2014 Nursing Research Conference
Improving Health Through Self-Management

Friday, March 7, 2014
Sheraton Phoenix Downtown
Phoenix, Arizona

Mayo Continuing Nursing Education
Arizona State University
Mayo Clinic in Arizona
Conference description and goals

The 2014 Nursing Research Conference is being held March 7, 2014, in Phoenix, Arizona. This conference focuses on research related to individual and community healthcare self-management throughout the lifespan. Research topics include acute and chronic disease management, prevention/wellness promotion behaviors, and care delivery models.

The goals of the conference are to:
- Disseminate evidence regarding self-management strategies to promote healthy lifestyles and disease prevention across the lifespan.
- Disseminate evidence regarding self-management interventions to diminish effects of acute and chronic illness across the lifespan.
- Disseminate evidence related to care delivery and transitions that support self-management and improve health outcomes.
- Promote opportunities for scholarly networking.

Featured faculty

Kate R. Lorig, DrPH, RN, is the director of the Stanford Patient Education Research Center and professor of medicine at Stanford School of Medicine, Stanford, California. She is internationally renowned for educating patients with chronic disease on self-management to improve outcomes.

Karen D. Marek, PhD, MBA, RN, FAAN, is the Bernita ‘B’ Steffl Professor of Geriatric Nursing at Arizona State University, Phoenix, Arizona. She is a prolific research scientist and is widely published on care coordination and community based care models.

Teri B. Pipe, PhD, RN, is professor and dean of the College of Nursing and Health Innovation at Arizona State University, Phoenix, Arizona. Her research interests include resilience in professional and clinical populations, health promotion and wellness, positive coping and stress management, oncology, and gerontology.

Date and location

The conference is being held Friday, March 7, 2014, in the Encanto Room, second level, Sheraton Phoenix Downtown, 340 North 3rd Street, Phoenix, Arizona, 85004.

Intended audience

This conference is designed for registered nurses and other healthcare professionals interested in research related to individual and community healthcare self-management throughout the lifespan.

Continuing education credit

Mayo Continuing Nursing Education is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation. Participants can earn up to 6.5 nursing contact hours (accredited) for the conference.

Register before February 14, 2014

The conference registration fee of $195 includes instructional materials, continental breakfast, break refreshments, and lunch. A student rate of $165 is available. Please bring proof of current student status to the conference (for example, a copy of your student identification card). Pre-registration is required and preferred by Friday, February 14, 2014. Registrations received after February 14, 2014, will be accepted on a space-available basis.

Visit http://calendar.cne-registration.com to register.

Out of respect for conference participants, children are restricted from the conference.
Friday, March 7, 2014

7:00-8:00 a.m.  Registration and Continental Breakfast

8:00-9:00 a.m.  Plenary Session I
    Patient Voice and Self-Management – More Than Nice Extras
    Kate R. Lorig, DrPH, RN, Stanford Patient Education Research Center and Stanford School of Medicine, Stanford, California

9:00-9:15 a.m.  Break

9:15-10:30 a.m.  Symposium I

11  Gender Disparities in Self-Management Prior to Heart Failure Hospitalization
    Patrick M. Ercole, PhD, MPH, Barnes Jewish College Goldfarb School of Nursing, St. Louis, Missouri

Factors Associated with Delay in Seeking Treatment for Symptoms of Atrial Fibrillation
    Pamela J. McCabe, PhD, RN, ACNS-BC, Mayo Clinic, Rochester, Minnesota

12  Discharge Planning Decision Support for Hospitalized Pediatric Patients
    Diane E. Holland, PhD, RN, Mayo Clinic, Rochester, Minnesota

Development and Prospective Testing of the Predictive Validity of a Decision Support Tool for Utilization of Nurse Care Coordination within a Health Care Home
    Catherine E. Vanderboom, PhD, RN, Mayo Clinic, Rochester, Minnesota

10:30-10:45 a.m.  Break

10:45 a.m.-12:00 p.m.  Symposium II

21  The Relationships Among Health Promotion Behaviors, Compassion Fatigue, Burnout, and Compassion Satisfaction in Nurses Practicing in a Community Medical Center
    Kathleen L. Neville, PhD, RN, Keen University, Townsend Union, New Jersey
    Donna A. Cole, PhD, MS, BS, RN, Hunterdon Medical Center, Flemington, New Jersey

Use of Complementary/Alternative Therapies for Self-Care: Perspectives of Nurse Practitioners and Elderly Patients with Arthritis
    Carol C. Geisler, PhD, RN, St. Catherine University, Minneapolis, Minnesota
    Corjena Cheung, PhD, MS, RN, University of Minnesota, Minneapolis, Minnesota

22  African American Women’s Perceptions of the Benefits of Support Groups for Improving Adherence to Hypertension Treatment
    Marie N. Fonggun, PhD, MPH, MSN, RN, Azusa Pacific University, Azusa, California

An In-Depth Exploration of Successful Weight Loss Management
    Stephanie G. Witwer, PhD, RN, NEA-BC, Mayo Clinic, Rochester, Minnesota

12:00-1:15 p.m.  Lunch, Networking, and Posters

1:15-2:30 p.m.  Symposium III

31  Exploring Predictors of Use of Costly Health Services in Adults with Multiple Chronic Conditions
    Diane E. Holland, PhD, RN, Mayo Clinic, Rochester, Minnesota
    Catherine E. Vanderboom, PhD, RN, Mayo Clinic, Rochester, Minnesota

Shared Decision Making to Enhance Self-Care in Community Mental Health
    Irma H. Mahone, PhD, MSN, RN, University of Virginia School of Nursing, Charlottesville, Virginia
Friday, March 7, 2014

32 Patient Perceptions of Patient-Empowering Nurse Behaviors, Patient Activation, and Functional Health Status After Surgery
Teresa A. Jerofke, PhD, RN, APNP-BC, Marquette University, Milwaukee, Wisconsin

Patients’ Experiences from Symptom Onset through Diagnosis of Atrial Fibrillation
Pamela J. McCabe, PhD, RN, ACNS-BC, Mayo Clinic, Rochester, Minnesota

2:30-2:45 p.m. Break

2:45-3:30 p.m. Plenary Session II
Enhancing Self-Management in Frail Older Adults Using Home-Based Nurse Care Coordination
Karen D. Marek, PhD, MBA, RN, FAAN, Arizona State University, Phoenix, Arizona

3:30-4:00 p.m. Plenary Session III
Moving into the Future of Self-Management
Teri B. Pipe, PhD, RN, Arizona State University, Phoenix, Arizona

4:00 p.m. Program Adjourns

General Information

For more information

Contact Mayo Continuing Nursing Education at 800-545-0357 or 507-266-1007, fax 507-266-6910, or e-mail cne@mayo.edu. Visit our web site at http://calendar.cne-registration.com

Multiple brochures?

Mayo Continuing Nursing Education uses multiple mailing lists and cannot always eliminate duplications. Please post or share extra brochures with colleagues.

Conference planning committee

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Colleen S. Keller, PhD, RN-C, FAHA, FAAN
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Catherine E. Vanderboom, PhD, RN
Cancellations

If you cancel your participation in this conference, your registration fee, less an administrative fee, will be refunded when notification is received by Mayo Continuing Nursing Education before February 14, 2014 (fax#: 507-266-6910 or e-mail: cne@mayo.edu). No refunds will be made on or after February 14, 2014.

Mayo Continuing Nursing Education reserves the right to cancel or postpone any conference due to unforeseen circumstances. In the unlikely event Mayo Continuing Nursing Education must cancel or postpone this conference, Mayo Continuing Nursing Education will refund the registration fee, but is not responsible for any related costs, charges, or expenses to participants, including fees assessed by airline/travel/lodging agencies.

Lodging

Rooms have been reserved for conference participants and their guests at the Sheraton Phoenix Downtown Hotel (602-262-2500) at a rate of $269 per night. The rate listed may be extended before and after the conference based on availability. To ensure accommodations, please make your reservation by Wednesday, February 5, 2014. Reservation requests received after this date will be accepted on a space available basis.

Travel

Phoenix Sky Harbor Airport is located in the middle of the Phoenix area, less than ten minutes from downtown, and within 20 miles of almost all of our towns and cities. Phoenix-Mesa Gateway Airport is forty minutes from downtown Phoenix.

While you’re in town, you can get around with the new METRO light rail which runs from central Phoenix, through downtown, Tempe (and right along the ASU campus), to Mesa in the east. Stations are close by and run right by some of the area’s top attractions, like the Heard Museum, Phoenix Art Museum, the Arizona Science Center, Chase Field, US Airways Center, Sun Devil Stadium and many more.

For more information about the Phoenix area, visit: http://www.visitphoenix.com/

About the providers

Mayo Clinic’s mission is to inspire hope and contribute to health and well-being by providing the best care to every patient through integrated clinical practice, education, and research.

Mayo Continuing Nursing Education conducts educational conferences that will advance nursing practice.

Mayo Clinic in Rochester, Minnesota, has been granted Magnet® Recognition for Nursing Excellence by the American Nurses Credentialing Center.

The College of Nursing and Health Innovation at Arizona State University is an inclusive world class enterprise of discovery that prepares innovative, evidence-based health care providers, educators, leaders, and researchers to optimize health in a culturally diverse global community.