The Mayo Clinic Cancer Education Program in collaboration with Brains Together For a Cure is offering a patient education symposium focusing on current topics surrounding brain cancer. This education event is for patients, families, caregivers and the public. Topics highlighted will include:

- Innovative treatment strategies
- Side effect management
- Practical approaches to enhance quality of life
- Maximizing cognitive and physical ability
- Promising research for the treatment of brain tumors

Separate breakout sessions focusing on pediatric and adult issues will be held in the afternoon.

For more information:
Email: canceredprog@mayo.edu
Call: (507) 538-6001
BRAIN TUMOR PATIENT AND FAMILY EDUCATION SYMPOSIUM

The Mayo Clinic Cancer Education Program in collaboration with Brains Together for a Cure is pleased to offer this patient education symposium. This educational event is for patients, their families and the public who are interested in exploring health care issues for people living with a brain tumor.

SYMPOSIUM GOALS:

• Learn about the use of vaccines and immunotherapy to treat brain tumors
• Explore radiation therapy options for treating brain tumors
• Discuss strategies for meeting physical and cognitive challenges
• Develop skills for coping with difficult emotions and changes in relationships
• Identify tips for managing symptoms and long-term treatment effects
• Learn practical tips for being an active member of your care team
• Hear personal stories from brain tumor survivors and caregivers

SYMPOSIUM INFORMATION

For more information about attending the symposium, please contact:
Phone: 507-538-6001 or email: canceredprog@mayo.edu

DIRECTIONS AND PARKING

Assisi Heights Spirituality Center
1001 14th Street NW
Rochester, MN

Driving Directions and Parking Map:
http://www.pointofcare.net/North_Country/10-6-17_Mayo_Conference_Center_at_Assisi_Heights.pdf

Special Presentation and Meet the Researcher Reception - Friday Evening, April 26

5:15 - 6:15 p.m.  Keynote Speaker: Preventing versus Reacting: Improving Care for Patients with Primary Brain Tumors
Terri Armstrong, Ph.D., ANP-BC, FAAN, FAANP
National Institutes of Health, Bethesda, MD
Geffen Auditorium, Mayo Clinic, Gonda Building, Subway Level

6:15 - 7:15 p.m.  Meet the Researcher Evening Reception
Stephen and Barbara Slaggie Family Cancer Education Center
Mayo Clinic, Gonda Building, Lobby Level
Mayo Clinic / 200 First Street SW / Rochester, MN 55905
SYMPOSIUM FACULTY

Terri Armstrong, Ph.D., ANP-BC, FAAN, FAANP  
Senior Research Investigator, National Institutes of Health, Bethesda, MD

Paul Brown, M.D.  
Radiation Oncology, Mayo Clinic, Rochester, MN

Tanya Brown, Ph.D., ABPP-Cn L.P.  
Psychology, Mayo Clinic, Rochester, MN

David Daniels, M.D., Ph.D.  
Neurosurgery, Mayo Clinic, Rochester, MN

Staci Eischen, P.T., NCS  
Physical Medicine & Rehabilitation, Mayo Clinic, Rochester, MN

Leanne Elmer, M.S., CCC-SLP  
Speech Pathology, Mayo Clinic, Rochester, MN

Aubrey King  
Brain Tumor Survivor, Chaska, MN

Anita Mahajan, M.D.  
Radiation Oncology, Mayo Clinic, Rochester, MN

Amulya Nageswara Rao, M.B.B.S.  
Pediatric Hematology/Oncology, Mayo Clinic, Rochester, MN

Ian Parney, M.D., Ph.D.  
Neurosurgery, Mayo Clinic, Rochester, MN

Alison Sadowy, P.A.-C.  
Neurology NPPA, Mayo Clinic, Rochester, MN

Joon Uhm, M.D.  
Neuro-Oncology, Mayo Clinic, Rochester, MN

Keiran Vitek, M.S.W.  
Social Work, Medical Oncology, Rochester, MN
SYMPOSIUM SCHEDULE - SATURDAY, APRIL 27, 2019

8:15 a.m.  Registration and Light Breakfast

8:45 a.m.  Welcome, Announcements and Introductions
            Joon Uhm, M.D., Neuro-Oncology
            Shelly Kuhlmann, Brains Together for a Cure

9:00 a.m.  Vaccines and Immunotherapy
            Ian Parney, M.D., Ph.D., Neurosurgery

9:30 a.m.  Treating Brain Tumors with Protons, Photons, and Gamma Knife: Choosing the Right Tool for the Job
            Paul Brown, M.D., Radiation Oncology

10:00 a.m. 5 Minute Standing Stretch Break

10:05 a.m. Working Towards Targeted Therapy for Diffuse Intrinsic Pontine Glioma Tumors
            David Daniels, M.D., Ph.D., Neurosurgery

10:35 a.m. Break

10:50 a.m. Cognitive Rehabilitation for Individuals Living with Brain Tumors
            Tanya Brown, Ph.D., ABPP-Cn, L.P., Psychology
            Leanne Elmer, M.S., CCC-SLP, Speech Pathology

11:30 a.m. Keynote Address - Taking Control of Your Journey: Being Your Own Best Advocate
            Terri Armstrong, Ph.D., ANP-BC, FAAN, FAANP
            National Institutes of Health, Bethesda, MD

12:15 p.m. Lunch

1:00 p.m. Personal Story, Living with a Brain Tumor
            Aubrey King, Survivor

1:20 p.m. Transition time to breakout rooms
### Adult and Pediatric Breakout Sessions

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Presenters</th>
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<tbody>
<tr>
<td>1:30 p.m.</td>
<td><strong>Adult</strong></td>
<td><strong>Pediatric</strong></td>
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<td>Coping with the Diagnosis of a Brain Tumor</td>
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<td>• Between Doctor Visits: Coping with a Brain Tumor Diagnosis and its Impact on Home/Work</td>
<td>Radiation Therapy Options</td>
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<td>Joon Uhm, M.D., Neuro-Oncology</td>
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<td>Keiran Vitek, M.S.W., Medical Oncology</td>
<td>Amulya Nageswara Rao, M.B.B.S., Pediatric Hematology/Oncology</td>
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<td>• Survivorship 101: Practical Tips for Managing Fatigue, Cognitive Challenges, and Pain</td>
<td>Social and School Performance and Integration</td>
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<td>Alison Sadowy, P.A.-C, Neurology</td>
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<td>• Building a Winning Team to Reach Your Rehabilitation Goals</td>
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<td>Staci Eischen, P.T., NCS, Physical Medicine &amp; Rehabilitation</td>
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<td>2:35 p.m.</td>
<td>Panel Discussion plus Question and Answer</td>
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<td>Moderator – Elizabeth Canan, M.H.A.</td>
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<td>• Patients/Caregivers</td>
<td>• Staci Eischen, P.T., NCS</td>
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<td>• Parents/Caregivers</td>
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<td>3:15 p.m.</td>
<td>Closing Remarks</td>
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**Adult**

1:30 p.m. **Coping with the Diagnosis of a Brain Tumor**
- Between Doctor Visits: Coping with a Brain Tumor Diagnosis and its Impact on Home/Work  
  Joon Uhm, M.D., Neuro-Oncology
- Dealing with Difficult Emotions and Relationship Changes  
  Keiran Vitek, M.S.W., Medical Oncology
- Survivorship 101: Practical Tips for Managing Fatigue, Cognitive Challenges, and Pain  
  Alison Sadowy, P.A.-C, Neurology

2:35 p.m. Panel Discussion plus Question and Answer
Moderator – Katrina Rice, R.N., OCN®
- Joon Uhm, M.D.
- Alison Sadowy, P.A.-C
- Keiran Vitek, M.S.W.
- Patients/Caregivers

3:15 p.m. Closing Remarks

**Pediatric**

1:30 p.m. **Coping with the Diagnosis of a Brain Tumor**
- Radiation Therapy Options  
  Anita Mahajan, M.D., Radiation Oncology
- Life After Treatment: Late and Long-Term Effects  
  Amulya Nageswara Rao, M.B.B.S., Pediatric Hematology/Oncology
- Social and School Performance and Integration  
  Tanya Brown, Ph.D., ABPP-Cn, L.P., Psychology
- Building a Winning Team to Reach Your Rehabilitation Goals  
  Staci Eischen, P.T., NCS, Physical Medicine & Rehabilitation

2:35 p.m. Panel Discussion plus Question and Answer
Moderator – Elizabeth Canan, M.H.A.
- Anita Mahajan, M.D.
- Amulya Nageswara Rao, M.B.B.S.
- Tanya Brown, Ph.D., ABPP-Cn, L.P.
- Staci Eischen, P.T., NCS
- Parents/Caregivers

3:15 p.m. Closing Remarks
Registration Deadline: April 20, 2019

$10 per person or $15 for party of two

Symposium Registration Includes:
• Friday evening reception
• Saturday breakfast, lunch and materials

For questions: Phone: 507-538-6001 or email: cancereprog@mayo.edu

PLANNING COMMITTEE

• Elizabeth Canan, M.H.A., Brains Together for a Cure (BTFC), Rochester, MN
• Wendy Hanson, M.P.H., Cancer Education Program, Mayo Clinic, Rochester, MN
• Tracy King, Humor to Fight the Tumor, Chaska, MN
• Janine Kokal, R.N., M.S., Cancer Education Program, Mayo Clinic, Rochester, MN
• Shelly Kuhlmann, Brains Together for a Cure, Rochester, MN
• Lori Lonergan Brennan, BTFC, Development, Rochester, MN
• Amulya Nageswara Rao, M.B.B.S., Pediatric Hematology/Oncology, Mayo Clinic, Rochester, MN
• Katrina Rice, R.N., OCN®, Medical Oncology, Mayo Clinic, Rochester, MN
• Megan Roessler, M.Ed., Cancer Education Program, Mayo Clinic, Rochester, MN
• Susan Steinmetz, Oncology Research, Mayo Clinic; BTFC, Rochester, MN
• Joon Uhm, M.D., Neuro-Oncology, Mayo Clinic, Rochester, MN
MAIL-IN REGISTRATION ONLY

Please print all information clearly below:

Participant Name (1): __________________________________
Participant Name (2): __________________________________

____ I/we will be attending the Adult-focused afternoon breakout session
____ I/we will be attending the Pediatric-focused afternoon breakout session
____ I/we will be attending the Friday evening speaker and reception

Dietary Restrictions (list type of restriction): ______________

Address: ________________________________________________
City, State, Zip Code: ____________________________________
Telephone (area code + number): ___________________________
E-mail: ________________________________________________

Mail registration form and check payable to:
Mayo Clinic Cancer Education Program Brain Tumor Symposium
GoLo-334
200 First Street SW
Rochester, MN 55905

*No refunds will be given to registrations postmarked after April 20, 2019.
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