Mayo Clinic
OB/GYN
Clinical Reviews

November 13 – 15, 2003

Mayo Clinic
Rochester, MN
COURSE DESCRIPTION

This two-day course offers a comprehensive overview of common problems facing practitioners who provide care for women of all ages. The program will focus on a full spectrum of issues including advances in obstetrics and gynecology, adolescent gynecology, and menopause.

All faculty members are in full-time practice at Mayo Clinic and will draw from personal research activities as well as clinical experience at the Clinic.

INTENDED AUDIENCE

The program will be oriented toward practicing obstetricians, gynecologists, family practitioners, general internists, certified nurse midwives, nurse practitioners, physician assistants, and others who have an interest in women’s healthcare.

COURSE LEARNING OBJECTIVES

At the conclusion of this course, participants should be able to:

- Discuss adolescent sexuality.
- Detail changes in STD management per new CDC guidelines.
- Assess the impact of MS on pregnancy, delivery and postpartum course.
- Assess the need for HPV testing.
- Summarize the treatment for pelvic floor myalgia.
- Discuss the various vaginidites.
- Analyze the causes for anal incontinence.
- Practice the office work-up of infertility.
- Discuss polycystic ovarian syndrome.

Attendance at this Mayo course does not indicate nor guarantee competence or proficiency in the performance of any procedures that may be discussed or taught in this course.

CREDIT

Mayo Foundation is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Mayo Foundation designates this educational activity for a maximum of 17.25 category 1 credits toward the AMA Physician’s Recognition Award. Each physician should claim only those credits that he/she actually spent in the educational activity.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Other health care professionals will be provided a certificate of attendance for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.

COURSE LOCATION

The Mayo Clinic OB/GYN Clinical Reviews will be held November 13-15, 2003. Course headquarters will be located in the Siebens Medical Education Building on the Mayo Clinic Campus, in Rochester, Minnesota. Meeting facilities are easily accessible by skyway and pedestrian subway, which connect Mayo Clinic to shops, restaurants, and hotels.
OB/GYN Clinical Reviews

November 13-15, 2003

Mayo Clinic, Rochester, MN

To register, complete and return this registration form by mail or fax before November 4, 2003. Pre-registration is required. The registration fee includes tuition, comprehensive course syllabus, continental breakfasts, break refreshments, and reception. A letter of confirmation will be sent upon receipt of payment and completed registration form. Enrollment is limited; early registration is encouraged.

Mail form and payment to:
Mayo School of Continuing Medical Education
200 First St SW
Rochester, MN 55905

Telephone: 800-323-2688
FAX: 507-284-0532
Website: www.mayo.edu/cme
E-Mail: cme@mayo.edu

(Please print or type all information. You may duplicate this form for multiple registrations.)

Name___________________________________________Degree______________________
Institution _________________________Medical Specialty__________________________

What is your preferred mailing address? Choose one: Work Home

Work Address________________________________________________________________
City________________________State/PV______ZIP/PC________Country____________

Home Address_______________________________________________________________
City________________________State/PV______ZIP/PC________Country____________

Business Phone (______)__________________Home Phone (______)_________________
Int’l Phone (country code)_________(city code)_________(phone)___________________
FAX (_____)______________E-mail address______________________________________

Indicate type of credit you wish to receive (choose all that apply):
☐ AMA/Category 1 ☐ AAFP ☐ ACOG
☐ Check box if you have special accommodation/dietary needs. If so, please indicate
your needs here (i.e., vegetarian, diabetic, hearing-impaired):

RECEPTION:
Welcome Reception on Thursday, November 13:
☐ Yes, I will attend (complimentary). ☐ Yes, I will attend with #___ additional guests at $25 per person.
☐ No, I will not be able to attend.

PAYMENT:

Physician Fee: $415 $_____________
Non-Physician Fee: $300 $_____________
Neonatal Resuscitation Workshop: $110 $_____________
Total Payment Enclosed: $_____________

Payment Method: [ ] Check Enclosed (make checks payable to Mayo Foundation)
[ ] Visa [ ] MasterCard [ ] Discover

Card Number Expiration Date

Signature Date

(For use by Mayo School of Continuing Medical Education)

R2003M243
NEONATAL RESUSCITATION WORKSHOP AND CERTIFICATION/RECERTIFICATION COURSE

SATURDAY, NOVEMBER 15, 2003 (8:00 – 11:00 a.m.)

This three-hour workshop is designed for individuals who wish to enhance their assessment and skills in neonatal resuscitation. The workshop format will consist of the following multiple interactive assessment and skill stations that participants can work at based on their individualized needs:

- Megacodes
- Umbilical Line Placement
- Intubation Techniques
- Chest X-rays Pertinent to a Newborn Resuscitation
- Transillumination and Needle Aspiration of Pneumothorax
- Lumbar Puncture Demonstration and Practice
- Video Lab: How to Wrap a Bowel with Gastroschisis and the Initial Dressing of a Newborn with Spina Bifida
- Neonatal Resuscitation Medications: How, What, When and Where?
- Certification/Recertification of NRP: A pretest will be mailed to course participants prior to the course. A final certifying exam and megacode exercise will be held during the workshop.

Registration is limited to 25 people for certification/recertification. Additional people may participate in individual workstations without certification. The registration fee is $110 for this workshop.

Mayo is pleased to offer this certification/recertification course bi-annually in the odd numbered years.

WORKSHOP FACULTY

Nursing/Perinatal Outreach Education
Marilyn E. Bower, RN
Ardyce L. Gibbs, BSN, RN
Beth J. Herman, RNC
Genella L. Mussell, RNC
Julie A. Wirth Schuster, RN
Becky A. Walkes, RN

Pediatric Medicine
Garth F. Asay, MD
Douglas P. Derleth, MD
Robert V. Johnson, MD

Pharmacy Services
Margaret A. Fasbender, RPH

Respiratory Care
Edward L. Schneider, RRT

Continuing Education Credit

Mayo Foundation is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Mayo Foundation designates this educational activity for a maximum of 3 category 1 credits toward the AMA Physician’s Recognition Award. Each physician should claim only those credits that he/she actually spent in the educational activity.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Other health care professionals will be provided a certificate of attendance for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.
REGISTRATION

To register, complete the attached registration form and return by mail or FAX with the appropriate registration fee by November 4, 2003. Pre-registration is required. The registration fee includes tuition, comprehensive course syllabus, continental breakfasts, break refreshments, and reception. Although it is not Mayo School of Continuing Medical Education policy to limit the number of registrants for a course, conference room facilities may necessitate closing of enrollment; therefore, early registration is strongly advised. A letter of confirmation will be sent upon receipt of payment and completed registration form.

CANCELLATION POLICY

Your registration fee, less a $75 administrative fee, will be refunded when written notification is received by the Mayo School of Continuing Medical Education before October 29, 2003. No refunds will be made after October 29, 2003.

LODGING ACCOMMODATIONS

Blocks of guestrooms have been reserved at special group rates at each of the following downtown Rochester hotels. To ensure accommodations and the discounted rates, please make your reservation by October 22, 2003. Reservation requests received after this date will be subject to availability at the group rate. When making reservations, identify yourself as a participant in the Mayo Clinic OB/GYN Clinical Reviews.

Hilton Garden Inn
225 South Broadway
800-445-8667/507-285-1234
$89 single/double

Kahler Grand Hotel
20 Second Avenue SW
800-533-1655/507-282-2581
$79 single/double

Radisson Plaza Hotel
150 South Broadway
800-333-3333/507-281-8000
$99 single/double

Rochester Marriott Hotel
101 First Avenue SW
877-623-7775/507-280-6000
$129 single/double

TRAVEL ARRANGEMENTS

Rochester, Minnesota, is a friendly city that greets thousands of visitors from around the world each year. The city is serviced by a modern international airport with multiple flights daily from Chicago and Minneapolis via American or Northwest Airlines. Access to and from the airport is provided by taxi cab and shuttle service. The airport is located approximately 10 driving miles from the Mayo Clinic campus.

American Airlines is the official carrier for this Mayo course. Reduced airfares are available for participants by calling American Airlines at 800-433-1790. Reference this course as Index #9988, AN#19N3AA. You may contact the designated travel agency, Corporate Travel, for additional assistance with airfare or ground transportation arrangements by calling 800-526-4540 or 507-282-9121.
THURSDAY, NOVEMBER 13, 2003

7:00 am  Registration and Continental Breakfast

**Moderator:** Andrew E. Good, MD

7:20 am  Welcome and Introductions – Andrew E. Good, MD

7:30 am  Medical Workup for Urinary Incontinence
         Lois J. McGuire, CNP

8:00 am  Anal Incontinence: The Embarrassing Scourge
         Christopher J. Klingele, MD

8:30 am  Pelvic Floor Myalgia and Dysfunction – Mark H. Winemiller, MD

9:00 am  Discussion – Faculty

9:15 am  Refreshment Break and Exhibits

9:30 am  Management Options for Fibroids – Abimbola O. Famuyide, MD

10:00 am  Vulvar Vestibulitis: Causes and Cure – Andrew E. Good, MD

10:30 am  Key Points in Adolescent Gynecology – Jo T. Van Winter, MD

11:00 am  A Video Tour of Vaginitis – Stuart R. Fowler, MD

11:30 am  Discussion – Faculty

11:45 am  Luncheon Presentation: How to Thrive in the 21st Century:
          Proven Insider Tips to go the Distance – Edward Creagan, MD

1:00 pm  What You Need to Know About Genomics – Alan R. Thornhill, PhD

1:30 pm  What’s New in STD Management – Petra M. Polasek, MD

2:00 pm  HPV Testing – When and Why? – Thomas M. Kastner, MD

2:30 pm  Discussion – Faculty

2:45 pm  Refreshment Break and Exhibits

3:00 pm  New Diagnostic and Management Options in PCO
         Daniel A. Dumesic, MD

3:30 pm  Office Work-up for Infertility - What Should Be Ordered?
         Ian Tummon, MD

4:00 pm  HRT-Where Are We and Where Do We Go From Here?
         Andrew E. Good, MD

4:30 pm  Adolescent Sexuality – Susan J. Halloran, CNP

5:00 pm  Discussion – Faculty

5:30 pm  Reception

FRIDAY, NOVEMBER 14, 2003

7:00 am  Registration and Continental Breakfast

**Moderator:** Petra M. Polasek, MD

7:20 am  Welcome and Introductions – Petra M. Polasek, MD

7:30 am  Prenatal Care Visit Schedule: Is It Time For A Change?
         Margaret E. Pfeifer MD

8:00 am  Should the Fetus Ever Drink Alcohol? – George Carson, MD

8:30 am  Cystic Fibrosis Testing: Who and When – Keith L. Johansen, MD

9:00 am  Discussion – Faculty

9:15 am  Refreshment Break and Exhibits

9:30 am  Drug Abuse in Pregnancy, Not Just an Urban Problem
         Mary M. Murry, CNM
10:00 am  Domestic Violence: Identification and Evaluation  
*Angela E. O’Neil, MD*

10:30 am  First Trimester Ultrasound, Who, When and Why  
*Roger W. Harms, MD*

11:00 am  Intrauterine Fetal Demise: Evaluation and Counseling  
*Thomas M. Kastner, MD*

11:30 am  Discussion – Faculty

11:45 am  Luncheon Presentation:  
Vaginal Delivery: Failed C-section? – *George Carson, MD*

1:00 pm  Management of Abnormal Quad Screen  
*Brian C. Brost, MD*

1:30 pm  Thrombophilies in Pregnancy: Diagnosis and Management  
*Mary L. Marnach, MD*

2:00 pm  Multiple Sclerosis: Management in Pregnancy  
*Petra M. Polasek, MD*

2:30 pm  Discussion – Faculty

2:45 pm  Refreshment Break and Exhibits

3:00 pm  Pregnancy Rashes: What To Do and When  
*Mark D. Davis, MD*

3:30 pm  Management of Back Pain in Labor “Back to Basics”  
*Susan M. Skinner, CNM*

4:00 pm  Postpartum Hemorrhage: Pitocin to Hypogastric Ligation and Beyond – *Abimbola O. Famuyide, MD*

4:30 pm  OB/GYN Coding: How Can We Help You  
*Sonia Martindale and Keith L. Johansen, MD*

**COURSE FACULTY**

**Course Co-Directors**  
Obstetrics and Gynecology  
Andrew E. Good, MD  
Robert H. Heise, MD  
Petra M. Polasek, MD

**Guest Faculty**  
George Carson, MD  
Regina, Saskatchewan, Canada

**Mayo Clinic Scottsdale**  
Stuart R. Fowler, MD

**Mayo Clinic Rochester**  
Brian C. Brost, MD  
Mark D. Davis, MD  
Daniel A. Dumesic, MD  
Abimbola O. Famuyide, MD  
Susan J. Halloran, CNP  
Roger W. Harms, MD  
Keith L. Johansen, MD  
Thomas M. Kastner, MD  
Christopher J. Klingele, MD  
Mary L. Marnach, MD  
Sonia Martindale  
Lois J. McGuire, CNP  
Mary M. Murry, CNM  
Angela E. O’Neil, MD  
Margaret E. Pfeifer, MD  
Susan M. Skinner, CNM  
Alan R. Thornhill, PhD  
Ian Tummon, MD  
Mark H. Winemiller, MD  
Jo T. Van Winter, MD

**Division of Clinical Dermatology**  
*Mark D. Davis, MD*