Mayo Clinic Nicotine Dependence Conference: 
Counselor Training & Program Development

Spring Session: 
May 18-21, 2003

Fall Session: 
October 19-22, 2003

Siebens Medical Education Building 
Rochester, Minnesota

Course Co-Directors: 
Richard D. Hurt, MD
Kay M. Eberman, MS
COURSE DESCRIPTION

The Nicotine Dependence Conference will focus on the Mayo Clinic approach to patient care for nicotine dependence and will provide education in all areas of tobacco intervention: intake, assessment, treatment planning, individual counseling, and relapse prevention. The Mayo model will be discussed in-depth and will focus on counseling skills, pharmacologic therapy, and program components. The process of developing a program to deliver nicotine dependence services will also be discussed during the conference.

INTENDED AUDIENCE

This program is oriented toward healthcare professionals who are interested in incorporating nicotine dependence treatment into their practice and/or developing a service to meet the needs of tobacco dependent patients. Chemical dependency counselors, respiratory therapists, nurses, social workers, psychologists, physicians, and other allied health professionals will find the conference of interest. Attendees will have opportunities to meet informally with faculty members to discuss specific program and patient needs.

COURSE LEARNING OBJECTIVES

At the conclusion of this course, participants should be able to:

• Integrate the following counseling techniques into practice: group and individual therapy, transtheoretical model, motivational interviewing, and brief primary care provider interventions.
• Identify pharmacologic agents in the treatment of nicotine dependence.
• Perform counseling for tobacco dependent patients in a manner consistent with the four components recommended for treatment.
• Translate the concept of nicotine use as an addiction, in the provision of treatment.
• Recognize current developments in the field of nicotine dependence.
• Identify treatment issues for special populations.
• Describe a program model for the delivery of nicotine dependence services.

Attendance at this Mayo course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

CREDIT

Mayo Foundation is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Mayo Foundation designates this educational activity for a maximum of 26.75 category 1 credits towards the AMA Physician’s Recognition Award. Each physician should claim only those credits that he/she actually spent in the educational activity.

Nurses, social workers, psychologists and other health care professionals will be provided a certificate of attendance for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.

DATE & LOCATION

The Mayo Clinic Nicotine Dependence Conference will be held May 18-21, 2003, and October 19-22, 2003. Please be aware that the program schedule for the Fall session may change slightly. Course headquarters will be located in the Siebens Medical Education Building on the Mayo Clinic Campus, in Rochester, Minnesota. Meeting facilities are easily accessible by skyway and pedestrian subway, which connect Mayo Clinic to shops, restaurants, and hotels.
PARKING

Parking is available in hotel, city, and Mayo patient/visitor ramps. The cost for parking is not included in the registration fee. A map indicating the location of downtown parking facilities will be mailed with the registrant confirmation letter.

REGISTRATION

To register, complete the attached registration form and return by mail or FAX with the appropriate registration fee by May 9, 2003 for Spring session and October 10, 2003 for the Fall session. **Be sure to indicate which session (Spring or Fall) you wish to attend.** The registration fee includes tuition, comprehensive course syllabus, continental breakfasts, break refreshments, specified luncheons, reception, and tour. Although it is not Mayo School of Continuing Medical Education policy to limit the number of registrants for a course, conference room facilities may necessitate closing of enrollment; therefore, early registration is strongly advised. A letter of confirmation will be sent upon receipt of payment and completed registration form. Onsite check-in will be conducted from 9:00 a.m.–9:45 a.m. on Sunday, May 18, 2003 (Spring session), and Sunday, October 19, 2003 (Fall session), in the Siebens Medical Education Building, Mayo Clinic Campus.

CANCELLATION POLICY

Your registration fee, less a $50 administrative fee, will be refunded when written notification is received by the Mayo School of Continuing Medical Education before May 5, 2003 (Spring session) or October 6, 2003 (Fall session). You may FAX written notification to 507-284-0532. No refunds will be made after these dates.

 Lodging Accommodations

Blocks of guestrooms have been reserved at special group rates at each of the following downtown Rochester hotels. To ensure accommodations and the discounted rates, please make your reservation by April 25, 2002 (Spring session), or by September 26, 2003 (Fall session), and identify yourself as a participant in the Mayo Clinic Nicotine Dependence Conference.

**Hilton Garden Inn**
225 South Broadway
800-445-8667/507-285-1234
$89 single/double

**Kahler Grand Hotel**
20 Second Avenue SW
800-533-1655/507-282-2581
$89 single/double

**Kahler Inn and Suites**
9 Third Avenue NW
800-533-1655/507-289-8646
$65 single/double (standard)
$85 single/double (suite)

**Radisson Plaza Hotel**
150 South Broadway
800-333-3333/507-281-8000
$99 single/double

**Rochester Marriott Hotel**
101 First Avenue SW
877-623-7775/507-280-6000
$129 single/double

The hotels listed above are connected by skyway and pedestrian subway to conference facilities, downtown shops, and restaurants. For additional accommodation options, you may also wish to visit the Rochester Convention and Visitors Bureau website at www.rochestercvb.org.
TRAVEL ARRANGEMENTS

Rochester, Minnesota, is a friendly city that greets thousands of visitors from around the world each year. The city is serviced by a modern international airport with multiple flights daily from Chicago and Minneapolis via American or Northwest Airlines. Access to and from the airport is provided by taxi cab and shuttle service. The airport is located approximately 10 driving miles from the Mayo Clinic campus.

American Airlines is the official carrier for this Mayo course. Reduced airfares are available for participants by calling American Airlines at 800-433-1790. Reference this course as Index #9988, AN#7653AN (Spring session) or AN#26H3AA (Fall session). You may contact the designated travel agency, Corporate Travel, for additional assistance with airfare or ground transportation arrangements by calling 800-526-4540/507-282-9121.

OPTIONAL ACTIVITIES

Tour of Mayo Clinic
Public tours of Mayo Clinic are provided each day of the week beginning at 10:00 am, except for holidays. The tours originate from Judd Auditorium, Subway Level of the Mayo Building, and last approximately 1.5 hours. The tour includes a 20-minute film on the history and operation of Mayo Clinic plus visits to points of interest in the Mayo, Plummer, and Hilton Buildings. Please make advance reservations by calling 507-538-1091.

Mall of America Trip/Transportation
Mall of America, the largest fully-enclosed retail and family entertainment complex in the United States, is an easy 90-minute drive or shuttle ride from Rochester, Minnesota. Along with 500 retail stores, restaurants, and nightclubs, the mall features Knott’s Camp Snoopy, the world’s largest indoor theme park, and UnderWater World, a walk through an aquarium featuring 15,000 fish. You may reserve shuttle service by contacting Rochester Direct at 507-280-9270.

FACULTY (subject to change for the Fall session)

Nicotine Dependence Center Staff
Physicians
Lowell C. Dale, MD
Jon O. Ebbert, MD
J. Taylor Hays, MD
Richard D. Hurt, MD

Treatment Coordinator
Kay M. Eberman, MS

Education Coordinator
Julie A. Czisny, MS, MLS

Research Coordinator
Ivana T. Croghan, PhD

Biostatistics
Darrell R. Schroeder, MS

Staff
Barbara L. Dallavalle, MA
Patrick T. Draper, MSW
Patricia L. Fisher, MA
Randi E. Foraker, MA
Diana L. Friemann
Thomas R. Gauvin, MA
Susan A. GlAESer, MS
Melissa A. Hall
Pam R. Krenik
Audrey M. Schroeder
Debra P. Skare, MA
Sheila K. Stevens, MSW

Mayo Clinic Staff
Billing and Insurance Collections
Tammy L. Kispert
Elaine Schembari

Cardiovascular Diseases
Thomas E. Kottke, MD, MSPH

Communications
Roshelle A. Plutowski

Mayo Clinic Tobacco Quitline
Jeannie M. Boness, RN

Section of Patient Education
Kristen S. Vickers, PhD

Psychiatry and Psychology
Steven I. Altchuler, MD, PhD
Matthew M. Clark, PhD
Janet L. Thomas, PhD
Christi A. Patten, PhD
GUEST FACULTY HIGHLIGHTS (subject to change for the Fall session)

Thomas H. Brandon, PhD
Dr. Thomas H. Brandon, a graduate of the University of Wisconsin, Madison, in Clinical Psychology, currently holds the position of Professor of Psychology for the University of South Florida. He is the Director of the Tobacco Research and Intervention Program at the H. Lee Moffitt Cancer Center and Research Institute in Tampa. Dr. Brandon is a Fellow in Psychopharmacology in the American Psychological Association, and is the editor of the journal, Psychology of Addictive Behaviors. He has received numerous academic awards and has served on NIH and other study sections. Dr. Brandon has published widely in peer-reviewed literature and is an expert on the topic of relapse prevention.

Elbert D. Glover, PhD
Dr. Glover is Director of the Addiction & Psychiatric Medicine Research Center & Professor in the departments of Behavioral Medicine & Psychiatry, & Family Medicine at the West Virginia University School of Medicine, Robert C. Byrd Health Sciences Center. An internationally recognized authority on the topics of smoking cessation & smokeless tobacco, Dr. Glover has more than 200 publications to his credit. His work has appeared in such noted publications as the New England Journal of Medicine, Journal of the American Medical Association and American Journal of Public Health. Dr. Glover has been elected a fellow in the American Academy of Health Behavior, the American School Health Education and the Royal Institute of Public Health (UK).

Scott J. Leischow, PhD, Chief
Tobacco Control Research Branch
Division of Cancer Control and Population Sciences
National Cancer Institute
Dr. Leischow received his PhD in Health Education from the University of Maryland at College Park. Prior to his arrival at the National Cancer Institute, Dr. Leischow served as Associate Professor in the College of Public Health, and Director of the Arizona Program for Nicotine and Tobacco Research (APNTR) at the University of Arizona. Dr. Leischow has been actively involved in translating research into practice at the community and state level in Arizona. He has played an integral role in the development of a cessation quitline, a statewide training program for cessation interventionists and a program to evaluate community cessation services.

Grace X. Ma, PhD, CHES
Dr. Grace Ma is Associate Professor of Public Health at Department of Public Health, Principal Investigator and Director, Center for ATECAR (Asian Tobacco Education, Cancer Awareness and Research), Temple University, U.S. She is a Certified Health Education Specialist (CHES). Dr. Ma has 19 years of experiences in research, teaching and training. Her areas of expertise are in behavioral health, tobacco-related cancer control and other drug abuse prevention and intervention for Asian and other ethnic populations, as well as trans-cultural health care issues. Dr. Ma is the recipient of many outstanding research and training awards from academic institutions, scientific associations, and U.S. government agencies that include the 2001 NCI’s Atlantic Region Cancer Information Service Partner in Reaching Special Populations in recognition for her outstanding contributions to addressing issues related to tobacco and cancer control and culturally appropriate prevention and intervention in Asian American communities.

Paul R. Pentel, MD
Dr. Pentel received his undergraduate degree at New York University, Bronx, New York and his Medical Degree from Stanford Medical School. He received his Internal Medicine training at Hennepin County Medical Center and the University of Minnesota Medical School followed by a fellowship in Clinical Pharmacology at the University of California, San Francisco. He currently is Professor of Medicine in the Department of Medicine at the University of Minnesota Medical School and Hennepin County Medical Center, and serves as Vice President of the Minneapolis Medical Research Foundation. Dr. Pentel has served as the editor of the Internet Journal of Medical Toxicology and currently serves on the editorial board of the Journal of Toxicology/Clinical Toxicology. With over 100 publications, he is an expert in the field of pharmacology and has recently focused on treating tobacco dependence.

Elliot Richelson, MD
Dr. Richelson is a Consultant in Psychiatry and Pharmacology, Mayo Clinic Jacksonville, and Professor of Psychiatry and Pharmacology, Mayo Medical School. As a psychiatrist and pharmacologist, Dr. Richelson has earned an international reputation for his investigations on the effects of psychiatric drugs on chemical
messengers in the brain, supported primarily by grants from the National Institute of Mental Health. He graduated from Brandeis University, earned his MD degree from the Johns Hopkins University School of Medicine and did his residency in psychiatry at Johns Hopkins Hospital. Prior to his residency, he was a Research Associate in the Laboratory of Biochemical Genetics at the National Heart and Lung Institute working with Nobel Laureate Dr. Marshall Nirenberg. He is a fellow of the American Psychiatric Association and of the American College of Neuropsychopharmacology, and past-president of the Society of Biological Psychiatry.

Nancy A. Rigotti, MD

Dr. Nancy Rigotti, a graduate of Harvard Medical School, is Associate Professor in the Departments of Medicine and Ambulatory Care and Prevention at Harvard Medical School, and Associate Professor of Health and Social Behavior at the Harvard School of Public Health. She was the Associate Director of the Institute for the Study of Smoking Behavior and Policy at Harvard University’s John F. Kennedy School of Government and served as a scientific editor of the 1989 Surgeon General’s Report. Currently, she is President Elect of the Society for Research in Nicotine and Tobacco. In 1992, Dr. Rigotti founded the Tobacco Research and Treatment Center at Massachusetts General Hospital, which combines a clinical service with a research group. The center’s mission is to develop innovative and effective smoking cessation treatment and tobacco control policy approaches.

ADDITIONAL GUEST FACULTY HIGHLIGHTS FOR OCTOBER

Joseph R. DiFranza, MD

Dr. Joseph DiFranza, graduate of the University of Massachusetts Medical School, completed his residency with the U of Mass Medical Center Family Practice Program, in Worcester, MA. He currently is a Professor in Family Medicine and Community Health, at the University of Massachusetts Medical Center. He was awarded the Citizen Activist Award-Special Recognition from the Gleitsman Foundation in 1998, and the Exemplary Program Award from the Center for Substance Abuse Prevention, Department of Health and Human Services, in 1999. Dr. DiFranza is a noted expert in tobacco research and has made major contributions to the peer reviewed literature on tobacco including a focus on the development of tobacco dependence in youth.

Karl O. Fagerström, PhD

Karl O. Fagerström, Ph.D., graduated from the University of Uppsala in Sweden as a licensed clinical psychologist, later receiving his Ph.D. with a dissertation on nicotine dependence and smoking cessation. Currently, Dr. Fagerström is President of Smokers Information Center and Fagerstrom Consulting, in Sweden. He previously served as Editor-in-Chief for the Scandinavian Journal for Behavior Therapy, and was Director of Scientific Information for Nicotine Replacement Products for Pharmacia & Upjohn. Dr. Fagerström is a founding member of the Society for Research on Nicotine and Tobacco and is chairman of the SRNT affiliate in Europe. He has over 100 peer-reviewed publications, and in 1999 was awarded the WHO medal for outstanding work in tobacco control.

Anne M. Joseph, MD

Anne M. Joseph, MD, M.P.H., received her medical training at the University of Michigan. She did an internal medicine residency at the University of Minnesota where she also received a Masters in Public Health in Epidemiology. Currently, Dr. Joseph is an Associate Professor of Medicine at the University of Minnesota and a general internist at the Minneapolis Veterans Administration Medical Center. Her primary research interests are in tobacco control, and she is a noted expert in treating tobacco dependent smokers, especially those with alcohol dependence. In addition, Dr. Joseph serves as President of the Minnesota Smoke-Free Coalition, and is a Member of the Board of Directors of MPAAT (Minnesota Partnership for Action Against Tobacco).

FACULTY DISCLOSURE

As a provider accredited by ACCME, Mayo Foundation must ensure balance, independence, objectivity and scientific rigor in its educational activities. All faculty participating in a Mayo Foundation activity are required to disclose commitments to and/or relationships with pharmaceutical companies, biomedical device manufacturers or distributors, or others whose products or services may be considered to be related to the subject matter of the educational activity. Faculty will also disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of these commitments and/or relationships will be published in course materials so those participants in the activity may formulate their own judgments regarding the presentation.
Program Schedule
(*Fall session subject to change)

SUNDAY, MAY 18, 2003
SUNDAY, OCTOBER 19, 2003

9:00 a.m. Registration and Exhibits

10:00 a.m. Welcome and Nicotine Dependence Overview
Richard D. Hurt, MD

11:15 a.m. Overview: The Mayo Model
Kay M. Eberman, MS

12:00 p.m. Lunch

1:00 p.m. Overview: The Mayo Model-Part 2
Kay M. Eberman, MS

2:15 p.m. National Guidelines for Treatment
Thomas E. Kottke, MD

3:00 p.m. Refreshment Break and Exhibits

3:30 p.m. The Role of Research in Treatment
Ivana T. Croghan, PhD

4:15 p.m. Health Professional Education
Lowell C. Dale, MD

5:00 p.m. Adjourn

MONDAY, MAY 19, 2003
MONDAY, OCTOBER 20, 2003

7:30 a.m. Continental Breakfast

8:00 a.m. Brain Chemistry and Addiction
Elliot Richelson, MD

8:45 a.m. Pharmacotherapy for Tobacco Dependence
J. Taylor Hays, MD

9:45 a.m. Refreshment Break

10:00 a.m. Pharmacotherapy Case Studies
J. Taylor Hays, MD

10:30 a.m. Pharmokinetic Approaches to Treating Tobacco Dependence
Paul R. Pentel, MD

11:15 a.m. Cessation is Not Enough: Preventing Smoking Relapse via a
Minimal Intervention
Thomas H. Brandon, PhD
12:00 p.m. Luncheon presentation: Bridging Clinical and Community Tobacco Dependence Treatment: Creating and Maximizing Complex Systems
Scott J. Leischow, PhD

1:30 p.m. Individual Treatment: The Consultation
Susan A. Glaeser, MS

2:15 p.m. Residential Treatment
J. Taylor Hays, MD

3:00 p.m. Refreshment Break

3:30 p.m. Motivational Interviewing
Thomas R. Gauvin, MA

5:00 – 7:00 p.m. Reception and Guided Tours of the Nicotine Dependence Center
Nicotine Dependence Center Staff

TUESDAY, MAY 20, 2003
TUESDAY, OCTOBER 21, 2003

7:00 a.m. Hot Breakfast Buffet

7:30 a.m. Breakfast Discussion Groups
Nicotine Dependence Center Staff
- Treatment Issues/Chemical Dependence Programs
  Patricia L. Fisher, MA
- Depression & Psychiatric Co-Morbidity
  Lowell C. Dale, MD
- Group Programs
  Barbara L. Dallavalle, MS
- Pregnancy and Smoking
  Susan A. Glaeser, MS
- Physician Interventions, Leadership, and Education
  Richard D. Hurt, MD
- Relapse Prevention
  Kay M. Eberman, MS
- Telephone Counseling
  Jeannie M. Boness, RN
- Introduction to Grant Writing
  Jon O. Ebbert, MD
- MOST (Mayo Outreach to Students and Teachers)
  Randi E. Foraker, MA

8:45 a.m. Culturally Appropriate Community-Based Smoking Intervention in Asian Communities
Grace X. Ma, MD
9:30 a.m.  Adolescents: Treatment Approaches  
Janet L. Thomas, PhD

10:15 a.m.  Refreshment Break

10:45 a.m.  Weight Concerns in Tobacco Treatment  
Matthew M. Clark, PhD

11:30 a.m.  Insights into Working with Smokeless Tobacco Users  
Elbert D. Glover, PhD

12:15 p.m.  Luncheon Presentation: Panel of Ex-Tobacco Users  
Patricia L. Fisher, MA

2:00 p.m.  Treatment Approaches for Hospitalized Smokers  
Nancy A. Rigotti, MD

2:45 p.m.  Physical Activity in the Treatment of Nicotine Dependence  
Kristen S. Vickers, PhD

3:30 p.m.  Refreshment Break

3:45 p.m.  Environmental Tobacco Smoke  
J. Taylor Hays, MD

4:30 p.m.  Nicotine Treatment Panel Discussion  
Medical and Counseling Issues with Audience Question and Answer  
J. Taylor Hays, MD, Richard D. Hurt, MD, and Kay M. Eberman, MS

5:00 p.m.  Adjourn
7:15 a.m. Breakfast Networking Sessions  
Participants gather according to topic of interest

8:15 a.m. Closing Plenary: Secrets of the Tobacco Industry  
Richard D. Hurt MD

**Track A: Program Development (am) & Counseling Applications (pm)**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Presenter(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:15 a.m.</td>
<td>Program Design, Staffing, Records</td>
<td>Kay M. Eberman, MS</td>
</tr>
<tr>
<td>10:15</td>
<td>Outcome Evaluation</td>
<td>Darrel R. Schroeder, MS</td>
</tr>
<tr>
<td>11:15 a.m.</td>
<td>Marketing, Reimbursement &amp; Financial Issues</td>
<td>Shelly Putowski, Tammy L. Kispert, Elaine Schembari</td>
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<tr>
<td>12:15 p.m.</td>
<td>Lunch on own</td>
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<tr>
<td>1:15 p.m.</td>
<td>Motivational Interviewing Applications</td>
<td>Patrick T. Draper, MSW</td>
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<tr>
<td>2:15 p.m.</td>
<td>Individual Treatment Plans</td>
<td>Patrick T. Draper, MSW</td>
</tr>
<tr>
<td>3:15 p.m.</td>
<td>Preventing Relapse - Applications</td>
<td>Patrick T. Draper, MSW</td>
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<tr>
<td>4:00 p.m.</td>
<td>Adjourn</td>
<td></td>
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**Track B: Counseling Applications (am only)**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Presenter(s)</th>
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<tbody>
<tr>
<td>9:15 a.m.</td>
<td>Motivational Interviewing Applications</td>
<td>Patricia L. Fisher, MA</td>
</tr>
<tr>
<td>10:15</td>
<td>Individual Treatment Plans</td>
<td>Patricia L. Fisher, MA</td>
</tr>
<tr>
<td>11:15 a.m.</td>
<td>Preventing Relapse - Applications</td>
<td>Patricia L. Fisher, MA</td>
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<tr>
<td>(No afternoon sessions for this track)</td>
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**Advanced Counseling Skills Workshop (Track C)**

Co-Presenters: Tom Gauvin, MA and Susan Glaeser, MS

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
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<tbody>
<tr>
<td>9:15 a.m. - 4:00 p.m.</td>
<td>This workshop includes Motivational Interviewing education and Brief Therapy techniques. The use of interactive exercises, role-plays, and case studies are used to enhance nicotine dependence counseling knowledge and skills. The workshop is limited to a maximum of 30 participants on a first-registered, first-served basis.</td>
</tr>
<tr>
<td>(Lunch on your own 12:00 – 1:00 p.m.)</td>
<td>NOTE: This training is designed for those with previous counseling experience and a basic understanding of motivational interviewing.</td>
</tr>
</tbody>
</table>

**NOTE:** This training is designed for those with previous counseling experience and a basic understanding of motivational interviewing.
Mayo Clinic Nicotine Dependence Seminar: 
Counselor Training and Program Development

Rochester, Minnesota

To register, complete and return this registration form by mail or fax by May 9, 2003 for Spring session and October 10, 2003 for the Fall session. The registration fee includes tuition, comprehensive course syllabus, continental breakfasts, refreshment breaks, luncheons, reception, and tour. Pre-registration is required. A letter of confirmation will be sent upon receipt of payment and completed registration form. Enrollment is limited; early registration is encouraged.

Mail or FAX form with payment to: 
Mayo School of Continuing Medical Education 
200 First Street SW 
Rochester, MN 55905 
Telephone: 800-323-2688 or 507-284-2509 
FAX: 507-284-0532 
Website: www.mayo.edu/cme 
E-mail: cme@mayo.edu

Choose One: (you MUST complete this section)
☐ Spring Session: May 18-21, 2003 (R2003M237) 
☐ Fall Session: October 19-22, 2003 (R2003M240)

Payment:
Physician Fee: $550 $___________ 
Non-Physician Fee: $275 $___________

☐ Check Enclosed (make checks payable to Mayo Foundation)
☐ Credit Card: ☐ Visa ☐ MasterCard ☐ Discover

Card Number Expiration Date
Signature Date

Breakfast Discussion Groups:
Please rank your preference for Tuesday morning’s breakfast sessions (1=most desirable, 9=least desirable):

☐ Chemical Dependence Programs: 1. Physician Intervention, Leadership, Treatment Issues 2. Depression & Psychiatric Co-Morbidity 3. Introduction to Grant Writing 4. Group Programs 5. MOST: Mayo Outreach to Students and Teachers

Wednesday Sessions:
Please indicate which track you wish to follow for the Wednesday sessions:

☐ Track A -- Program Development (am) and Counseling Applications (pm)
☐ Track B -- Counseling Applications (am only)
☐ Track C* -- Advanced Counseling Skills Workshop (all day)

*A maximum of 30 participants will be allowed in this session on a first-registered, first-served basis. NOTE: This training is designed for those with previous counseling experience and a basic understanding of motivational interviewing.

Please print or type all information. You may duplicate this form for multiple registrations.

Registration Form