



In the Tobacco Treatment Specialist Training the students are referred to four recommended compendiums of reliable information pertinent to the work of a Tobacco Treatment Specialist.

Health Consequences of Smoking

The U.S. Surgeon General Reports provide a comprehensive summary of the health consequences of tobacco use and tobacco smoke exposure. On the websites linked below you can find an executive summary, different fact sheets and a volume that provides an in-depth review of the evidence to date.

- Preventing Tobacco Use Among Youth and Young Adults: A Report of the Surgeon General, 2012
<http://www.surgeongeneral.gov/library/reports/preventing-youth-tobacco-use/index.html>
- How Tobacco Smoke Causes Disease: The Biology and Behavioral Basis for Smoking-Attributable Disease, 2010
<http://www.surgeongeneral.gov/library/reports/tobaccosmoke/index.html>
- The Health Consequences of Involuntary Exposure to Tobacco Smoke: A Report of the Surgeon General, 2006
<http://www.surgeongeneral.gov/library/reports/secondhandsmoke/index.html>

Systematic Reviews of Interventions

The reviews of Cochrane Tobacco Addiction Group investigate the effects of interventions for prevention, treatment and rehabilitation in a health care setting. They are designed to facilitate the choices that doctors, patients, policy makers and others face in health care. They provide a wealth of information about what works, and what hasn't worked, regarding tobacco interventions.

- Cochrane Tobacco Addiction Group Reviews
<http://tobacco.cochrane.org/our-reviews>

Prevention and Community Interventions

The Best Practices for Comprehensive Tobacco Control Program describes what works in a community with a focus on the United States. The document defines elements of effective

tobacco control programs and makes recommendations for funding by state to implement and monitor the programs.

- Best Practices for Comprehensive Tobacco Control Program, 2007
http://www.cdc.gov/tobacco/stateandcommunity/best_practices/

Protocols and guidelines that identify elements of effective tobacco control programs for countries are developed by the World Health Organization (WHO) Conference of the Parties Framework Convention on Tobacco Control (FCTC). The FCTC website provides many resources, including progress reports on worldwide tobacco control

- WHO Framework on Tobacco Control
<http://www.who.int/fctc/en/>

Tobacco Dependence Treatment Guidelines

The U.S. Department of Health and Human Services has a clinical practice guideline, Treating Tobacco Use and Dependence, along with a variety of other resources outlining best practices and evidence supporting best practices for treating tobacco dependence.

- Treating Tobacco Use and Dependence, 2008
<http://www.ahrq.gov/legacy/path/tobacco.htm>