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Alumni and friends gathered Oct. 2-4 at the Fairmont Scottsdale Princess for a wide range of scientific meetings, thought-provoking speakers and a chance to renew the bond they share.

8  Three alumni recognized with new Mayo Clinic Alumni Association awards
New awards recognizing professional achievements and humanitarian service of Mayo Clinic’s alumni were presented for the first time in October at the International Meeting of the Mayo Clinic Alumni Association. The work and achievement of the award winners – Bernard Harris, M.D., Kenneth Calamia, M.D., and the Rev. William Fryda, M.D. – are presented in short profiles.

12  A Profile of Dr. T. Paul O’Donovan: Charting a new course
T. Paul O’Donovan, M.D., was inducted as the new president of the Mayo Clinic Alumni Association at the organization’s international meeting in October in Scottsdale. He is involved in the association to maintain connections with alumni and to mentor younger physicians.

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Happy New Year! As we begin a new year, it is important to pause and reflect on the past year and look forward to what’s ahead of us. It allows us to reflect on the many gifts that 2003 held and begin to plan anew for 2004. In many ways, we do that in this issue of Mayo Alumni.

I hope you’ll enjoy the pictures and the stories about the events of the 63rd International Meeting of the Mayo Clinic Alumni Association that was held in Scottsdale in October. It was a grand time to visit with old friends and debate the ideas presented at many of the outstanding scientific and general session meetings.

Please consider joining the Mayo Clinic Alumni Association at the International CME Program and Tour in Ireland, scheduled for Sept. 8-11 and 12-22. It is an exceptional opportunity to meet with fellow alumni, to learn and to renew our connections to Mayo Clinic, a place that is very special to so many of us both personally and professionally. Carol and I will be on this tour to my homeland and look forward to renewing acquaintances and making new friends.

Finally, I look forward to 2004 and the opportunity to provide leadership to the Mayo Clinic Alumni Association and its many programs. It gives me great pleasure to have the opportunity to serve the alumni association and my fellow alumni. Please contact me with your comments and suggestions. I look forward to hearing from you in the coming year. I can be reached at mayoalumni@mayo.edu

I hope you, your families and your colleagues have had a wonderful 2003. I wish you much success and happiness in 2004.

T. Paul O’Donovan, M.D.
Cardiovascular Disease ’67
President
Mayo Clinic Alumni Association
International Meeting of Mayo Clinic Alumni Association brings together friends and colleagues

63rd meeting highlights new alumni awards, scientific findings and spotlights
Mayo Clinic in Scottsdale
The warm October weather of the desert in Arizona was inviting to many Mayo alumni who traveled to Scottsdale for the 63rd International Meeting of the Mayo Clinic Alumni Association.

Good weather graced the three-day event that was again highlighted by top-level scientific meetings, thought-provoking speakers and a chance to renew friendships and meet new friends.

The meeting, Oct. 2-4 at the Fairmont Scottsdale Princess, included the announcement of the Mayo Clinic College of Medicine, a name chosen to represent Mayo Clinic’s biomedical research and education programs, including Mayo Medical School, Mayo School of Graduate Medical Education and, Mayo School of Health Sciences. The name was unveiled to alumni at a reception on Thursday evening at Mayo Clinic in Scottsdale. The new name is intended to increase awareness of Mayo Clinic’s extensive programs with key academic, philanthropic and legislative audiences.

**Welcome to alumni**

David Utz, M.D., general chair of the meeting, along with Russell Heigh, M.D., scientific chair, greeted alumni and guests at the meeting Friday morning, giving them a quick overview of Mayo Clinic in Scottsdale and of the quality programs that were scheduled for the weekend.

“This gives us a wonderful opportunity to come together to celebrate our heritage, the Mayo heritage and the bonds that bring us forth,” said Dr. Utz.

Christine Mroz-Baier, M.D., president of the Mayo Clinic Alumni Association, who was serving the final days of her term, also welcomed attendees, remarking about the warm memories she has of her residency training and noting the many familiar faces she recognized at the meeting.

She also presented a check for $50,000 from the Mayo Clinic Alumni Association to Denis Cortese, M.D., president and chief executive officer of Mayo Clinic, who thanked...
Dr. Mroz-Baier and alumni for the many and continued contributions to Mayo Clinic. The check was a donation for “My Brother and I,” two 60-foot-long photographic murals in the Gonda Building that serve as a timeline of the lives of William J. and Charles H. Mayo.

Mayo’s progress, outlook

The General Session opened Friday morning with presentations from Dr. Cortese and the chairs of each of Mayo Clinic’s three campuses. Dr. Cortese presented brief outlines of some of the issues ahead for Mayo Clinic.

Dr. Cortese thanked alumni for the ongoing contributions to Mayo Clinic and noted that many patients contribute to Mayo Clinic because of the quality of care they’ve received and the added value they see in an institution whose patient care is enhanced by its education and research expertise.

He noted Mayo Clinic’s time-honored work of translating new medical discoveries into sound clinical care, and spoke of how Mayo Clinic will continue training the physicians and researchers of tomorrow in a way that helps them adapt to the changing environment.

The resources for many changes in the future will be generated to a greater degree from philanthropy, foundations and industry, Dr. Cortese said.

Dr. Cortese also talked about Medicare and the underinsured. Mayo Clinic would like to see choices offered within the concept of mandatory health insurance. “People should also be able to purchase additional service, as they define it,” he said. Mayo would like to see market-based insurance companies
handle the coverage and allow people to supplement their coverage with more services at their own cost. The federal government’s role is best in an oversight capacity, so it can monitor quality and safety, Dr. Cortese said.

The board chairs of Jacksonville, Rochester and Scottsdale – George Bartley, M.D., Mayo Clinic in Jacksonville, Hugh Smith, M.D., of Mayo Clinic in Rochester, and Victor Trastek, M.D., of Mayo Clinic in Scottsdale – each gave summaries of where Mayo Clinic is excelling and what challenges lie ahead for each campus.

Remembering one’s history

Lynne Cheney, a fellow at the American Enterprise Institute, delivered the 2003 Judd-Plummer Lecture, entertaining the audience with stories about her family’s pioneer history.

“We need to foster projects that create greater understanding and appreciation of historical institutions,” Mrs. Cheney said.

Mrs. Cheney’s efforts as a historian range from professional projects to writing personal histories about her family. Her most recent project is a children’s book, *A is for Abigail*. The book takes readers through the alphabet, highlighting women in the history of the United States, who contributed large and small to the growth and success of the country and the many professions and people they represent.

Another author, Geoffrey Kurland, M.D., a pediatric pulmonologist at Children’s Hospital of Pittsburgh, delivered The Doctors Mayo Society Lecture later in the day on Friday. His personal journey is one of a cancer survivor. Dr. Kurland offered his observations through his new book *My Own Medicine: A Doctor’s Life as a Patient*, which chronicles his battle with hairy cell leukemia.

Dr. Kurland’s father, Leonard Kurland, M.D., a Mayo Clinic epidemiologist passed away in 2001. He said he learned many lessons in his experience that has stretched to 13 years of cancer remission.

He said the care he received at Mayo Clinic is “how it can and should be rendered” everywhere. Dr. Kurland complimented Mayo Clinic, noting the compassion and respect with which he was treated as a patient. The experience has taught him much as a physician and he passes these lessons along through his book, in talks and in a course he teaches to second-year students at the University of Pittsburgh Medical School.

Speaking as a patient, Dr. Kurland said there are lessons he learned that are helpful for physicians. Some of those lessons include: “Listen
carefully. The patient is telling you the diagnosis; and honesty is accepted and appreciated.”

Looking to the future

Other general session talks looked to the future as speakers focused on strategies to boost leadership among women and minorities in medicine in the years ahead and how genomics will present many opportunities and some ethical challenges.

Janet Bickel, an expert in medical education who served 25 years in leadership positions at the Association of American Medical Colleges before becoming president of her own consulting firm, delivered the Raymond Pruitt Lecture on Saturday morning. Her talk focused on how organizations can mentor and promote new physician leaders.

Mayo Clinic has been visionary in many areas of medicine and can use the framework to promote more women into leadership positions in academic medicine, Ms. Bickel said. Many successful organizations cultivate and develop their leaders.

Ms. Bickel likened the incorporation
of women into medicine as an unfolding drama:

- The Prologue consisted of isolated trailblazers enduring multiple insults but behaving as if honored to be “allowed in.”
- Act 1 was “we’re here!” or “add women and stir.”
- Act 2 was the “pipeline dream” — people fantasized that simply increasing the numbers of women would result in equity. Unfortunately, because of the “visual aid” of these numbers, many men and also many young women assume that gender equity has been achieved, Ms. Bickel said. But institutional improvements do not develop out of the coping mechanisms of isolated individuals.
- Act 3 is currently under way — unnerving times when organizations do not yet reflect the changing sex breakdown and other changing characteristics of physicians. “Many practices are inhibiting the development of both women and men, for instance, penalizing individuals for taking time for self-care and family responsibilities,” she said.

Generations ‘X’ and ‘Y’ and the Millennial Generation are intent on “working to live” (rather than “living to work”). Without more flexible options, many promising young physicians will not enter academic medicine, Ms. Bickel said. Moreover, assisting employees to integrate work and family can improve work effectiveness and build long-term commitment.
She recommended other good practices, such as:

- Evaluate relational competencies of administrators, including “emotional intelligence”
- Link administrators’ compensation to achievement of diversity goals
- Regularly assess attrition, including direct and indirect costs of turnover, and modify systems to reduce these costs
- Reward interdisciplinary team achievements since performance is increasingly driven by cross-functional teams.

Ms. Bickel noted that Mayo Clinic has been visionary in its use of teams and can use this culture to promote more talented women and minorities.

Another challenge in medicine is the quickly developing landscape of genomics. Thomas Spelsberg, Ph.D., of Mayo Clinic’s Department of Biochemistry and Molecular Biology, and Juan Ramon de la Fuente, M.D., rector of National University of Mexico, spoke about genomics and some of the predicted changes it will bring to medicine.

Dr. de la Fuente contrasted the great promise of genomics with the large ethical questions that await physicians as the ability to detect genetic flaws and prevent them becomes widely available.

“Do we use genetic information to avoid serious disabilities when the only way to avoid them is avoid birth?” Dr. de la Fuente said.

Dr. de la Fuente offered a number of questions to highlight the dilemmas that physicians and the rest of society are weighing as more knowledge is gained and the potential of understanding the...
human genome continues to reveal itself. He also said the issues are not just about ethical questions, but they are also about social justice.

“Do we share the genetic fruits with poor countries that are without tools?” Dr. de la Fuente asked. “Should the decisions be driven by market or ethical demands?”

Dr. Spelsberg followed Dr. de la Fuente’s talk with an overview of genomics and how researchers are making findings to begin to understand and fight disease. And he also reinforced many of the issues Dr. de la Fuente explored.

“Mayo Clinic has established a Genomics Education and Research program to help educate physicians and researchers as well as plan for the future,” Dr. Spelsberg said.

“Things are happening now that five to 10 years ago I never would have dreamed of,” Dr. Spelsberg said. But he also warned that many diseases aren’t caused by a single gene. Diseases are multi-genic and physicians are learning how computers will help in the sequencing of the genes and analyzing them in ways that are fast and accurate.

Dr. Spelsberg said the understanding of genomics and stem cells will also spawn regenerative medicine in the future, so physicians could pair the right two cells to grow new parts, such as heart valves.

Special sessions

Attendees of the meeting also learned of some of the newest findings, procedures and ideas at the 23 medical specialty sessions that were offered during Friday and Saturday. The subjects ranged from bioterrorism issues to minimally invasive surgical procedures to areas of excellence at Mayo Clinic’s three locations.

Thomas Berquist, M.D., director for education at Mayo Clinic, and Farrell Lloyd, M.D., presented information about Mayo Clinic’s proposed Education Technology Center. The center aims to provide high-tech education in a state-of-the-art center. Dr. Berquist said the center would serve as a resource for education, scientists, information technologists, students and administrators, as well as visiting professionals.

Handing over the gavel

The meeting also marked the change in leadership of the Mayo Clinic Alumni Association as Dr. Mroz-Baier completed her term and welcomed T. Paul O’Donovan, M.D., of Chicago, as the new president.

The Saturday evening President’s and The Doctors Mayo Society Gala concluded the international meeting. Prior to the dinner, Dr. Mroz-Baier received a plaque recognizing her service and Dr. O’Donovan received the president’s medallion. Dr. O’Donovan told the audience that “Dr. Mroz-Baier is an inspirational and tremendous colleague.” She received a standing ovation as she left the stage. Dr. O’Donovan said his term as president would be marked by continuing to expand alumni programs and looking for ways for alumni to do more for Mayo Clinic.

“This cements my bond with Mayo, not just as a physician, but as an individual,” Dr. O’Donovan said.

– Michael Dougherty
The first winners of Mayo Clinic Alumni Association Professional Achievement Award and the Humanitarian Award were honored at the International Meeting of the Mayo Clinic Alumni Association in Scottsdale, Ariz., in October.

Both awards will be given every two years when alumni gather for the International Meeting of the Mayo Clinic Alumni Association.

These awards are meant to recognize the contributions alumni make in their profession, and the contributions they make in their communities.

The Mayo Clinic Alumni Association Professional Achievement Award is given to alumni who have demonstrated the commitment of the Mayo brothers to practice, education and research.

The Mayo Clinic Alumni Association Humanitarian Award is given to alumni who have demonstrated the commitment of the Mayo brothers to service of humanity.

The new awards have been developed to further recognize the diverse talents, contributions and accomplishments of Mayo Clinic’s alumni.

The awards were individually designed by David Factor, a medical illustrator at Mayo Clinic in Rochester, who took his inspiration from the criteria for the awards and matched it to elements in Mayo Clinic’s grand and historic Plummer Building.

“Based on the criteria of the awards, I went to the rich décor of the Plummer Building to find something that visually said those things,” Factor says.

For the Mayo Clinic Alumni Association Professional Achievement Award, Factor found a four-foot medallion that adorns the 14th floor of the Plummer Building. In it is Athena, the Greek goddess of wisdom. Athena represents the power of the mind. She does not act rashly, but wisely considers her strategies. Athena symbolizes the ability to conquer fear with intelligence and vision. “It struck me that this would be appropriate for a professional achievement award that is based on research and teaching, the dissemination of knowledge,” Factor said.

On the first floor of the Plummer Building, many of the bronze elevator panels are engraved with medical scenes. There, Factor found his model for the Mayo Clinic Alumni Association Humanitarian Award. It is an ornate elevator panel depicting a physician placing his stethoscope on a young patient’s chest. The award communicates the qualities that comprise a physician’s practice: compassion, caring and competence. The strength of the physician-patient relationship is evident in the artist’s work.

Profiles of the three award winners follow on pages 11, 12 and 13.
Dr. Bernard Harris:  
Showing others how to reach for the stars

“Reach for the stars” is more than just a snappy inspirational slogan for Bernard Harris, Jr., M.D. 
During childhood, the stars above were cause for wonderment and inspiration for Dr. Harris. 
As a student, he developed an interest in medicine and saw how it might create opportunities to reach his goal of traveling in space. 
And now, as the Mayo Clinic Alumni Association’s first Professional Achievement Award recipient, he uses “reach for the stars,” to inspire young minds and guide his own work in pairing medicine and space in partnerships for the future. The Mayo Clinic Alumni Association Professional Achievement Award is given every two years to an alumnus or alumna who has demonstrated the commitment of the Mayo brothers to practice, education and research.

When Dr. Harris accepted his alumni award in October in Scottsdale at the 63rd International Meeting of the Mayo Clinic Alumni Association, he noted to the audience that the starry skies of the Arizona desert were the same ones he gazed upon as a youngster some 30 years ago when his mother was a school teacher on the Navajo Nation, in northern Arizona and New Mexico.

“It was out here amongst the painted deserts and canyons that I looked up into the stars and wondered what it would be like to travel in space,” Dr. Harris said after receiving his award. “Mayo Clinic allowed me to launch my career and really find out what it was like to travel among those stars.”

Dr. Harris completed his medical residency training in internal medicine at Mayo Clinic in 1985 and went on to a fellowship with the National Aeronautics and Space Administration. By 1991, he became an astronaut with NASA and completed two space shuttle missions, logging 438 hours and 7.2 million miles in space. On his first mission in 1993, Dr. Harris was part of the first-ever videoconference from space to a medical institution, linking with Mayo Clinic to discuss the effects of zero gravity on physical examinations and highlight the field of telemedicine. On his second mission, Dr. Harris walked in space during the deployment and retrieval of an astronomy satellite. It marked the first time an African-American walked in space.

Back on Earth, Dr. Harris has continued to maintain his career of medicine and space. He has served as vice president and chief scientist of SPACEHAB, Inc., an innovative space commercialization company where he directed the company’s space science business. There he was involved in business development and marketing of the company’s space-based products and services. During his tenure, the company grew from 60 to 800 employees with annual revenue of over $100 million. Dr. Harris was involved with enhancement of medical devices for use in remote environments. He also served as vice president of business development for Space Media, Inc., an informatics company, establishing an e-commerce initiative that is now part of the United Nations’ education program.

Today, Dr. Harris is president and chief executive officer of Vesalius Ventures, Inc., a venture capital business accelerator for medical informatics and technology. 
Dr. Harris also has established a thriving foundation to give school children in Houston, where he lives with his family, opportunities to learn and be mentored by professionals in the hopes that the experiences will help them find successful, fulfilling careers. The Harris Foundation supports math, science and crime prevention programs for America’s youth. He was awarded the 2000 Horatio Alger Award for his efforts.

“Setting goals means you have to be willing to look forward and dream,” Dr. Harris said. “I tell the kids to set a direction or course for life.”

Dr. Harris knows anything’s possible. He uses his own story as an example to illustrate and motivate kids who need to see that a dream can become a reality.

– Michael Dougherty
Dr. Kenneth Calamia: Finding rewards in delivering medical relief

Dr. Kenneth Calamia, M.D., was hooked on medical relief work from the moment he arrived on the Somali border with Kenya in 1993 for his first humanitarian aid project. In Kenya, Dr. Calamia treated crocodile and hippopotamus bites along with malaria and tuberculosis, and helped rehabilitate a small hospital where goats roamed the halls and children played with discarded hypodermic needles.

“I was intrigued by the challenge and the adventure. From then on I never hesitated to participate in similar efforts,” says Dr. Calamia, an associate professor of medicine at Mayo Clinic College of Medicine and a consultant in the Department of Internal Medicine, Division of Rheumatology, with a joint appointment to the Department of Applied Informatics at Mayo Clinic in Jacksonville.

Dr. Calamia became involved with international medical relief work soon after becoming the third member of the Division of Rheumatology at Mayo Clinic in Jacksonville in 1990. He did his residency training in internal medicine at Mayo Clinic in Rochester and completed a fellowship in rheumatology in 1981. After nine years in private practice in his home state of Louisiana, he joined Mayo in Jacksonville.

“I was always attracted to the Mayo integrated practice,” says Dr. Calamia. “You can always count on your colleagues here to go the extra step to help you with difficult problems and serve those patients with the greatest needs.”

Those colleagues were credited by Dr. Calamia when he was named one of two recipients of the first Mayo Clinic Alumni Association’s Humanitarian Award. He told an audience at the 63rd International Meeting of the Mayo Clinic Alumni Association in Scottsdale in October that he was excited about the award because so many colleagues do similar work.

“For those who do this type of work, this is not the reward,” Dr. Calamia said, holding the award. “The rewards come from giving.”

In the mid-1990s, medical relief projects took Dr. Calamia to Rwanda, Russia, and back to Kenya. Every trip was memorable.

In 1994 in Rwanda, a group of drunk, machine-gun toting teenagers hassled Dr. Calamia and other aid workers as their supply-laden vehicle sat at a checkpoint between the airport and their work site. “That was the only time I really had any concern for my personal safety,” Dr. Calamia says.

On that same trip, he witnessed a number of dramatic turnarounds in patients near death. “We were in the midst of a severe shigella epidemic in refugees returning to their country after the genocide. Some patients brought to us were so severely dehydrated that blood pressures were not obtainable. Basic resuscitative efforts with intravenous fluids were lifesaving,” Dr. Calamia says. In other patients with severe infections, the limited oral antibiotics available were often dramatically effective, says Dr. Calamia, unlike the experience in our country with resistant organisms.

Mayo Clinic colleagues have accompanied Dr. Calamia on many of his medical missions, he said. “Over the years several people have come to me to ask about my experiences and what I took away from this work. I’ve always been able to speak very positively of my experiences and encourage others to participate in the same kinds of efforts,” he said.

Dr. Calamia’s travels have allowed him to “develop friendships and have insights into different cultures,” he said.

After working on four international medical relief projects in four years in the mid-1990s, he now spends more time presenting and lecturing at national and international conferences than working on the front lines in trouble spots. Dr. Calamia has developed an interest in Behçet’s disease and has visited and lectured at Behçet clinics in Turkey and Iran. Behçet’s syndrome is a type of vasculitis. It usually occurs in people in their 20s to mid-30s of Mediterranean descent or from the Far East. The cause is unknown.

Still, Dr. Calamia monitors world events through an action-oriented lens. “I want to get in a plane when I see war-torn places that have great medical needs,” says Dr. Calamia.

– Megan Malugani
As a young man, the Rev. William Fryda, M.D., sought out overseas missionary trips as a means of fulfilling a desire for adventure.

The South Dakota native dedicated his vacation time during his residency training at Mayo Clinic in Rochester to missionary trips in Haiti, Nigeria and Guatemala. Eventually, he saw the path laid out for him – as that of a medical missionary who would serve the poor.

In explaining his journey to Africa, where he’s lived for more than 20 years and founded the St. Mary’s Mission Hospital in Kenya, Dr. Fryda quotes Albert Schweitzer: “I don’t know what your destiny will be, but this I do know: you will always find happiness if you seek and find how to serve.”

Dr. Fryda, one of two recipients of the first Mayo Clinic Alumni Association Humanitarian Award, received the award at the 63rd International Meeting of the Mayo Clinic Alumni Association in Scottsdale in October. Dr. Fryda told the audience gathered at the award ceremony about weaver birds in Africa, which take the choicest pieces of vine and grass to weave amazing nests.

“The years of formation I had at Mayo Clinic were instrumental, an anchor, to weave my life to the people of Africa,” Dr. Fryda said. “I thank the people of Mayo Clinic who were instrumental to myself and so many people, training us as ministers of medical compassion, dignity and competence.”

For Dr. Fryda, serving others came early in life. After training as a resident and fellow at Mayo Clinic in internal medicine and hematology, he went on to serve as a missionary with the Maryknoll Missionary Society. He entered the Maryknoll seminary and was ordained a Catholic priest by Cardinal John O’Connor in 1988.

He didn’t view his seminary training as an abandonment of his medical vocation, but rather an extension of it. His roles as physician and priest complement each other, Dr. Fryda says.

“Mayo Clinic was founded by two brothers who had a reputation of using their God-given talents to minister to people, not just to attend to them,” he says. “For me, God has called me to live this spirit in a bit more visible extent in that I’m a priest as well as a doctor.”

Working with a religious order, The Assumption Sisters of Nairobi, Dr. Fryda expanded on his experiences of administering health-care services to the poor and designed plans for St. Mary’s Mission Hospital, a Catholic care center dedicated to treating the poor.

In three years, St. Mary’s has become Kenya’s largest hospital in terms of patient numbers, serving 800 people daily. The 320-bed hospital is situated on 10 acres in Nairobi, with its campus comprised of 53 buildings that house patients as well as staff and their families.

“We’re trying, as ordinary people, to be the channel of dreams of love,” Dr. Fryda says of St. Mary’s. “It’s a very demanding type of love to be present to 800 people each day. It is an opportunity where you really have to see who you are, who you aren’t and trust in God.”

As medical director for St. Mary’s, Dr. Fryda has varied days. He, along with a team of 13 physicians, sees scores of patients each day, sharing in general patient and on-call duties, as well as performing some of the 6,000 annual surgeries at the hospital.

He plans to step down as medical director of St. Mary’s in two years, continuing to serve under his successor for as long as possible.

“When I look around at what St. Mary’s is becoming ... to see these young Kenyan professionals blossoming, to see a smile on a patient’s face, this is joy,” Dr. Fryda says. “This is what it means to be a missionary. This is what it means to be open to God’s love.”

– Renee Berg
Dr. T. Paul O’Donovan: CHARTING A NEW COURSE

TWENTY YEARS FROM NOW, YOU WILL BE MORE DISAPPOINTED BY THE THINGS THAT YOU DIDN’T DO THAN BY THE ONES YOU DID DO. SO THROW OFF THE BOWLINES. SAIL AWAY FROM THE SAFE HARBOR. CATCH THE TRADE WINDS IN YOUR SAILS.
EXPLORE. DREAM. DISCOVER.
–Mark Twain

Life sometimes seems perfect when the sails are full and T. Paul O’Donovan, M.D., is piloting his sailboat, Fastnet, through the waters of Lake Michigan. Guiding the boat takes skill and experience, and the time he spends on the water reminds him of his early years growing up in Ireland.

He began sailing as a teenager while staying with his grandparents in Sligo. His boat is named Fastnet, after Fastnet Lighthouse, situated off Cape Clear on the Irish coast. Fastnet carries meaning and significance for Dr. O’Donovan, a native of Ireland. The lighthouse has saved many lives since opening in 1904. It is nick-named “Ireland’s Teardrop” because it was often the last view of Ireland that immigrants saw as they departed for America.

Dr. O’Donovan has continued his love for sailing throughout his life. He completed 17 Chicago to Mackinac Island races (each race totals 333 miles, which takes two to three days, depending on the weather), many port-to-port and around-the-buoy races. The highlights of his sailing are the times he spends in good company with his family and friends.
The inspiration to pursue a career in medicine came from two of Dr. O’Donovan’s uncles. One uncle, who lived with Dr. O’Donovan’s family for three years while attending medical school, was “my favorite uncle… my idol,” says Dr. O’Donovan. Another uncle, a dispensary doctor, took Dr. O’Donovan along on his housecalls to farmhouses. “It was the kind of practice that, if the people couldn’t pay him, they would bring a turkey to his doorstep on Christmas,” Dr. O’Donovan says. These early interactions reaffirmed his future career decision: “I always wanted to go into medicine – I never thought of doing anything else. It turned into a wonderful career.” Dr. O’Donovan attended University College in Cork and served as an intern at South Charitable Infirmary there.

**Dream: A Special Magic**

With many of the advances in cardiology occurring in the United States at the time, Dr. O’Donovan decided to continue his training there. In order to pass his specialty boards in the United States, he had to complete an internship there as well. While Dr. O’Donovan was training at Saint Vincent Hospital in Worcester, Mass., in 1961, one of Dr. O’Donovan’s Mayo Clinic-trained mentors shared wonderful stories about the Mayo brothers. “This doctor was fabulously competent, had a delightful personality and was a superb practitioner — someone I wanted to emulate. When he told me to apply at Mayo, I did.” Dr. O’Donovan was accepted and returned to Ireland to marry his college sweetheart, Mona.

In addition to Dr. O’Donovan’s new role as the president of the Mayo Clinic Alumni Association, he and his wife, Carol, support Mayo Clinic through their memberships in The Doctors Mayo Society.

**Explore: Growing up in Ireland**

Dr. O’Donovan was born in Dublin, Ireland, in 1936, the eldest of six children. His father was a civil servant who was transferred to Cork by the Department of Internal Revenue when Dr. O’Donovan was 11.
in 1962. After that, he completed a fellowship in the Division of Cardiovascular Diseases, where he designed his own rotation. His original plan to return to Ireland was altered in 1967 when he was asked to join the staff of Mayo Clinic. “It was an exciting time to be at Mayo Clinic. I was absolutely thrilled to be asked to join the staff,” he says. “Valve surgery was really taking off. I had the opportunity to see some of the glory days of cardiology.”

The high level of professionalism among his peers at Mayo Clinic was immediately noted by Dr. O’Donovan. He always knew that there were experts available for consultation in a consistent, but informal, manner. “Mayo was such a great place to work and I really valued my time there. There was a special magic.”

He worked with Earl Wood, M.D., Ph.D., in the early 1960s when he spent 15 months in Dr. Wood’s laboratory conducting cardiovascular research. Dr. O’Donovan praises Dr. Wood as a talented visionary who “will never quit.” He and Dr. Wood sometimes worked 22 hours per day. “During this time with Dr. Wood, I got involved with computers,” says Dr. O’Donovan. “We were using punch cards. I even learned some basic programming. Ever since, I’ve been involved with computers one way or another. It’s been a major interest of mine.”

A memorable clinical experience for Dr. O’Donovan was his involvement in the treatment of a man who was experiencing leg pain. The patient had an acute dissecting aneurysm of the aorta without any of the characteristic chest pain. Following the patient’s successful surgical repair, and encouraged by the patient’s consultant, Jack Osmundson, M.D., Dr. O’Donovan spent many hours in the medical library reviewing “dusty old papers and literature” preparing a paper. The medical journal Circulation published the young physician’s paper, “Painless Dissecting Aneurysm of the Aorta, Report of a Case,” in 1964.

Dr. O’Donovan appreciated the excellent education component to training. “There was always something going on. You couldn’t help but learn just by being there,” he says. When he finished his fellowship in internal medicine, he took a quarter in psychiatry — not to be a psychiatrist, but to learn more about himself and about the psychological aspect of handling patients. Dr. O’Donovan fondly recalls the book, Games People Play: The Psychology of Human Relationships, and recommends that all residents and physicians read it. He says the book analyzes the psychological “games” people play with one another during daily interactions, why they play them and the consequences. Additionally, Dr. O’Donovan says the author uses common language based on scientific experiments.

As Dr. O’Donovan’s medical experiences were increasing, so was his family. He and Mona now had four small children. One of his colleagues, Mayo alumnus Ralph Zitnik, M.D., left Mayo to practice medicine in a Chicago hospital. He was joined by another Mayo consultant and fellow alumnus, Henry Coleman III, M.D. The two physicians convinced Dr. O’Donovan to join them in Chicago, and “after a lot of stewing back and forth, we decided to give it a try.”

The three Mayo alumni formed a partnership, Cardiovascular Consultants. They used many of the same ideas that they had become familiar with, such as the light system on the doors, along with detailed and legible notes recorded at the time of the appointment.

Carol and Dr. O’Donovan enjoyed the Mayo Clinic Alumni Association trip to Italy in 2002.
And they maintained a strong commitment to Mayo’s primary value: the needs of the patient come first. “Medicine is a service-oriented business. You’ve got to take care of your patients, because if they aren’t happy, they won’t come back,” he says. “A good practice is built on its reputation.”

While Dr. O’Donovan gained recognition as a top cardiologist, he also was proud of his family. His children all have Gaelic names. Today, the oldest, Hugh, is a project manager who lives in Los Angeles; his daughter Cliona is a project manager who lives in Chicago. Daughter Maeve teaches philosophy at a college in Baltimore and youngest daughter Emer is attending graduate school in architecture at the Illinois Institute of Technology.

Dr. O’Donovan and Mona relished their close family life, and after 36 years of marriage, Mona passed away in 1998.

DISCOVER: A NEW PARTNER

Three years later, Dr. O’Donovan was at a dinner party with his longtime friends, John and Anne Kern. Mrs. Kern inquired on how he was doing, and mentioned that she had a friend named Carol Rauner, who enjoyed the arts, music and traveling. Mrs. Kern suggested they get together. They had dinner at the Chicago Yacht Club and talked for four hours.

Mrs. O’Donovan recalls: “We just took to each other.” They are both interested in history, and enjoy opera and classical music. In addition to the many common interests, Mayo Clinic had also touched Mrs. O’Donovan. Her late husband, a patent attorney, passed away from multiple myeloma and had received a second opinion at Mayo Clinic. “I had a very good experience at Mayo, even though the news was bad,” she says. “We knew exactly where we stood — and we could deal with that and appreciated the ability to plan and use the time we had left together.” Mrs. O’Donovan was also familiar with the medical field, having worked as a psychiatric social worker for 30 years.

To the delight of their families and friends, the couple was married in 2002 on St. Patrick’s Day.

Dr. O’Donovan retired at the end of 2002. Traveling has become a major avocation for the O’Donovans. They have shared their favorite places with each other. Ireland, Japan, Switzerland and Austria are recent destinations. Many of their trips are in conjunction with Mrs. O’Donovan’s travels.
involvement with the Chicago Symphony Orchestra Patrons group. She recently completed a two-year term as vice president for administration of the Women’s Board of the CSO, where she served as the chief liaison between the volunteers and the staff – a 25-hour-a-week volunteer position.

Now it is Dr. O’Donovan’s turn to assume a volunteer leadership role. He was inducted as the new president of the Mayo Clinic Alumni Association at the organization’s international meeting in October in Scottsdale. He is involved in the association to maintain connections with his fellow alumni and to mentor younger physicians. “It’s tough practicing medicine today,” he says. “Physicians are flooded with meeting notices and time is limited.” He hopes to further strengthen the educational component of the alumni meetings and also encourage alumni to learn outside of their field.

Dr. O’Donovan said he hopes to establish a Chicago/Illinois Mayo alumni chapter. He also wants to focus on attracting greater numbers of alumni who are just starting their careers.

“Many young men and women are establishing families and careers and we need to see what we can do for them to help get their careers going,” says Dr. O’Donovan. “I would like to leave my term as president with an organization more broadly based in its representation.”

He also is interested in pursuing ideas to help alumni give time and assistance to underserved areas of the United States and the world.

The O’Donovans are members of The Doctors Mayo Society. “There are two main reasons I am a member of the Society,” Dr. O’Donovan says. “The first, of course, is to show my support for Mayo. The second is that Dr. John Joyce, godfather to my youngest child, is a former chair of the Society, and I have a tremendous amount of respect and affection for him.”

Dr. O’Donovan has dedicated most of his life to throwing off the bowlines and sailing away from safe harbors. He says he will be a success as president of the Mayo Clinic Alumni Association if future generations look back in 20 years and say he “charted a new course.”

– Jacquelyn Johnson Gosse

The O’Donovans enjoy the arts, music and travel.
$10 million strengthens Mayo Clinic’s Alzheimer’s disease research

Two gifts to Mayo Clinic totaling $10 million will accelerate the progress of medical research in Alzheimer’s disease.

Two families donated the $10 million to Mayo Clinic in December. The gifts form the largest contribution Mayo Clinic has received at one time for Alzheimer’s disease research. One family includes Edward and Leslye Phillips of Minneapolis, the son and daughter-in-law of the late Abigail Van Buren, the “Dear Abby” advice columnist. The other family wishes to remain anonymous.

The gifts will enable Mayo Clinic to launch several projects aimed at gaining a better understanding of Alzheimer’s disease and ultimately developing effective treatments. Mayo Clinic’s Alzheimer’s disease research is conducted at its facilities in Rochester and Jacksonville, and is led by Ronald Petersen, M.D., Ph.D., and Steven Younkin, M.D., Ph.D.

“Our research plan addresses crucially important aspects of Alzheimer’s disease research using resources that Mayo Clinic can uniquely bring to bear through our basic science and clinical capabilities,” says Dr. Petersen.

The gifts will be used to recruit and evaluate a large group of elderly Rochester residents and three multifaceted research initiatives:

- **Use of magnetic resonance imaging to determine who is at risk for Alzheimer’s disease and how quickly or slowly a person’s disease will progress.** Mayo Clinic will recruit 1,200 participants for this five-year study. Mayo hopes this study will improve a physician’s ability to make an early diagnosis of dementia. This research will be conducted at Mayo Clinic in Rochester.

- **Evaluation of drugs that may alter levels of amyloid beta protein, a protein found in the brain that is thought to cause Alzheimer’s disease.** This research has the potential to find rapid and economical treatments using drugs already being prescribed for other purposes. This study will be conducted at Mayo Clinic in Jacksonville.

- **Identification of genetic markers in individuals who are destined to develop mild cognitive impairment and late-onset Alzheimer’s disease.** This ultimately could provide a better predictor for who is at risk for developing the disease. This research will be conducted in Jacksonville using DNA specimens. Dr. Younkin says, “Our goal in studying Alzheimer’s disease is to develop an understanding that leads to improved therapy. This generous gift will aid us immeasurably as we seek to identify therapeutic targets for Alzheimer’s disease, drugs that hit those targets and animal models in which to do preclinical testing to evaluate therapeutic efficacy. Ultimately, we must develop a preventive approach to Alzheimer’s disease. To do this effectively, we must be able to identify those who are at risk for Alzheimer’s disease. The resources made available through this gift will enable the research teams in Rochester and Jacksonville to approach this challenging task coordinately in a way that integrates cognitive testing with imaging, biochemical assays and genetic analysis.”

Mayo’s Alzheimer’s disease research facility in Rochester will be named “Mayo Clinic Abigail Van Buren Alzheimer’s Disease Research Clinic” in honor of the $5 million gift from Edward and Leslye Phillips of Minneapolis and the Jay and Rose Phillips Family Foundation. The foundation was established by two of Dear Abby’s in-laws, both of whom are deceased. The Phillips family has had a long association with Mayo Clinic, both as patients and as benefactors. Previous gifts include support for medical research, seven scholarships and a lecture hall on the Mayo Clinic campus in Rochester.
Mayo Clinic named to *FORTUNE* magazine’s list of “100 Best Companies to Work For”

Mayo Clinic ranked 35 in *FORTUNE* magazine’s list of the “100 Best Companies to Work For.”

Recipients of the award were featured in the Jan. 12, 2004, issue of *FORTUNE*.

The recognition was based on several factors, including a survey of randomly selected employees. Approximately 200 of Mayo Clinic’s staff members were asked about such issues as trust in management, pride in work and company, culture, communication and camaraderie.

The magazine compiled its annual rankings based on opinion surveys completed by more than 46,000 employees at 304 eligible companies. Company officials also were asked to complete questionnaires that covered personnel policies, practices and philosophy. Seventy percent of Mayo Clinic’s final ranking was based on the results of the staff surveys. The magazine also reviewed employee demographics, benefits and compensation, and work-life balance offerings.

All three Mayo group practice sites participated in the survey and review process and this recognition extends systemwide.

Mayo Clinic College of Medicine names Distinguished Educator Award recipients

Paul Leibson, M.D., Ph.D., and Henry Schultz, M.D., received the Mayo Clinic College of Medicine’s Distinguished Educator Awards.

Each award recognizes Mayo faculty who have, over time, demonstrated excellence, leadership and an exceptional level of commitment to their educational activities.

Dr. Leibson, who has served as dean of Mayo Graduate School, has made major contributions toward student recruitment, curricular reform and quality education in the Mayo Clinic College of Medicine, including expansion of Mayo Graduate School’s program at Mayo Clinic in Jacksonville and Scottsdale. Dr. Leibson has also received the Mayo Graduate School Teacher of the Year Award and is a former MacMillan Scholar.

Dr. Schultz has served as program director of the Internal Medicine residency program, and serves on the Residency Review Committee for Internal Medicine. He has been directly involved in training more residents than any program director in the history of residency education in the United States. Mayo Clinic’s Internal Medicine residency program has a certifying-exam pass rate that ranks in the top 1 percent of internal medicine residency programs in the country. Dr. Schultz also received the 2003 Parker J. Palmer Award from the Accreditation Council for Graduate Medical Education.

Mayo Distinguished Educator Award recipients are nominated by their peers and have been consistently recognized by students as outstanding educators. Nominees are reviewed by a selection committee of the Rochester Education Committee and approved by the Mayo Clinic Board of Governors.

Mayo Graduate School names new associate dean

Jim Maher III, Ph.D., was appointed associate dean for academic affairs of Mayo Graduate School on July 1, 2003. Dr. Maher is a consultant and professor and vice-chair of biochemistry and molecular biology at Mayo Clinic in Rochester.

Dr. Maher received his Ph.D. degree in molecular biology from the University of Wisconsin-Madison in 1988. He completed postdoctoral training at the California Institute of Technology from 1988 to 1991. Dr. Maher became assistant professor at the Eppley Institute for Research in Cancer and Allied Diseases of the University of Nebraska Medical Center in 1991. In 1995, Dr. Maher joined the Mayo Clinic staff and has served in a variety of leadership roles in research and education. His laboratory research group studies the bending and flexibility of DNA molecules, and approaches to the artificial regulation of genes. In addition to many academic awards, Dr. Maher is also a recipient of the Mayo Biochemistry Teacher of the Year Award and Mayo Graduate School Dean’s Recognition Award for Graduate Education.
Mayo genomics researchers observe genetic fusion of human, animal cells

Mayo Clinic genomics researchers are the first to demonstrate that mixing of genetic material can occur naturally, in a living body. The researchers have discovered conditions in which pig cells and human cells can fuse in the body to yield hybrid cells that contain genetic material from both species and carry a swine virus similar to HIV that can infect normal human cells.

While the research does not answer the question of whether this infection can cause actual disease in humans, it does provide scientists with a new way to understand how viral infections can pass from animals to humans.

“What we found was completely unexpected,” says Jeffrey Platt, M.D., director of the Mayo Clinic Transplantation Biology Program. “This observation helps explain how a retrovirus can jump from one species to another – and that may speed discovery about the origin of diseases such as AIDS and SARS. The discovery also may help explain how cells in the circulation may become part of the solid tissue.”

The Mayo Clinic research appears in the online Express edition of the *FASEB Journal* (www.fasebj.org) published by the Federation of American Societies for Experimental Biology. The print article will appear in the March issue of the journal (volume 18, issue 3).

Scientists want to know how and why viruses cross species because zoonosis may underlie some of the most devastating diseases. For example, researchers have long believed the HIV virus in humans originated in wild primate populations and crossed into humans a few decades ago. More recently, scientists have thought that the coronavirus responsible for SARS crossed into humans from wild animals such as the palm civet cats of Asia.

In the study, Mayo Clinic investigators implanted human blood stem cells into fetal pigs. The pigs look and behave like normal pigs. But cellular analysis shows they have some human blood cells, as well as some cells that are hybrids in their blood, and in some of their organs. Molecular examination shows the hybrid cells have one nucleus with genetic materials from both the human and the pig. Importantly, the hybrid cells were found to have the porcine endogenous retrovirus, a distant cousin of HIV, and to be able to transmit that virus to uninfected human cells.

Mayo Clinic heart specialists seeing patients in Dubai

Mayo Clinic heart specialists are seeing patients with heart conditions in Dubai, United Arab Emirates, through a joint project with Dubai Healthcare City.

The new project also includes cardiovascular research and continuing cardiovascular education.

“This marks the first time that Mayo Clinic physicians will provide ongoing patient care supported by research and education outside the United States,” says Hugh Smith, M.D., chair, Mayo Clinic Board of Governors.

A Mayo Clinic heart specialist and team of support staff evaluate patients with heart conditions seeking further evaluation, diagnosis and follow-up care. This allows Mayo Clinic’s team of physicians an opportunity to work with local physicians who see patients in the region. The physicians are available one week per month to provide this service.

“Due to the great demand for treatment of cardiovascular diseases, Mayo Clinic and Dubai Healthcare City will be offering this service even before the facilities have been officially opened,” says Adel Saeed Al Shamsi, chief executive officer, Dubai Healthcare City. “When the first phase of the outpatient facilities open in August 2004, this service will move
to the site. This is the first step in the delivery of our partnership with Mayo, with more to come in the future, such as continuous medical education events and a research collaboration.”

A. Jamil Tajik, M.D., a Mayo Clinic heart specialist and director of the international component of the Mayo Clinic cardiology program, said being able to do initial screening and diagnosis without requiring the patients to travel to the United States will add to the success of the program.

Dr. Tajik added that patients who need additional, more complex services and surgeries will have the opportunity to receive care at a medical center of their choosing, including Mayo Clinic.

Al Shamsi pointed out that this is an important partnership as it reflects the endorsement of international medical establishments in the UAE and the country’s international standing as a regional center that provides health-care services for the region extending from North East Africa to the Indian Subcontinent and Eastern Asia.

**Mayo Clinic develops new technology to improve diagnosis of arm and hand injuries and disease**

Mayo Clinic has developed a series of magnetic resonance imaging devices that make it easier to diagnose injuries and diseases that affect wrists, forearms, elbows, hands and fingers.

The devices have been approved by the Food and Drug Administration to allow Mayo to market and commercialize these devices, making them available to other medical centers nationwide.

Named Mayo Clinic BC-10 MRI Coils, these devices are highly sophisticated units used in taking detailed pictures of a particular part of the body. They produce high resolution images at 1.5 and 3 Tesla.

“Accurate diagnosis is the critical forerunner to effective medical treatment, which is why Mayo focused on improving the diagnostic capabilities of magnetic imaging,” says Kimberly Amrami, M.D., a radiologist at Mayo Clinic in Rochester.

This is the first of a series of MRI coils Mayo is developing to improve the accuracy and thoroughness of imaging diagnoses. Mayo Clinic worked with IBM industrial design engineers to optimize the functionality for the benefit of both the medical technician and the patient. Some of the design changes IBM orchestrated brought quick reward, such as adding windows to the sides of the device that enable technicians to better view and align patient anatomy within the coil.

“This effort represents years of medical research and a great collaboration between a team of Mayo clinicians and IBM engineers,” says Samuel Prabhakar, director of system solutions, IBM Engineering & Technology Services.

Mayo Clinic has been using these coils clinically for three years to diagnose cartilage degeneration, nerve compression, ligament injuries, tendon abnormalities, tumor detection, bone injuries and scarring within the wrist.

In June 2002, the journal *Radiology* published results from a comparative study in which six healthy volunteers had MRI scans with both the Mayo Clinic MRI Coil and three other designs for wrist scanning. A blinded review of the images by five Mayo Clinic radiologists and one medical
American Society for Colon and Rectal Surgeons, May 8-13, 2004, Dallas, Texas

Physicist indicated a preference for the images created using the Mayo Clinic Coil in the majority of the comparisons. The coils are being manufactured by IBM in Rochester, Minn., and will be available to other medical centers in early 2004. Revenue Mayo receives from this device will be used to support Mayo’s clinical practice, medical research and education activities.

American Association of Orthodontists, May 1, 2004, Orlando, Fla.
American Association of Neurological Surgeons, May 1-6, 2004, Orlando, Fla.
American Roentgen Ray Society, May 2-7, 2004, Miami Beach, Fla.

For more information, please complete and return the tear-out card in this issue. Or you may call 507-284-2509 or 800-323-2688. Unless otherwise noted, meetings are held in Rochester.

Midwest Anesthesiology Residents Conference, March 19-21, 2004
25th Annual Practice of Internal Medicine, May 3-7, 2004
Dental Reviews, May 7-8, 2004
Update in Hospital Medicine, May 13-15, 2004
6th Annual Advanced Elbow Surgical Skills, May 14-15, 2004
Mayo Clinic Nicotine Dependence Conference, May 16-19, 2004

Alumni news

1940s
Andre Bruwer (Plastic Surgery ’49, Radiology ’54) creates greeting cards with pictures of flowers, shells and other subjects that have been X-rayed.

1950s
William Manger (Internal Medicine ’55) is chairman of the National Hypertension Association.

1960s
Richard Frink (Internal Medicine ’63) published the book Inflammatory Atherosclerosis: Characteristics of the Injurious Agent.
Gary Kirchner (General Surgery ’64) was elected coroner of Lancaster County, Pa.

1970s
Karen Fountain (Radiology-Therapeutic ’76) received two first place awards for her entries in the American Physician Artist Association.
Robert Manesis (Diagnostic Radiology ’74) recently published a book of his poetry, With All My Breath.

1980s
Robert Bulger (MMS ’80) was recognized as a top pain management specialist in D Magazine’s “Best Doctors in Dallas” issue. The magazine surveyed local physicians to select the best physicians among their peers.
Arthur Ranz (Oral and Maxillofacial Surgery ’81) received the Ohio Dental Association’s Humanitarian Award for his work with a nonprofit organization’s collaboration with the University of Cincinnati College of Medicine’s work in Saint Lucia, Honduras.

1990s
Charles Churchfield (MMS ’94) was awarded the 2003 Outstanding Clinical Teaching Award by students at the University of Minnesota Medical School.
Selim Isbir (Cardiovascular Surgery ’98) was appointed associate professor in 2003 and is chief of cardiovascular surgery at Marmara University Hospital in Istanbul Turkey.
Charles Perniciaro (Dermatology ’87, Dermatopathology ’93) is president of the Florida Society of Dermatology and Dermatologic Surgery for 2003-2004.

2000s
Pablo Castillo (Neurology ’02) established a nonprofit foundation that funds a clinic serving rural impoverished areas of the coastal region of southern Ecuador.

Staff news

Ifikhar Ahmed joined the editorial board of the Journal of the American Academy of Dermatology.
Gregory Broderick was voted president-elect of the Sexual Medicine Society of North America.

David Douglas is featured in the September issue of Archives of Internal Medicine.
John Duffy has joined the Joint Commission International.
Daniel Dumesic was awarded a four-year grant by The National Institute of Child Health and Development.
Andrew Engel was elected a member of the Institute of Medicine of the National Academy of Sciences.
Lorraine Fitzpatrick was appointed a member of the External Advisory Committee for the Office of Research on Women’s Health Specialized Centers of Research on Sex and Gender Factors Affecting Women’s Health (SCORs).
Keith Frey has been appointed to the editorial board of the Journal of the American Board of Family Practice.
Peter Gloviczki was elected president-elect of the Midwestern Vascular Surgical Society.
Andrew Good was awarded the Distinguished Service Award by the American Society of Reproductive Medicine.
Russell Heigh was recognized with an Outstanding Service Award at a board meeting of the American College of Gastroenterology.
Donald Hensrud was elected president of the American Board of Physician Nutrition Specialists.
Joseph Kaplan received the Internist of the Year Award at the Annual Meeting of the Florida Chapter of the American College of Physicians held in St. Petersburg.
Donald Klass delivered the J. Norman Allen Memorial Lecture at Ohio State University.
Lois Krahn served on the Food and Drug Administration (FDA) Peripheral and Central Nervous System Advisory Committee in Washington, D.C.

Reza Malek was elected a member of the Editorial Advisory Board of Medical Laser Application, the official journal of German Laser Society.
Thomas McDonald delivered the Sir William Wilde Discourse at the Irish Otolaryngology — Head and Neck Surgery Society in Kilkenny, Ireland.
S. Breanndan Moore will serve on the editorial board of the journal Transfusion.
H. Bryan Neel III received the Community Service Award from the Minnesota Medical Association. He also was appointed Honorary Lifetime Guest Professor by the President of The First Affiliated Hospital of the Traditional School of Chinese Medicine of Hunan University, China.
Robert Nesse received the Robert Graham Physician Executive Award from the American Academy of Family Physicians.
Fred Nobrega received the President’s Award from the Minnesota Medical Association.
Kevin Olden presented the Brown Memorial Lecture in Gastroenterology at the Cleveland Clinic Annual GI Symposium.
Clark Otley was elected to the Board of Directors of the American College of Mohs Micrographic Surgery and Cutaneous Oncology.
Mohamed Rady has been appointed vice-chair of the Continuing Education Committee for the Society of Critical Care Medicine.
Henry Randle was a guest lecturer at the Symposium for Advances in the Treatment of the Aging Face.
Piero Rinaldo received the Maxwell J. Schleifer Distinguished Service Award.
Glenn Roberts presented the Carlyn Halde Foundation Lecture at the Northern California Branch of the American Society for Microbiology.
Fellow, resident and student news

Roy Rogers III was the Edward A. Krull Visiting Professor at the Henry Ford Hospital, Detroit.

Raquel Schears was named to a national task force for the Health Resources and Services Administration.

James Scolapio has been appointed to the Board of Directors of the Florida Gastroenterologic Society.

Robert Stroebel received the Minority Meritorious Service Award from the Minnesota Medical Association.

Jon van Heerden delivered the sixth annual Dr. Robert S. Sparkman Lecture in Surgery at the University of Texas Southwestern Medical Center.

James Yiannias has been named Associate Dean for the Mayo Clinic College of Medicine.

1940s

David Dahlin, 86, died Sept. 12, 2003. Dr. Dahlin received his medical degree from Rush Medical College of the University of Chicago in 1940. After an internship and residency training in pathology, Dr. Dahlin spent three years in the U.S. Army during World War II, serving in the Army Medical Corps, attaining the rank of major. He received the Bronze Star. After his discharge, he came to Mayo Clinic for a fellowship in pathology. He was appointed to the staff in 1948. During his career, he was a professor at Mayo Medical School and department chair of surgical pathology from 1970 to 1981. Dr. Dahlin developed an interest in bone tumors and wrote one of the definitive textbooks in this area, Bone Tumors. He retired in 1983.

George Dochat, 91, died Sept. 14, 2003. Dr. Dochat received his medical degree from the University of Pennsylvania in 1938 and completed his fellowship in pathology at Mayo Clinic in 1942. He joined the Akron General Medical Center after his fellowship and became chief pathologist and director of laboratory services, serving until his retirement in 1977. He also served as chief of staff at the center during his career there. Dr. Dochat was honored in 1979 as a charter fellow of the Akron General Medical Center’s Society of Distinguished Physicians.

Russell Fisher, 84, died Nov. 4, 2003. Dr. Fisher received his medical degree from the University of Southern California School of Medicine in 1944. After an internship in Los Angeles, Dr. Fisher completed his residency training in general surgery in 1948 at Mayo Clinic. Upon completion, he returned to California to enter private practice, eventually helping start the Fisher-Hauch Medical Clinic. During his career he was chairman of several departments at Pomona Valley Community Hospital and served as chief of staff in 1957. He was a member of a number of professional societies including The Doctors Mayo Society.

William Thornell, 88, died Nov. 10, 2003. Dr. Thornell received his medical degree from the University of Cincinnati College of Medicine in 1939. After his residency in otorhinolaryngology at Mayo Clinic in 1944, Dr. Thornell returned to Cincinnati to enter private practice. He was chairman of the Division of Otolaryngology of the Ohio State Medical Association in 1957-58 and was president of Deaconess Hospital in 1965. He was credited in 1948 with an endoscopic procedure that changed the treatment of vocal cord paralysis. He retired in 1985.

Obituaries

Ariel Carls (MMS) received the Medical Student Award for Contributions to Family Medicine from the Minnesota Academy of Family Physicians.

Horacio Murillo (MMS) received the San Jose State University College of Sciences Gold Award.

Aaron Nelson (MMS) received the Medical Student Award from the Minnesota Medical Association/ Medical Student Section.

Brian Palmer (MMS) received the Rock Sleyster, M.D., Memorial Scholarship.
1950s

**Bland Cannon**, 83, died May 27, 2003. Dr. Cannon received his medical degree from the Northwestern University Medical School in 1944. He began a fellowship at Mayo Clinic in 1945, but then took a leave for several years for service in the U.S. Army. Upon his return, he completed a fellowship in neurologic surgery in 1950. Dr. Cannon returned to his home state of Tennessee and began private practice in neurosurgery that continued until he retired in 1980. During his career Dr. Cannon served as clinical professor of neurosurgery at the University of Tennessee, chairman of the department of neurosurgery at Baptist Memorial Hospital in Memphis, vice chancellor for academic affairs at the University of Tennessee Center for the Health Sciences, president of the Tennessee Medical Association and a founding member and president of the Congress of Neurological Surgeons. He was president of Associated Health Consultants, Inc., when he died.

**Robert McBurney**, 83, died Oct. 13, 2003. Dr. McBurney received his medical degree from Harvard University Medical School in 1943. He joined the U.S. Army in 1944, serving the Army Medical Corps as chief anesthesiologist in Berlin. Upon his return to the United States, Dr. McBurney came to Mayo Clinic where he completed training in general surgery in 1952 and thoracic surgery in 1953. He moved to Memphis after his training where he became a noted thoracic and general surgeon. Dr. McBurney was chief of staff and president of Baptist Memorial Hospital’s general hospital staff. He also was a member of the surgical staff of the University of Tennessee and president of the Memphis Surgical Society.

Jerry Donin, 76, died Oct. 2, 2003. Dr. Donin received his medical degree from the University of Manitoba Medical College in 1950. He later served a fellowship in ophthalmology at Mayo Clinic in 1954. Dr. Donin continued his training and then served in the U.S. Navy from 1956-1958. He entered private practice in Claremont, Calif., and also served as a clinical professor in the ophthalmology and neurology departments of the School of Medicine at the University of South California. Dr. Donin was chief of staff for the Pomona Valley Hospital Medical Center in 1973 and was president of the Southern California Tri-County Society of Ophthalmology, the Los Angeles Society of Ophthalmology and the California Association of Ophthalmology. He also was chairman of the ophthalmology section of the California Medical Association.

**James Trautmann**, 75, died Sept. 17, 2003. Dr. Trautmann received his medical degree from the University of Minnesota in 1954. After his residency training in family medicine, he entered a general practice in Duluth. He practiced in Duluth until he came to Mayo Clinic for a fellowship in ophthalmology. He joined the Mayo Clinic staff in 1967 and worked there until his retirement in 1991.

James Shamblin, 66, died July 10, 2003. Dr. Shamblin received his medical degree from the Tulane School of Medicine in 1962. He completed his residency training in general surgery at Mayo Clinic in 1967 and served for two years in the U.S. Army. He entered private practice in Tuscaloosa, Ala. He practiced general surgery and served on the faculty of the University of Alabama School of Medicine, Tuscaloosa Campus, eventually being appointed as professor of surgery. He retired in 1996.

1960s

**Roger Cupps**, 73, died July 9, 2003. Dr. Cupps received his medical degree from the University of Pennsylvania in 1957. After his internship, he worked as a general practitioner for Lago Oil & Transport Co., a subsidiary of Standard Oil, in Aruba, Netherland Antilles, from 1958 to 1962. He came to Mayo Clinic for his residency training as a fellow in radiology and joined the staff in 1966. Dr. Cupps was appointed an associate professor of radiology for Mayo Medical School. He specialized in therapeutic radiology and was published extensively. He retired in 1994 and had taken on an active role in theater, co-producing several productions at theaters in Naples, Fla., his winter home.
Alumni Center

Information

Mayo Clinic Alumni Center
507-284-2317
Karen Skiba
Administrator
507-538-0162

E-mail: mayoalumni@mayo.edu

Alumni Relations Coordinators:
Betsey Smith
507-538-1164

Carol Demulling
507-538-1663

The Doctors Mayo Society
Mark Hintz
800-297-1185

Department of Development
800-297-1185

Physician Referral Information
Rochester  800-533-1564
Jacksonville  800-634-1417
Scottsdale  800-446-2279

Executive Health Program
Rochester  507-284-2288
Jacksonville  800-634-1417
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Mayo Medical Laboratories
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Regional Visiting Faculty Program
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Jacksonville  904-953-2944
Scottsdale  480-301-4338

Continuing Medical Education
Rochester  800-323-2688
Jacksonville  800-462-9633
Scottsdale  480-301-4580

Employment Opportunities

Mayo Clinic Human Resources
For information about employment opportunities at Mayo Clinic visit:
www.mayo.edu or e-mail: careers@mayo.edu

You will be asked to specify Rochester, Jacksonville or Scottsdale for employment opportunities.

Mayo Health System
Michael Griffin
507-284-9114
www.mhs.mayo.edu

Medical Journal

Mayo Clinic Proceedings
800-707-7040
www.mayo.edu/proceedings

For Mayo Clinic and health information on the Web:
www.mayo.edu
www.mayoclinic.org
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