Multidisciplinary Approach to Chronic Pain Rehabilitation

Saturday February 18, 2012

Gonda Building, Geffen Auditorium
Rochester, Minnesota

Course Director:
David Krause, PT, DScPT, MBA, OCS

REGISTER ONLINE NOW!
http://www.mayoclinic.org/physicalmedicine-rst/education.html
COURSE DESCRIPTION
This course is an empirically based multidisciplinary treatment approach to improve function for patients with chronic pain. The seminar will utilize a multiple case study format and interactive lectures of adult and pediatric patients with chronic pain. Attendees will be able to identify evaluation and treatment methods as well as necessary collaboration to apply a multidisciplinary approach to patients with chronic pain in the clinic setting.

COURSE LEARNING OBJECTIVES
Upon completion of this course, participants should be able to:
• Identify the clinically appropriate use of non-interventional and non-pharmacological approaches to chronic pain
• Develop a broader knowledge base of the cognitive behavioral approach as it applies to specific disciplines.
• Recognize the difference between acute vs chronic pain and the applications for treatment.
• Develop discipline-specific treatment approaches for patients with chronic pain.
• Establish effective communication and collaboration between disciplines to effectively treat patients with chronic pain.
• Utilize a case study approach to apply appropriate interventions and enhance multidisciplinary treatment of patients with chronic pain.

Attendance at this Mayo course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

INTENDED AUDIENCE
This course was designed for healthcare professionals involved in the practice or those who are interested in chronic pain rehabilitation including: Nurses, Occupational Therapists, Occupational Therapy Assistants, Physical Therapists, Physical Therapist Assistants, and Physicians.

CREDIT
Mayo Clinic - Rochester Campus is an approved provider of continuing education by the American Occupational Therapy Association #5660. The assignment of AOTA CEUs does not imply endorsement of specific course content, products or clinical procedures by AOTA. At the conclusion of this conference, participants will be awarded a certificate for up to 0.55 AOTA CEUs.

This course meets the criteria for 5.75 category I Continuing Education Units per Minnesota Physical Therapy Rules 5601.2500 & subparts 5601-2200 to 5601-2600
REGISTRATION

To register, please visit http://www.mayoclinic.org/physicalmedicine-rst/education.html. The registration fee includes tuition, a downloadable course syllabus, continental breakfast, and a designated break. Although it is not Physical Medicine and Rehabilitation Therapy Services policy to limit the number of registrants for a course, conference room facilities may necessitate closing of enrollment; therefore, early registration is advised. An e-mail confirmation will be sent upon receipt of payment and completed registration form.

CANCELLATION POLICY

If you cancel your participation in this course, your registration fee, less a 25% administrative fee, will be refunded when written notification is received by Physical Medicine and Rehabilitation Education Committee up to 14 days prior to the course. No refunds will be made after that date. The Physical Medicine and Rehabilitation Education Committee reserves the right to cancel or postpone any course due to unforeseen circumstances. In the unlikely event a course must cancel or be postponed, the Mayo Clinic – Physical Medicine and Rehabilitation Education Committee will refund the registration fee but is not responsible for any related costs, charges, or expenses to participants, including fees assessed by airline / travel / lodging agencies.

LODGING ACCOMMODATIONS

Limited guest rooms have been reserved for attendees and their guests with a special course rate of $124.00 plus tax per night for single or double occupancy standard rooms at the Doubletree by Hilton. Reservations may be made by calling 507-281-8000. Lodging arrangements are the sole responsibility of the individual registrant. The guest room block is located under the name Mayo Clinic Chronic Pain Course and will be available through January 27, 2012.

PARKING

Free parking is available in the Damon Parking Ramp, which is located on 3rd Avenue SW. Metered parking is available on the street. Directions to Mayo Clinic & hotel information may be found at: www.rochesterlodging.com

Downtown Rochester Maps – Conference is held in the Gonda Building.
FACULTY

Aaron Biedermann, MA OTR/L, MBA
Mayo Clinic, Department of Physical Medicine and Rehabilitation

Kelly Brevik, RN
Mayo Clinic, Department of Psychiatry and Psychology, Pain Rehabilitation Center

Mark Canny, OTR/L
Mayo Clinic, Department of Physical Medicine and Rehabilitation

Joan Cronin RN, CNS
Mayo Clinic, Department of Psychiatry and Psychology, Pain Rehabilitation Center

Jennifer O’Connor, COTA/L
Mayo Clinic, Department of Physical Medicine and Rehabilitation

Matthew Petersen, RN
Mayo Clinic, Department of Psychiatry and Psychology, Pain Rehabilitation Center

Andrea Reynolds, MPT, GCS
Mayo Clinic, Department of Physical Medicine and Rehabilitation

Lisbeth Roers, COTA/L
Mayo Clinic, Department of Physical Medicine and Rehabilitation

Wendy Timm, MPT
Mayo Clinic, Department of Physical Medicine and Rehabilitation

Cynthia Townsend, PhD, LP
Mayo Clinic, Department of Psychiatry and Psychology, Pain Rehabilitation Center

PROGRAM

8:00 – 8:30  Registration (Continental Breakfast Provided)

8:30 – 9:30  Research and Overview of the Multidisciplinary Approach
Case Study Introduction – Adult and Pediatric

Cynthia Townsend, PhD, LP

9:30 – 10:15  Cognitive Behavioral Approach
Joan Cronin, RN, CNS

10:15- 10:30  Break (On Your Own)

10:30 – 11:30  Nursing Intervention and Case Management

Kelly Brevik, RN and Matthew Petersen, RN

11:30 – 12:45  Lunch (On Your Own)

12:45 – 1:30  Physical Therapy Evaluation and Treatment
Andrea Reynolds, MPT, GCS and Wendy Timm, MPT

1:30 – 2:30  Occupational Therapy Evaluation and Treatment
Aaron Biedermann, MA OTR/L, MBA
and Jennifer O’Connor, COTA/L

2:30 – 2:45  Break (Snack Provided)

2:45 – 3:30  Biofeedback Treatment
Mark Canny, OTR/L and Lisbeth Roers, COTA/L

3:30 – 4:00  Case Study Analysis and Discussion
REGISTRATION

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Please register by February 4, 2012.

We now have online registration at the below website:

http://www.mayoclinic.org/physicalmedicine-rst/education.html

You will need to:
1. Find the appropriate course.
2. Create a profile.
3. Complete the registration form.

If questions please contact:
Jennifer Peterson, Lesa Brusse or Pamela Darcy
Mayo Clinic (Mayo 14)
200 First Street SW
Rochester, MN 55905
Telephone: (507) 293-1541
Email address: pmrconf@mayo.edu

TUITION:
Rochester PMR - Fees waived in accordance with defined registration allotment
Physician/Residents/Allied Health Staff $ 150.00
AOTA Members $ 135.00

Check Payable to: Mayo Clinic
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