Mayo Clinic is pleased to provide you with evaluation, treatment and follow up for your acquired brain injury and related concerns. We will assist in coordinating your care throughout your visit here.

The Mayo Brain Rehabilitation Clinic serves patients with a variety of injuries to the brain including:
- stroke
- traumatic brain injury
- brain tumor or infection
- bleeding in the brain
- lack of oxygen to the brain.

Your Brain Rehabilitation Clinic team is led by a physiatrist (a rehabilitation doctor) and supported by an advanced practice nurse. They will develop a comprehensive plan and assemble a team to evaluate and manage your rehabilitation needs.

**Our Goal**

Our goal is to help individuals with brain injury succeed in living as independently as possible within their family and community.
Coming to the Mayo Brain Rehabilitation Clinic for an Evaluation

The Mayo Brain Rehabilitation Clinic programs provide rehabilitation evaluation and management services after hospital dismissal and for clinical referrals.

New patient evaluations require a physician referral. Referrals are individually reviewed so the appropriate clinicians become involved based on particular needs.

For information regarding referral and appointments for the Brain Rehabilitation Clinic, please call 507-284-5000.

People with severe psychiatric or substance abuse problems can be considered for our programs, but these problems should be stable and generally managed by their primary physician. Additional referral to other Mayo Clinic Rochester specialists is available as indicated.

A Brain Rehabilitation Clinic assessment can take many forms, from a single provider visit to multiple provider ongoing care.

The evaluation process determines what services best meet individual patient needs and may include specific referrals to a:

- Clinical social worker
- Rehabilitation nurse
- Physical therapist
- Vocational case coordinator
- Recreation therapist
- Neuropsychologist
- Occupational therapist
- Speech-Language pathologist
- Advanced practice nurse
- Physiatrist rehabilitation physician
When indicated, a neurologist, neuropsychiatrist, chemical dependency counselor, or other medical specialist contributes to the evaluation. The extensive medical and surgical services at Mayo Clinic Rochester are utilized when needed to complete an assessment of brain rehabilitation needs.

For individuals who need assistance with mobility or personal needs, a family member or other supportive person needs to accompany them during their clinic visits.

**Insurance Information**

Different insurance policies provide different coverage for rehabilitation services. Your insurance may require you to obtain pre-authorization or pre-certification before receiving rehabilitation services. Pre-certification may not be a guarantee of insurance coverage. You should talk to your health insurance provider to clarify coverage for services. Questions regarding coverage/payment may be directed to the Business Office at 1-800-660-4582.

**Your First Appointment**

Your initial evaluation in the Brain Rehabilitation Clinic occurs on 5-Generose, Mayo Clinic Hospital – Saint Marys Campus. A clinical assistant will check you in and you will be asked to complete some forms. A physiatrist or advanced practice nurse will review your history, medications and may perform a physical examination. A plan of care will be developed and reviewed with you, and you will be instructed on how often you need to return to see your physiatrist or mid-level provider.

If you have recently been a patient at Mayo Clinic Hospital – Saint Marys Campus you may already be receiving Brain Rehabilitation Clinic services (for example, therapy) that were ordered by your inpatient Brain Rehabilitation team. In that case, you will be scheduled to see a physiatrist or an advanced practice nurse within weeks of leaving the hospital.
You are welcome to have a friend or family member accompany you to your appointments.

**Comprehensive treatment**
Team members work with patients, families and significant others at each step to:

- arrange appointment schedules
- address financial and insurance concerns related to clinical care
- set treatment goals and choose ways to meet them

**Ongoing Care in the Brain Rehabilitation Clinic**

You may return to see therapists or other providers (for example, a neuropsychologist, social worker, or vocational coordinator) depending on your needs and goals. Some patients return for a few visits, others return many times over the course of several months. Appointments may occur at either Brain Rehabilitation Clinic site at Mayo Clinic Hospital – Saint Marys Campus, 4-Generose or 5-Generose. Your rehabilitation team meets regularly to review your progress and to adapt your plan of care. This will be communicated to you.

**Discharge**

When you have completed your course of treatment you will be discharged from our care. At this time you will again be asked to complete some forms to assess your progress.

The Brain Rehabilitation Clinic believes in an “open door policy”, meaning you are welcome to contact us should circumstances change in the future and you or your primary care provider feel you need to be evaluated again.
More Brain Rehabilitation Clinic Information

*Where to find us*
The Brain Rehabilitation Clinic and programs are located in Mayo Clinic Hospital – Saint Marys Campus, part of Mayo Clinic in Rochester, Minn.

Located in southeastern Minnesota, Rochester is home to approximately 106,000 people. Major airlines and bus lines serve the city.

Many hotels, apartments, restaurants and shops are within walking distance of Mayo Clinic Hospital – Saint Marys Campus. City agencies offer wheelchair-accessible transportation.

Many insurance companies, workers’ compensation, Medicare and Medicaid may pay for these programs.

*To learn more*

**Call:** Mayo’s Brain Rehabilitation and Research programs at 507-255-3116.

**Write:** Mayo Clinic
Attention: Brain Rehabilitation Program Secretary
Department of Physical Medicine and Rehabilitation
Mayo Clinic Hospital – Saint Marys Campus, Generose 5
200 First Street SW
Rochester, MN 55905

My first appointment:

Date: _______________________________________________________

My Doctor: __________________________________________________

My Advanced Practice Nurse: ________________________________

My Rehabilitation Nurse: ____________________________________

My Neuropsychologist: ______________________________________

My Social Worker: __________________________________________

My Vocational Coordinator: ___________________________________

My Therapists

PT: _________________________________________________________

OT: _________________________________________________________

SLP: _________________________________________________________

If you have questions or concerns about the information in this brochure, need to contact any of your Brain Rehabilitation Clinic team members, need to schedule, change or cancel an appointment, or have questions about a pending appointment, please call (507) 284-5000.

Find additional information at:
http://www.mayoclinic.org/brain-rehabilitation/outpatient.html