Join us Saturday, February 11, 2012 at the Prime F. Osborn III Convention Center for our Individualized Management of Breast Cancer: A Post San Antonio Meeting Update course.

Register on-line for one or both of these exciting courses

www.mayo.edu/cme
COURSE DESCRIPTION

This CME course is designed to provide practical guidelines for the evaluation and management of a range of common medical illnesses faced by most women, including current prevention of osteoporosis, management of anxiety and depression, treatment of fibromyalgia and strategies for menopause. An additional segment will focus on important causes of mortality in women such as stroke, lung cancer and diabetes. A final segment will be devoted to the benefits of natural supplements, sleep disorders and sexual and pelvic floor dysfunction. Through lectures, case management discussions and open question and answer discussions, expert faculty will provide practical information that attendees can use in their daily practice.

COURSE LEARNING OBJECTIVES

Upon conclusion of this program, participants should be able to:

- Integrate the knowledge gained from lecture material to be better able to devise prevention and treatment strategies for the following medical conditions: Osteoporosis, Fibromyalgia, Diabetes and Depression
- Identify the current treatments for menopausal symptoms
- Describe the different types of stroke as they pertain to women
- Recognize preventive strategies for stroke as they pertain to women
- Recognize the impact of lung cancer on mortality of women
- Select screening and diagnostic methodologies for lung cancer in women
- Identify the risks and benefits of various supplements used commonly by women
- Recognize the diagnostic strategies and treatment options for POP (pelvic organ prolapse)
- Discuss diagnosis and treatment options of sexual dysfunction
- Review the most current therapies for bone health and osteoporosis

Attendance at this Mayo course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

INTENDED AUDIENCE

Primary care physicians, nurse practitioners, physician assistants and other healthcare providers interested in women’s health.

CREDIT

College of Medicine, Mayo Clinic, is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

College of Medicine, Mayo Clinic, designates this live activity for a maximum of 7 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other Health Care Professionals

A certificate of attendance will be provided to other health care professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.

GRANTS AND EXHIBITS

At the time of this printing, a complete listing of commercial supporters (financial or in-kind) was not available. Appropriate acknowledgment will be given to all supporters at the time of the meeting.

Exhibits will be available for viewing at all scheduled breaks.
DATE AND LOCATION

This course is held Friday, February 10, 2012. Course headquarters are located at The Prime F. Osborn III Convention Center, 1000 Water Street, Jacksonville, Florida 32204. Jacksonville International Airport (JAX) is approximately 30 minutes from the Convention Center and is served by most major airlines.

REGISTRATION

Register online at www.mayo.edu/cme/women-s-health-2012j665 or complete the attached registration form and return by mail or fax. The registration fee includes tuition, electronic syllabus, continental breakfast, light lunch and break refreshments. Although it is not Mayo School of Continuous Professional Development’s policy to limit the number of registrants for a course, the meeting space may dictate closure of enrollment. Registrations are accepted on a first-come, first-served basis. A letter of confirmation will be sent upon receipt of payment and completed registration form. Please present this letter when checking in at the meeting registration desk.

For additional information, contact:

Mayo School of Continuous Professional Development
Davis 172W | 4500 San Pablo Road | Jacksonville, FL
Website: www.mayo.edu/cme | E-mail: cme-jax@mayo.edu
P: 800-462-9633 or 904-953-7114 | F: 904-953-2954

CANCELLATION POLICY

Your registration fee, less a $25 administrative fee, will be refunded when Mayo School of CPD receives written notification on or before January 27, 2012. (Fax#: 904-953-2954). No refunds will be made after January 27, 2012.

Mayo School of CPD reserves the right to cancel or postpone any course due to unforeseen circumstances. In the unlikely event Mayo School of CPD must cancel or postpone this course, we will refund the registration fee, but is not responsible for any related costs, charges, or expenses to participants, including fees assessed by airline/travel/lodging agencies.

LODGING ACCOMMODATIONS AND TRANSPORTATION

Accommodations are offered in conjunction with the Breast Cancer Marathon at the Omni Jacksonville (a short Skyway ride away) or at One Ocean in Atlantic Beach, approximately 12 miles from the Convention Center. You may book your hotel accommodations listed on www.breastcancermarathon.com site. Hotel accommodations and travel are the responsibility of the attendee.

Mayo School of CPD is not responsible for expenses incurred by an individual who is not confirmed and for whom space is not available at the meeting. Costs incurred by the registrant such as airline or hotel fees or penalties are the responsibility of the registrant.

Omni Jacksonville
245 Water Street
Jacksonville, Florida 32202
Phone: (904) 355-6664, Fax: (904) 791-4812

One Ocean Resort
1 Ocean Boulevard
Atlantic Beach, FL 32233
Phone: (904) 249-7402, 800-874-6000
FACULTY

Anita Chen, MD  Carolyn Landolfo, MD  Shirlene Sampson, MD
Gunjan Gandhi, MD  Siongchi Lin, MD  Lynne Shuster, MD
Stephanie Hines, MD  James Meschia, MD  Benjamin Wang, MD
Margaret Johnson, MD  Daniel Montero, MD

Friday, February 10, 2012

7:15 a.m.  Registration and Continental Breakfast
7:45  Welcome
7:55  Pre-Test

Bones, Groans and Moans

8:00  Bone Health: Just Because You Run Doesn’t Mean That You Have Strong Bones – Daniel Montero, MD
8:30  How to Choose an Anti-Depressant – Shirlene Sampson, MD
9:00  Fibromyalgia – Benjamin Wang, MD
9:30  Managing Menopause – Stephanie Hines, MD
10:00  Panel Discussion
10:30  Break

Important Disease Management Issues

10:45  Stroke Prevention – James Meschia, MD
11:15  “You’ve Come a Long Way Baby...Not”: Women and Lung Cancer – Margaret Johnson, MD
11:45  Insulin Resistance and Diabetes: How to Choose the Right Medicine – Gunjan Gandhi, MD
12:15 p.m.  Panel Discussion
12:30  Break

Working Lunch

12:45  How to Get a Good Night’s Sleep – Siongchi Lin, MD

Potpourri

1:45  Guide to Natural Supplements: Which Ones are Beneficial? – TBA
2:45  Sexual Dysfunction in Women – Lynne Shuster, MD
3:15  Pelvic Floor Dysfunction/Urinary Incontinence – Anita Chen, MD
3:45  Panel Discussion
4:00  Post-Test
4:05 p.m.  Adjourn

As a provider accredited by ACCME, College of Medicine, Mayo Clinic (Mayo School of Continuous Professional Development) must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course director(s), planning committee, faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty also will disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of this information will be published in course materials so those participants in the activity may formulate their own judgments regarding the presentation.
# Saving the Lives of Women: Update on Important Women’s Health Topics

**Friday, February 10, 2012**  
Prime F. Osborn III Convention Center, Jacksonville, FL

**Mail form and payment to:**  
Mayo School of Continuous Professional Development  
4500 San Pablo Road, Davis 172W | Jacksonville, FL | 32224  
Telephone: 800-462-9633 | Office: 904-953-7114 | Fax: 904-953-2954  
Email: cme-jax@mayo.edu  
Web: http://www.mayo.edu/cme/women-s-health-2012j665

*Please print or type all information. You may reproduce this form for multiple registrations or register online.*

<table>
<thead>
<tr>
<th>First Name</th>
<th>M.I.</th>
<th>Last Name</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Degree:**  
- ☐ M.D.  
- ☐ D.O.  
- ☐ Ph.D.  
- ☐ P.A.  
- ☐ N.P.  
- ☐ R.N.  
- ☐ Other  

<table>
<thead>
<tr>
<th>Mailing Address</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>City</td>
<td>State</td>
<td>Zip</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Telephone**  

<table>
<thead>
<tr>
<th>Institution</th>
<th>Medical Specialty</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Email** (Email is Mayo School of CPD’s primary form of correspondence.)  

☐ Check here if you have any special accommodations or dietary needs. Please indicate your needs here:

---

**Registration and Payment (U.S. funds only)**  
Physicians/Scientists – $150.00  
Residents, Physician Assistants and Nurse Practitioners – $110.00

**Total Payment Enclosed: $__________**

**Payment Method:**  
- ☐ Check Enclosed (make checks payable to *Mayo Clinic*)  
- ☐ Credit Card: ☐ Visa ☐ Master Card ☐ Discover

**Card Number:** [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ]

**Expires (Mo/Yr):** [ ] [ ] [ ] [ ]

**Signature ______________________________ Date __________________________**

*ONLY AN ELECTRONIC SYLLABUS WILL BE PROVIDED*
Saving the Lives of Women:
Update on Important Women’s Health Topics

February 10, 2012
Prime F. Osborn III Convention Center
Jacksonville, FL