In support of improving patient care, Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Mayo Clinic College of Medicine and Science designates this live activity for a maximum of 20.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 20.5 Medical Knowledge MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Participation information will be shared with ABIM through PARS.
**COURSE DESCRIPTION**
The purpose of the meeting is to present state-of-the-art knowledge in cardiology with a clinically-based approach. The scope of the program is broad and will cover a wide spectrum of Cardiovascular Medicine but generally focused on prevention of coronary disease, stroke and sudden death. Expert faculty will present practical clinical approaches to diagnostics and latest management strategies of challenging and controversial topics in cardiology.

**COURSE LEARNING OBJECTIVES**
Upon conclusion of this program, participants should be able to:
- Identify basic and advanced screening strategies to identify CVD risk in clinical practice
- Select evidence-based lifestyle and medication management strategies to manage CVD risk factors
- Recognize indications for and impact of medication and surgical management of obesity
- Cite the critical steps in management of patients with known CVD, including CAD, heart failure, atrial fibrillation, stroke, valvular heart disease, thromboembolic events
- Recognize effective methods to identify and manage CVD risk in younger and older athletes

Attendance at this Mayo course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

**INTENDED AUDIENCE**
This course is intended for healthcare professionals in practice or in training who are interested in preventive cardiology. This may include physicians, nurse practitioners, physician assistants, nurses, exercise specialists, dieticians, health coaches, and others.

**REGISTRATION**
Register online: CVCME@MAYO.EDU

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<thead>
<tr>
<th>MD, PhD, DO, PharmD</th>
<th>Prior to 12/7</th>
<th>After 12/7</th>
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<td>MD, PhD, DO, PharmD</td>
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<tr>
<td>Fellows in Training, PA, NP, RN</td>
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Mayo Clinic Department of Cardiovascular Medicine has recently implemented an online conference registration system. If this is your first time using the online system, you will need to create a profile and login account.

**COURSE DIRECTORS**
Francisco Lopez-Jimenez, M.D., MSc, FACC, FAHA
Thomas G. Allison, Ph.D., MPH, FACC, FACSM, FNLA

**AIRPORT**
Puerto Vallarta International Airport (PVR) is the recommended airport. The hotel is approximately 5 minutes (1 mile) from the airport. Taxi is the recommended mode of transportation – walk out the airport doors and you will find them.

Travel arrangements are the sole responsibility of the individual registrant.

**VAT TAX**
The Mexican Government does charge a 16% VAT TAX on your hotel room. In order to have this removed, your guestroom will have to be booked inside of our above block. You will also need to submit your passport and immigration form to the conference registration desk on the first day of the conference.

**LODGING ACCOMMODATIONS**
To secure your room at the Marriott CasaMagna Puerto Vallarta, call and state that you will be attending the 2019 Mayo Clinic Prevention conference. The hotel room block is scheduled to be held until Wednesday, December 5, 2018, but may be sold out before this date. It is recommended to arrange your reservation early.

Marriott CasaMagna Puerto Vallarta
Paseo La Marina Norte 435, Marina Vallarta
Puerto Vallarta, Jalisco 48354 Mexico
Phone: 800-223-6388 or 52-322-226-0086
Call In Code: 2019 Mayo Clinic Prevention

**ON-LINE RESERVATIONS:**
Refer to website for further reservation information.

**SCHEDULE AT A GLANCE**
(For a full program, visit: https://cveducation.mayo.edu)

<table>
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<tr>
<th>Monday, January 7, 2019</th>
<th>Tuesday, January 8, 2019</th>
<th>Wednesday, January 9, 2019</th>
<th>Thursday, January 10, 2019</th>
<th>Friday, January 11, 2019</th>
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<tr>
<td>7:30-9:30 a.m.</td>
<td>7:30-9:30 a.m.</td>
<td>7:30-9:55 a.m.</td>
<td>7:30-10:00 a.m.</td>
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<td>Risk and Lifestyle Management</td>
<td>CAD Management</td>
<td>Prevention Beyond Lipids and Hypertension</td>
<td>Guideline Updates</td>
<td>Sports and Exercise</td>
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<td>10:15-11:45 a.m.</td>
<td>9:45 a.m-12:00 p.m.</td>
<td>11:30 a.m.</td>
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