is designed for physicians (general internal medicine, family medicine, endocrinologists, and subspecialists interested in nutrition), advanced practice clinicians (nurse practitioners and physician assistants), dietitians and health and wellness specialists.

LEARNING OBJECTIVES

Upon conclusion of this program, participants should be able to:

- Identify a nutrition, physical activity, behavioral, surgical and/or pharmacologic approach for overweight and obese adult and pediatric patients
- Describe the benefits of physical activity and develop programs for patients
- Recognize the components of healthy eating for patients
- Develop strategies to help the elderly improve their nutrition and physical activity habits
- Diagnose common medical conditions associated with obesity and evaluate nutrition management of those with heart disease and dyslipidemia

COURSE DIRECTORS

M. Molly McMahan, M.D.

Manpreet S. Mundi, M.D.

Donald D. Hensrud, M.D., M.P.H.



ONLINE REGISTRATION

[CE.MAYO.EDU/NUTRITION2018](https://ce.mayo.edu/nutrition2018)

REGISTRATION FEES

Physician/Scientist	\$700
Resident, Fellow, NP, PA, Allied Health Professional, Dietitian, Retiree	\$625
Post-Course Session: ABFM Knowledge Self-Assessment – Health Behaviors	\$200

CANCELLATION POLICY

Please visit ce.mayo.edu/cancellation for more information.

LODGING ACCOMMODATIONS

San Antonio Marriott Riverwalk / 889 East Market Street / San Antonio, TX 78205

Guest rooms have been reserved for attendees and their guests with special course rates (starting at \$199/night plus tax) at the San Antonio Marriott Riverwalk. In order to receive the special rate, reservations must be made before the room block is filled or before the cut-off date of September 5, 2018, whichever comes first. After September 5, 2018, reservations will be taken based on space and rate availability. Please identify yourself as a participant of the Mayo Clinic Nutrition & Wellness Course when making your reservation.

Make reservations online at:

<https://book.passkey.com/go/mayonutrition18>

Or by calling 1-800-648-4462

ACCREDITATION



In support of improving patient care, Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Mayo Clinic College of Medicine and Science designates this live activity for a maximum of 14.5 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Additional AMA credits can be claimed if you sign up for the following module on September 29, 2018 (additional fees apply):

ABFM Knowledge Self-Assessment Module: Health Behavior

Mayo Clinic College of Medicine and Science designates this live activity for a maximum of 4.0 *AMA PRA Category 1 Credits*[™].

ABIM Maintenance of Certification (MOC)

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 14.5 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Participation information will be shared with ABIM through PARS.

Other Healthcare Professionals

A certificate of attendance will be provided to other healthcare professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.

