64th Alumni Meeting

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It is my pleasure and privilege to begin service as your Mayo Clinic Alumni Association (MCAA) president. Who makes up the membership of our organization, 17,000 strong? Quite a diverse group that includes graduates from the Mayo School of Graduate Medical Education (Residents, Fellows), Mayo Medical School, Mayo Graduate School (Ph.D.s), and Mayo Clinic staff. Our association was founded with the mission to serve Mayo alumni and Mayo Clinic by promoting and maintaining relationships that are mutually beneficial. To do this we need to meet the needs of all of our membership: national and international external alumni, as well as internal (Mayo Clinic) alumni at all three sites.

I am committed to several goals during my term as president. First, recognize and meet the needs of all our alumni members. Second, assure that an enhanced, improved MCAA website is rolled out soon as a 21st century way to keep ourselves connected to each other and to Mayo Clinic. Be sure to watch for more information in the mail regarding the upcoming enhanced new website. Third, continue to improve the referral process for alumni wishing to refer patients to Mayo Clinic, an effort that has been successfully initiated thanks to the hard work of many. And finally, keep the MCAA fun!

The MCAA is responsible for many programs designed to serve alumni. You may not be aware of all the things we sponsor and do. Let me share just a few of them with you:

- Mayo Clinic Alumni Directory, providing a tool for alumni to renew old friendships and connect with colleagues from around the world. This is also a helpful guide for referrals.
- Medical specialty receptions at national meetings to provide alumni the opportunity to build relationships with Mayo alumni in their specialty.
- Regional alumni receptions to provide alumni the opportunity to build relationships with Mayo alumni in their geographical area.
- Life after Residency or Fellowship Programming: Programs to provide young physicians with information to make a successful transition from a residency or fellowship program to a clinical or academic practice.
- Mayo Medical School Merit Scholarship to financially assist in the education and training of outstanding young men and women who come to Mayo to earn an M.D. degree.
- Mayo Clinic Alumni Association International CME Program (Croatia, Oct. 11-13, 2006) and Tour to promote relationships between Mayo and alumni through the exchange of medical knowledge and information at an international site.
- Biennial Mayo Clinic Alumni Association Meetings to bring together Mayo alumni from all over the world for a top-level scientific meeting and a chance to renew old and create new relationships. The 65th Meeting is in Rochester, Oct. 18-20, 2007.

As you can see, the Mayo Clinic Alumni Association remains energetic and active. With the help of the Alumni Board and Alumni Center staff, I am committed to improving and preserving the important relationships between our alumni and Mayo Clinic. I look forward to meeting many of you during my presidency and hearing from many more of you about how the Mayo Clinic Alumni Association can serve you better.

Scott Litin, M.D.
President
Mayo Clinic Alumni Association
Scott Litin, M.D. signs a beam that will be placed in the new Mayo Clinic Hospital in Jacksonville. At right, Alex Mitchell, M.D. from Florida looks over the architectural model of the hospital on display for the event.
Hurricane Rita loomed in some people’s minds as alumni arrived in late October for the 64th Meeting of the Mayo Clinic Alumni Association at Ponte Vedra Beach, Fla., but as the three-day meeting progressed, the storm abated and alumni enjoyed both the meetings and time to catch up with old friends.

Set in the historic ocean side Ponte Vedra Inn & Club, the meeting’s strong scientific programs combined with social events in the evening resulted in another successful alumni event.

“Every time I attend a Mayo CME event I come away impressed by the quality of our staff,” says Robert Safford, M.D., Ph.D., the scientific program chair for the meeting and a Mayo Clinic Jacksonville cardiologist. “We really are blessed, and the commitment to excellence is remarkable.”

As alumni began arriving Oct. 20, they were treated to a preview of the new Mayo Clinic Hospital in Jacksonville. The $226.6 million, 214-bed teaching and research facility, under construction on the Mayo Jacksonville campus, is scheduled to open in 2008.

Members of the Mayo Clinic Jacksonville Alumni Association and the Mayo Clinic Jacksonville Board of Governors hosted a reception at which a scale model of the new hospital was on display. Becoming true participants in this construction, alumni signed a beam that will be placed in the building.

On Friday, Denis Cortese, M.D., chief executive officer of Mayo Clinic, along with the board chairs of the three Mayo sites, presented updates on activities and a look at future opportunities and challenges.

Dr. Cortese described Mayo Clinic’s vision of the future and noted that it is rooted in the philosophy of the institution’s founders, recalling Dr. William H. Mayo’s 1910 statement: “The best interest of the patient is the only interest to be considered.” Patient care in a setting integrated with education and research always is the foundation of Mayo’s vision.

A unifying theme for the organization is partnership. At Rochester, Jacksonville and Arizona, partnerships with other organizations are driving an exciting array of initiatives that bolster some of Mayo Clinic’s strengths and further advance ideas, technology and programs that will translate into better patient care.

Dr. Cortese outlined the ways funding supports basic research, translational research and clinical operations and innovations. Each individual area is integral to providing better patient care, but each area also has individual expectations and funding sources.

He talked about the importance of enhancing education and information transfer. “We need to find ways to share quickly, among all Mayo sites, our innovations and discoveries in order to become a true learning organization.”

The role of technology in the future will “completely change the way we train physicians,” Dr. Cortese said. “It will incorporate the concepts of engineering, which isn’t new to Mayo Clinic. We started our engineering
focus with Dr. Plummer, and in 1947 we formalized our reliance on engineering by creating the Department of Systems and Procedures.”

Jacksonville

In Jacksonville, Mayo Clinic is partnering with Siemens Medical Solutions to develop innovations in magnetic resonance imaging technology. George Bartley, M.D., chair of the Mayo Clinic Jacksonville Board of Governors, also highlighted Jacksonville’s work on its electronic medical record with Cerner Corporation and how it uses data to improve patient safety, quality and efficiency.

Dr. Bartley also described the efforts to construct the new Mayo Clinic Hospital in Jacksonville and reported on its progress. The facility was made possible through the sale of St. Luke’s Hospital, gifts from principal and major benefactors, and staff philanthropy.

Arizona

Victor Trastek, M.D., chair of the Mayo Clinic Arizona Board of Governors, continued the theme of success. “We’re building a Mayo Clinic in Arizona, and it isn’t done yet,” he said. “It’s growing. This is the fifth year Mayo Clinic in Arizona has achieved its financial goals and it’s on course to reach the targeted 4.3 percent margin that’s been identified to maintain current quality and continue investments for improvements.”

Mayo Clinic Arizona is developing its Phoenix campus, where the hospital is located, into the main medical practice campus, while the Scottsdale campus is developing into a collaborative research community with new construction, Dr. Trastek said.

Dr. Trastek also shared the news that Mayo Clinic Arizona had completed its first heart transplant on October 19, 2005 marking the beginning of a new opportunity to serve patients.

Rochester

Hugh Smith, M.D., chair of the Mayo Clinic Rochester Board of Governors, said Mayo’s partnerships with IBM, the University of Minnesota and the state of Minnesota, have strengthened Mayo Clinic. He also noted that an initiative is under way to establish a National Bioinformatics Center at Mayo Clinic Rochester.

Dr. Smith noted that the three Mayo Clinic sites are continuing to find ways to work on things they share in common. And on each campus, philanthropy has played a vital role in helping Mayo Clinic continue its mission.

The meetings

Throughout the weekend, speakers (see pages 8 – 11) provided intriguing looks into Mayo Clinic – B. Lawrence Riggs, M.D., with The Doctors Mayo Society Lifetime Achievement
Distinguished Lecture, and Anthony Windebank, M.D., with the Raymond Pruitt Lecture. U.S. Sen. Max Baucus, D-Mont., presented the Judd-Plummer Lecture and provided a thoughtful discussion about the direction of this country's medical care and its funding challenges.

The scientific sessions presented by Mayo Clinic specialists that provided updates on research and procedures were well-attended. Other sessions highlighted how Mayo Clinic focuses on specific care. For instance, the Psychiatry and Psychology session focused on the contribution of psychiatry and psychology to the care of transplant patients at Mayo Clinic.

One breakout session featured discussions on trends in the business of medicine with Mayo Clinic’s perspectives from Bruce Kelly, director, Mayo Clinic Government Relations; Steven Smith, chair, Department of Medical and Clinic Administrative Services, Mayo Clinic Rochester, and Steven McNeill, chair, Mayo Clinic Department of Planning Services. Each presenter outlined the trends and data Mayo is reviewing as it looks toward opportunities and challenges in the future.

The social side of life

Alumni meetings are not just about medical advancements; there is time for greeting old friends and for making new ones, which contributes to the vitality of the association.

The Friday evening reception near the beach featured the music of The Grass Roots. Those attending donned tie-dyed T-shirts with the peace sign and beads for a full 60s effect. The group sang its greatest hits – music that has sold more than 20 million records worldwide.

The President’s Gala on Saturday evening – The Doctors Mayo Society event – included presentations of the Mayo Clinic Alumni Association Humanitarian and Professional Achievement awards (see award profiles in this issue). After the announcement of the awards, Scott Litin, M.D., was installed as the new Mayo Clinic Alumni Association president (see profile in this issue) concluding the 64th Alumni Meeting.

Completing his two–year term as association president, T. Paul O’Donovan, M.D., thanked the association for the opportunity to serve, saying “I have been honored to share this Mayo heritage with you.”

Dr. Litin thanked Dr. O’Donovan for his service and pledged to continue the efforts to serve the needs of the alumni and keep them connected with Mayo Clinic, while also making sure people were having fun.

— Michael Dougherty
The 64th Alumni Meeting in Florida gave everyone an opportunity to re-connect with friends from the past and one night they even had a chance to dress up and have fun at a 1960-style “rock concert.”

“Grassroots” lead singer, Rob Grill led the festivities.

Ron Riner, M.D., from St. Louis, reviews the plans for Mayo Jacksonville’s new hospital.

Jill Buck, Referring Physician’s office, was on hand to welcome Mayo alumni to the meeting.

Mathew and Terra Yoak, Ohio

Mayo Clinic Alumni Development Committee, front row, from left: Michael Ebersold, M.D., Francis Chucker, M.D., Amy Williams, M.D., Carl Soderstrom, M.D., Joseph Fiore, M.D., T. Paul O’Donovan, M.D., Scott Litin, M.D., Robert Giere. Back row, from left: Miguel Cabanela, M.D., David Dines, M.D., Gail Gamble, M.D., Peter Sidell, M.D.
Left: James Newman and Catherine Newman, M.D. with daughters Emily and Eden, Mayo Clinic Rochester

Patricia Connell, M.D. with Denis Cortese, M.D. and Donna Cortese, Rochester

Nestor Sanchez, M.D., Aibonito, Puerto Rico

Thomas Habermann, M.D. and Carl Soderstrom, M.D.

William ReMine, M.D. and Doris ReMine, Ponte Vedra Beach, Florida Right: Jonathon Carter, M.D., Mayo Clinic Arizona

Ann Schutt, M.D., Mayo Clinic Rochester emeritus staff

Mary Beth and Robert Wooten, M.D., Memphis Tenn.
Lectures open up dialogue, ideas at 64th Meeting

The tradition of high quality scientific presentations at the Mayo Clinic Alumni Meeting is complemented by the lecture programs that highlight individuals with expertise in particular medical specialties or areas of research.

The three lectures at the Mayo Clinic Alumni Association 64th Meeting provided the kind of thought-provoking talks that have been hallmarks of past meetings. Here is a sampling of each:

T. Paul O’Donovan, M.D., and Sen. Max Baucus
Judd-Plummer Lecture

The Judd-Plummer Lecture is the principal lecture presented at the Mayo Clinic Alumni Association biennial meetings and is presented by an outstanding physician, surgeon, scientist, educator or public servant. The lecture was established in honor of two early and distinguished members of the medical staff of Mayo Clinic – Dr. E. Starr Judd, who was the chief of the surgical staff, and Dr. Henry S. Plummer, who was chief of the Division of Medicine.

Sen. Max Baucus, D-Mont., presented the Judd-Plummer Lecture, outlining some of the challenges facing U.S. health care in the years to come. He said Hurricane Katrina had focused attention on the lack of basic health care for the people affected by the storm, especially poor people. But further, the disaster revealed the precarious nature of health care coverage in this country. Both citizens and lawmakers were rudely awakened to these harsh realities in the wake of the storm. However, good can follow tragedy, and Baucus reminded the audience that Mayo Clinic was founded in the aftermath of a fierce tornado in the late 19th century.

Broad changes in this country’s health care system need to be made. Baucus said he favors ways of paying for performance, but wants to be cautious so it will not stifle or limit research or limit the use of teams. Baucus said he and his Republican counterpart on the U.S. Senate Finance Committee, Sen. Charles Grassley, R-Iowa, together are seeking ways to correct inequities in the Medicare program payments. He believes Mayo needs to reward high quality providers and those providers who show improvement in their quality indicators.

However, the senator said there is little political wherewithal to overhaul the systems or even drastically change the current systems. He said the pressure for change must swell from the grass roots. Citizens need to get more lawmakers interested in the types of changes he proposed or would support. “I’m preaching to the choir here,” he said. “But I think Mayo could be a real leader and provide examples of what I’m talking about.”

Baucus lauded Mayo Clinic for its work in using information to better serve patient safety, but said not all health care providers have such a record.

Baucus engaged in a give-and-take dialogue with Denis Cortese, M.D., CEO of Mayo Clinic, about approaches in health insurance reforms. The senator also took questions from the audience and spent close to an hour after the formal presentation, answering questions and discussing issues with members of the alumni audience.
The Doctors Mayo Society Lifetime Achievement Distinguished Lecture

The Doctors Mayo Society, the oldest philanthropic organization at Mayo Clinic, established The Doctors Mayo Society Lifetime Achievement Distinguished Lecture to highlight significant achievements by Mayo alumni.

B. Lawrence Riggs, M.D., presented an overview of research and medical advances in understanding the causation and in the diagnosis and treatment of osteoporosis during his 40 year career at Mayo. Dr. Riggs, now consultant emeritus, Division of Endocrinology and Metabolism, Mayo Clinic Rochester, served as chair of the Division and later program director of the Mayo General Clinical Research Center.

Dr. Riggs led the team at Mayo whose research has dramatically changed concepts of causation, fracture incidence, diagnosis and treatment of osteoporosis.

As reviewed by Dr. Riggs, over the last 40 years, osteoporosis has progressed from a little-appreciated disease, that was poorly diagnosed and treated, to the recognition that it is one of the most important diseases of aging, causing fractures in 40 percent of women and 15 percent of men. Osteoporosis now can be easily diagnosed before fractures occur and there is effective treatment. Bone densitometry was developed at Mayo and now is widely available. Newer methods can now assess bone structure noninvasively.

The main cause of age-related bone loss was shown to be estrogen deficiency, not just in postmenopausal women, but also in men. A number of drugs, especially the bisphosphonates, have become available and intermittent treatment with parathyroid hormone is the first of a new class of anabolic drugs that can restore much of the lost bone. With increased public awareness and new developments in diagnosis and treatment, Dr. Riggs said that it should become possible to largely eliminate osteoporosis as a public health problem within the near future.
Raymond D. Pruitt Lectureship

The Raymond D. Pruitt Lectureship honors Dr. Pruitt, who was the first dean of Mayo Medical School and also the driving force for its inception and consummation. The lecturer chosen demonstrates the qualities so admired in Dr. Pruitt: integrity, scholarship, humility and the empathy of the truly concerned.

Anthony Windebank, M.D., former dean of the Mayo Medical School, presented a vision of the future of medical education. Dr. Windebank, a professor in Neurology at the Mayo Clinic College of Medicine joined Mayo Clinic in 1982 and served as dean from 1998 to 2005.

Mayo Clinic now is involved in discussions about the future of medical education. To be successful in the years to come organizations need to be patient-centered, learning organizations that utilize team learning, use technology to manage and disseminate information, and integrate research and education, Dr. Windebank said. “The best practices of the future will rely on information management,” he added.

Dr. Windebank also talked about the newly opened Simulation Center at Mayo Clinic Rochester used for training physicians and other health care providers. He described how the process works in a setting that allows learning to take place without endangering the patient. He likened it to the simulation training pilots receive prior to taking an aircraft into the air.

Mayo has six stations in this center that record audio and visual activity as well as readings from devices used in the simulated treatment. Dr. Windebank said Mayo is uniquely positioned to develop medical simulation training.

“Mayo has six stations in this center that record audio and visual activity as well as readings from devices used in the simulated treatment. Dr. Windebank said Mayo is uniquely positioned to develop medical simulation training. This is an exciting time to be a student, and, “I’m a bit envious of current medical students and residents,” Dr. Windebank said."

— Michael Dougherty
Helping others:
John Creasman, M.D.

John Creasman, M.D., inherited his humanitarian spirit from his parents, who lived modestly but always had food, money and support to give to others. Dr. Creasman is one of the Mayo Clinic Alumni Association’s 2005 Humanitarian Award honorees for his long-lasting devotion to service for those in need.

When he received the award at the 64th Meeting of the Mayo Clinic Alumni Association, Dr. Creasman said the best reward for his efforts was a simple “thank you,” from those he served. He went on to remind the audience that they could do their part to help others and not have to travel to faraway places.

“They’re there in your community,” said Dr. Creasman. “They’re there and they need your help.”

Dr. Creasman says he was “hooked” on volunteering after his first trip to Africa decades ago and went on to serve in Central and South America and Micronesia. A private pilot and veteran U.S. Air Force flight surgeon, Dr. Creasman has employed his skills and professional and personal resources to aid others.

In the last 35 years, Dr. Creasman has made 44 humanitarian trips, visiting four continents and 21 countries, in an effort to improve health care for those who lack adequate services. He has flown his own plane, recruited others and, at times, slept on the floor of a local church to bring care to those less fortunate than he. He said, however, that the best part of his missions is coming home to his wife, Susan.

A private practice ophthalmologist, Dr. Creasman was recruited to Mayo Clinic Arizona in 1987. One important criterion he had before joining the staff was that he could continue with his volunteerism.

Many of his efforts have been concentrated in Vera Cruz, Baja, Cal., Del Norte, a small Mexican community southwest of Yuma, Ariz. For more than 30 years, Dr. Creasman has visited the town dozens of times, bringing friends and colleagues along to treat the residents as well as build a clinic and a house needed by community members.

Making others well isn’t Dr. Creasman’s only goal. He is also a strong proponent of education, paying expenses for young people from other countries who want to become health care workers, sometimes physicians.

Dr. Creasman says he never considered anything different from devoting so much of his personal time and resources to those in need.

“We get as much or more out of it as the people we help,” he says. “I can’t imagine not doing it. It’s who I am. Once you are captured by this way of thinking, it doesn’t turn you loose.”
Now a consultant and assistant professor at Mayo Clinic Arizona, Dr. Creasman was a resident at Mayo Clinic Rochester in the late 1960s and went on to an ophthalmology fellowship in Nigeria, sponsored by Mayo. He is a founding member and chair of the Mayo Clinic Arizona Department of Ophthalmology.

Before joining Mayo Clinic, Dr. Creasman was in private practice in Mesa, Ariz., from 1971 to 1987. During his career he has routinely spoken on humanitarian service to residents and fellows.

He is on the board of directors for the Pacific Missionary Aviation/USA, is a founding board member and former president of the Arizona Institute for Head Trauma, the founder and director of Vera Cruz Medical Missions and is a diplomate for the American Board of Ophthalmology.

A Rochester colleague of Dr. Creasman’s, David Herman, M.D., says, “John represents the best of what medicine and Mayo Clinic have to offer, the use of our gifts and special privilege in the world to help others.”

“We get as much or more out of it as the people we help. I can’t imagine not doing it. It’s who I am. Once you are captured by this way of thinking, it doesn’t turn you loose.”

— John Creasman, M.D.
"The major personal satisfaction I gain from these and other ventures is knowing I am contributing positively to the solutions of problems that affect our present generation."

— Nestor Sanchez, M.D.
Described as a man with a generous soul, Puerto Rican native Nestor Sanchez, M.D., set out to help his country’s orphaned children who suffer with HIV. His plan was simple: create a home for them similar to the one in which he reared his own children with beautiful surroundings and love and affection in their daily lives.

So was born “Hogar Divino Niño Jesus,” a facility Dr. Sanchez founded in 1990 with Carmelite Sister Enedia Torres, where more than 100 children with AIDS have lived on a six-acre campus with resident health care staff and counselors.

These children attend school and church, and three have gone on to study at local universities. Twice a month, Dr. Sanchez takes the children to a movie, and during each of his visits, every child is greeted with a hug.

For this and other humanitarian endeavors, Dr. Sanchez is one of the Mayo Clinic Alumni Association’s Humanitarian Award winners for 2005.

Dr. Sanchez told the audience at the 64th Meeting of the Mayo Clinic Alumni Association that his inspiration began at Mayo Clinic.

“I thought that if two men could build this empire here that helps so many, I will do what I can do in Puerto Rico,” Dr. Sanchez says. He credits Mayo Clinic, where he served a fellowship in dermatopathology in the early 1980s, with influencing his desire to help others. At Mayo, he says, there is a “total dedication to the healing of human illness.”

To build the orphanage for HIV children, Dr. Sanchez used his own funds along with money he raised from others. It wasn’t a project with full support. Neighbors of the orphanage site opposed its location, but he persevered.

“The major personal satisfaction I gain from these and other ventures is knowing I am contributing positively to the solutions of problems that affect our present generation,” Dr. Sanchez says. “It is a virtue that my experience at Mayo revealed to me. It is a part of me as it was a part of the venerable Mayo brothers.”

Dr. Sanchez has also founded the Sociedad Integra de Aibonitena to serve poor children and the Fondita Divino Niño Jesus, a soup kitchen and counseling center for the homeless. Once a month he flies to an offshore island, Vieques, to provide dermatologic care to people without access to services.

Along with his attention to academic duties and private practice, Dr. Sanchez is well known for his volunteerism. He was recognized by the Senate of Puerto Rico as a Most Distinguished Citizen in 1998. And in 2004, the Lions Club International of San Juan, Puerto Rico, named him Citizen of the Year.

Dr. Sanchez is a member of the editorial boards of the Journal of the American Academy of Dermatology and the International Journal of Dermatology and is the editor of the Caribbean Journal of Dermatology.

A professor and chair of the Department of Dermatology at the University of Puerto Rico, Dr. Sanchez has been elected president of the Puerto Rico Dermatology Society three times in the last 20 years. He is a member of the International Society of Dermatopathology and the American Academy of Dermatology, was Secretary General of the Iberoamerican Congress of Dermatology and is founder of the Puerto Rico Southern Dermatological Society and the Puerto Rico Society of Cosmetic and Surgical Dermatology.

Scott Litin, M.D., Nestor Sanchez, M.D. and T. Paul O’Donovan, M.D.
Widely regarded as one of the world’s leading neurosurgeons, Shigeaki Kobayashi, M.D., grew up in a small village in rural Japan and was drawn to study medicine partly because of the influence of his father, a pharmacist.

Dr. Kobayashi went to medical school and began his journey toward neurosurgery during his internship at the U.S. Naval Hospital in Yokosuka, Japan, and as a resident of neurosurgery and surgery at Mayo Clinic Rochester from 1964 to 1971.

Since those early days as an avid learner, Dr. Kobayashi has gone on to medical renown. He has published eight books, authored nearly 900 scientific papers and given more than 1,000 presentations at Japanese and international meetings. His accomplishments extend into the areas of clinical neurosurgery, neurosurgical education and administration of a neurosurgical department as well as research in cerebrovascular physiology, microsurgical anatomy and technological advances applied to neurosurgery.

For his achievements, Dr. Kobayashi has been awarded the Mayo Clinic Alumni Association Professional Achievement Award for 2005. “I have received many awards from honor societies in my career, but this award is most special,” Dr. Kobayashi said. “For this is a culmination of what I learned at Mayo Clinic.”

After completing his Mayo Clinic training, Dr. Kobayashi joined the Department of Neurosurgery at Shinshu University in Japan. He became a professor and chair of the department in 1989, holding the position until mandatory retirement in 2003. He has continued his neurosurgical and medical administrative responsibilities as director of Komoro Kosei General Hospital.

Dr. Kobayashi says he was led to neurosurgery by his desire to “help the diseased.” He became an expert in the surgery of cerebral aneurysms and benign brain tumors such as acoustic tumors and skull base meningiomas, among the most challenging brain tumors to remove.

Fortuitous timing led Dr. Kobayashi to train with renowned neurosurgeons. He assisted Thoralf M. Sundt, Jr., M.D., at Mayo Clinic, who was perfecting the Sundt-Kees clip, a clip graft used for difficult aneurysms. And after his return to Shinshu, Japan, Dr. Kobayashi worked under Kenichiro Sugita, M.D., who had invented Sugita clips as well as other surgical instruments.

The deaths of Drs. Sundt and Sugita during Dr. Kobayashi’s 15 years of professorship at Shinshu University gave him a shock. “I felt I’d lost my backbone,” he says, but decided their deaths precipitated a need for independence and self-determination.

Dr. Kobayashi’s surgical mentors, paired with his focus on self-reliance, helped propel him to significant accomplishments.

After serving as vice president, in July 2005 he was elected Honorary President of the World Federation of Neurosurgical Societies. He served as chief medical officer of the 1998 Winter Olympic Games in Nagano, Japan, and has been president of the Japan Neurosurgical Society.

Dr. Kobayashi is a member of more than 20 international scientific societies, honorary member of many foreign national neurosurgical societies, co-editor and member of the advisory and editorial boards of the leading neurosurgical journals and he has been a visiting professor at more than 30 universities.
“I have received many awards from honor societies in my career, but this award is most special. For this is a culmination of what I learned at Mayo Clinic.”

— Shigeaki Kobayashi, M.D.
Helping with humor:

A profile of Scott Litin, M.D.,

Mayo Clinic Alumni Association president
To know Scott Litin, M.D., is to know laughter. Dr. Litin, the new president of the Mayo Clinic Alumni Association, has distinguished himself as a Mayo Clinic specialist in internal medicine and as a mentor and teacher of young physicians and students. But perhaps he is best known for his sense of humor, which helps people feel at ease in a variety of situations.

“I was a member of the second class of the Mayo Medical School,” says Dr. Litin. “And I tell people that I’ve been second class ever since.”

Dr. Litin uses humor to help patients feel at ease. He also makes use of it when conveying messages to his colleagues. He and Edward Creagan, M.D., (Oncology ’77, Internal Medicine ’75), developed the first program in which clinicians teach other clinicians the art of public speaking. It is a required course for third-year Mayo Medical School students and is a course that has been sought out by many other physician organizations and professional groups. One of the key messages includes how best to use humor in a presentation. “The most effective humor that will endear you to an audience should be self-deprecating humor,” Litin says.

It’s one of many lessons Dr. Litin learned from his father, Edward Litin, M.D., an early member of Mayo Clinic’s Department of Psychiatry, who later served as chair of that department.

“My first role model was my father, who was known at Mayo as a very humorous person. He was friendly, outgoing, and extremely helpful to both patients and colleagues,” he says. “I’ve tried to pattern myself after him by being very attentive to helping my patients and colleagues, and having fun while doing so.”
Dr. Creagan says Dr. Litin can approach people in a way that connects with them. “Scott is able to look at life’s setbacks and unfairness and help patients move forward with grace, poise and dignity. He shares humor with both patients and colleagues when it’s appropriate, and this has become one of his most endearing qualities.

“In addition, Scott has excelled in medical practice, education, and research. To use the sports vernacular, he’s a triple threat and really embodies the three shields,” adds Dr. Creagan.

Dr. Litin credits Edward Rosenow III, M.D. (Pulmonary Diseases ’65) with giving him a solid guiding rule when caring for patients: “The Platinum Rule.”

“The Golden Rule states you should treat patients the way you personally would wish to be treated,” says Dr. Litin. “The Platinum Rule says you should treat your patients the way you want your family members to be treated.”

The Mayo Clinic Family

Mayo Clinic has been a constant in Dr. Litin’s life.

“My father was a Mayo Clinic psychiatrist and you know what they say: the shoemaker’s son goes barefoot,” he says with a wry grin.

But his family’s connection went far beyond his father’s place of work. In 1952, a polio epidemic swept through Rochester, infecting Dr. Litin’s mother, Lorraine, and sister, Nancie. It disabled his mother’s pulmonary muscles to the point that she spent a great deal of time, including the last years of her life, at Saint Marys Hospital, where she received specialized respiratory care.

“She was a courageous woman who was still able to lead a productive life and enjoy her family, even in the face of...
tremendous disability,” Dr. Litin said. “I will always remain grateful to the Sisters of St. Francis and the Mayo Pulmonary division for the care and caring they gave her.”

Dr. Litin’s father suffered from multiple sclerosis, forcing him to take early retirement from Mayo Clinic. He died during Dr. Litin’s college years.

“The Mayo family took wonderful care of our family, so there was always a natural bond between Mayo Clinic and me,” he says.

Near the time of his graduation from Rice University in Houston, Texas, Dr. Litin took both the medical and law school entrance examinations, figuring he would keep his options open. He actually scored better on his law school exams, but when he was selected for a spot in the new Mayo Medical School he chose to pursue a medical career.

“The Mayo Medical School was wonderful and very different from how my Dad described his medical school experience,” says Dr. Litin. “In those days he was told, ‘look at the person to your left, look at the person to your right. One of you won’t make it to graduation.’ At Mayo there has always been an effort to support a positive learning environment that allowed each student a chance to succeed. That tradition continues today.”

This positive experience reinforced for Dr. Litin that his decision to become a physician was the right decision. During medical school he encountered many role models and mentors. “When it came time to choose a residency program, some people suggested I go elsewhere to get a different experience, but when I asked them where they did their training and why, they all said they chose Mayo because it was the best training program in the country,” says Dr. Litin. “So I stayed here for training in internal medicine.”

He joined the staff in 1981 in Area General Internal Medicine (now called General Internal Medicine). Dr. Litin says being at Mayo Clinic as an internal medicine specialist is both fun and challenging.

“I’m very comfortable taking care of patients with a variety of medical issues,” he says. “And I also know that when I need help, I can push five numbers on the telephone and readily speak to an expert in any specialty.

Dr. Litin’s connection to his colleagues and his leadership skills were acknowledged in 1996 when he was elected president of the staff, serving as the staff representative on the Mayo Clinic Board of Governors.

Teresa Rummans, M.D., (Psychiatry ’87, Internal Medicine ’84) a Mayo Clinic psychiatrist, served as secretary of the Officers and Councilors of Mayo Clinic during Dr. Litin’s presidency.

“I think he was selected to be president of staff because his colleagues saw the servant leadership qualities in Scott,” says Dr. Rummans. “He has integrity, humility and listens well. He has an ability to credit others for their contributions. He’s also able to deal with very tense times with very appropriate humor to decrease the intensity of the situation and help everyone look at things in a different light.”

Opening doors

Dr. Litin’s interest in mentoring younger colleagues is something many cite as one of his outstanding qualities. Lynne Shuster, M.D., (Mayo Medical School ’87, Medicine-Advanced General ’91, Internal Medicine ’90) director of the Women’s Health Clinic at Mayo Clinic Rochester, says,
“Dr. Litin’s work with young physicians has helped many find the right career path. He’s been a role model for me for nearly 20 years, ever since I worked with him as a medical student at a point in my career when I was trying to decide what to do,” she adds. “He helped me determine what was worth doing in my career, and helped me do what was needed to get there.”

Dr. Litin describes it as opening doors. “I’ve been lucky. During my career a number of people opened doors for me,” says Dr. Litin. “It’s exciting and fulfilling for me now to help open doors for others. I enjoy watching them seize these opportunities and become successful.”

His clinical interests lie in atrial fibrillation, clotting disorders, and anticoagulation, and he has written extensively in these areas. Dr. Litin says his participation in a large multi-center research trial in stroke prevention in atrial fibrillation in the 1980s introduced him to many energetic and outstanding researchers and stimulated his interests in clotting disorders and anticoagulation. A portion of his current clinical duties are spent in the Thrombophilia Center, where he consults on patients with a variety issues pertaining to thrombosis and anticoagulation.

Dr. Litin has received many awards from Mayo Clinic including the Henry S. Plummer Distinguished Physician Award, the Outstanding Faculty Award, Outstanding Course Director Award, and the Distinguished Clinician Award. He has been active as a local and national leader in the American College of Physicians and was recognized with a Laureate Award from the Minnesota Chapter. In 2002 he was awarded Mastership in the American College of Physicians.

Dr. Litin edits the referring physician newsletter Clinical Update and served as medical editor of the 1,400-page Mayo Clinic Family Health Book. He has also been an associate editor of Mayo Clinic Proceedings for more than seven years.

While editing Mayo Clinic Proceedings, Dr. Litin has been responsible for overseeing three sections: Residents’ Clinics, Book Reviews, and Concise Reviews for Clinicians. William Lanier, M.D., (Anesthesiology ’84) editor-in-chief of Proceedings says that, of all the sections of the journal, these three have the highest percentage of new and developing authors.

“This is just the way Dr. Litin wants it,” says Dr. Lanier. “He gets a real thrill out of recruiting new authors and helping them get some of their first publications into print. The time and effort Dr. Litin gives these authors is astounding. He also spends considerable effort in bringing new reviewers into the
If Dr. Litin took all the credit for writing that one could argue he rightfully deserves, I suspect it would double or triple the size of his own bibliography.”

But all of his time is not spent at work.

Dr. Litin loves sports and his family. His office space in Mayo Clinic’s Baldwin Building shows it. Pictures of his 15-year-old son Sam playing football and his 19-year-old daughter Cassie at graduation and prom are pinned on the bulletin board. Pictures of his wife Jolene and their children crowd the walls. Pointing to a picture of Jolene, he notes they celebrated their 30th anniversary last year. “She says the 30 years with me have been eight of the best years of her life,” he adds with a wink. “Seriously, she is a fantastic person and is the glue that keeps our family going strong.” Mixed in with his medical awards and diplomas is a plaque honoring his role as team physician for Sam’s youth football team and another one that commemorates his induction into the Rochester Racquetball Hall of Fame.

Several columns from the Minneapolis Star Tribune’s sports columnist Sid Hartman are on the walls. Sid, also a WCCO radio personality, often mentions Dr. Litin on the air and calls him “a close personal friend.” Sid Hartman was a childhood friend of Dr. Litin’s father and is a loyal Mayo patient.

As he begins his tenure as president of the Mayo Clinic Alumni Association, Dr. Litin wants to continue efforts to recognize and meet the needs of the alumni members.

“Be it creating an exceptional alumni association Web page to help with communication or improving the patient referral process, we want to keep alumni connected to Mayo,” says Dr. Litin.

Dr. Litin became involved in the alumni association early in his career when he visited with Gordon Moore, M.D., (Psychiatry ’67) who was secretary-treasurer and eventually became the president of the association. Dr. Litin offered to help in any way possible and soon found himself as the scientific program chair at the International Meeting in Scottsdale in the 1980s.

“Dr. Moore ‘opened the door’ for me to get involved with the Mayo Clinic Alumni Association,” says Dr. Litin. “So it seemed natural for me to ask him for advice before I took over as president. Gordon simply told me to keep it fun,” says Dr. Litin. “I intend to do that.”

— Michael Dougherty
Mayo Clinic named one of FORTUNE magazine’s best companies to work for

For the third consecutive year, FORTUNE magazine named Mayo Clinic to its list of the “100 Best Companies to Work For” in America, the magazine’s annual compilation of companies that “rate high with employees.”

The list is included in the magazine’s Jan. 23 issue. FORTUNE magazine ranks Mayo Clinic 89 among the 100 companies, and 31 among 38 large employers (10,000 employees or more).

“We are honored to receive this recognition because it is earned by those who work here,” says Denis Cortese, M.D., CEO of Mayo Clinic. “One of the reasons we’ve been successful over time is that our organization is made up of individuals who aren’t satisfied simply to rest on a legacy — individuals who treat each day as an opportunity to improve and to make a difference in the life of a patient, a visitor or a colleague.”

FORTUNE magazine relies on two assessments when choosing its 100 best companies: an evaluation of the policies and culture of each company, and the opinions of the company’s own employees. Employee opinions, which account for 70 percent of a company’s score, are collected through a survey of 400 randomly selected employees.

Mayo Clinic receives $15 million to establish pediatric center in Rochester

A $15 million gift from T. Denny Sanford, a South Dakota banker and businessman, is funding a new outpatient pediatric facility at Mayo Clinic Rochester.

The Pediatric Center will house advanced medical and surgical pediatric subspecialty practices and technology. This is the largest gift to pediatric medicine in the clinic’s history. The Mayo Clinic T. Denny Sanford Pediatric Center will be located in the Mayo Building in downtown Rochester. Construction will begin in 2006 with completion and occupancy scheduled for early 2007.

In addition to the facility, the gift also will include a named professorship at Mayo Clinic College of Medicine, a named pediatric fellowship and an endowment for a professional research and education collaboration between Mayo Clinic and the Sanford Children’s Hospital at Sioux Valley Hospital in Sioux Falls, S.D. Regional health care providers will be invited to participate in the educational activities.
Patrick Kamath, M.D., and Anthony Windebank, M.D., received the Mayo Clinic College of Medicine’s Distinguished Educator Award. James Yiannias, M.D., received the 2005 Keith A. Kelly, M.D., Distinguished Mayo Educator award from Arizona.

Dr. Kamath has distinguished himself in clinical practice, education and research. He was voted Teacher of the Year eight times in internal medicine and one time in the Division of Gastroenterology and Hepatology. Dr. Kamath’s contributions to education extend well beyond teaching residents, fellows, medical students and faculty. He is highly involved in the Mayo Gastroenterology Board Review and the Internal Medicine Board Review. He has contributed to patient education by developing many brochures related to chronic liver disease. He also prepared the American Gastroenterology Association Teaching Series on chronic liver disease and its complications, which is used worldwide.

Dr. Windebank has distinguished himself by making high-level leadership contributions to the Mayo educational enterprise for the last 15 years. From 1992 to 2005, he served continuously as dean of Mayo Graduate School and subsequently as dean of Mayo Medical School, the longest continuous tenure in the last 40 years. Twice, Dr. Windebank received the Teacher of the Year Award. He was course chair for the Neurology Medicine II course for five years and has been course director for an ongoing Responsible Conduct of Research course for more than a decade. Dr. Windebank has served on many educational committees, including the Education Visibility Implementation Team (which he chaired for four years), Association of American Medical Colleges and the Educational Advisory Committee.

Dr. Yiannias has distinguished himself in many areas at Mayo Clinic, serving the organization for over 15 years. An associate professor of Dermatology and vice chair of the Department of Dermatology in Arizona, he has published extensively in his field. He is also an Associate Dean of the Mayo School of Graduate Medical Education, serves on several education committees and was the founding program director of the Dermatology residency in Arizona. As the past chair of the Diversity Subcommittee in Arizona, he was instrumental in the development of Mayo’s Diversity Interest Groups, as well as an online course for educating clinical staff about culturally competent care. This past year, he was honored by the community as a Diversity Champion at the 2005 Martin Luther King, Jr. Celebration in Scottsdale.
On May 21 – 23, 2006, Mayo Clinic will bring together thought leaders from across the nation to address the many challenges facing health care in our country.

The Mayo Clinic National Symposium on Health Care Reform, to be held in Rochester, Minn., will be unlike other national conferences with a highly participatory, non-partisan and solutions-focused format.

Moderators from national media including CNN, National Public Radio and Public Broadcasting Service will lead discussions on topics including:

- Overspent, Overdrawn and Overwhelmed: Reducing Health Care Inefficiencies
- Do We Know What We Know: The Universal Sharing of Scientific Knowledge
- The Uninsured and Underinsured: Fixing Holes in the Safety Net

This event is one part of a new Mayo Clinic Health Policy Center being created to affect comprehensive national health care reform. The center also will host policy forums and leadership summits, future symposia, create an interactive health care policy Web site and conduct ongoing research. This virtual center will call upon leaders across the country to help guide health care reform.

“We’re calling the question,” says John La Forgia, chair of Mayo’s Department of Public Affairs. “Many groups have been discussing this issue for quite a while. Now is the time to do something about it.

“Our reputation as a patient-centered health care institution gives us a good chance of being a successful facilitator for meaningful change,” he says.

**Symposium on Health Care Reform seeks solutions to tough issues**
**Discovery’s Edge, Mayo Clinic’s online research magazine**

*Discovery’s Edge*, Mayo Clinic’s online research magazine, highlights stories of leading medical investigators. Many features cover ongoing projects long before they reach the journals. In the current issue, read these articles:

- How researchers are using the latest genomic discoveries to combat hypertension
- Overcoming antibodies is making impossible organ transplants possible
- First they crossed the blood-brain barrier — now they’ve made the clearest Alzheimer’s images yet
- Using “team science” to attack kidney cancer in Florida
- The latest on the country’s newest genomics research center

The magazine is available only on the Web at [http://discoveryedge.mayo.edu](http://discoveryedge.mayo.edu).

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**New Mayo Medical School Associate Dean for Academic Affairs named**

Effective March 1, Joseph P. Grande, M.D., Ph.D., joined the staff of Mayo Medical School as the Associate Dean for Academic Affairs. Dr. Grande is a consultant in the Division of Anatomic Pathology, Department of Laboratory Medicine and Pathology, a consultant in the Division of Nephrology and Hypertension, Department of Internal Medicine; and a professor of Pathology, Mayo Clinic College of Medicine.

Dr. Grande joined Mayo’s staff as a consultant in 1991 and has made extensive contributions to practice, research, teaching, and curriculum development at Mayo Clinic and the College of Medicine. He also contributes to national medical education efforts through his work with National Board of Medical Examiners and other national medical organizations. Students and colleagues frequently honor Dr. Grande. A six-time recipient of Mayo Medical School’s Teacher of the Year award (1992, 1995, 1998, 2002, 2004 and 2005), Dr. Grande also has received the MMS Faculty Service Award (1995), MCCM Distinguished Educator Award (1999), and MMS Dean’s Recognition Award (2003). Dr. Grande will succeed Dr. Robert Tiegs, associate dean since 2001.

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**Professional meetings**

**Mayo Clinic Alumni Association Receptions**

- American Association of Neurological Surgeons, April 22 – 27, San Francisco
- American Association of Clinical Endocrinologist, April 26 – 30, Chicago
- Pediatric Academic Societies, April 28, San Francisco

**Association for Research in Vision and Ophthalmology (ARVO)**, April 30 – May 5, Fort Lauderdale, Fla.

**American Roentgen Ray Society**, April 30 – May 5, Vancouver, British Columbia, Canada

**American Association of Orthodontics**, May 6, Las Vegas

**American College of Obstetricians and Gynecologists**, May 6 – 10, Washington, D.C.

**Heart Rhythm Society**, May 17 – 20, Boston

**American Thoracic Society**, May 19 – 24, San Diego

**Digestive Disease Week**, May 21, Los Angeles

**American Psychiatric Association**, May 22, Toronto

**American Urologic Association**, May 20 – 25, Atlanta

**American Society for Colon and Rectal Surgeons**, May 20 – 25, Seattle

**American Society of Microbiology**, May 21 – 25, Orlando, Fla.

**American Society of Clinical Oncology**, June 2 – 6, Atlanta

**American Association for Clinical Chemistry**, July 23 – 27, Chicago
13th Annual Mayo Clinic Nicotine Dependence Conference, May 16 – 19, Rochester, Minn.
Contemporary Issues in Nephrology and Kidney/Pancreas Transplant, May 19 – 20, Ponte Vedra Beach, Fla.
9th Mayo Clinic Endocrine Course – An Intensive Review of Endocrinology for the Clinician, June 1 – 4, Rochester, Minn.
Clinical Reviews and Primary Care Update, June 4 – 9, Amelia Island, Fla.
Advances in Diagnostic Radiology, June 18 – 25, Alaskan Cruise
Anesthesia History Summer Meeting, June 22 – 24, Rochester, Minn.
Advanced Techniques in Shoulder Arthroscopy, July 8, Rochester, Minn.
Internal Medicine Board Review – Certification and Maintenance of Certification, July 9 – 15, Rochester, Minn.
16th Annual Mayo Clinic Hematology/Oncology Reviews, Aug. 1 – 5, Amelia Island, Fla.
Bleeding and Thrombosing Diseases: The Basics and Beyond, Aug. 3 – 4, Rochester, Minn.
Mayo Clinic 2006 Endoscopic Ultrasound Course, Aug. 3 – 5, Rochester, Minn.
Success with Failure: New Strategies for the Evaluation and Treatment of Congestive Heart Failure, Aug. 6 – 8, Whistler, British Columbia, Canada
Psychiatric Genomics: Applications for Clinical Practice, Aug. 7 – 11, Rochester, Minn.
Selected Topics in Rheumatology, Aug. 19 – 22, Victoria, British Columbia, Canada
The Intelligent Electronic Health Record (EHR), Aug. 23 – 25, Rochester, Minn.

1950s
E. Richard Ensrud (Gastroenterology ‘57) was elected to Mastership in the American College of Physicians.

1960s
Alastair McLeod (Dermatology ’66) was named an honorary member of the Canadian Medical Association and received an award of merit from the Canadian Dermatology Association.
Roland Moskowitz (Rheumatology ’60) received the inaugural Lifetime Achievement Award from the National Arthritis Foundation for his contributions to clinical and basic research in osteoarthritis.

1970s
M.J. McMaster (Orthopedics ’77) is director of the Scottish National Paediatric Spine Service at the Royal Hospital for Sick Children in Edinburgh. He gave the Harrington Lecture on “Spinal Growth and Congenital Deformity of the Spine” at the annual meeting of the Scoliosis Research Society in Miami in 2005.
Petter Steen (Anesthesiology ’77) received the Lifetime Achievement Award from the American Heart Association in recognition of his contributions to the cardiac resuscitation science field. He also received the “Giant of Resuscitation” award from the association.
Maurice Webb (Gynecology, Oncology ’72) presented the presidential address at the 55th annual meeting of the Society of Pelvic Surgeons in Lyon, France.
Sidney Williams (Internal Medicine ’75) is president of the Oklahoma Pain Education Society. He was designated a diplomate of the American Academy of Pain Management.

1980s
Guillermo J. Ruiz Arguelles (Hematology ’83) is chair of the Council of the International Society of Hematology.
Lael-Anson Best (Thoracic Surgery ’88) is a clinical associate professor of surgery and chief of the Division of Surgery at Rambam Medical Center in Haifa, Israel, where he also serves as chief of thoracic surgery.
Roger Dailey (MMS ’82) is president of the American Society of Ophthalmic Plastic and Reconstructive Surgeons.
Nadey Hakim (General Surgery ’89) was awarded an honorary doctorate from the University of Lima in Peru.
Steven Hechler (Orthodontics ’87) serves as president of the University of Missouri–Kansas City School of Dentistry Alumni Association.
Daniel Townsend (MMS ’80) received the Distinguished Service Award from the Massachusetts Eye and Ear Infirmary.

1990s
Gerard Malanga (Sports Medicine ’93) published the book Musculoskeletal Physical Examination: An Evidence-Based Approach.
Martin Waldron (Family Medicine ’95) has opened a solo practice in Syracuse, N.Y. He previously was a family medicine physician at Albert Lea Medical Center, part of Mayo Health System.

2000s
Maher Abbas (General Surgery ’02) is chair of education for surgery at Kaiser Permanente, Los Angeles.

Staff news
Steven Alutchuler was elected president of the Minnesota Board of Medical Practices.
Claire Bender was named the first vice-president of the Radiology Society of North America (RSNA).
Richard Berger was elected to the Accreditation Council for Continuing Medical Education’s Accreditation Review Committee.
Michael Brooks was awarded first place in the John J. Sharry Prosthodontic Research Competition.
Jeffrey Buchhalter was elected to the National Epilepsy Foundation Advisory Board.
Stephen Carmichael was appointed Honorary Professor in the Department of anatomy at the University of Pretoria, Republics of South Africa.
Chella David received the 2005 Lee C. Howley Sr. Prize for Arthritis Research from the Arthritis Foundation.
Stephen Harner was reappointed to a three-year term as coordinator for the Scientific Program.
Thomas Hartman was named Most Effective Radiology Educator by AuntMinnie.com.
John Heit was appointed to a three-year term as chair of the Nation Quality Forum/Joint Commission on Accreditation of Healthcare Organizations Steering Committee on Nation Consensus Standards for the Prevention of Care of Venous Thromboembolism.
Kemuel Philbrick was honored with the Accreditation Council for Graduate Medical Education’s 2006 Courage to Teach Award.
Gabriel Sciallis was selected to serve on the Council on Legislation of the Minnesota Medical Association.
Richard Vetter was appointed to a third term on the Advisory Committee on Medical Use of Isotopes.
Barbara Westmoreland received the Herbert Jasper Award from the American Clinical Neurophysiology Society.

Obituaries
1940s
Burnell Eckardt, 89, died April 17, 2005. Dr. Eckardt received his medical degree from University of Wisconsin Medical School in 1940. After interning, he joined the U.S. Navy and served in a naval mobile hospital in the South Pacific during World War II. After completing his active duty, he came to Mayo Clinic for a fellowship in internal medicine, which he completed in 1947. He returned to his hometown of Sheboygan, Wis., and began a private medical practice. He was one of the founders of the present Medical Arts group in Sheboygan. Dr. Eckardt was chief of staff at both Memorial and St. Nicholas hospitals and president of the Sheboygan County Medical Society. He retired in 1984.
LeRoy Hedgecock, 92, died July 8, 2005. Dr. Hedgecock received his Ph.D., in speech from the University of Wisconsin in 1949. He instructed deaf children at state schools for the deaf in Indiana and New Jersey and then joined Indiana University as instructor in speech, pathology and hearing therapy. He served as an instructor and assistant professor of speech at the University of Minnesota through 1949 when he joined the Mayo Clinic staff. Dr. Hedgecock was the first head of audiology and served in that role until 1972. He received the honor of fellowship from the American Speech and Hearing Association and served in a number of professional organizations. He retired in 1978.

1950s
Roy Baskin, 88, died April 1, 2005. Dr. Baskin received his medical degree from the University Medical Branch in Galveston, Texas, 1942. After serving in the U.S. Navy Medical Corps during World War II, he entered Mayo Clinic for surgical training. He completed his fellowship in 1952 and moved to Waco, Texas, where he opened a surgical practice. It eventually became known as the Waco Surgical Group. During his career, he served as president of the Texas Surgical Society, governor of the American College of Surgeons and president of its North Texas Chapter. Dr. Baskin was a member of the Priestley Society and The Doctors Mayo Society.

Andrew Climie, 78, died Aug. 15, 2005. Dr. Climie received his medical degree from the University of Glasgow in Scotland and immigrated to the United States in 1950. He completed a fellowship in pathology at Mayo Clinic in 1954. He worked at the U.S. Naval Hospital in Quantico, Va., for three years and then moved to Detroit to join Harper Hospital. He became chief of pathology in 1973. Dr. Climie also served as president of the Detroit Medial Society from 1976 to 1977. He retired in 1988.

Robert Hansen, 87, died Sept. 21, 2005. Dr. Hansen received his medical degree in 1942 from Louisiana State University Medical School. After training, he joined the Stanocola Medical Group for 10 years. He served during the Korean War in the U.S. Army Medical Corps. After the military, he came to Mayo Clinic and completed a fellowship in anesthesiology. He continued his training at Massachusetts General Hospital and Children’s Hospital in Boston, before moving to Baton Rouge, La., where he practiced until retirement.

E. Wesley Johnson Jr., 86, died Sept. 7, 2005. Dr. Johnson received his medical degree from the University of Wisconsin in 1945. After an internship, Dr. Johnson joined the U.S. Navy, serving in the Pacific Fleet at the end of World War II. He completed a fellowship in orthopedic surgery at Mayo Clinic in 1950. Dr. Johnson joined the Colorado Springs Medical Center in 1950 and then returned to Mayo Clinic in 1951. His time in orthopedic surgery at Mayo Clinic was interrupted from 1952 to 1954 when he returned to active duty in the U.S. Navy. He was stationed at the U.S. Naval Academy in Annapolis, Md. At Mayo Clinic, he was president of the staff 1980-1981 and was a professor of orthopedic surgery. He retired from Mayo Clinic in 1982. After retirement, he opened an orthopedic impairment evaluation office. He was president of the Clinical Orthopaedic Society in 1983 and served from 1993 to 1998 as the managing director of the Mid-America Orthopaedic Association, which he helped establish. He retired from private practice in 2004.

1960s
Robert Wilber, 68, died June 19, 2004. Dr. Wilber received his medical degree from the University of Kansas in 1961 and completed his fellowship training in gastroenterology at Mayo Clinic in 1966. He served as a captain in the Medical Corps of the U.S. Army. Dr. Wilber was in private practice in Kansas City, Mo., for 32 years, retiring in 2000. He was American College of Gastroenterology Governor of Missouri. He was program director of internal medicine at St. Luke’s Hospital in Kansas City.

1970s
Paul Panum, 59, died Aug. 29, 2005. Dr. Panum received his medical degree from the University of California at San Francisco in 1971. He completed a fellowship in internal medicine at Mayo Clinic in 1975. He received a law degree from the Hastings School of Law in San Francisco and practiced at Group Health Plan in Minneapolis from 1975 to 1979. He later served as student health physician at San Francisco State University and University of California in San Francisco from 1981 to 1983. Dr. Panum moved to Eugene, Oregon,
where he was a physician at McKenzie-Willamette Hospital and Eugene Hospital and Clinic. Dr. Panum also taught medical ethics at the University of Oregon Law School. He was named its medical director in 1990. After the clinic merged with Sacred Heart Hospital in 1995, he became vice president of PeaceHealth Medical Group. Dr. Panum joined Cascade Medical Associates and McKenzie-Willamette Hospital from 1999 to 2004, when he retired because of illness.

Gary Velick, 62, died March 5, 2005. Dr. Velick received his medical degree from the University of Chicago in 1968. After an internship, he served in the U.S. Army and then returned to his medical training. He completed his medical residency training in allergy at Mayo Clinic in 1975 and joined the Eisenstadt Allergy and Asthma group in Minneapolis. He was a partner there for almost 30 years.

Mary Hamburgen, 46, died Aug. 10, 2005. Dr. Hamburgen received her medical degree in 1985 from Mayo Medical School, where she was a Rock Sleyster Scholar and recipient of the Academic Excellence and Outstanding Female Medical Student awards. She completed her internship and residency training in psychiatry at the University of California, Los Angeles, and did fellowship training in crisis counseling and consultation liaison psychiatry at UCLA Neuropsychiatric Institute and Hospital. Dr. Hamburgen joined the staff of Kaiser Permanente South Bay in Harbor City, Calif., and served as chief of the Department of Psychiatry from 1993 until the time of her death.

1980s

William Friedrich, 53, died Sept. 26, 2005. He received his Ph.D. in clinical psychology from the University of North Dakota in 1980, and he began teaching at the University of Washington. In 1986, Dr. Friedrich joined Mayo Clinic, where he advanced to professor in psychiatry and psychology. He received a number of "Teacher of the Year" awards at Mayo and received the Mayo Medical School Faculty Service Award in 2005. Dr. Friedrich was the author of six books on the treatment of sexually abused children and developed the Child Sexual Behavior Inventory published by Psychological Assessment Resources Inc. He received the Outstanding Career Research Award from the American Professional Society on the Abuse of Children in 2001. From 1997 to 2002, he was a core faculty member of the Eastern European Children’s Mental Health Society and served a Fulbright Fellowship in Latvia in 2003.

1990s

David Brandhagen, 41, died July 22, 2005. Dr. Brandhagen received his medical degree from Mayo Medical School in 1990. He completed his internal medicine residency at Hennepin County Medical Center in Minneapolis in 1994. Dr. Brandhagen completed a fellowship in gastroenterology at Mayo Clinic in 1997. He joined the Mayo Clinic staff in 1997 as a consultant in the Division of Gastroenterology and Hepatology and was an associate professor of medicine.
Resources to help you stay connected with Mayo Clinic and Mayo Clinic Alumni Association

Mayo Clinic Rochester
200 First Street SW
Rochester, MN 55905
507-284-2511

Mayo Clinic Jacksonville
4500 San Pablo Road
Jacksonville, FL 32224
904-953-2000

Mayo Clinic Arizona
13400 East Shea Boulevard
Scottsdale, AZ 85259
480-301-8000

For Mayo Clinic and health information on the Web:
www.mayo.edu
www.mayoclinic.org
www.mayoclinic.com

Alumni Center Information

Mayo Clinic Alumni Center
507-284-2317
Karen Skiba
Administrator
507-538-0162
E-mail: mayoalumni@mayo.edu

Alumni Relations Coordinators:
Betsey Smith
507-538-1164
Debbie Oscarson
507-538-1663
www.mayo.edu/alumni

The Doctors Mayo Society
Robert Giere
800-297-1185

Physician Referral Information
Rochester 800-533-1564
Jacksonville 800-634-1417
Arizona 800-446-2279

Executive Health Program
Rochester 507-284-2288
Jacksonville 800-634-1417
Arizona 480-301-8088

Mayo Medical Laboratories
800-533-1710
www.mayoreferenceservices.org/mml/

Mayo Clinic MedAir, Mayo One
800-237-6822
www.mayomedicaltransport.com

Regional Visiting Faculty Program
Rochester 507-284-2242
Jacksonville 904-953-2944
Arizona 480-301-7348

Visiting Clinician Program
Rochester 507-284-3432
Jacksonville 904-953-2944
Arizona 480-301-4338

Continuing Medical Education
Rochester 800-323-2688
Jacksonville 800-462-9633
Arizona 480-301-4580
www.mayo.edu/cme/

Employment Opportunities

Mayo Clinic Human Resources
For information about employment opportunities at Mayo Clinic visit:
www.mayo.edu or e-mail:
careers@mayo.edu

You will be asked to specify Rochester, Jacksonville or Arizona for employment opportunities.

Mayo Health System
John Shonyo
507-284-9114
www.mhs.mayo.edu

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Mayo Clinic Proceedings
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