13th Annual Female Urogynecology and Disorders of the Female Pelvic Floor

JW Marriott Desert Ridge Resort & Spa
Phoenix, Arizona

Thursday – Saturday
April 15-17, 2004
COURSE DESCRIPTION

This course is intended for OB/GYN and urology surgeons, allied health, and medical practitioners with an interest in the latest treatment for female urogynecology and disorders of the female pelvic floor. The course is designed to provide the current state-of-the-art updates in surgical and non-surgical management of urogynecology disorders and a better understanding of female pelvic floor dysfunction’s. The program format is designed with didactic lectures, faculty panel discussions, video presentations, and case presentations for optimal learning.

COURSE LEARNING OBJECTIVES

Upon completion of this course, participants should be able to:

• Integrate advanced techniques in laparoscopic surgery and pelvic prolapse surgery
• Identify advanced reconstructive techniques for concomitant vaginal vault prolapse and urinary incontinence
• Identify advances in urodynamic assessment
• Select appropriate operative procedures for female urinary incontinence based on objective findings
• Integrate neuromodulation and the pelvic floor
• Integrate non-synthetic materials and their application in pelvic reconstructive surgery
• Identify anatomy of the pelvic floor
• Identify surgical complications of incontinence surgery

DISCLAIMER

Attendance at this Mayo course does not indicate nor guarantee competence or proficiency in the performance of any procedures, which may be discussed or taught in this course.

CREDIT

Mayo Foundation is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Mayo Foundation designates this educational activity for a maximum of 15.75 category 1 credit towards the AMA Physician’s Recognition Award. Each physician should claim only those credits that he/she actually spent in the educational activity.

This program has been approved by the American Osteopathic Association for 15.50 hours of 2A accreditation.

Application has been submitted to the American College of Obstetrics and Gynecologist for cognate hours (Formal Learning) for this program.

EDUCATIONAL GRANTS

This course is supported in part by educational grants in accordance with ACCME Standards.

MEETING LOCATION

Inspired by the grandeur of the Grand Canyon, the JW Marriott Desert Ridge Resort & Spa, located at 5350 E. Marriott Drive, Phoenix, is Arizona’s newest – and largest – luxury resort. Rising in the Sonoran Desert where northeast Phoenix converges with Scottsdale, Desert Ridge redefines the Arizona destination resort experience. Sited to offer majestic views of the McDowell Mountains, the resort is conveniently located with easy access to the new Loop 101 freeway, and is approximately 40 minutes north of Phoenix Sky Harbor International Airport. The resort is the centerpiece of the Valley’s burgeoning northeastern corridor, surrounded by the pristine Sonoran Desert.

For more information on the JW Marriott Desert Ridge resort, visit their web site at www.desertridgeresort.com

RECREATION/LEISURE ACTIVITIES

Features at the JW Marriott Desert Ridge Resort & Spa include: Two 18-hole championship golf courses, 28,000 sq. ft. comprehensive spa; full service spa salon; state-of-the-art fitness
gym; eight-court tennis pavilion with two grass and clay courts; swimming pools with interconnecting waterways, waterfalls and a lazy river.

The Phoenix area offers many possibilities to enjoy your stay. Year-round sunny skies make hiking or biking through the dramatic Sonoran Desert landscape a mesmerizing experience. A journey into the majestic McDowell Mountains on horseback allows you to experience the city’s Western heritage. If you prefer off-land adventures, take to the skies in a hot air balloon or have fun on the water at one of our area lakes. If indoor activities are more your style; you’ll find an endless array of shopping malls, boutiques and outlets to shop until you drop. And when you’ve exhausted all the shopping you can manage, there are a multitude of fine dining establishments that are just waiting to whisk you away from the cares of the day into a variable culinary paradise…everything from Italian, Mexican, Thai, French, Southwestern, Greek, and Mediterranean. Bon Appetit! In order to assist you in planning your leisure activities, please contact the resort’s concierge at 1-480-293-5000.

Many other recreation and leisure activities are listed via the web at: www.phoenixcvb.com or www.scottsdalecvb.com

REGISTRATION

To register, please complete the attached registration form and return with payment. If you are using a credit card, you may fax your registration form to 1-480-301-8323.

The registration fee is $550 through March 15 and $600 thereafter for physicians active in practice. This fee includes continental breakfasts, lunch on Friday (for registered attendees only), refreshment breaks, and a comprehensive course syllabus. Special rates are available for residents, retired physicians, active duty military, and Indian Health Service physicians – please call to obtain registration fees. A letter of confirmation will be sent upon receipt of payment and completed registration form. If you do not receive a confirmation letter, send an e-mail to mcs.cme@mayo.edu or please call 1-480-301-4580. Please have this letter accessible when checking in at the meeting registration desk.

No refund will be granted unless a written notice of cancellation is received. If registration must be canceled, tuition less a $75 administrative fee will be refunded when notification is received prior to April 1, 2004. No refunds will be made after April 1st.

In case of an emergency, you may be reached at the conference by calling 1-480-293-5000.

LODGING ACCOMMODATIONS

Hotel rooms in the Phoenix area are limited. You are urged to make reservations early. A limited block of luxurious rooms at a special rate of $285 single/double/triple/quad occupancy per night has been reserved at the J.W. Marriott Desert Ridge Resort & Spa. Group rates will be honored three (3) days prior and three (3) days following the course dates, based upon space availability. To make your reservation, call 1-800-835-6206 or 1-480-293-5000. Be sure to state that you are attending the Mayo Clinic’s 13th Annual Female Urogynecology and Disorders of the Female Pelvic Floor.

In order to receive the special rate, reservations must be made before the room block is filled or the expiration date of March 24, 2004. Reservations will be taken following this date based upon resort room availability, at the contracted meeting rate. Hotel Website: www.desertridgeresort.com

TRAVEL ARRANGEMENTS

Please be sure to confirm your course registration prior to making your travel arrangements.

When making reservations, please state that you are attending Mayo Clinic’s 13th Annual Female Urogynecology and Disorders of the Female Pelvic Floor.

Air: America West Airlines is the official airline for this course. Reduced airline rates are available by calling America West Airlines at 1-800-548-7575. CAMS File Code: 2011 Valid date(s) of travel are: April 12-April 20, 2004.

Ground Transportation: Hertz is offering a reduced daily rate for participants attending the course. Call 1-800-654-2240 and refer to CV Number 022Q1480 when making reservations. Supershuttle vans offer airport transportation to and from the hotel. To make reservations call 1-602-244-9000.
Thursday April 15, 2004

7:15 a.m. Registration, Continental Breakfast & Industry Exhibits

Moderator: Jeffrey L. Cornella, MD

PELVIC FLOOR ANATOMY AND LEVATOR FUNCTION

7:50 Introductions and Announcements
8:00 Anatomy of the Female Pelvic Floor
  Giovanni Elia, MD
8:25 Labor and the Pelvic Floor
  Kris Strohbehn, MD
8:50 The Levator Muscle and Rectal Function
  Michael D. Crowell, PhD
9:15 The Levator Muscle and Pelvic Organ Prolapse
  Kris Strohbehn, MD
9:40 Panel Discussion: The Effects of Pregnancy on the Pelvic Floor
  Drs. Crowell, Elia and Strohbehn
10:05 Refreshment Break & Industry Exhibits

PUEDENAL NERVE NEURALGIA

10:25 Pudendal Nerve Neuralgia: A Severe Pain Syndrome
  Thomas J. Benson, MD
10:50 Clinic Pelvic Neurophysiology
  Thomas J. Benson, MD
11:15 Pudendal Injection, Stimulation, and Decompression Surgery:
  Pudential Anatomy Revisited
  Thomas J. Benson, MD
11:40 Case Presentation: Neuro-Urogynecology
  Thomas J. Benson, MD

Noon Complimentary Luncheon

PANEL: SURGICAL MANAGEMENT OF PELVIC ORGAN PROLAPSE (POP)
(Video Presentations)

1:00 p.m. Dynamic MR Assessment of POP and Rectal Dysfunction
  Kris Strohbehn, MD
Dermal Allograft Support of Viscera in POP
  Jeffrey L. Cornella, MD
Colpocleisis
  Kris Strohbehn, MD
Abdominal Sacrocolpopexy
  Jeffrey L. Cornella, MD

2:00 Panel Discussion
  Drs. Cornella and Strohbehn

VAGINAL VAULT PROLAPSE AND LAPAROSCOPIC SURGERY
(Lecture and Video Presentations)

2:30 Laparoscopic Retroperitoneal Anatomy of the Pelvic Wall
  Javier F. Magrina, MD
2:55 Laparoscopic Burch Urethropexy: Current Indications
  Giovanni Elia, MD
3:20 Laparoscopic and Vaginal Uterosacral Ligament Suspension;
  McCall’s Culdoplasty: Mayo’s Approach to Vault Prolapse
  Javier F. Magrina, MD
4:05 Adjourn
Moderator: Nancy M. Itano, MD

**Friday April 16, 2004**

7:30 a.m. Continental Breakfast & Industry Exhibits
7:50 Announcements

**FEMALE URINARY INCONTINENCE**

8:00 Office Assessment of Female Urinary Incontinence
Nancy M. Itano, MD

8:30 Management of Stress Incontinence: Evidence-Based Review of the Literature
Robert Hammer, MD

9:00 Urodynamic Assessment of the Bladder
Nancy M. Itano, MD

9:30 Update: Medical Management of Bladder Overactivity
Robert Hammer, MD

10:00 Panel Discussion
Drs. Hammer and Itano

10:30 Refreshment Break & Industry Exhibits

**SLING PROCEDURES AND URETHRAL BULKING AGENTS**
(Lecture and Video Presentations)

10:40 Classic Pubovaginal Sling Procedures
Nancy M. Itano, MD

11:10 Surgical Management of SUI: TVT and Uretex Sling
John B. Gebhart, MD

11:40 Assessment and Management of Intrinsic Sphincteric Deficiency
Jeffrey L. Cornella, MD

12:10 p.m. Panel Discussion
Drs. Cornella, Gebhart and Itano

12:40 Adjourn

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Moderator: John B. Gebhart, MD

**Saturday April 17, 2004**

7:30 a.m. Continental Breakfast & Industry Exhibits
7:50 Announcements

**COMPLICATIONS OF INCONTINENCE SURGERY: CASE PRESENTATIONS**

8:00 Case Presentation
Paul M. Magtibay, MD

Case: Sling Erosion and its Management
Jeffrey L. Cornella, MD

Case Presentation
Robert Hammer, MD

Case: Management of Urinary Retention Following Urethrolysis
Paul D. M. Pettit, MD

9:00 Panel Discussion
Drs. Cornella, Hammer, Magtibay and Pettit

9:30 The Management of Urinary Tract Injury
Paul M. Magtibay, MD
10:00  Refreshment Break & Industry Exhibits

10:20  Advances in Neuromodulation
      Paul D.M. Pettit, MD

10:45  The Affects of Radical Hysterectomy on Bladder Function
      Paul M. Magtibay, MD

11:10  Surgical Management of Vaginal Agenesis
      John B. Gebhart, MD

11:35  Cystoscopy: Technique and Diagnosis of Bladder Conditions
      Paul D.M. Pettit, MD

Noon  The Future of Pelvic Reconstructive Surgery
      Jeffrey L. Cornella, MD

12:35 p.m.  Panel Discussion
            Drs. Cornella, Gebhart, Magtibay and Pettit

12:50  Course Adjourn

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**MAYO CLINIC FACULTY**

**Jacksonville, Florida**
Paul D.M. Pettit, MD

**Rochester, Minnesota**
John B. Gebhart, MD
Paul M. Magtibay, MD

**Scottsdale, Arizona**
Jeffrey L. Cornella, MD *
Michael D. Crowell, PhD
Nancy M. Itano, MD
Javier F. Magrina, MD

**DISTINGUISHED VISITING FACULTY**

Thomas J. Benson, MD
Indiana University School of Medicine, Methodist Hospital
Indianapolis, IN

Giovanni Elia, MD
Edward Via Virginia College of Osteopathic Medicine
Blacksburg, VA

Robert Hammer, MD
Northwestern University
Chicago, IL

Kris Strohbehn, MD
Dartmouth-Hitchcock Medical Center
Lebanon, NH

*Course Director

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**FACULTY DISCLOSURE**

As a provider accredited by ACCME, Mayo Foundation must ensure balance, independence, objectivity and scientific rigor in its educational activities. All faculty participating in a Mayo Foundation activity are required to disclose commitments to and/or relationships with pharmaceutical companies, biomedical device manufacturers or distributors, or others whose products or services may be considered to be related to the subject matter of the educational activity. Faculty will also disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of these commitments and/or relationships will be published in course materials so those participants in the activity may formulate their own judgments regarding the presentation.
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Please print or type all information. Duplicate form for multiple registrations.

To expedite registration, fax this form with your credit card noted to: 1-480-301-8323; or mail to Mayo School of Continuing Medical Education, Mayo Clinic, 13400 East Shea Boulevard, Scottsdale, AZ 85259.

For questions, please call 1-480-301-4580 or email: mcs.cme@mayo.edu

Your type of practice:
☐ Solo    ☐ Group    ☐ University    ☐ Resident/Fellow
☐ Retired ☐ Other:________________________________________

Years in practice:
☐ 0-4    ☐ 5-10    ☐ 11-15    ☐ 16-25    ☐ > 25

☐ Check box if you have any special needs or dietary requirements.
If so, please indicate your needs here: __________________________________________

Name/Degree/Certification

Medical Specialty

E-mail Address

Address

City

State/Country

Zip/Postal Code

Daytime Telephone

Fax

☐ We are considering a Mayo Clinic hospital tour following the course on Saturday, April 17th.

Please indicate if you are interested in participating in the tour: ☐ Yes ☐ No

Course Registration Fee:

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<th>Through 3/15</th>
<th>After 3/15</th>
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<tr>
<td>Physicians in active practice</td>
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<td>(please call 1-480-301-4580 to obtain rate)</td>
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Payment: U.S. Funds Only (Please indicate form of payment below).

☐ Check enclosed (Please make checks payable to Mayo Clinic)

☐ Visa ☐ MasterCard ☐ Discover

Card Number__________________________________________________ Expiration date (mo/yr) _____

Signature ___________________________ Date ____________
Mayo School of Continuing Medical Education (MSCME)
Mayo Clinic
13400 East Shea Boulevard
Scottsdale, Arizona 85259 USA

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