<table>
<thead>
<tr>
<th>Visit Category</th>
<th>Recommended Services</th>
<th>Estimated Price</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Initial Visit</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>39 Years and Younger</td>
<td>Physical Exam, Laboratory Work, Resting ECG, Chest X-ray, Exercise/Treadmill ECG, Pelvic Exam (women)</td>
<td>Men: $3,400     Women: $3,600</td>
</tr>
<tr>
<td>40-49 Years</td>
<td>Physical Exam, Laboratory Work, Resting ECG, Chest X-ray, Exercise/Treadmill ECG, Pelvic Exam (women), Audiogram, Mammogram (women)</td>
<td>Men: $3,600     Women: $3,900</td>
</tr>
</tbody>
</table>
| 50 Years and Older             | Physical Exam, Laboratory Work, Resting ECG, Chest X-ray, Exercise/Treadmill ECG, Pelvic Exam (women), Audiogram, Mammogram (women), PSA (men), Bone Density Scan**, Abdom. Aortic Ultrasnd (men)*, Colonoscopy | Men: $6,700     Women: $8,000 *
|                               |                                                                                        | *Men 60+ Years: $7,200 |
|                               |                                                                                        | **Men 65+ Years: $7,800 ** |

**Subsequent Visits**

<table>
<thead>
<tr>
<th>Visit Category</th>
<th>Recommended Services</th>
<th>Estimated Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>39 Years and Younger</td>
<td>Physical Exam, Laboratory Work, Resting ECG, Pelvic Exam (women)</td>
<td>Men: $2,200     Women: $2,700</td>
</tr>
<tr>
<td>40 Years and Older</td>
<td>Physical Exam, Laboratory Work, Resting ECG, PSA (men), Pelvic Exam (women), Mammogram (women)</td>
<td>Men: $2,800     Women: $3,000</td>
</tr>
</tbody>
</table>

*Estimated prices are age and gender specific. Additional testing or varied testing may be ordered by the physician as clinically indicated. Please note additional services may extend the length of your exam.

**Additional charges are added if biopsies are performed at time of colonoscopy or endoscopy. A fee may be charged if appointments are rescheduled/cancelled within 10 business days of schedule appointments. Returning patients seen within a three year period of last visit, qualify for a subsequent visit.
Optional Services

The standard Executive Health Program inclusions are listed on the reverse. Additional consultations, such as those listed below, can be provided at additional costs. If you have a specific health care concern that you want to have addressed by a Mayo Clinic specialist, please check those services of interest that you want to add to your schedule.

**Refer to the following page/enclosures for a further description of optional services.

- **ALLERGY**
  - Scottsdale Campus
  - $380 - $560
  - Reason ______________________________

- **AESTHETIC/PLASTIC SURGERY**
  - Phoenix Campus
  - Prices upon consult
  - $75

- **CARDIOLOGY**
  - Scottsdale Campus
  - $405 - $727
  - Reason ______________________________

- **COMPLEMENTARY & ALTERNATIVE MEDICINE**
  - Scottsdale Campus
  - $405 - $727
  - Reason ______________________________

- **DERMATOLOGY**
  - Scottsdale Campus
  - $405 - $727
  - Reason ______________________________

- **DIETARY**
  - Scottsdale Campus
  - Dietician Consult $96
  - Reason ______________________________

- **GASTROINTESTINAL**
  - Scottsdale Campus
  - $405 - $727
  - Reason ______________________________

- **GYNECOLOGY**
  - Phoenix Campus
  - $405 - $727
  - Reason ______________________________

- **NEUROLOGY**
  - Phoenix Campus
  - $405 - $727
  - Reason ______________________________

- **OTOLARYNGOLOGY**
  - Phoenix Campus
  - (Ear, Nose, Throat)
  - $405 - $727
  - Reason ______________________________

- **PHYSICAL MEDICINE & REHABILITATION**
  - Scottsdale Campus
  - $405 - $727
  - Reason ______________________________
  - □ Golf Performance Assessment $500
  - □ Golf Physical Therapy Evaluation $240 - Phoenix Campus

- **PSYCHOLOGY**
  - Scottsdale Campus
  - Health Psychology
  - □ Biofeedback ($244-$298):
  - □ Pain Management
  - □ Insomnia
  - □ Headaches
  - □ Stress Management
  - □ Memory Issues/Cognitive ($80-$110 per hour)
  - □ Neuropsychological Testing
  - □ Personality Testing

- **PSYCHIATRY**
  - Scottsdale Campus
  - Anxiety
  - □ Insomnia
  - □ Depression
  - □ Mood Swings

- **PULMONARY**
  - (Lung)
  - Scottsdale Campus
  - $380 - $560
  - Reason ______________________________
  - □ Lung Function Tests** $210 - $300
  - □ CT Scan (Lung Cancer Screening) $1,200

- **RHEUMATOLOGY**
  - Scottsdale Campus
  - $380 - $560
  - Reason ______________________________

- **UROLOGY**
  - Phoenix Campus
  - $380 - $560
  - Reason ______________________________

- **FAA EXAM**
  - (circle one)
  - Class I / II / III / Special Issuance
  - Scottsdale Campus
  - $240 - $420 plus testing

- **Blood Test & Immunizations**
  - Scottsdale Campus
  - Blood Typing $35
  - Immunizations needed Fees Vary
  - (check those that apply)
  - □ Tetanus (every 10 years)
  - □ Flu vaccine (every fall/winter)
  - □ Pneumonia vaccine (once at age 65, earlier if diabetes or lung disease)
  - □ Shingles vaccine (once at age 60)

- **OTHER SERVICES**
  - Scottsdale Campus
  - □ Bone Density Test $665
  - □ Lumbar Spine X-ray $195
  - □ Eye Refraction for Glasses & Glaucoma Screening $250
  - □ Glaucoma Screening Only $185
  - Reason ______________________________

I understand that the services above may not be covered by my insurance and/or paid by my employer.

Patient Signature ____________________________ Date (Month DD, YYYY) ____________________________
Optional Services Description

CARDIOLOGY

Coronary Artery CT Scan: a non-invasive way of obtaining information about the presence, location and extent of calcified plaque in the coronary arteries—the vessels that supply oxygen-containing blood to the heart wall. Because calcium is a marker of coronary artery disease, the amount of calcium detected on a cardiac CT scan is a helpful prognostic tool. The findings on cardiac CT are expressed as a “calcium score.”

Stress Echocardiogram: A stress echocardiogram evaluates the heart’s motion and function with exercise using electrocardiographic tracings and ultrasound. The test can detect coronary artery disease as well as assess heart muscle and heart valves structure and function. The test is used instead of the standard stress electrocardiogram when more detailed information is needed for which the standard test is unsuitable or to evaluate symptoms or abnormalities on standard testing.

COMPLIMENTARY AND ALTERNATIVE MEDICINE

Complementary and Integrative Medicine is a healing oriented medicine that takes account of the whole person - body, mind and spirit including all aspects of lifestyle. It emphasizes the therapeutic relationship between the patient and the practitioner and makes use of all appropriate therapies, both conventional and alternative, and explores how the mental, physical, emotional and spiritual wellbeing of the patient interrelate and affect others.

PHYSICAL MEDICINE AND REHABILITATION

This specialty addresses non-surgical joint and muscle injuries/problems. Includes sports medicine issues. Golf performance and rehabilitation program - click HERE to view or see enclosed pamphlet.

PULMONARY

Lung Function Tests: commonly referred to as spirometry, measures the amount (volume) and/or speed (flow) of air that can be inhaled and exhaled; an important tool in helping assess conditions such as asthma, pulmonary fibrosis, emphysema, sleep disorders and COPD (chronic obstructive pulmonary disease).

RHEUMATOLOGY

Specialty devoted to the diagnosis and therapy of rheumatic diseases. Rheumatologists mainly deal with clinical problems involving joints, soft tissues and conditions of connective tissues; includes such conditions as arthritis, certain autoimmune diseases, osteoporosis, gout, lupus and fibromyalgia.

TRAVEL MEDICINE

Click HERE to view or see enclosed pamphlet.