

AN OVERVIEW OF PERIOPERATIVE MEDICINE 2009: *From Outpatient Preoperative Assessment to Inpatient Postoperative Care*

March 19-21, 2009

**Hyatt Regency Hill Country Resort and Spa
San Antonio, TX**

Course Information

www.mayo.edu/cme/perioperativemedicine

The Gross Clinic, 1875
Thomas Eakins

© Philadelphia Museum of Art



*A collaboration of
Mayo Clinic College of Medicine and Jefferson Medical College*

General Information

COURSE DESCRIPTION

An Overview of Perioperative Medicine is an annual course which is now in its 4th year. This course has been very successful because of the collaboration of multi-specialty perioperative experts from Mayo Clinic and Jefferson Medical College. Nearly 30 million surgical procedures are performed each year in the US alone and the literature in perioperative medicine is rapidly expanding. As health care providers, we all interact with patients in the perioperative setting and we are often called upon to perform risk assessment or perioperative management of these patients. This course is intended to provide a clinical overview of preoperative risk assessment and postoperative issues. The available evidence will be reviewed and incorporated, however, this course is designed to primarily focus on the clinical aspects of perioperative care and the clinical application of evidence. The format will be case-based and there will be ample opportunity to interact with the faculty.

The intended audience for this course is general internists, internist sub-specialists, family medicine physicians, hospitalists, anesthesiologists, certified nurse anesthetists, surgeons, nurse practitioners, physician assistants, and other allied health professionals who are involved in preoperative risk assessment and postoperative management. We hope you will join us for 2009 in the beautiful Hill Country of San Antonio Texas.

COURSE LEARNING OBJECTIVES

Upon conclusion of this program, participants should be able to:

- Apply a systematic approach to guide preoperative assessment
- Recommend appropriate perioperative cardiac testing using the current ACC / AHA guidelines
- Manage anticoagulants and antiplatelet agents in the perioperative setting
- Assess risk factors for postoperative pulmonary complications and recommend measures most effective in reducing perioperative pulmonary risk
- Select appropriate prophylactic regimens for deep venous thrombosis in the perioperative setting based on patient risk and current guidelines
- Recommend appropriate continuation and discontinuation of medications and nutraceuticals in the perioperative period
- Manage common co-morbid diseases throughout the perioperative period
- Identify and treat common postoperative complications
- Determine pain management strategies in a variety of clinical situations in the postoperative period

- Demonstrate an understanding of predisposing and precipitating factors of postoperative delirium and to recommend approaches to screening, prevention strategies and treatment

Attendance at this Mayo course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

CREDIT

College of Medicine, Mayo Clinic is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

College of Medicine, Mayo Clinic designates this educational activity for a maximum of 21.25 *AMA PRA Category 1 Credit(s)*TM. Physicians should only claim credit commensurate with the extent of their participation in the activity.

AAFP

Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending.**

Other Health Care Professionals

A record of attendance will be provided to other health care professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.

DATE AND LOCATION

An Overview of Perioperative Medicine 2009 will be held March 19-21, 2009 at Hyatt Regency Hill Country Resort and Spa, San Antonio, Texas. Course headquarters will be located in Fredericksburg Ballroom. Registration will begin on Thursday, March 19 at 6:15 a.m.

REGISTRATION

To register online, visit <http://www.mayo.edu/cme/perioperativemedicine>, or complete the attached registration form and return by mail or fax. The registration fee includes tuition, an electronic version of the course syllabus on a flash drive, continental breakfasts, lunch, and break refreshments. Although it is not Mayo School of CME policy to limit the number of registrants for a course, conference room facilities may necessitate closing of enrollment; therefore, early registration is advised. An email confirmation will be sent upon receipt of payment and completed registration form. Please present the confirmation letter when checking in at the meeting registration desk.

General Information

CANCELLATION POLICY

If you cancel your participation in this course, your registration fee, less a \$75 administrative fee, will be refunded when written notification is received by Mayo School of CME before March 5, 2009 (fax#: 507-284-0532). No refunds will be made after March 5, 2009.

Mayo School of CME reserves the right to cancel or postpone any course due to unforeseen circumstances. In the unlikely event Mayo School of CME must cancel or postpone this course, Mayo School of CME will refund the registration fee, but is not responsible for any related costs, charges, or expenses to participants, including fees assessed by airline/travel/lodging agencies.

TRAVEL

Carlson Travel at 1-(866) MAYO TVL or (866) 629-6885 - Choose prompt # 3 for Group/ Meeting Reservations, then prompt # 1 as a traveler attending the meeting. When making reservations, please indicate that you are traveling to An Overview of Perioperative Medicine 2009 sponsored by the Mayo Clinic.

Travel arrangements are the sole responsibility of the individual registrant.

LODGING ACCOMMODATIONS

The Hyatt Regency Hill Country Resort and Spa, San Antonio, TX (course headquarters) offers a unique and unforgettable Texas experience. The resort is located in the midst of a pastoral landscape highlighted by live oak trees, limestone – banked creeks and rolling wildflower meadows.

SPECIAL GROUP ROOM RATE

Guest rooms have been reserved for attendees and their guests with special course rates. The rates are based on single, double, triple, or quad occupancy and are subject to the applicable state/city sales tax per room night occupied. Children under the age of 18 will stay complimentary.

Run of the House **\$249**

Daily Resort Fee of \$15 is complimentary

Check-in time is 4:00 p.m. Attendees may check in early depending on occupancy levels and availability of “ready” rooms. Check-out time is 11:00 a.m.

To make your reservation, contact the hotel at 800-233-1234. To ensure accommodations and the discounted rate, please make your reservation by February 25, 2009, and identify yourself as a participant of An Overview of Perioperative Medicine 2009 course.

RE/POST GROUP RATES

The Hyatt Regency Hill Country Resort and Spa is pleased to extend the special group rates for dates before and after our program, subject to availability. The above rate would be in effect from March 16 to March 24, 2009.

OPTIONAL ACTIVITIES

Hyatt Regency Hill Country resort offers a little something to please everyone in your group. Take advantage of skilled PGA trainers to hone your golfing skill or play tennis on one of our three courts. Enjoy biking, hiking and nature trails which provide ample opportunity for outdoor exploration of our 300-acre grounds.

Minutes away enjoy the excitement of the River Walk to the adrenaline rush of white water tubing, you'll find an incredible assortment of San Antonio attractions just minutes from Hyatt Regency Hill Country. Explore history on the Mission Trail, spend the day at a theme park or wander through museums and gardens filled with beautiful works of art.

For more information or assistance please contact the Hyatt Concierge at 210-825-0945.

COURSE DIRECTORS

Karen F. Mauck, M.D.

Assistant Professor of Medicine
Division of General Internal Medicine, Section of Regional Medicine

Margaret Beliveau, M.D.

Instructor in Medicine
Division of General Internal Medicine, Section of Regional Medicine

Geno J. Merli, M.D.

Professor of Medicine
Senior Vice President and Chief Medical Officer
Thomas Jefferson University Hospital

Howard H. Weitz, MD, MSc

Professor of Medicine
Director, Division of Cardiology
Senior Vice Chair of Academic Affairs
Jefferson Medical College of Thomas Jefferson University

Mayo Clinic Faculty & Jefferson Medical School Faculty

Distinguished Mayo Clinic and Jefferson Medical School faculty from multiple specialties including anesthesiology, cardiology, neurology, endocrinology, internal medicine, family practice and in-patient internal medicine.

Program Schedule

CONCURRENT WORKSHOPS

Management Issues in the HIV Patient in the Perioperative Period

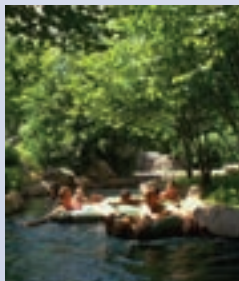
Cases in Anesthesia and Pain Management

Seeing the Elderly Patient Through the Perioperative Period

Management of Coagulation and Bleeding—Cases to Consider

THURSDAY MARCH 19, 2009

- 6:15 a.m. Continental Breakfast and Registration
- 6:45 a.m. Welcome, Introduction and Pre-test
- 7:00 a.m. The Preoperative Consultation—What Should it Include?
- 7:15 a.m. What Does the Anesthesiologist Want to Know from the Preoperative Evaluation?
- 7:45 a.m. Preoperative Testing—Current Recommendations
- 8:15 a.m. Overview of the New ACC/AHA Guidelines on Perioperative Cardiovascular Evaluation for Non-Cardiac Surgery and Choosing the Appropriate Stress Test
- 9:15 a.m. Refreshment Break
- 9:30 a.m. VTE Prophylaxis and Bridging Anticoagulants in the Surgical Patient—Update 2009
- 10:30 a.m. Cardiac Risk Reduction Strategies—Medical and Interventional
- 11:30 a.m. Question and Answers (Panel)
- 12:00 p.m. Lunch
- 1:00 p.m. Preoperative Pulmonary Risk Assessment and Risk Reduction Strategies
- 1:45 p.m. Apply What You Have Learned—Interactive Patient Case Study
- 2:45 p.m. Refreshment Break
- 3:00 p.m. Concurrent Workshops
- 4:00 p.m. Concurrent Workshops
- 5:00 pm Adjourn



FRIDAY, MARCH 20, 2009

6:15 a.m.	Continental Breakfast
6:50 a.m.	Announcements
7:00 a.m.	Perioperative Management of Common Medications and Neutraceuticals
8:00 a.m.	Perioperative Pulmonary Issues
8:30 a.m.	Perioperative Management of Diabetes and Other Endocrinologic Issues
9:15 a.m.	Refreshment Break
9:30 a.m.	Perioperative Considerations in Patients with Rheumatologic Disease
10:00 a.m.	Perioperative Nephrology Issues
10:45 a.m.	Essentials of Perioperative Pain Management
11:30 a.m.	Question and Answer for Morning Session
12:00 p.m.	Lunch
1:15 p.m.	Perioperative Infectious Disease Issues
2:00 p.m.	Management of Non-CAD Heart Disease in Non-Cardiac Surgery
2:45 p.m.	Common Neurologic Issues in the Perioperative Period
3:30 p.m.	Refreshment Break
3:45 p.m.	Question and Answer Session
4:00 p.m.	Concurrent Workshops
5:00 p.m.	Adjourn



SATURDAY, MARCH 21, 2009

- 6:15 a.m. Continental Breakfast
- 6:50 a.m. Announcements
- 7:00 a.m. Management of Postoperative Cardiac Complications
- 8:00 a.m. Cases in Delirium and Dementia in the Perioperative Period
- 8:45 a.m. Hematologic Issues in the Perioperative Period
(HIT, anemia, transfusion, hypercoagulable states, bleeding, etc)
- 9:45 a.m. Refreshment Break
- 10:00 a.m. Cases in Management of Common Postoperative GI issues (PONV, postop ileus, NG tube, c-diff colitis, patients with liver disease, PUD prophylaxis, etc.)
- 11:00 a.m. Common Urologic Issues in the Postoperative Period
(urinary retention, catheter management, incontinence, asymptomatic bacteruria)
- 11:40 a.m. Post-test
- 12:00 p.m. Adjourn



*An Overview of Perioperative Medicine 2009:
From Outpatient Preoperative Assessment to Inpatient Postoperative Care*
March 19 – 21, 2009 • Hyatt Regency Hill Country Resort and Spa • San Antonio, TX

Submit online registration at <http://www.mayo.edu/cme/mar2009.html>

OR

Mail form and payment to:

Mayo School of Continuing Medical Education
Plummer 2-60
200 First Street SW
Rochester, MN 55905

Phone 800-323-2688 or 507-284-2509
FAX 507-284-0532
E-mail cme@mayo.edu
Web site www.mayo.edu/cme

Contact Information

Name of Registrant - <i>first name, middle name or initial, and last name</i>		Degree - <i>select all that apply</i> <input type="checkbox"/> MD <input type="checkbox"/> DO <input type="checkbox"/> PA <input type="checkbox"/> NP <input type="checkbox"/> PhD <input type="checkbox"/> Other - <i>specify:</i>	
Name of Institution		Medical Specialty	
Preferred Mailing Address - <i>select one</i> <input type="checkbox"/> Work/Business <input type="checkbox"/> Home			
Work/Business Address - <i>street address</i>		Work Phone - <i>include all country and city/area codes as needed along with complete phone number</i>	
City	State or Province	ZIP or Postal Code	Country
Home Address - <i>street address</i>		Home Phone - <i>include all country and city/area codes as needed along with complete phone number</i>	
City	State or Province	ZIP or Postal Code	Country
E-mail Address		FAX - <i>include all country and city/area codes as needed along with complete phone number</i>	FAX Location - <i>select one</i> <input type="checkbox"/> Work/Business <input type="checkbox"/> Home
<div style="background-color: #0056b3; color: white; padding: 2px; display: inline-block;">SPECIAL NEEDS</div> If you have special assistance needs or dietary restrictions, describe here:			

Credit/Registration

Registration Fee: Physicians -	\$695	\$ _____
Residents, Physician Assistants, and Nurse Practitioners -	\$595	\$ _____
Welcome Reception:		
<input type="checkbox"/> Attendee Complimentary		\$ No Fee
<input type="checkbox"/> Guest		\$25
Course Syllabus		
<input type="checkbox"/> Electronic copy of course syllabus on Flash Drive (included in registration fee)		\$ No Fee
<input type="checkbox"/> Printed copy of course syllabus		\$25
Total Payment enclosed:		\$ _____

Payment Information

<input type="checkbox"/> Check is enclosed in the amount shown at right - <i>make checks payable to Mayo Foundation</i>		Payment Total
Credit Card - <i>select one</i> <input type="checkbox"/> Discover <input type="checkbox"/> MasterCard <input type="checkbox"/> Visa	Account Number	Exp Date - <i>mm/yy</i>
Name of Cardholder - <i>as it appears on the card</i>	Signature of Cardholder - <i>required</i> X	

**AN OVERVIEW OF
PERIOPERATIVE MEDICINE 2009:**
*From Outpatient Preoperative Assessment
to Inpatient Postoperative Care*

March 19-21, 2009

Hyatt Regency Hill Country Resort and Spa,
San Antonio, TX



200 First Street SW
Rochester, Minnesota 55905
www.mayoclinic.org MC8012-40rev1208

©2008 Mayo Foundation for Medical Education and Research (MFMER). All rights reserved. MAYO, MAYO CLINIC and the triple-shield Mayo logo are trademarks and service marks of MFMER.

NON-PROFIT ORG.
U.S. POSTAGE
PAID
MAYO CLINIC