Who is Eligible to Participate?

- Age 18 – 65, male or female, any race/ethnicity
- Have a diagnosis of Bipolar Disorder, Type I

Where can you participate?

The Bipolar Biobank research team is currently looking for participants at the following institutions:

- **Mayo Clinic**
  Rochester, MN; Jacksonville, FL; Scottsdale, AZ
- **Austin Medical Center – Mayo Health System**
  Austin, MN
- **Lindner Center of HOPE – University of Cincinnati**
  Mason, OH; Cincinnati, OH
- **University of Minnesota**
  Minneapolis, MN

To Learn More

For more information please contact:
1-507-255-9034 or bipolarbiobank@mayo.edu
What is the Bipolar Biobank?

Researchers at Mayo Clinic are developing a research resource for bipolar disorder called a biobank. Participants in this Bipolar Biobank provide samples of blood, complete an interview and questionnaires, and allow access to medical records. The Bipolar Biobank will make it much easier to conduct research studies about bipolar disorder because researchers will have access to blood samples, along with patient data, from thousands of people all in one place.

How to Participate

Participation in the Bipolar Biobank is voluntary.

If you are interested in participating, you will first meet with study staff to:

- Learn more about why the Bipolar Biobank is being created, along with what risks and benefits are involved with participation
- Discuss privacy and confidentiality procedures
- Answer any questions that you may have

If, after meeting with study staff, you decide to participate, you will then be asked to:

- Sign a document indicating you want to participate in the Bipolar Biobank
- Complete a psychiatric interview to confirm your diagnosis of bipolar disorder
- Complete a questionnaire
- Complete a psychiatric interview to allow researchers to understand your personal experience with bipolar disorder
- Allow researchers to obtain information from your medical record
- Provide a blood sample

In the future, the study team may call upon you to continue your support of the Bipolar Biobank by:

- Completing more questionnaires
- Providing additional samples

To Learn More

For more information about the Mayo Clinic Bipolar Biobank, please contact: 1-507-255-9034 or bipolarbiobank@mayo.edu