2012 Mayo Spiritual Care Research Conference

Exploring the Relationship Between Spirituality and Innovation

November 1-2, 2012
(Pre-Conference: Thursday, November 1, 2012; 8:00 to 11:30 a.m.)

Mayo Clinic
Rochester, Minnesota
Pre-Conference:

Approaching Spirituality and Health Research: A Workshop for Beginners

Thursday, November 1, 2012
8:00 to 11:30 a.m.

Pre-conference description and goals

The aim of the workshop is to help clinicians become informed research consumers, not researchers. Suggestions and resources to aid further development in research literacy will be included.

As a result of this workshop, participants should be able to:
• Understand a simple research paper.
• Describe the implications of a research study for their clinical practice.
• Read research that shows the negative health effects of spiritual struggle and its implications for clinical practice.

Guest faculty

George Fitchett, DMin, PhD, BCC, is Professor and Director of Research, Department of Religion, Health, and Human Values, Rush University Medical Center, Chicago, Illinois. Fitchett has been a certified chaplain (APC) and pastoral supervisor (ACPE) for over 25 years. His book, Assessing Spiritual Needs (Academic Renewal Press, 2002), is widely used in clinical and academic training programs. His PhD is in epidemiology which he earned as part of a five year Career Development Award from the National Institute on Aging.

Patricia E. Murphy, RSCJ, PhD, BCC, is Assistant Professor and Staff Chaplain, Department of Religion, Health, and Human Values, Rush University Medical Center, Chicago, Illinois. Murphy’s special interest is in religion and mental health. Her article, “Belief in a Concerned God Predicts Response to Treatment for Depression for Adults with Clinical Depression,” was recently published in the Journal of Clinical Psychology. Besides her work in chaplaincy, Murphy teaches courses in research methods, statistics, and counseling in the College of Health Sciences at Rush.

Date and location

The pre-conference will be held Thursday morning, November 1, 2012, Phillips Hall, first floor, Siebens Building, Mayo Clinic, 100 Second Avenue SW, Rochester, Minnesota.

Intended audience

This workshop is for healthcare professionals who have little or no prior training in research and are ready to take a step toward research literacy.
Pre-Conference:

Approaching Spirituality and Health Research: A Workshop for Beginners

Schedule

8:00 a.m.  Registration and Breakfast
8:30 a.m.  Welcome and Introduction to the Workshop
8:50 a.m.  Reading Research: Small Group Exercise with Leader
10:00 a.m.  Break
10:15 a.m.  Reporting on Research: Small Group Reports and Discussion
11:00 a.m.  Next Steps and Resources
11:30 a.m.  Adjournment

Registration

The pre-conference registration fee of $45 includes instructional materials, breakfast, and break refreshments.

Pre-registration is required and preferred by Thursday, October 11, 2012. Registrations received after October 11 will be accepted on a space-available basis.

Visit http://calendar.cne-registration.com to register.

Continuing education credit

Mayo Continuing Nursing Education is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

Participants can earn up to 2.75 nursing contact hours (accredited) for the pre-conference session.

College of Medicine, Mayo Clinic, is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. College of Medicine, Mayo Clinic, designates this live activity for a maximum of 2.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Mayo Clinic Section of Social Work has been designated by the Minnesota Board of Social Work as an approved continuing education provider. This pre-conference fulfills requirements for 2.75 continuing education hours.

This pre-conference session has been designed to provide 2.75 CCEs for certified chaplains with the National Association of Catholic Chaplains, Association of Professional Chaplains, and the Association of Clinical Pastoral Education.

The pre-conference workshop is sponsored in part by Mayo Chaplain Services.
Conference:

Exploring the Relationship Between Spirituality and Innovation

Thursday and Friday, November 1 and 2, 2012

Conference description and goals

Mayo Clinic is pleased to announce the 2012 Mayo Spiritual Care Research Conference, Exploring the Relationship Between Spirituality and Innovation at Mayo Clinic, Rochester, Minnesota. The conference provides an exciting opportunity for researchers, educators, and care providers to discuss emerging research related to spirituality and innovation. In particular, the conference will explore spirituality in the context of healthcare innovations, and the impact of spirituality on decision making related to innovations, technology, ethics, and issues around beginning of life, end of life, and quality of life. The conference will address the question, what is the relationship across the lifespan between spirituality and innovations in healthcare?

The goals of the conference are to:

• Encourage the conduct of spiritual care research and its application to practice.
• Provide a forum for the dissemination of spiritual care research findings from investigations into spirituality in the context of healthcare.
• Encourage the exploration of the application of research findings to further research and/or application to practice.

Intended audience

This program is designed for nurses, physicians, chaplains, pastors, social workers, and other healthcare providers who work in direct patient care, research, management, education, and administration in a variety of settings and are interested in spiritual care research.

Guest faculty

Richard J. Fehring, PhD, RN, FAAN, is professor and director of the Marquette University College of Nursing Institute for Natural Family Planning, Milwaukee, Wisconsin. He received his masters and doctorate in nursing from Catholic University of America. Fehring has published over 130 articles and book chapters, has published in such journals as Fertility and Sterility, Contraception, Journal of Women’s Health, and the Journal of Obstetrics, Gynecology, and Neonatal Nursing, and has co-edited three books on human fertility. Fehring is the writer and editor of Current Medical Research in natural family planning, a publication of the United States Conference of Catholic Bishops, and a contributing editor of The Linacre Quarterly, the official journal of the Catholic Medical Association. He is a pioneer fellow of the North American Nursing Diagnosis Association, a past president of the American Academy of Fertility Care Professionals, and a member of the Archdiocese of Milwaukee Healthcare and Bioethics Commission.
Edward T. Creagan, MD, FAHPM, is professor of Clinical Oncology, The John and Roma Rouse Professor of Humanism in Medicine, and professor at the College of Medicine, Mayo Clinic, Rochester. He has received the Distinguished Clinician Award, Mayo’s highest honor. Creagan is the first Mayo consultant board certified in hospice medicine and palliative care. He is the author of 500 scientific papers and has shared approximately 1,000 presentations throughout the world. Creagan is the author of the best-selling book, How NOT to Be My Patient: A Physician’s Secrets for Staying Healthy and Surviving Any Diagnosis.

C. Christopher Hook, MD, FACP, is a consultant in the Division of Hematology, Department of Internal Medicine, and the Special Coagulation Clinic and Laboratory, and associate professor of Medicine at the College of Medicine, Mayo Clinic, Rochester. He is a graduate of the University of Illinois College of Medicine. He received his training in internal medicine, hematology, and medical oncology from the College of Medicine, Mayo Clinic. In addition to his work in hematology, Hook founded the Ethics Committee and Consultation Service for Mayo Clinic in Jacksonville, Florida, and the Clinical Ethics Council, the Ethics Consultation Service, the Reproductive Medicine Advisory Board, and the Transplantation Ethics Advisory Board for Mayo Clinic in Rochester. Hook is a senior fellow of the Center for Bioethics and Human Dignity, Bannockburn, Illinois, and a fellow of the Wilberforce Fellows, Washington, DC. He was appointed to serve on the Secretary of HHS’ Advisory Committee on Genetics, Health, and Society. Hook has taught graduate courses, lectured nationally and internationally on ethical and theological issues in advanced technology, including nanotechnology, neurotechnology, reproductive technologies, genetics, and stem cell/regenerative technology.

Mary Jo Kreitzer, PhD, RN, FAAN, is founder and director of the Center for Spirituality and Healing at the University of Minnesota in Minneapolis. She brings more than 20 years of leadership and expertise to the field of integrative health and medicine. Kreitzer’s research has been funded by the National Institute of Medicine, National Institute of Nursing Research, and National Center for Complementary and Alternative Medicine on topics such as mindfulness meditation with solid organ transplant patients, outcomes of health coaching, impact of an integrated residential treatment program on women with eating disorders, and mind/body interventions for caregivers of Alzheimer’s patients.

Kreitzer is a tenured professor in the School of Nursing where she is co-director of the doctorate in nursing practice program in integrative health and healing. From 2004-2007, she served as the vice-chair of the Consortium of Academic Health Centers for Integrative Medicine. In 2008, she was named by Minnesota Physician as one of the 100 most influential healthcare leaders in the state. Kreitzer earned her doctoral degree in health services research and her masters degree in nursing.
Conference Schedule

Thursday, November 1, 2012

12:30 p.m.  Registration
1:30 p.m.   Welcome and Announcements
1:45 p.m.   Spirituality and Wellbeing: Advancing Innovative Models  
            Mary Jo Kreitzer, PhD, RN, FAAN, University of Minnesota Center  
            for Spirituality and Healing, Minneapolis, Minnesota
2:45 p.m.  Break
3:00 p.m.  Concurrent Session I
           11 Exploring Spirituality and Innovations: The Ministry of  
              Parish Nurses  
              Carol A. Lueders Bolwerk, PhD, RN, Concordia University Wisconsin,  
              Mequon, Wisconsin
           12 Association Between Hospital Chaplaincy Services and  
              End-of-Life Outcomes  
              Kevin J. Flannelly, PhD, HealthCare Chaplaincy, New York, New York
           13 Forgiveness Education in Fibromyalgia Patients  
              Loren L. Toussaint, PhD, Luther College, Decorah, Iowa
3:45 p.m.  Break
4:00 p.m.  Technological Innovation and the Soul: Implications of Our  
           Concepts of “Person”  
           C. Christopher Hook, MD, FACP, Mayo Clinic, Rochester, Minnesota
5:00 p.m.  Adjournment

Friday, November 2, 2012

7:30 a.m.  Registration, Breakfast, and Posters
8:30 a.m.  Announcements
8:45 a.m.  The Rainbow of Love  
           Amit Sood, MD, Mayo Clinic, Rochester, Minnesota
9:15 a.m.  Web-Based Innovations and the Continuum of Spiritual Care of  
           Fertility  
           Richard J. Fehring, PhD, RN, FAAN, Marquette University College of  
           Nursing, Milwaukee, Wisconsin
10:15 a.m. Break
10:30 a.m. Concurrent Session II
           21 Spirituality and Religious Coping and Health-Related Quality  
              of Life of African Americans Living with HIV/AIDS  
              Safiya G. Dalmida, PhD, RN, APRN-BC, Emory University,  
              Atlanta, Georgia
           22 No One Dies Alone  
              Emily J. Hacker, BSN, RN, Mayo Clinic, Rochester, Minnesota
              Amanda F. Meyer, BSN, RN, Mayo Clinic, Rochester, Minnesota
           23 Integrating Spiritual Care into Palliative Care  
              Shirley A. Otis-Green, MSW, ACSW, LCSW, OSW-C, City of Hope  
              National Medical Center, Duarte, California
Conference Schedule

11:15 a.m.  Break

11:30 a.m.  Concurrent Session III

31 Community-Dwelling Elders Living With Chronic Illness: Doing Their Best by Helping Others and Helping Themselves
Susan M. Dyess, PhD, RN, FAU, Christine E. Lynn College of Nursing, Boca Raton, Florida

32 Using Simulation to Enhance Compassionate Care at the End of Life
Denise B. Hess, MDiv, MA, BCC, Providence Little Company of Mary Medical Center, Torrance, California
Jane M. Armer, PhD, RN, FAAN, University of Missouri, Columbia, Missouri

33 The Measure of Hope in Light of a Terminal Illness
Lores J. Vlaminck, MA, BSN, RN, CHPN, Lores Consulting, Rochester, Minnesota

12:15 p.m.  Lunch (on your own)

1:30 p.m.  Concurrent Session IV

41 Compassion Counseling Center: Preliminary Data from the First Two Years of Service
Jeanne M. Allen, PsyD, MS, LP, RN, CNS, South Central Human Relations Center, Owatonna, Minnesota; Bluestem Center for Child and Family Development, Rochester, Minnesota
Victoria (Vicki) J. Barnhart, MA, Mayo Clinic, Rochester, Minnesota
Brianne M. Marion, BA, Carver County Mental Health Department, Waconia, Minnesota

42 Hospice Patients Engaging in a Facilitated Creative Process: Finding Meaning in Their Lives and Dying
Melissa J. Bruce, PhD, University of Wisconsin-Eau Claire, Eau Claire, Wisconsin

43 The Lived Experience of Giving Spiritual Care: A Phenomenological Study of Dialysis Nurses
Belinda J. Deal, PhD, RN, CEN, The University of Texas at Tyler, Tyler, Texas

2:15 p.m.  Break

2:30 p.m.  The Power of Relationships in the Healing Process: What We Learn From the Bedside
Edward T. Creagan, MD, FAAHPM, Mayo Clinic, Rochester, Minnesota

3:30 p.m.  Summary and Evaluation
Date and location

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Register before October 11, 2012

Enrollment is limited; early registration is advised.

Conference

Two-day conference registration fee: $235
Single day conference registration fee: Thursday afternoon $115; Friday $175
Two-day student registration fee: $175

Please bring proof of current student status to the conference (for example, a copy of your student identification card)

Registration fee includes:
• Conference syllabus and materials, outstanding plenary and concurrent sessions, all break refreshments, a and breakfast on Friday

Pre-registration is required and preferred by Thursday, October 11, 2012. Registrations received after October 11th will be accepted on a space-available basis.

Visit http://calendar.cne-registration.com to register.

Registrations cannot be shared.

Out of respect for conference participants, children are restricted from the conference.
Cancellations

If you cancel your participation in the pre-conference or conference, your registration fee, less an administrative fee, will be refunded when notification is received by Mayo Continuing Nursing Education before October 11, 2012 (fax#: 507-266-6910 or e-mail: cne@mayo.edu). No refunds will be made on or after October 11, 2012.

Mayo Continuing Nursing Education reserves the right to cancel or postpone any conference due to unforeseen circumstances. In the unlikely event Mayo Continuing Nursing Education must cancel or postpone this conference, Mayo Continuing Nursing Education will refund the registration fee, but is not responsible for any related costs, charges, or expenses to participants, including fees assessed by airline/travel/lodging agencies.

Travel

Rochester, Minnesota, greets thousands of visitors from around the world each year. A modern international airport services Rochester with multiple flights daily from Chicago and Minneapolis via American and Delta Airlines. Access to and from the airport is provided by taxi cab and shuttle service. The airport is located approximately 10 miles from downtown Rochester and the Mayo Clinic campus.

To schedule shuttle service to and from the Minneapolis Airport (70 miles) using Rochester Direct, call 507-280-9270 and indicate that you are a Mayo Continuing Nursing Education conference attendee to receive the discounted price. Shuttle service to and from the Minneapolis Airport is $29 one-way and $55 round trip; to and from the Winona Amtrak train station (40 miles) is $25 each way (four trips daily).

There are multiple flights out of the Rochester (RST) and Minneapolis (MSP) airports in the evening. Participants are encouraged to make travel arrangements which allow them to stay for the entire conference.

Lodging and parking

Rooms have been reserved for conference participants and their guests at the Doubletree by Hilton Hotel Rochester – Mayo Clinic Area (507-281-8000) at a rate of $119 per night and the Rochester Marriott – Mayo Clinic Area (877-623-7775 or 507-280-6000) at a rate of $140 per night. The rates listed may be extended before and after the conference based on availability. To ensure accommodations, please make your reservation by Thursday, October 11, 2012. Reservation requests received after this date will be accepted on a space available basis.

Visit www.mayoclinic.org/travel-rst/maps.html for a map indicating the location of downtown parking facilities. The cost of parking is not included in the registration fee.
About Mayo Clinic

Mayo Clinic is the first and largest integrated, not-for-profit group practice in the world. Healthcare providers from every medical specialty work together to care for patients, joined by common systems and a philosophy of “the needs of the patient come first.” More than 2,500 physicians and scientists and 42,000 allied health staff work at Mayo Clinic, which has sites in Rochester, Minnesota; Jacksonville, Florida; and Scottsdale/Phoenix, Arizona.

Mayo is committed to advancing the knowledge and skills of healthcare professionals.

**Mayo Continuing Nursing Education** conducts educational conferences that will advance patient care practice.

Mayo Clinic in Rochester, Minnesota, has been granted **Magnet® Recognition for Nursing Excellence** by the American Nurses Credentialing Center.

**Mayo Chaplain Services** promotes the spiritual healing and growth of patients, families, and staff. Mayo chaplains are committed to working as peers within the healthcare team and contributing a pastoral voice to the multidisciplinary conversation.

The Research Committee of the **Saint Marys Hospital Sponsorship Board, Inc.**, promotes and supports scientific inquiry that addresses one or more of the Mayo/Franciscan values – primacy of the patient, trust, commitment to excellence through teamwork, spiritual support, compassion, and respect for persons served and serving – at Mayo Clinic, Rochester, Minnesota. The committee has awarded funding for research in areas such as ethics, values, and the spiritual dimension in healthcare.

For more information

Contact Mayo Continuing Nursing Education at 800-545-0357 or 507-266-1007, fax 507-266-6910, or e-mail cne@mayo.edu. Visit our web site at [http://calendar.cne-registration.com](http://calendar.cne-registration.com)
Multiple brochures?

Mayo Continuing Nursing Education uses multiple mailing lists and cannot always eliminate duplications. Please post or share extra brochures with colleagues.

Upcoming Mayo Continuing Nursing Education Conferences

Watch the Mayo Continuing Nursing Education web site at http://calendar.cne-registration.com for more information on other conferences.

Conference planning task force

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Mayo Clinic Rochester, Minnesota

http://calendar.cne-registration.com/events/2012-mayo-spiritual-care-research-conference/