2015 Psychiatric Nursing Conference

Strategies for Interventions – Working Together

Thursday, July 16, 2015

Mayo Clinic
Rochester, Minnesota

INCLUDES CALL FOR POSTER ABSTRACTS

Mayo Continuing Nursing Education
Conference description and goals

The 2015 Psychiatric Nursing Conference will explore strategies to promote mental health wellness and interventions for those with a variety of psychiatric conditions using an interdisciplinary approach.

The goals of the conference are to:
• Explore stress management strategies for providers, patients and family.
• Provide theories and treatment updates for Borderline Personality Disorder (DBT).
• Recognize trends in substance abuse.

Guest faculty

Merrie J. Kaas, DNSc, RN, PMHCNS-BC, FGSA, FAAN, is an Associate Professor at the University of Minnesota School of Nursing and an associate director of the Minnesota Hartford Center for Geriatric Excellence. Dr. Kaas is the coordinator of the graduate psychiatric/mental health nurse practitioner specialty area and has a clinical practice with adult/older adult clients. Dr. Kaas has taught psychiatric/mental health nursing for over 25 years and has received the University of Minnesota Distinguished Teaching Award from University College and the E. Louise Grant Award for Excellence in Nursing Education. Dr. Kaas’ research program focuses the treatment of geriatric depression, especially in older women. Dr. Kaas is currently the principal investigator of a 3 year, Health Resources and Services Administration funded interprofessional education grant “Enhancing Interprofessional Integrative Psychiatric/Mental Health (IPMH) Nurse Practitioner Education to Address Health Care of Persons with Psychiatric Disorders and Other Chronic Health Conditions”. The focus of this grant is to jointly educate psychiatric-mental health nurse practitioner students with those from Occupation Therapy and Pharmacy in mental health clinical settings and the classroom.

Date and location

The conference will be held Thursday, July 16, 2015, in Phillips Hall, first floor, Siebens Building, Mayo Clinic, 100 Second Avenue SW, Rochester, Minnesota.

Poster call for abstracts

You are invited to submit an abstract (350 word limit) for a poster related to the conference theme. Completed abstracts must be submitted by Friday, May 1, 2015.

The primary presenter is responsible for the abstract content. Submission signifies the intent of the submitter(s) to present the poster at the 2015 Psychiatric Nursing Conference in Rochester, Minnesota. Conference participants are expected to assume costs related to travel, accommodations, and registration.

To submit an abstract, you must register for the conference at http://cne.education-registration.com. Attach the abstract, all presenters’ curriculum vitae and completed disclosure forms.

Notification of accepted abstract and commitment for presentation at the conference will be made by Wednesday, May 20, 2015. If selected, abstracts will be printed in the conference syllabus.
Thursday, July 16, 2015

7:00 a.m. - 7:45 a.m.  Breakfast with Exhibits

7:45 a.m. - 8:00 a.m.  Welcome and Announcements
   Ann K. McKay, MS, RN-BC

8:00 a.m.-9:30 a.m.  Training Your Brain to be Happy
   Amit Sood, MD, FACP, Mayo Clinic, Rochester, Minnesota

9:30 a.m.-10:00 a.m.  Break with Exhibits

10:00 a.m.-11:00 a.m.  Clinical Management of Borderline Personality Disorder
   Brian A. Palmer, MD, Mayo Clinic, Rochester, Minnesota

11:00 a.m.-Noon  Guiding a Challenging Conversation: Empathic Redirection
   Kristen S. Vickers Douglas, PhD, LP, Mayo Clinic, Rochester, Minnesota

Noon-1:00 p.m.  Lunch (on your own)

1:00 p.m.-2:00 p.m.  Drug Trends and Identification
   Tracy Nepper, Rochester Police Department, Narcotics Unit, Rochester, Minnesota

2:00 p.m.-2:30 p.m.  Posters and Dessert

2:30 p.m.-3:30 p.m.  Embracing Our Emotions
   Maria Bolin, MSW, LICSW, Center for DBT, LLC, Rochester, Minnesota

3:30 p.m.-4:30 p.m.  Reviving Interprofessional Mental Health Care: The Case for Joint Education and Clinical Practice in Today’s Health Care Market
   Merrie J. Kaas, DNSc, RN, PMHCNS-BC, FGSA, FAAN, University of Minnesota School of Nursing, Minneapolis, Minnesota

Conference planning committee

Dorothy F. Bell, MS, RN-BC  Emily A. Jazdzewski, MAN, RN
Susan M. Ellenbecker, MS, RN, CNS  Mary Jo Moore, MA, RN-BC
Diane M. Forsyth, PhD, RN  Mary E. Overvold-Ronningen, PhD, MSN, APRN-BC
Chad A. Garrett, MA, BSN, RN  Victoria M. Robison, BAN, RN
Doris G. Greene, BSN, RN  Kimberly A. Schmidt, MAOM, MSN, RN
Tanya Harder, BSN, PHN, CCM  Padao Yang, BSN, RN
Megan E. Hylland, BS
Intended audience
This conference is designed for registered nurses, mental health professionals, social workers, clergy, wellness coaches, and all other interested healthcare professionals.

Continuing education credit
Mayo Continuing Nursing Education is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

Participants can earn up to 7 ANCC nursing contact hours for attendance at the conference and completion of the evaluation.

Mayo Clinic Section of Social Work has been designated by the Minnesota Board of Social Work as an approved continuing education provider. This conference fulfills requirements for 7 continuing education hours.

Register before June 24, 2015
The conference registration fee of $155 includes instructional materials, breakfast, and break refreshments. Lunch will be on your own. A student rate of $85 is available. Please bring proof of current student status to the conference (for example, a copy of your student identification card). Pre-registration is required and preferred by Wednesday, June 24, 2015. Registrations received after Wednesday, June 24, 2015 will be accepted on a space-available basis.

Visit http://cne.education-registration.com to register.

Out of respect for conference participants, children are restricted from the conference.

Cancellations
If you cancel your participation in this conference, your registration fee, less an administrative fee, will be refunded when written notification is received by Mayo Continuing Nursing Education before June 24, 2015 (fax: 507-266-6910 or e-mail: cne@mayo.edu). No refunds will be made on or after June 24, 2015.

Mayo Continuing Nursing Education reserves the right to cancel or postpone any conference due to unforeseen circumstances. In the unlikely event Mayo Continuing Nursing Education must cancel or postpone this conference, Mayo Continuing Nursing Education will refund the registration fee, but is not responsible for any related costs, charges, or expenses to participants, including fees assessed by airline/travel/lodging agencies.

Lodging
Rooms have been reserved for conference participants and their guests at the Doubletree by Hilton Hotel Rochester – Mayo Clinic Area (507-281-8000) at a rate of $149 per night by June 23, 2015 and the Centerstone Plaza Hotel (1-800-366-2067) at a rate of $85 per night by June 23, 2015. The rates listed may be extended before and after the conference based on availability. Reservation requests received after the listed date will be accepted on a space available basis.
Parking
Visit [www.mayoclinic.org/travel-rst/maps.html](http://www.mayoclinic.org/travel-rst/maps.html) for a map indicating the location of downtown parking facilities. The cost of parking is not included in the registration fee.

About Mayo Clinic
Mayo Clinic’s mission is to inspire hope and contribute to health and well-being by providing the best care to every patient through integrated clinical practice, education, and research.

Mayo Continuing Nursing Education conducts educational conferences that will advance nursing practice.

Mayo Clinic in Rochester, Minnesota, has been granted [Magnet® Recognition for Nursing Excellence](http://www.mayoclinic.org) by the American Nurses Credentialing Center.

For more information
Contact Mayo Continuing Nursing Education at 800-545-0357 or 507-266-1007, fax 507-266-6910, or e-mail cne@mayo.edu. Visit our web site at [http://cne.education-registration.com](http://cne.education-registration.com).

Multiple brochures?
Mayo Continuing Nursing Education uses multiple mailing lists and cannot always eliminate duplications. Please post or share extra brochures with colleagues.

Other 2015 Mayo Continuing Nursing Education Conferences
- **Tuesday, April 28, 2015**
  Cardiovascular Nursing Review Course
- **Wednesday, April 29, 2015**
  Heart Disease and Stroke Conference *Getting to the Heart of the Matter*
- **Friday, June 19, 2015**
  Brain Injury Conference
- **Tuesday & Wednesday, September 22-23, 2015**
  Oncology Nursing Review Course
- **Thursday, September 24, 2015**
  2015 Cancer Care Conference *The Art and Science of Cancer Care*
- **Thursday, October 1, 2015**
  Mayo Clinic Medical Surgical Nursing Conference *Quest for Best Outcomes*
- **Wednesday, October 21, 2015**
  2015 LPN Clinical Practice Review
- **Monday & Tuesday, November 3-4, 2015**
  Medical-Surgical Nursing Review Course
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