New Program Format!

10th Annual Mayo Clinic Symposium at Napa: Arrhythmias & the Heart

February 27 – March 1, 2003

Silverado Country Club and Resort
Napa, California
COURSE DESCRIPTION

The 10th Annual Mayo Clinic Symposium at Napa: Arrhythmias and the Heart will explore approaches to the diagnosis, management, and prevention of common rhythm disorders. Mayo Clinic and guest faculty will share “pearls” to aid in the evaluation and assessment of patients with cardiac arrhythmias.

COURSE LEARNING OBJECTIVES

Upon completion of this course, the participant should be able to:

• Determine how to control the ventricular response, reduce the risk of embolic events, and determine when antiarrhythmic drug and nonpharmacologic therapy is necessary in patients with atrial fibrillation
• Recognize the indications for placement of permanent pacemakers for congestive heart failure and implantable defibrillators
• Discuss the genetics of arrhythmias
• Manage patients with heart failure due to systolic and diastolic dysfunction
• Use ACE-1, beta blockers, and statins for reducing the risk of further heart disease, including sudden death
• Explain the role of implantable defibrillators for primary and secondary prevention of sudden death
• Diagnose the mechanism of common cardiac arrhythmias
• Interpret the use of antiarrhythmic drugs for treating arrhythmias
• Know when to refer patients for catheter ablation to treat supraventricular and ventricular arrhythmias

Attendance at this Mayo course does not indicate nor guarantee competency nor proficiency in the performance of any procedures which may be discussed or taught in this course.

COURSE HIGHLIGHTS

• Mini-symposium on What’s New in Atrial Fibrillation
• Case management discussions that emphasize preferred treatment options, including:
  • Pharmacologic approaches
  • Utilization of medical devices
  • Catheter ablation
• Mini-symposium on Congestive Heart Failure
• Interactive Audience Response System
• Faculty debate

CONTINUING EDUCATION CREDIT

Mayo Foundation is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Mayo Foundation designates this educational activity for a maximum of 15.0 hours in category 1 credit towards the AMA Physician’s Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity.

Other health care professionals will be provided a certificate of attendance for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.

INTENDED AUDIENCE

This program is designed for cardiologists, internists, family practitioners, and cardiovascular nurse specialists.
DATE AND LOCATION

The 10th Annual Mayo Clinic Symposium at Napa: Arrhythmias and the Heart will be held February 27 through March 1, 2003, at the Silverado Country Club and Resort, Napa, California.

Evoking an elegance and sophistication of days past, Silverado Resort is 45 minutes north of San Francisco and is the perfect home base for exploring the pleasures of Napa Valley. The resort is known for an atmosphere of gracious hospitality. Accommodations are found in private cottage suites clustered around hidden courtyards and secluded swimming pools. Modern conveniences such as a wet bar and kitchen provide a nice balance with wood-burning fireplaces found in most rooms. A spacious living room makes the suites comfortable whether hosting a social gathering, relaxing with a book, or perusing papers from the meeting.

Complete information on the resort is at the Silverado web site: www.silveradoresort.com.

OVERVIEW OF THE SCHEDULE  (Schedule subject to change)

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<th>Event</th>
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<tbody>
<tr>
<td>Registration</td>
<td>Thursday, February 27, 2003, 6:30 a.m.</td>
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<tr>
<td>Course Opening</td>
<td>Thursday, February 27, 2003, 7:25 a.m.</td>
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<tr>
<td>10th Anniversary Welcome Reception</td>
<td>Thursday, February 27, 2003, 6:30 p.m.</td>
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General teaching sessions will be conducted daily from 7:25 a.m. to 1:00 p.m. (approximately). The course will end at approximately Noon on Saturday, March 1, 2003. Continental breakfast will be served each morning one hour before the beginning of the program.

Note: The symposium is designed to ensure that attendees have an opportunity to explore Napa Valley during the afternoons.

REGISTRATION

To register, complete the attached registration form and return by mail or fax. The $575 registration fee includes tuition, comprehensive course syllabus, continental breakfasts, refreshment breaks, and reception tickets for each attendee and one guest. Additional reception tickets can be purchased for $60 each.

Early registration is strongly advised. A letter of confirmation will be sent upon receipt of payment and completed registration form. Please present the confirmation letter when checking in at the meeting registration desk. Until written confirmation is received, please do not consider yourself registered for this course.

CANCELLATION POLICY

Your registration fee, less a $75 administrative fee, will be refunded when written notification is received by the Mayo School of Continuing Medical Education before February 13, 2003. No refunds will be made after February 13, 2003.

TRAVEL

Northwest Airlines is the official carrier for this Mayo Clinic course. Reduced airfares into San Francisco International Airport are available for participants and their guests by calling Corporate Travel at 800-526-4540 or 507-282-9121, by faxing 507-282-9020, or by emailing lynn@ctsrst.com. Please reference the Mayo Clinic Arrhythmia course when making travel arrangements. Reduced airfares are subject to availability. To take maximum advantage of discounted rates, it is strongly recommended that flights be booked 60 or more days prior to actual travel.

Special car rental rates are available through Budget Car Rental at the San Francisco International Airport and the Silverado Resort Concierge Desk. For reservations, call Budget at 800-772-3773 and reference the Mayo Clinic Arrhythmia course, Budget Convention Discount #U063629. Rates include unlimited mileage, except in the car class of Luxury, Minivan, or SUV.
At the time of rental, Budget will provide each attendee with a local area map and specific directions to Silverado Country Club and Resort. Reservations can also be made on-line at www.Budget.com.

Evans, Inc. provides ground transportation between the Silverado Country Club and Resort and San Francisco International Airport or Oakland International Airport. Departure times and reservation information will be enclosed with the confirmation letter. Reservations are required to guarantee space. Please contact Evans, Inc. directly by phoning 707-255-1559 or 707-944-2025 or by faxing 707-255-0753.

**LODGING ACCOMMODATIONS**

Hotel reservations are the responsibility of the individual registrant. Silverado Country Club and Resort is extending a special group rate of $175, plus taxes, per night, single or double occupancy, for a beautifully appointed one bedroom suite, or $235, plus taxes, per night, single or double occupancy for a two bedroom suite. These room types are available on a first-come basis, based on the group block. Other room types may be available; please contact the Silverado Reservations Department for rates and availability. Silverado Resort is unable to guarantee requests for bed types and area locations. Every effort will be made, however, to honor a request.

Reservations must be made directly with the Silverado Resort and Country Club before Sunday, January 26, 2003 to secure the group rate. A reservation form will be sent with the course confirmation letter. Telephone reservations can be made by calling 800-532-0500 or 707-257-0200, by faxing 707-257-0200, or by emailing resv@silveradoresort.com. Callers must identify themselves as being with Mayo Clinic in order to qualify for the group rate. After the cut-off date, and/or after the room block has been filled, reservations will be accepted on a space-available basis only.

First night’s deposit plus 10.5 percent room tax in the form of check or charge to a major credit card must be received by Silverado Resort to assure reservation. Cancellations received within 7 days of arrival will result in forfeiture of this deposit. Departures prior to the date confirmed at check-in will be subject to a $50.00 early departure charge.

**CHILD CARE ARRANGEMENTS**

Child care arrangements are the responsibility of the parent(s) or guardian(s) and must be made directly with Silverado Resort. Please contact the Silverado Resort Concierge Desk directly at 707-247-0200 for additional information.

**LODGING EXTENSIONS**

Since travel plans may include a stop in San Francisco, lodging extensions at The Argent Hotel, located at the gateway to the city, are available to course participants. The Argent is centrally located in San Francisco’s new downtown, the South of Market area, and is steps away from numerous local attractions. The West Coast’s most celebrated shopping mecca Union Square is also within two blocks. Complete hotel information, including video tour of the property, is available at the web site: www.argenthotel.com.

Special group rates begin at $175 per night, single or double occupancy, for a Deluxe King bedded room, two days prior and two days post the published symposium dates. Other room types may be available; please contact The Argent Hotel Reservations Department for special rates and availability. Each of The Argent’s spacious guest rooms offers breathtaking floor-to-ceiling panoramic views of the City by the Bay. All reservations are based upon availability and are subject to the San Francisco City tax and California Assessment fee. Check-in starts at 3:00 p.m., and check-out time is 12:00 Noon. The Argent Hotel will make reasonable efforts to accommodate early arrivals when possible.

Reservations should be made by phoning the hotel reservations department toll free at 877-222-6699 and referencing the Mayo Clinic Arrhythmia course. Cut-off date for all reservations is February 4, 2003.
SOCIAL PROGRAM

10th Anniversary Welcome Reception – Thursday evening, February 27, 2003, 6:30 to 7:30 p.m.
Attendees and their guest(s) are cordially invited to join the course faculty for the Welcome Reception on Thursday evening, February 27, 2003. This casual reception welcomes you to Napa, officially opens the course, and offers you the perfect opportunity to make connections with existing and new colleagues. Pre-registration is requested.

RECREATION/LEISURE ACTIVITIES

While Silverado is a self-contained resort, guests may wish to experience some of the recreational opportunities found throughout the Valley. Activities range from playing racquetball to boating, fishing or water-skiing at Lake Berryessa, 20 miles east of Napa. For the more adventurous, horseback riding and hot air ballooning over the vineyards are perennial favorites.

Most people believe a visit to Napa Valley is not complete without touring some of the world famous wineries for a behind-the-scenes look into the secrets of making fine wine and an opportunity to sample vintages.

An excellent way to enjoy Silverado’s natural beauty is to play the two, 18-hole golf courses, each in the distinctive style of their architect, Robert Trent Jones, Jr. The courses cover 360 acres and feature lush vegetation, ponds, lakes, three sweetwater creeks, trees arching over the fairways, and artfully placed traps and greens. The special green fee is $80 per person for 18 holes, including a shared cart. For tee time reservations, call 800-362-4727. Please note that advanced reservations must be made to ensure play during your stay, especially on Saturday and Sunday. Tee times cannot be reserved over the internet.

Silverado features one of the finest tennis centers in the West with 14 immaculate, plexi-pave courts. Three courts are lighted. Court reservations are suggested in advance of arrival. Guests must register for tennis clinics at the time of room reservations. Silverado reserves the right to cancel tennis clinics for lack of enrollment.

The Spa at Silverado offers world-class spa and salon services surrounded by tranquil garden courtyards and breathtaking scenic views. Services are designed with both men and women in mind. Silverado also offers services and facilities that create a wonderful couple’s experience. Contact the Spa Coordinator at 888-918-4772 or email info@silveradospa.com. To avoid disappointment, spa reservations prior to arrival are strongly encouraged. The Spa at Silverado usually sells out on weekends.

OPTIONAL GROUP ACTIVITIES

• Winery Tour and Tastings, Artesa and Domaine Carneros (Taittinger), Thursday, February 27, 2003; Depart Resort 1:30 p.m., Return Resort 5:00 p.m.; Duration 3.5 Hours; Maximum 28 Guests

Enjoy one of the most fascinating production tours in Napa from the lofty heights of Artesa, followed by a tasting of Domaine Carneros’ legendary champagnes and wines. As our vehicle climbs a winding incline to one of the highest points in Napa Valley, you will be mystified at what lays in wait. Surrounded in graceful steel statues that emerge from the shimmer of reflecting pools stands Artesa, one of the most stunning structures you will ever witness. Built into the very hillside that surrounds it, Artesa’s enormous picture windows are all that appear at initial glance. Inside, the unmistakable modern museum feel of precise lines, wood floors, and floor-to-ceiling glass set the stage for a refined experience. An elevated walkway grants an overhead view of all of the production stages from harvest to bottling. Back in the main foyers, you will see rare artifacts and dimensional exhibits that depict the Valley’s storied history, set in a modern, elegant series of displays. Then step beyond Artesa’s angled glass walls onto the outdoor deck, where the wraparound view encompasses points as distant as downtown San Francisco. Artesa’s incredible champagnes are not the only items for pour at this distinctive destination. A tasting at Artesa can include...
various vintages of their Reserve Cuvee, along with Chardonnays, Pinot Noirs, and Cabernet Sauvignons. Wine selections vary depending on season and availability.

Price of $90 per person includes transportation, tour director, private tour and tasting at Artesa and private tasting at Domaine Carneros, deluxe box lunch, and gratuities and applicable taxes.

• CIA and the St. Helena Olive Oil Company, Friday, February 28, 2003; Depart Resort 1:30 p.m., Return Resort 5:00 p.m.; Duration 3.5 Hours; Maximum 28 Guests

Public Culinary Seminars at the Culinary Institute of America explore a rotating host of topics, each geared towards unlocking the secrets behind the art of gourmet pursuits. Endure all of the tastes and tidbits at the St. Helena Olive Oil Company.

Classes at the CIA are staged in the same instruction rooms that the master chefs use to hone their skills at this legendary school for the culinary arts. Seminars cover a broad range of topics and are presented in a highly informative format. Most are supported by audio-visual presentations and supplemented by detailed handouts outlining the intricacies of the subject.

A sensory experience begins when you enter the rustic setting at St. Helena Olive Oil Company. Sample, smell, and see all of the tidbits showcased. Like fine wine, the olive oil as well as the fruity vinegars is crafted with experience and expertise.

Price of $75 per person includes transportation, tour director, deluxe box lunch, and gratuities and applicable taxes.

• Activities Desk

Designed for course participants and their guests, an exclusive Activities Desk will provide information regarding tours and activities, as well as local insight to dining, shopping, and Valley questions. Available during designated course hours only.

Pre-registration and payment to Silverado Destination Services are required by January 31, 2003. Tour selection will be confirmed with an activity voucher received upon check-in at the Activities Desk. On site during the course, there will be no refunds on no-shows or cancellations. Silverado Destination Management reserves the right to cancel tours that do not meet minimum numbers.

FACULTY DISCLOSURE

As a provider accredited by ACCME, Mayo Foundation must ensure balance, independence, objectivity and scientific rigor in its educational activities. All faculty participating in a Mayo Foundation activity are required to disclose commitments to and/or relationships with pharmaceutical companies, biomedical device manufacturers or distributors, or others whose products or services may be considered to be related to the subject matter of the educational activity. Faculty will also disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of these commitments and/or relationships will be published in course materials so those participants in the activity may formulate their own judgments regarding the presentation.

FACULTY

Course Directors
Stephen C. Hammill, M.D. Douglas L. Packer, M.D.

Mayo Clinic Faculty
Samuel Asirvatham, M.D. Thomas M. Munger, M.D. Douglas L. Packer, M.D.
Stephen C. Hammill, M.D. Margaret M. Redfield, M.D. Win K. Shen, M.D.
David L. Hayes, M.D.

Distinguished Guest Faculty
Lynne Warner Stevenson, M.D. William G. Stevenson, M.D.
Brigham and Women’s Hospital, Boston, Massachusetts
THURSDAY, FEBRUARY 27, 2003

6:30 a.m.  Registration, Continental Breakfast, Exhibits

7:25 a.m.  Welcome and Introduction
            Orientation to Interactive Audience Response System
            Stephen C. Hammill, M.D. and Douglas L. Packer, M.D.

Atrial Fibrillation Symposium: What’s New

7:30 a.m.  Underlying Mechanism for AF and Remodeling
            Samuel Asirvatham, M.D.

8:00 a.m.  Questions and Answers

8:10 a.m.  Anticoagulation and Cardioversion
            Stephen C. Hammill, M.D.

8:40 a.m.  Questions and Answers

8:50 a.m.  Medical Therapy for Rate Control and Maintaining Sinus Rhythm
            Thomas M. Munger, M.D.

9:10 a.m.  Questions and Answers

9:20 a.m.  Role of Pacing, ICD, AV Node Ablation, and the Surgical Maze
            Win K. Shen, M.D.

9:50 a.m.  Questions and Answers

10:00 a.m. Refreshment Break and Exhibits

10:30 a.m. Ablation of Atrial Flutter and Atrial Fibrillation
            Douglas L. Packer, M.D.

11:00 a.m. Questions and Answers

11:10 a.m. Atrial Fibrillation Case Management Workshop Featuring Audience
            Interaction
            Moderator: Stephen C. Hammill, M.D.
            Panelists: Samuel Asirvatham, M.D.
                        Thomas M. Munger, M.D.
                        Douglas L. Packer, M.D.
                        Win K. Shen, M.D.

1:00 p.m.  Adjourn

6:30 to 7:30 p.m.  10th Anniversary Welcome Reception
FRIDAY, FEBRUARY 28, 2003

6:30 a.m. Continental Breakfast and Exhibits

7:30 a.m. Optimal Medical Management of the Patient with CHF due to the Failing Ventricle
Lynne Warner Stevenson, M.D.

8:00 a.m. Questions and Answers

8:10 a.m. Biventricular Pacing for CHF
David L. Hayes, M.D.

8:40 a.m. Questions and Answers

8:50 a.m. CHF due to Diastolic Dysfunction: Diagnosis and Management
Margaret M. Redfield, M.D.

9:20 a.m. Questions and Answers

9:30 a.m. Break and Exhibits

10:00 a.m. The Role of ACE-I, β-blockers, and Statins for Preventing Sudden Cardiac Death
Samuel Asirvatham, M.D.

10:30 a.m. Questions and Answers

10:40 a.m. Primary and Secondary Prevention of Sudden Cardiac Death: Role of the ICD
Stephen C. Hammill, M.D.

11:10 a.m. Questions and Answers

11:20 a.m. The Great Debate: All Patients with Reduced Ventricular Function and an Indication for Pacing should receive a Biventricular ICD

11:20 – 11:30 Pro: David L. Hayes, M.D.
11:30-11:40 Con: Lynne Warner Stevenson, M.D.
11:40-11:45 Rebuttal
11:45-11:50 Rebuttal

11:50 The Difficult Patient with CHF: Case Management Workshop featuring Audience Interaction
Moderator: Margaret M. Redfield, M.D.
Panelists: Samuel Asirvatham, M.D.
David L. Hayes, M.D.
Lynne Warner Stevenson, M.D.
Stephen C. Hammill, M.D.

1:00 p.m. Adjourn
SATURDAY, MARCH 1, 2003

6:30 a.m. Continental Breakfast and Exhibits

7:30 a.m. Mechanisms of Cardiac Arrhythmia
Thomas M. Munger, M.D.

8:00 a.m. Questions and Answers

8:10 a.m. The Genetics of Cardiac Arrhythmias: LQTS, Brugada, HCM, AF
William G. Stevenson, M.D.

8:40 a.m. Questions and Answers

8:50 a.m. What Clinicians need to know about Anti-Arrhythmic Drugs for
Managing Cardiac Arrhythmias
Douglas L. Packer, M.D.

9:20 a.m. Questions and Answers

9:30 a.m. Arrhythmia Management Grab Bag: Preoperative, Postoperative,
Pregnancy
Samuel Asirvatham, M.D.

10:00 a.m. Break and Exhibits

10:30 a.m. Catheter Ablation for Ventricular and Supraventricular Arrhythmia
William G. Stevenson, M.D.

11:00 a.m. Questions and Answers

11:10 a.m. Neurocardiogenic Syncope
Win K. Shen, M.D.

11:40 a.m. Questions and Answers

11:50 a.m. The Difficult Arrhythmia Patient: Case Management Workshop
featuring Audience Interaction
Moderator: Win K. Shen, M.D.
Panelists: Samuel Asirvatham, M.D.
Thomas M. Munger, M.D.
Douglas L. Packer, M.D.
William G. Stevenson, M.D.

1:00 p.m. Adjourn
Activities Registration Form

10th Annual Mayo Clinic Symposium at Napa: Arrhythmias & the Heart
February 27 – March 1, 2003
Silverado Country Club and Resort
Napa, California

Activity reservations must be received by January 31, 2003.

FAX or mail form and payment Directly to:
1600 Atlas Peak Road
Napa, California 94558
Phone: 707-257-5535
FAX: 707-257-5538

Please print or type all information below:

Name_____________________________________________________________________________
Address___________________________________________________________________________
City____________________________________State/PV______________Zip/PC______________
Telephone (_______) _________________________FAX (_______) __________________________
E-mail ____________________________________________________________________________

FEBRUARY 27, 2003
Artesa and Domaine Carneros #____ tickets @ $90/person $_________

FEBRUARY 28, 2003
CIA and St. Helena Olive Oil Company #____ tickets @ $75/person $_________

TOTAL $_________

PAYMENT METHOD
[ ] Credit Card: [ ] Visa [ ] MasterCard [ ] Amex [ ] Discover

Card Number Expiration Date
Signature Date
10th Annual Mayo Clinic Symposium at Napa: Arrhythmias & the Heart
February 27 – March 1, 2003
Silverado Country Club and Resort
Napa, California

Mail form and payment to:
Mayo School of Continuing Medical Education
200 First St SW
Rochester, MN 55905
Telephone: 800-323-2688 or 507-284-2509
Fax: 507-284-0532
Website: www.mayo.edu
E-Mail: cme@mayo.edu

Please print or type all information. Duplicate form for multiple registrations.

Name_________________________________________ Degree ______________________________
[ ] MD  [ ] DO  [ ] NP  [ ] PA  [ ] Other

Institution___________________________________________________________________________

Medical Specialty_____________________________________________________________________

Home Address_________________________________________________________________________
City_____________________________________State/PV______________Zip/PC______________

Company____________________________________________________________________________

Work Address___________________________________________________________________________
City_____________________________________State/PV______________Zip/PC______________

Home Telephone (_______) ________________Business Telephone (_______) _________________
Int’l Telephone (Country code)_________(City code)_________(Phone)______________________

FAX (_______) _________________ E-mail address________________________________________

[ ] Please check if you have special accommodation or dietary needs and indicate specific need(s):
Please list these needs here:____________________________________________________________________

RECEPTION PRE-REGISTRATION AND FEES
[ ] Yes, I will attend (Complimentary)
[ ] Yes, I will attend with one guest (Complimentary)
# of additional tickets @ $60 $__________
[ ] No, I will not attend

REGISTRATION FEE
Physicians – $575 $__________
Residents, Physician Assistants and Nurse Practitioners – $450 $__________
Total Payment Enclosed: (Registration plus additional Reception) $__________

PAYMENT METHOD
[ ] Check Enclosed (make checks payable to Mayo Foundation)
[ ] Credit Card: [ ] Visa [ ] MasterCard [ ] Discover

Card Number                                             Expiration Date
Signature                                              Date
