



Adult Screening Recommendations

Males Age 65 and Older

This schedule of preventive services reflects recommendations for healthy individuals who have no symptoms and are at “normal” risk. If you have a family history of cancer or other conditions, you and your health care team will consider further testing in addition to the preventive services recommended.

Care Team Evaluation

Immunizations	Flu vaccine every year; for all others, refer to CDC Adult Immunization schedule (http://www.cdc.gov/vaccines/schedules/downloads/adult/adult-schedule-easy-read.pdf)
Tobacco/Alcohol/Intimate Partner Violence	Every year
Abdominal Aortic Aneurysm	One time screen if smoking history
Blood Pressure/Obesity (Body mass index - BMI)	Every two years
Diabetes (Blood glucose)	Every three years
Hypercholesterolemia (Lipids)	Age 65-75: Every four to six years
Human Immunodeficiency Virus (HIV)	At least one lifetime screen
Hepatitis B (HepB) Screen (Blood Test)	Screen all adolescents and adults at high risk for HBV infection including those previously vaccinated
Hepatitis C Screen (Blood Test)	One time screen if born between 1945-1965

Provider Visits

Preventive Service Visit	Every five to ten years
Colon Cancer	Ages 65-75; Every 10 years for colonoscopy; and beyond if life expectancy greater than 10 years. Every three years for Cologuard
Prostate Cancer	Could be offered through age 70 and beyond if life expectancy exceeds 10 years
Osteoporosis Screen	Age greater than or equal to 70: Screen at age 70 if risk factors present