Mayo School of Continuing Medical Education in collaboration with the University of Nevada School of Medicine

Practical Management of Common Conditions in the Older Adult

Harveys Lake Tahoe
Lake Tahoe, Nevada

Friday – Saturday
July 30-31, 2004

www.mayo.edu
COURSE OVERVIEW AND LEARNING OBJECTIVES

This course is designed as an update for internists, family and general practice physicians, pharmacists, nurse practitioners, physician assistants, and nurses who are interested and involved in the care of older adults. It will provide the opportunity to closely interact with experts on topics that are of particular current interest in neurology, cardiology, rheumatology, endocrinology, and pharmacology. Upon completion of this course, participants should be able to:

• Identify and address the challenges of managing medications in an older patient with multiple chronic diseases
• Use effective tools to assess the health status of an older adult, diagnose problems areas, and identify treatment strategies
• Differentiate between pathological and reversible memory disorders and identify available therapies for both types
• Use an algorithm to guide the diagnosis and management of spells in older adults
• Describe the causes and consequences of depression in an older patient, diagnose depression, prescribe the latest drug therapies, and recommend non-medical management strategies
• Outline the decision-making process in determining when an older adult should or should not drive or live independently
• Discuss treatment options and ethical challenges faced by the medical practitioner in the provision of palliative and end-of-life care to geriatric patients
• Explain the diagnosis of and current treatment modalities for Parkinson’s Disease
• Identify and evaluate dizziness in an older patient and effectively manage symptoms
• Diagnose and manage common gait disorders
• Apply the latest treatment strategies to manage diabetes in the aging patient
• Discuss the impact of arthritis on the health and functioning of a geriatric patient and identify treatment options
• Utilize current treatment strategies and medications for the management of back pain
• Discuss the causes of headaches in a geriatric patient and identify available treatment modalities
• Explain cutting edge therapies in stroke prevention, the latest treatments in stroke management, and current trends in rehabilitation
• Describe evolving trends in clinical management of congestive heart failure

CREDIT

Mayo Foundation is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Mayo Foundation designates this educational activity for a maximum of 12.25 category 1 credit towards the AMA Physician’s Recognition Award. Each physician should claim only those credits that he/she actually spent in the educational activity.

This activity has been reviewed and is acceptable for up to 12.25 Prescribed credits by the American Academy of Family Physicians.

This program has been approved by the American Osteopathic Association for 12 hours of 2A accreditation.

The Office of Continuing Medical Education at the University of Nevada School of Medicine is a provider of continuing education credit through the Nevada State Board of Pharmacy. This program is approved for 12.25 hours of continuing education credit for pharmacists.

The University of Nevada School of Medicine approves this program for 12.25 hours of nursing continuing education credit.

Attendance at the Friday evening session provides 1 CME credit in medical ethics.

EDUCATIONAL GRANTS

This course is supported in part by educational grants from the following companies, in accordance with ACCME Standards

Janssen Medical Affairs, LLC  Pfizer, Inc.  Purdue Pharma, LP
Solvay Pharmaceuticals  Wyeth Pharmaceuticals

At the time of this printing, a complete listing of commercial supporters was not available. Appropriate acknowledgement will be given to all supporters at the time of the meeting.
DISCLAIMER
Attendance at this Mayo course does not indicate nor guarantee competence or proficiency in the performance of any procedures, which may be discussed or taught in this course.

MEETING LOCATION
The conference will be held at Harveys Lake Tahoe located on the South Shore of Lake Tahoe, approximately 62 miles from Reno. Several major thoroughfares, U.S. 50, U.S. 395 and Interstate 80, lead to Lake Tahoe. Harveys is a four-star resort hotel with 740 mountain or lake view rooms. The resort also offers eight restaurants, live entertainment, and 24-hour excitement. Reno/Tahoe International Airport serves Lake Tahoe. For more information regarding major attractions or to purchase tickets for shows, call the toll free number (800) AT-TAHOE.

RECREATION/LEISURE ACTIVITIES
Lake Tahoe, in the rugged Sierra, boasts world-class recreation and stunning natural beauty. Summertime activities include boating, bicycling, parasailing, hiking, fishing, mountain gondola rides, golfing, and relaxing around a pool or lakeside. Daytime temperatures average 85 degrees, and evening temperatures require a light sweater.

REGISTRATION
Mail completed registration form along with your check, made payable to the Board of Regents, by Friday, July 16, 2004. For additional information, call 1-775-784-1983. The registration fee is $275 through July 16, and $325 thereafter, for physicians active in practice. The course includes lunch and dessert reception on Friday (2 complimentary), breakfast and lunch on Saturday, and a course syllabus. There are no discounts for this course. A written confirmation of registration will be mailed upon receipt of payment and completed registration form.

No refund will be granted unless a written notice of cancellation is received. If registration must be canceled, tuition, less a $50 administrative fee, will be refunded when notification of cancellation is received prior to July 16, 2004. No refunds will be made after July 16, 2004. Although it is not our policy to limit the number of registrants for a course, resort conference room facilities may necessitate closure of enrollment. Early registration is strongly recommended. Walk-in registrations cannot be guaranteed.

In case of an emergency, you may be reached at the conference by calling 1-775-588-2411.

LODGING ACCOMMODATIONS
Hotel rooms in Lake Tahoe are limited. You are urged to make reservations early. A limited block of well-appointed rooms are offered Sunday – Thursday at $139* and Friday - Saturday at $199* (plus tax), single or double occupancy per night has been reserved at Harveys Lake Tahoe. Group rates will be honored two days prior and two days following the course dates, based upon space availability. To make your reservation, call 1-800-455-4770. Be sure to state the Group Code: S07UNRM. *A $20 surcharge per guest, per room, per night will apply for each additional person over 2 people regardless of age. No adult quad occupancy is allowed. A $6 per person roundtrip baggage handling gratuity will also be charged during your stay. Individual credit cards will be charged first night’s room and tax at time of reservation. Room cancellations must be done 72 hours in advance to avoid a charge of first night’s room and tax.

In order to receive the special rate, reservations must be made before the room block is filled or the expiration date of Tuesday, June 15, 2004. Reservations will be taken following this date based upon resort room availability, at the contracted meeting rate.

Hotel Website: http://www.harrahs.com/

TRAVEL ARRANGEMENTS
Please be sure to confirm your course registration prior to making your travel arrangements.

When making reservations, please state that you are attending the Practical Management of Common Conditions in the Older Adult.

Air: America West Airlines is the official airline for this course. Reduced airline rates are available by calling America West Airlines at 1-800-548-7575. CAMS File Code: 2011
Valid date(s) of travel are: July 25 – August 5, 2004.

Ground Transportation: Hertz is offering a reduced daily rate for participants attending the course. Call 1-800-654-2240 and refer to CV Number 022Q1480 when making reservations. Ground transportation is available via the public bus lines or through Tahoe Express, a luxury motor coach that provides regular transportation to and from Reno/Tahoe International Airport at a reasonable rate. Please call 1-775-785-2424 to make a reservation.
Friday Afternoon Program

12:00 pm  Registration, Light Luncheon, and Industry Exhibits
12:50  Opening Remarks
1:00  Aging and Pharmacology: Pharmacokinetics/Drug Interactions/Adverse Effects
      Beverly M. Parker, MD
1:40  Geriatric Assessments
      Susan Bannick-Mohrland, MD
2:20  Memory Disorders/Dementia: Genomics
      Richard J. Caselli, MD
2:40  Memory Disorders/Dementia: Clinical Management
      Charles Bernick, MD
3:00  Break and Industry Exhibits
3:15  Confusional Episodes/Loss of Consciousness (Syncope and Seizures)
      Joseph I. Sirven, MD
3:55  Depression in Older Adults: Evaluation
      Mark R. Floyd, PhD
4:35  Sleep Disorders
      Philip J. Lyng, MD
5:15  Questions and Answers for Afternoon Presentations
5:30  Adjourn

Friday Evening Program

7:30 pm  After-Dinner Seminar (coffee/dessert)
          Meet the Professor Discussion:
          Driving in Older Adults (When do you pull a license?)
          Ethical Issues/End of Life Care/Long-Term Care Facilities
          Moderated by: Joseph F. Drazkowski, MD and Arnold H. Greenhouse, MD
9:00  Adjourn

Saturday Program

7:00 am  Breakfast and Industry Exhibits
7:40  Opening Remarks
7:45  Parkinson’s Disease/Tremor
      Charles H. Adler, MD, PhD
8:25  Dizziness
      Arnold H. Greenhouse, MD
9:05  Gait Disorders
      Dean M. Wingerchuk, MD
9:45  Break and Industry Exhibits
10:00  Diabetes and Its Complications
      Michael D. Whitaker, MD, FRCPC
10:40  Arthritis
      Catherine E. Harmon, MD
11:20  Back Pain Management
      Neil Irick, MD
Noon  Questions and Answers for Morning Presentations
12:15 pm  Lunch
1:15  Headache
       David W. Dodick, MD, FRCPC, FACP
1:55  Stroke
       Bart M. Demaerschalk, MD, MSc, FRCPC
2:35  Congestive Heart Failure
       Kosta M. Arger, MD
3:15  Questions and Answers for Afternoon Presentations
3:30  Adjourn
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July 30-31, 2004

Please print legibly or type all information, and use a separate registration form for each person. Mail completed registration form along with your check made payable to the Board of Regents (US Funds only) by Friday, July 16, 2004 to the Office of Continuing Medical Education, 411 West Second Street, MS 348, Reno, Nevada 89503. For additional information, call 1-775-784-1983.

Your type of practice:

☐ Solo  ☐ Group  ☐ University  ☐ Resident/Fellow  ☐ Retired  ☐ Other: _________________________________

Years in practice:

☐ 0-4  ☐ 5-10  ☐ 11-15  ☐ 16-25  ☐ > 25

☐ Check box if you have any special needs or dietary requirements.
   If so, please indicate your needs here: ____________________________________________________________

______________________________________________________________________________________________

Name/Degree/Certification

______________________________________________________________________________________________

Medical Specialty  E-mail

Address

______________________________________________________________________________________________

City  State /Country  Zip/Postal Code

( )  ( )

Daytime Telephone  Fax

Course Registration Fee:

If registration is postmarked on or before July 16, 2004 $275.00
If registration is postmarked after July 16, 2004 $325.00

Friday Night Evening Seminar Registration: (2 Complimentary)

# of Adults: _________  # of Children: _________
(Additional Adults/Children $15)

Enclosed is my registration fee of $ _____________
MAYO CLINIC COLLEGE OF MEDICINE FACULTY
Scottsdale, Arizona

Charles H. Adler, MD, PhD
Professor of Neurology

Richard J. Caselli, MD
Professor of Neurology

Bart M. Demaerschalk, MD, MSc, FRCPC
Assistant Professor of Neurology

David W. Dodick, MD, FRCPC, FACP
Associate Professor of Neurology

Joseph F. Drazkowski, MD
Assistant Professor of Neurology

Catherine E. Harmon, MD
Assistant Professor of Medicine

Philip J. Lyng, MD
Assistant Professor of Medicine

Joseph I. Sirven, MD*
Associate Professor of Neurology

Michael D. Whitaker, MD, FRCPC
Assistant Professor of Medicine

Dean M. Wingerchuk, MD
Assistant Professor of Neurology

UNIVERSITY OF NEVADA SCHOOL OF MEDICINE FACULTY
Las Vegas and Reno, Nevada

Kosta M. Arger, MD
Assistant Clinical Professor of Medicine

Charles Bernick, MD
Professor of Neurology

Arnold H. Greenhouse, MD*
Professor Emeritus of Medicine

Beverly M. Parker, MD
Assistant Professor of Medicine

VISITING FACULTY

Susan Bannick-Mohrland, MD
Chief of Medicine and Primary Care
Veterans Affairs of Southern Nevada
Health Care System
Las Vegas, Nevada

Mark R. Floyd, PhD
Assistant Professor
Psychology Department
University of Nevada, Las Vegas
Las Vegas, Nevada

Neil Irick, MD
Pain Medicine Consultant
Indianapolis, Indiana

*Course Co-Directors

FACULTY DISCLOSURE

As a provider accredited by ACCME, Mayo Foundation must ensure balance, independence, objectivity and scientific rigor in its educational activities. All faculty participating in a Mayo Foundation activity are required to disclose commitments to and/or relationships with pharmaceutical companies, biomedical device manufacturers or distributors, or others whose products or services may be considered to be related to the subject matter of the educational activity. Faculty will also disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of these commitments and/or relationships will be published in course materials so those participants in the activity may formulate their own judgments regarding the presentation.
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Mayo Clinic College of Medicine
Mayo School of CME
Mayo Clinic
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USA

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