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Welcome to your new Hometown Health!

Welcome to the first edition of the new Hometown Health. You’ll see some changes to the design of the publication, including changing to a magazine-style cover. This allows better and bigger photos of the patients and providers highlighted in Hometown Health’s stories. There’s a greater emphasis on photography inside the newsletter, too.

This issue also is the first to include the new Mayo Clinic Health System logo, which features three shields representing what Mayo Clinic stands for: the integration of patient care, education and research.

A new name
As you read this issue of Hometown Health, you may notice a few changes. The biggest? Luther Midelfort is now Mayo Clinic Health System. Our new name is an outward reflection of the hard work going on inside our walls: efforts to bring more of the resources of Mayo Clinic to northwest Wisconsin, while emphasizing the importance of community-based health care to Mayo Clinic.

“Mayo Clinic Health System has evolved over time, and today our sites work together more closely with each other and Mayo Clinic than ever before,” says Rob Nesse, M.D., CEO of Mayo Clinic Health System. “We operate as one system and work together to provide our patients with the care they need, where they need it — whether that’s in their hometown, a neighboring community or in Rochester. Our new name reflects that.”

Changing our name is just one indicator of the ways you and your neighbors are connected to Mayo Clinic.

A powerful system
Today’s Mayo Clinic Health System began in 1992 as a partnership between just two organizations: Mayo Clinic and Decorah Clinic, then a six-physician practice. In the last 19 years, Mayo Clinic Health System has grown to serve more than 70 locations, and has 13,000 employees and 900 physicians serving patients in Iowa, Minnesota and Wisconsin.

Working as a system, Mayo Clinic and Mayo Clinic Health System can provide the best in health care: quality primary care and specialty care from trusted providers in local communities, with easy access to the expertise of Mayo Clinic when it’s needed.

“Dr. Will Mayo, one of the founders of Mayo Clinic, said that ‘in order that the sick may have the benefit of advancing knowledge, union of forces is necessary,’” says John Noseworthy, M.D., president and CEO of Mayo Clinic. “That’s the idea behind Mayo Clinic Health System. By joining forces, we can do much more for our patients than any of us could alone.”

Community priorities
Dan Clumpner, a member of the Eau Claire board of directors, says the new brand demonstrates Mayo’s respect for local sites and also signals its commitment to ensuring that quality health care thrives in the region.

“Mayo Clinic originally partnered with Luther Midelfort because we share a commitment to providing high-quality health care,” he says. “A patient having access to all of the resources Mayo has to offer ensures the highest possible quality of care — for life.”

In the years to come, Mayo Clinic and its health system locations throughout the region will be working together more closely than ever before. But that doesn’t mean they will become replicas of Mayo Clinic.

“We’ll always have our own important history and culture,” says Randall Linton, M.D., president and CEO of Mayo Clinic Health System in Eau Claire, “We’ll continue to hire our own staff and decide which health care services our community needs. We share Mayo Clinic’s Mission and values, with one goal in mind: providing the best care possible to our patients.”

Introducing Mayo Clinic Health System

John Noseworthy, M.D.
President and CEO, Mayo Clinic

Rob Nesse, M.D., CEO
Mayo Clinic Health System
What’s not changing:
A note from Randall Linton, M.D., President and CEO, Mayo Clinic Health System in Eau Claire

When we change the sign out front, you might think there are big changes going on inside our doors, too. And there are: long-term changes we’ve been making for years. These include:

- Implementing a common electronic medical record, giving providers throughout the health system access to vital medical information 24/7.
- Sharing ideas for improving our patients’ care through specialty councils, which bring together providers from throughout the health system to discuss best practices.
- Developing the Practice-Based Research Network, a group of providers working to improve patient care through research with colleagues throughout the health system.

One thing we will never change is our commitment to our patients. We will continue to honor the trust that you’ve placed in us for more than 100 years. And we will continue to be guided by the words of one of Mayo Clinic’s founding fathers, Dr. Will Mayo, who said, “The best interest of the patient is the only interest to be considered.”

What does being part of Mayo Clinic Health System mean to local staff?

A brand is more than a name change or a logo — it’s how an organization is perceived by others, and how it views itself. How will the new Mayo Clinic Health System brand benefit northwestern Wisconsin and our patients? Providers, staff and a community board member share their thoughts.

Being part of Mayo Clinic Health System gives me the confidence that I can get my patients the care they need, whether I provide it myself or reach out to another provider. It's easy to pick up the phone and call a colleague at another health system site, or refer a patient to a visiting specialist. And if my patients face something serious, it feels good to be able to refer them to Mayo Clinic. It’s the same place I’d take my own family for that next level of care.

– John Larson, M.D., Bloomer and Colfax

One of the great things about this from a business perspective is that we have more opportunities to save money and gain efficiencies by working together. For example, we have groups working on eliminating variation in the supplies that we order. This enables us to buy in bulk and get price discounts from suppliers. That kind of collaboration helps lower health care costs for all of us.

– Kay Bilse, registered nurse, Barron

The Mayo organization is a great name in health care, and I feel proud to be a part of it. When you hear the name, you know you’re going to get quality care. I trust Mayo Clinic, and from talking to my patients I know they do, too. Becoming Mayo Clinic Health System links us more closely to Mayo Clinic, and I like that.

– Melinda Craig, registered nurse, Eau Claire

Medicine is complex. One hundred years ago, a physician could potentially grasp the bulk of the day’s medical knowledge. Not a chance of that today. New discoveries that could impact patient care occur on a daily basis. As part of Mayo Clinic Health System, we have more access to the latest medical information. That’s a huge benefit to our patients, and we wouldn’t be able to offer that without our connection to Mayo Clinic.

– Robert Peck, M.D., medical director, Eau Claire

My family and I have experienced Mayo-quality care in Eau Claire, so I can personally attest to the fact that this brand isn’t just a slogan — it’s a culture. As a board member, I am consistently amazed at the many incredibly talented people whose efforts are dedicated to improving the system and their commitment to placing the interests of the patient first.

– Dan Clumpner, member, Eau Claire board of directors
This issue of Hometown Health explains how your health care organization’s new name is a public reflection of the already-existing powerful collaboration between Mayo Clinic and Mayo Clinic Health System.

In coming weeks, Mayo Clinic Health System will inform patients and communities of the benefits of increased collaboration across the system through a campaign that includes television and radio ads, billboards and more. The goal of the campaign is to educate the system’s hundreds of thousands of patients and other community members about Mayo Clinic Health System’s high-quality, lifelong care.

“Mayo Clinic Health System brings Mayo Clinic to you and your neighbors for life — and that is something really special,” says Mark Koch, CAO, Mayo Clinic Health System. “If you receive care through Mayo Clinic Health System, you’ll benefit not only from the long-term relationships you’ve established with your local health care providers, but also from the knowledge of many other medical experts working together. We’re all on the same team to help you get and stay healthy, whether you’re dealing with a sore throat or major surgery.”

Mayo Clinic Health System served more than 500,000 patients in 70 locations in 2010. However, research shows that some of those patients aren’t aware that the hospital or clinic they visit is part of the Mayo family, because its primary name has not been closely tied to Mayo Clinic. Establishing a uniform name — Mayo Clinic Health System — at all the locations and launching a system wide ad campaign will help educate patients and community members about the unique benefits of receiving care through a fully connected Mayo Clinic Health System.

“At the same time, developing a common name will help us prepare for the future, lower our operating expense and bring efficiencies we wouldn’t have been able to realize previously, with different names across 70 locations,” says Koch.

“Through our advertising campaign, we want to convey how proud Mayo Clinic Health System is to be an integral part of many communities in the region. We recognize that providing quality community-based health care is just as valuable to our patients and to our organization’s success as providing specialty care,” says Koch. “We also want to spread awareness about the resources Mayo Clinic Health System has available — many of them locally, some through referrals — to current and future patients. As we mature as a system, we want the communities we serve to understand who we are and how we work together.”

Fun facts about Mayo Clinic’s brand

Long used in pop culture references — comics, movies, TV shows, and radio — as shorthand for excellence in medicine, Mayo Clinic is truly a household name. Consider:

- Mayo Clinic has turned up everywhere from 1940s Dick Tracy comic strips and other cartoons — which inevitably use the words “hold the Mayo” in a dialogue bubble — to episodes of “Little House on the Prairie,” “M*A*S*H,” “The Simpsons,” “Grey’s Anatomy,” and dozens of other television shows and movies. “Jeopardy” once had a whole category devoted to Mayo Clinic.

- The Mayo Clinic logo has been redrawn eight times since 1914. In 2001, the logo was modified to emphasize the name Mayo Clinic and to strengthen the interconnected image of patient care, education and research.

- For more than 100 years, word of mouth has been the primary method of sharing Mayo Clinic’s reputation and generating new patients. Even today, patients cite word of mouth as the leading source of information that motivates them to choose Mayo.
Wound care specialist helps patients heal

For Jim Pittman, summer usually means boating, fishing, golf, tennis, walking and good times in the hot tub. But last year was quite different. He did a little fishing and boating, but missed the rest.

“It was hard to even walk,” says Pittman, a Cameron, Wis., resident. Pittman has been battling a stubborn wound on his left leg. In April 2009, he was diagnosed at Mayo Clinic in Rochester with a skin condition called lichen planus, and began a treatment plan they recommended.

“It would get better, but was still very painful,” says Pittman. Finally, he decided he’d had enough, and scheduled an appointment with Kay Bilse, a Mayo Clinic Health System certified wound/ostomy registered nurse.

“My clinical training gave me a chance to develop relationships with colleagues throughout our system,” she says. “That’s been incredibly beneficial, as many of our patients see providers at different locations. For example, it’s easy for me to connect with Jim’s dermatologist at Mayo Clinic or Nephrology in Eau Claire when I have a question about his care.”

In late January, Pittman began meeting with Bilse twice a week. At each session, she checked the area and cleaned his wound. She treated the condition, as prescribed by Mayo Clinic, and placed a new medicated dressing on it. Pittman’s wife, Mary, has continued the treatment on his wound since last spring. She attends each appointment and continues the treatment at home between visits.

“I have been very pleased with the results,” says Pittman. “The wound is healing nicely. We always had a problem with the standard dressing sticking to the wound and pulling off the new skin, but the dressing Kay uses does not stick and allows my wound to heal and new skin to cover it.

“Working with Kay has really helped,” he adds. “She’s professional and caring, and has always treated me and my wife with the utmost respect.”

Bilse says she’s grateful for the opportunity to make a difference in the lives of people who have often lived with open wounds and pain for years.

“When patients say ‘Thank you,’ for something I’ve done, I usually respond by saying, ‘It’s my pleasure,’” she says. “I don’t want to just say, ‘You’re welcome,’ because it truly is my pleasure to help.”

Kay Bilse, a registered nurse and certified wound/ostomy specialist at Barron, Cameron, Prairie Farm, Rice Lake and Chetek, tended to Jim Pittman’s wound twice a week.
Dr. William J. Mayo’s declaration in 1910 that “the best interest of the patient is the only interest to be considered” is a fundamental guiding principle for all Mayo Clinic organizations.

The principle of putting the needs of the patient first was paramount to health care providers in west-central Wisconsin long before Luther Hospital and Midelfort Clinic became part of the Mayo family in 1992, however.

For generations, Eau Claire’s dedicated doctors, nurses, and allied health professionals have cared for people in the community with equal parts proficiency and compassion.

In the late 1800s, a young Norwegian doctor, Hans Christian Midelfart, traveled by horse and buggy throughout the community practicing every type of medicine, from obstetrics to surgery. Just over a century ago — after an appeal went out to the community to donate $1 or more toward construction of a new hospital — Luther Hospital was opened. And in 1927, Hans Midelfart and his partners recognized the value of joining forces with other doctors and opened Midelfort Clinic.

Decades of medical innovation in both the hospital and clinic (which became Midelfort Clinic, with an ‘o,’ in 1969) followed, marked by high-quality, interdisciplinary health care. These decades also were marked by growth, as Midelfort Clinic extended its reach beyond Eau Claire by integrating with existing clinics and opening satellite clinics in smaller towns in west-central Wisconsin including Barron, Chetek, Prairie Farm, Chippewa Falls, and Mondovi.

The most definitive moment in recent health care history came 19 years ago, though, when Luther Hospital and Midelfort Clinic affiliated with Mayo Clinic to form Luther Midelfort. While Midelfort doctors had been consulting with Mayo specialists on perplexing cases since the 1930s, the official union of the three entities launched a new era in medical excellence. Community members were given access to a Mayo One helicopter permanently stationed in Eau Claire, a new outpatient dialysis center, a wider array of specialists, expanded services in cardiac care and cardiac surgery, and the latest cutting-edge technologies and resources. In addition, the five-story Midelfort building was constructed.

The initial partnership in 1992 between Eau Claire’s flagship health care organizations and Mayo Clinic was soon followed by additional integration with Osseo Clinic, Barron Medical Center, and Bloomer Community Memorial Hospital. This series of relationships exemplified another principle that had long been important to both Mayo Clinic and Eau Claire leaders and providers: teamwork. In their early days of medical practice in Rochester, Dr. William Worrall...
Mayo and his sons, Dr. Will and Dr. Charlie, were pioneers in collaborating with other physicians. This collaboration ran contrary to the conventions of the late 19th century, which dictated that physicians not share their skills with other physicians for fear of losing patients.

“The Mayo family’s idea of working in an integrated fashion is their most enduring gift,” says Matthew Dacy, director of Mayo Clinic’s Heritage Hall museum. Medical technology and tools are constantly evolving, Dacy notes, but Dr. W.W. Mayo’s famous precept — No one “is big enough to be independent of others”— is timeless. “The Mayo brothers wanted to learn from others as much as to share their own knowledge. That’s exactly what happens across Mayo Clinic Health System a century later. It is a partnership in the best sense of the word and makes us all more effective.”

Today, the core values of teamwork, collaboration, and collegiality — all for the good of the patient — lie at the foundation of the success of Mayo Clinic Health System. “Mayo Clinic has always put the patient first. Working together, we ensure collaboration amongst leading medical professionals to find answers that help patients get healthy and stay healthy,” says Randall Linton, M.D., president and CEO of Mayo Clinic Health System in Eau Claire. “In effect, Mayo Clinic Health System offers the best of both worlds by bringing the vision and expertise of Mayo Clinic into the local community.”

Hometown hospitals

Three hospitals opened in quick succession in western Wisconsin around 50 years ago, providing quality health care close to home for the region’s residents:

- In 1959, Barron Community Memorial Hospital opened. The facility, later renamed Barron Medical Center, became part of Luther Midelfort and Mayo Health System in 1998. It was known as Luther Midelfort Northland - Mayo Health System until it was renamed Mayo Clinic Health System in May 2011.

- In 1961, Bloomer Community Memorial Hospital opened. The facility joined Luther Midelfort and Mayo Health System in 1998. It was known as Luther Midelfort Chippewa Valley - Mayo Health System until it was renamed Mayo Clinic Health System in May 2011.

- In 1964, Osseo Area Municipal Hospital opened. The facility, later renamed Osseo Area Medical Center, and then Osseo Medical Center, joined Luther Midelfort and Mayo Health System in 2004. Formerly known as Luther Midelfort Oakridge - Mayo Health System, it was renamed Mayo Clinic Health System in May 2011.
**Holding hands with a loved one. Tying shoes. Buttoning a shirt. Gripping a pencil.**

While many of us take these basic capabilities for granted, people who have suffered severe, mutilating injuries to their hands, or had their hands amputated as a result of a trauma, don’t have that luxury.

But thanks to Mayo Clinic’s new Hand Transplant Program, which in June 2010 became the first non-experimental hand transplant program in the United States, it may be possible to restore function and feeling in the hands of people who have been living without using them.

A hand transplant involves taking a hand and forearm from a deceased donor — matched for gender, skin color and size — and transferring it to a recipient. “In some cases, a hand transplant would be the only way for a patient with severe hand injuries to recover sensation,” says Steven Moran, M.D., chair of the Division of Plastic Surgery, professor of orthopedics and plastic surgery, and surgical director of the new program. “A prosthetic does not allow someone to recover feeling.”

The complex hand surgery takes from 12 to 24 hours and involves the reattachment of skin, bone, muscles, nerves, tendons and blood vessels. Movement tends to return quickly after a hand transplant, while sensation returns more slowly.

After the surgery, recipients must complete an extensive rehabilitation process that involves learning to protect the hand as feeling returns over the course of a year or so.

More than 60 experimental hand transplants have been performed worldwide since 1998. Patient outcomes have been so positive, Dr. Moran says, that Mayo’s board of governors chose to become the first U.S. medical institution to grant clinical approval to a hand transplant program rather than classifying the program as experimental. “Patients will not be experimented on,” Dr. Moran says. He emphasizes that Mayo will use methods that have already been proven effective, as well as “immunosuppressive medications that have been used successfully in the majority of hand transplant patients for more than 10 years.”

Mayo’s Hand Transplant Program combines the strength of a world-renowned transplant team that transplants more than 1,500 organs every year with the skills of Mayo’s hand surgeons, who reattach dozens of severed fingers and limbs annually. In addition, patients work with experienced experts in hand rehabilitation, psychiatry and psychiatry. “Bringing all of Mayo’s strengths together ensures the best possible outcomes for patients,” Dr. Moran notes.

Strong candidates for hand transplant at Mayo Clinic are nonsmokers in good health who are between ages 23 and 60. Candidates could have had their hands amputated between the wrist and the elbow, or could still have their hands but have lost complete function in them due to a farming accident, burn injuries or other trauma. Candidates who have lost only one hand may also be considered. Candidates could have lived without use of their hands for several decades or just a few months.

Most hand transplant recipients are pleased with the results, Dr. Moran notes. One study of 38 patients showed that all patients recovered protective sensation within the hand. In terms of appearance, sensation, movement, social acceptance, ability to perform daily tasks and overall satisfaction, better than 70 percent of patients noted their results as “good” or “excellent.” Many patients in the study had returned to employment, with several patients returning to jobs involving manual labor.

“In terms of patient satisfaction as well as functional recovery, the results are very encouraging,” says Dr. Moran. “A hand transplant could transform your life or the life of a loved one.”

If you are interested in being evaluated as a possible candidate for a hand transplant, including determining insurance and payment options, call 507-266-0446.
What Mayo Clinic medicine means in the health system

As a Mayo Clinic Health System patient, you benefit from high-quality health care provided by a team of dedicated primary and specialty care providers. But you also benefit from the resources of Mayo Clinic, consistently ranked one of the top medical centers in the country by U.S. News & World Report. That means you have access to the expertise of nearly 4,000 physicians and scientists working in virtually every medical specialty — often without having to leave your hometown.

“Transdisciplinary teams design practice-based research studies, and the network provides support for the entire process, from project design to the dissemination of findings.”

Macaulay Onuigbo, M.D

Here are a few ways Mayo Clinic practices medicine in the health system:

• **AskMayoExpert** When your provider has a question about your care, he or she can access an online resource that provides Mayo-vetted advice on hundreds of medical conditions, in-depth educational materials, the latest clinical research findings, and a listing of experts available to answer questions when needed. The tool helps your provider access the expertise of colleagues at Mayo Clinic — all with the click of a mouse. Most questions are answered within 24 hours. If your provider has an urgent question about your care, he or she can reach an expert within minutes via Mayo Clinic’s priority paging system.

• **Outreach physicians** Mayo Clinic specialists in areas including cardiology, oncology, dermatology and neurology travel to Mayo Clinic Health System communities to provide care for patients in their own hometowns. This means patients often don’t have to drive to Rochester or another community for specialty health care.

Mayo Clinic specialists in the following areas visit Eau Claire on a regular basis: pediatric cardiology, pediatric gastroenterology, hepatology, neurology and pediatric orthopedics.

• **eConsults** Mayo Clinic Health System is piloting a program that will allow primary care providers the ability to e-mail a Mayo Clinic specialist about certain medical questions that don’t require a physical exam, sending along your medical record and any relevant test results and imaging studies. After reviewing the information, the specialist answers your provider’s question and sends back a recommendation for care — usually within 48 hours. Limited eConsults are currently available in Albert Lea, Minn., and La Crosse, Wis.

• **Telemedicine** Telemedicine enables patients to have consultations with physicians at their own primary care facilities through interactive audiovisual technology. Patients and providers can see each other and communicate via audio equipment and large TV monitors. Mayo Clinic Health System uses telemedicine to connect clinic, transitional care and emergency department staff in Barron and Bloomer to specialized providers in Eau Claire, saving the patient time and travel for vital medical care.

• **Professional connections** The health system’s connection to Mayo Clinic also benefits patients through a research consortium called practice-based research network. This group is made up of community-based and primary care providers interested in improving patient care and population health through research.

“Transdisciplinary teams design practice-based research studies, and the network provides support for the entire process, from project design to the dissemination of findings,” says Macaulay Onuigbo, M.D., a nephrologist and regional director of the practice-based research network. “This enables us to embark on research that has the potential to positively change patient care, as well as community and population health. Often, research is only conducted at large academic medical centers. But because we have access to rich resources of varied expertise, including patients, topic experts, community-based providers, statisticians and study coordinators, we’re doing meaningful research right here in Eau Claire.”
## Classes, programs, events and support groups

### Eau Claire

#### Support groups
- **A.W.A.K.E.** (sleep disorders)  
  Call 715-838-3420, option 4;  
  June 23, 6:30 p.m.
- **Cardiovascular Screenings**  
  Call 715-838-5672
- **Joint PREP** (knee/hip/shoulder joint replacement)  
  Call 715-838-6161
- **Mild Brain Injury**  
  Call 715-838-3258; June 21, July 19 & Aug. 16, 5:30 p.m.
- **Myeloma**  
  Call 715-838-6072; June 13, July 11 & Aug. 8, 3 p.m.
- **Stroke**  
  Call 715-838-1982; June 9, July 14 & Aug. 11, 3 p.m.
- **Tobacco Free class** (smoking cessation)  
  Call 715-838-6252
- **US TOO** (prostate cancer)  
  Call 715-838-3610; July 28 & Aug. 25, 7 p.m.
- **Weight Management information meeting**  
  Call 715-838-6731; 5:30 p.m.
- **Wind Walkers** (lung disease)  
  Call 715-838-6138; June 20 & Aug. 15, 5:30 p.m.

#### Prenatal classes
- **A variety of prenatal classes are offered.** For classes offered in Eau Claire, call the Wellness Clinic, 715-838-6767. You may also register for classes online at www.mayoclinichealthsystem.org.

#### Free blood pressure screenings
- **Patient Resource Library**  
  Clinic lobby, 733 W. Clairemont Ave.  
  Automated machine available weekdays, 8 a.m. to 5:15 p.m.; Saturday, 9 a.m. to 5 p.m.; Sunday, 10 a.m. to 5 p.m.
- **Oakwood Mall**  
  Mayo Clinic Health System kiosk near Oakwood Forest play area, Thursdays, 7 to 9 a.m.

### Barron

#### Wellness classes and events
- **Infant Massage**  
  Call 715-537-9905;  
  Aug. 16, 7 p.m.
- **Lymphedema**  
  Call 715-537-9905
- **Women’s Health Series**  
  Call 715-458-4380.  
  June 20, 6 p.m.

#### Prenatal classes
- **A variety of prenatal classes are offered.** For classes in Barron, call 715-537-3186. You may also register for classes online at www.mayoclinichealthsystem.org.

#### Free blood pressure screenings
- **Hospital Lab/X-Ray/Emergency Department waiting area**, weekdays, 7 a.m. to 3:30 p.m.

### Bloomer

#### Support groups and events
- **Cancer Empowerment**  
  Call 715-568-6813; June 6, July 11 & Aug. 1, 6 p.m.
- **Celiac Sprue Picnic Potluck**  
  Call 715-568-6167; July 18, 6:30 p.m.  
  Bring a gluten-free dish to pass. Bloomer Maplewood Gazebo

#### Free blood pressure screenings
- **Ed’s Pharmacy, Bloomer**  
  June 6, July 11 & Aug. 1, noon to 2 p.m.
- **Security Bank, New Auburn**  
  July 11, 9 to 11 a.m.
- **Security Bank, Sand Creek**  
  June 6 & Aug. 1, 9 to 11 a.m.

### Osseo

#### Free blood pressure screenings
- **Emergency Department, Tuesdays**, 9 a.m. to noon

### Mondovi

#### Free blood pressure screenings
- **Clinic, automated machine available during clinic hours**
Welcome new providers

Heidi Frank, M.S.W.
Behavioral Health
Eau Claire

Anish Kadakia, M.D.
Eye Care Center
Eau Claire

Deno Karegeannes, P.A.-C.
Physician assistant
Spine & Neurosurgical Surgery
Eau Claire

Zaira Moreno, M.D.
Women’s Health
Eau Claire

Lee Morissette, P.A.-C.
Physician assistant
Bloomer

Camp Wabi 2011
Sunday, Aug. 7 to Friday, Aug. 19

The camp, held at Camp Manitou in New Auburn, Wis., is open to children ages 10 to 14 who struggle with weight issues.

During the 12-day stay, campers will meet with health care specialists who will educate them in all aspects of weight management including nutrition, behavior therapy, psychology, pediatric medicine and exercise physiology, all while enjoying the fun activities and programs the camp has to offer.

For information on how to register your child for Camp Manitou-Wabi, call the Eau Claire YMCA at 715-839-4603.

New Emergency Department coming to Barron

To better meet the growing demand for emergency services, Mayo Clinic Health System will begin construction on a new Emergency Department in Barron, Wis. this spring.

The new ED will improve patient flow, decrease waiting times, improve patient privacy and provide a safe environment for patients and staff. It will include a triage room, seven exam rooms, trauma room, procedure room, two-bay drive through garage and expanded lobby area.

A new inpatient pharmacy, a large educational and community room and shell space for offices also will be added in a lower level.

The 18,000 square foot, $6.9 million project is expected to be completed in fall 2012.
Specialized care close to your home

These providers are now seeing patients in regional locations. Other specialized providers also may see patients close to you. Call the location closest to you for information.

Bloomer
1-888-662-5666 (toll free)

Barron
1-877-709-0797 (toll free)

Osseo
1-866-544-6144 (toll free)

Donald Bodeau, M.D.
Occupational Medicine, Rice Lake

Andrew Floren, M.D.
Occupational Medicine, Rice Lake

Susan Girdhari
Nurse practitioner, Foot & Ankle, Mondovi and Osseo

hometown health  For more information, visit our website, www.mayoclinichealthsystem.org

Hometown Health™ is published as a community service for the friends and patients of Mayo Clinic Health System. If you have comments or suggestions for Hometown Health, contact the Corporate Communications Department, 715-838-3181.

Information for Hometown Health stories is provided by Mayo Clinic Health System medical professionals. If you have medical questions about these stories and how they affect your health, please contact your physician.

Mayo Clinic Health System in Eau Claire includes: Mayo Clinic Health System - Northland, which has a medical center in Barron, Wis., and clinics in Cameron, Chetek, Prairie Farm, and Rice Lake, Wis.; Mayo Clinic Health System - Chippewa Valley, which has a medical center in Bloomer, Wis., and also has clinics in Chippewa Falls, and Colfax, Wis.; Mayo Clinic Health System - Oakridge, which has a medical center in Osseo, Wis., and also a clinic in Mondovi, Wis.