



Women's Health Update 2010

Now an Annual Course!



\$75 DISCOUNT for online registration!

Go to www.mayo.edu/cme (offer expires 02/08/2010)

***FireSky Resort & Spa
Scottsdale, Arizona***

***Thursday – Saturday
March 4-6, 2010***

*Mayo School of Continuous Professional Development
College of Medicine*

www.mayo.edu

COURSE HIGHLIGHTS

The unique needs of women patients and health care providers has created a necessity for innovative educational programs on women's health. This program provides a broad range of topics relevant to women's health across the life span and is designed for primary care physicians, general internists, gynecologists, specialists in preventative care, and other healthcare professionals. This three half-day course will meet its educational objectives through didactic presentations and afternoon workshops, with ample time for questions and answers. Participants will gain a comprehensive insight of recent initiatives, as well as a basic approach to addressing and improving common health concerns for women.

COURSE LEARNING OBJECTIVES

Upon completion of this course, participants should be able to:

- Evaluate the initiation of bisphosphonate therapy in the treatment of osteoporosis
- Evaluate the duration of bisphosphonate therapy in the treatment of osteoporosis
- Identify new information on fibromyalgia
- Illustrate non-contraceptive advantages of birth control pills
- Examine current awareness of stroke prevention
- Compare current management of hypertension
- Identify the role of mastectomy in breast cancer treatment
- Evaluate nipple complaints
- Review the management of abnormal pap smears

DISCLAIMER

Attendance at this Mayo course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

CREDIT

College of Medicine, Mayo Clinic is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

College of Medicine, Mayo Clinic designates this educational activity for a maximum of 18 *AMA PRA Category 1 Credits*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending.**

Application for CME credits has been filed with The American College of Obstetricians and Gynecologists.

This program has been approved by the American Osteopathic Association for 18 hours of 2A accreditation.

EDUCATIONAL GRANTS

As of this printing, a complete listing of commercial supporters was not available. Appropriate acknowledgment will be given to all supporters at the meeting. Exhibits will be available for viewing at all scheduled breaks

MEETING LOCATION & ACCOMMODATIONS

FireSky Resort & Spa; 4925 N. Scottsdale Road, Scottsdale, Arizona 85251
800-528-7867; Hotel Website: www.fireskyresort.com

You are urged to make reservations early. A limited block of guest rooms have been reserved for attendees with a special course rate of \$199 single/double/triple/quad occupancy per night at the FireSky. Group rates will be honored 3 days prior and 3 days following the course dates, based upon space availability. To make your reservation, call (800) 528-7867. There is no resort fee. \$2 per night Maid and \$7 round trip per person Bellman gratuities are included in the guest room rate. The FireSky offers a hosted evening wine hour in the lobby and complimentary high speed Internet access for guests.

To receive the special rate, you must make reservations before the room block is filled by the expiration date of February 8, 2010. Reservations will be taken following this date based upon resort room availability, at the contracted meeting rate. Attendees are responsible for their own reservations. To guarantee an individual reservation past 6:00 p.m., an amount equal to \$199 must be received by FireSky Resort & Spa within 7 days from date the reservation is made. The standard hotel reservation cancellation policy will apply to individual reservations unless otherwise specified.

RECREATION/LEISURE ACTIVITIES

Visit www.visitphoenix.com or www.scottsdalecvb.com for additional recreation and leisure activities.

TRANSPORTATION

Ground Transportation: Hertz is offering a reduced daily rate for participants attending the course. Call (800) 654-2240 and refer to CV Number #03NR0005 when making reservations.

Supershuttle vans offer airport transportation to and from the hotel. To make reservations, call (800) 258-3826 or (602) 244-9000.

PROGRAM

Thursday March 4, 2010

Moderator: Julia A. Files, MD

SESSION: BREAST

7:00 AM	Registration and Continental Breakfast
8:00	Breast Cancer 101: The Basics Sandhya Pruthi, MD
8:30	The Role of Prophylactic Mastectomy Barbara A. Pockaj, MD
9:00	Evaluating the Patient Presenting With Nipple Complaints Barbara A. Pockaj, MD
9:30	Imaging Update Victor J. Pizzitola, MD
10:15	Break
10:30	What to Expect With Adjuvant Therapy Donald W. Northfelt, MD
11:00	Breast Cancer Prevention: What's New and What Works? Sandhya Pruthi, MD
11:30	Vitamin D and Breast Cancer. Marcia G. Ko, MD
Noon	Question and Answer/Discussion
12:45 PM	Lunch (<i>on your own</i>)
2:00	Interesting Cases From the Breast Clinic Donald W. Northfelt, MD
3:30	Adjourn

Friday March 5, 2010

Moderator: Marcia G. Ko, MD

SESSION: HORMONES, MENOPAUSE AND PAPS

7:00 AM	Continental Breakfast
8:00	Current Guidelines for Abnormal Pap Management Rosanne M.C. Kho, MD
8:30	Hot Flashes Beverly S. Tozer, MD
9:00	Evaluation and Management of Uterine Bleeding Rosanne M.C. Kho, MD
9:30	Noncontraceptive Benefits of Oral Contraceptive Pill's Paru S. David, MD
10:30	Break
10:45	HRT in Breast Cancer Survivors Donald W. Northfelt, MD
11:15	Bioidentical Hormones: What You Need to Know Julia A. Files, MD
11:45	Steatohepatitis in Women. Jorge Rakela, MD
12:15 PM	Question and Answer/Discussion
1:00	Lunch (<i>on your own</i>)
2:00	Women's Health Initiative Journal Club Julia A. Files, MD and Marcia G. Ko, MD
3:15	Adjourn

Saturday March 6, 2010

Moderator: Julia A. Files, MD

SESSION: VASCULAR DISEASE IN WOMEN – FOCUS ON STROKE

7:00 AM	Continental Breakfast	
8:00	Accute Stroke Management	Maria I. Aguilar, MD
8:30	Stroke Prevention and Carotid Artery Disease in Women	Maria I. Aguilar, MD
9:00	What's Unique About Heart Disease in Women	Sharon L. Mulvagh, MD
9:30	Cardiovascular Issues in Hormone Therapy	Sharon L. Mulvagh, MD
10:00	Benefits of Aspirin Therapy and Aspirin Resistance	Christopher P. Appleton, MD
10:20	Break	

SESSION: RHEUMATOLOGY

10:40	Top 10 Questions in Osteoporosis Management . .	Michael Maricic, MD
11:00	Update in Fibromyalgia	Marcia G. Ko, MD
11:30	Polyarthritis: Differential Diagnosis and Work-Up	Catherine E. Harmon, MD
Noon	Question and Answer/Discussion	
12:45 PM	Lunch (<i>on your own</i>)	

SESSION: PAIN MANAGEMENT

2:00	Palliative Care: Special Considerations in Women	Kay Miller, MD
2:30	The Basics of Pain Management in Women	Kay Miller, MD
3:00	Question and Answer/Discussion	
3:45	Adjourn	

MAYO FACULTY

Maria I. Aguilar, MD
Christopher P. Appleton, MD
Paru S. David, MD
Julia A. Files, MD*
Catherine E. Harmon, MD
Rosanne M.C. Kho, MD
Marcia G. Ko, MD*
Kay Miller, MD
Sharon L. Mulvagh, MD

Donald W. Northfelt, MD
Victor J. Pizzitola, MD
Barbara A. Pockaj, MD
Sandhya Pruthi, MD
Jorge Rakela, MD
Beverly S. Tozer, MD

* Course Co-Directors

GUEST FACULTY

Michael Maricic, MD
Catalina Pointe Arthritis and Rheumatology Specialists, PC
Tucson, Arizona

FACULTY DISCLOSURE: As a provider accredited by ACCME, College of Medicine, Mayo Clinic (Mayo School of CPD) must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course Director(s), Planning Committee Members, Faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty will also disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of this information will be published in course materials so those participants in the activity may formulate their own judgments regarding the presentation.

REGISTRATION FORM

2010S658
AAFP, AOA

Women's Health Update 2010

March 4-6, 2010

Registration at the standard fee may be completed using this form and faxing it to (480) 301-8323. Or you can mail it to: *Mayo Clinic, Mayo School of CPD, 13400 East Shea Boulevard, Scottsdale, Arizona 85259.*

An e-mail confirmation will be sent upon receipt of payment and completed registration. If you do not receive your confirmation, or if you have any questions, please e-mail us at mca.cme@mayo.edu or call (480) 301-4580.

No refund will be granted unless a written notice of cancellation is received. If registration must be canceled, tuition less a \$75 administrative fee will be refunded when notification is received on or before February 18, 2010. No refunds will be made after this date.

Although it is not Mayo Clinic's policy to limit the number of registrants for a course, conference room facilities may necessitate closure of enrollment. Early registration is strongly recommended. Walk-in registrations cannot be guaranteed.

Mayo Clinic will not be responsible for expenses incurred by individuals who are not confirmed for courses with a closed registration status. Costs incurred by the registrant such as airline/ hotel fees or penalties are the responsibility of the registrant.

ON-LINE SYLLABUS: Your registration fee includes access to an on-line detailed syllabus, available one week prior to the course and you can view, save, print the syllabus before or up to 14 days after the course. If you want to order a paper copy (additional fee) check the box at the bottom of this registration form.

Your type of practice: Solo Group University Resident/Fellow Retired Other: _____

Years in practice: 0-4 5-10 11-15 16-25 > 25

Course Registrant List (*Check only if you want your name removed*)

I do not want information (*ie, name, degree, city, and state*) to appear on the course registrants' list.

Registration Please print. Use duplicate form for multiple registrations.

Name of Registrant – first, middle, and last name		Institution	
Degree/Certification		Medical Specialty	
Preferred mailing address is: (select one) <input type="checkbox"/> Work/Business <input type="checkbox"/> Home			
Address			
City		State/Province	ZIP/Postal Code
Country	Email		
Daytime Telephone		Fax	

\$75 DISCOUNT FOR ONLINE REGISTRATION!

Go to www.mayo.edu/cme (offer expires 02/08/2010)

Note: When registering on-line, please be sure to "check-out" after your profile is completed/updated.

<input type="checkbox"/> Physicians Active in Practice	\$620	\$ _____
<input type="checkbox"/> Other (<i>resident, retired and allied health</i>)	\$520	\$ _____
<i>Note: Please refer to course agenda for included meals and refreshment breaks.</i>		
<input type="checkbox"/> Paper copy of the syllabus	\$45	\$ _____
<i>Note: Due to printing deadlines, this option will not be available after February 18, 2010</i>		

Payment Information (US Funds Only)

<input type="checkbox"/> Check is enclosed in the amount shown at right – make checks payable to Mayo Clinic CPD		Payment Total
Credit Card (select one)	Account Number	Exp. Date (mm/yy)
<input type="checkbox"/> Discover <input type="checkbox"/> MC <input type="checkbox"/> Visa		
Signature		Date

Mayo Clinic
Mayo School of CPD
13400 East Shea Boulevard
Scottsdale, Arizona 85259
USA

NON-PROFIT ORG.
U.S. POSTAGE
PAID
MAYO CLINIC

\$75 DISCOUNT FOR ONLINE REGISTRATION!
(offer expires 02/08/10)
www.mayo.edu/cme

Email: mca.cme@mayo.edu • Phone: (480) 301-4580 • Fax: (480) 301-8323

Women's Health Update 2010

FireSky Resort & Spa
Scottsdale, Arizona

Thursday - Saturday
March 4-6, 2010

MC8200-55rev1109

Mark Your Calendar for these Upcoming CPD Opportunities:

- 4th Annual Practical Course in Dermoscopy and Update on Malignant Melanoma – December 4-6, 2009
- Robotic Surgery in Gynecology: An Observational Experience – Multiple dates
- Interactive Surgery Symposium – February 7-12
- Symposium on Anesthesia and Perioperative Medicine – February 17-20
- Clinical Reviews – A Family Medicine and Internal Medicine Update – March 24-27
- Multidisciplinary Update in Pulmonary & Critical Care Medicine – April 8-11
- Internal Medicine Update – Sedona – October 7-10 or 21-24
- Multidisciplinary Update in Breast Diseases – November 4-6
- Update in Hospital Medicine 2010 – November 10-13

See all opportunities at www.mayo.edu/cme

©2009 Mayo Foundation for Medical Education and Research
Printed in the USA

Mayo School of Continuous Professional Development uses multiple mailing lists and cannot always eliminate duplications. If you have received multiple brochures, please post or share them with your colleagues.