MAYO CLINIC
HORMONE REPLACEMENT THERAPY:
Practice and Theory – Threat or Treatment

February 13 – 15, 2003
Manchester Grand Hyatt San Diego
San Diego, California

This is the only mailing you will receive.
General Information

COURSE DESCRIPTION

Hormone Replacement Therapy: Practice and Theory – Threat or Treatment will examine the basics of hormone replacement therapy (HRT) and how those concepts help the practitioner solve patients’ common problems. Alternatives to traditional HRT and future directions, including advanced Selective Estrogen Receptor Modulators (SERMs) and adapter proteins, will be discussed. Recent negative literature about hormone replacement will be examined. Following this conference, participants should have expanded insight into variations of HRT usage.

COURSE LEARNING OBJECTIVES

Upon completion of this conference, participants should be able to:
• Discuss why and how hormones are used
• Identify various progestin alternatives in HRT routines
• Explain estrogens effects on the brain
• Compare the use of SERM’s with HRT
• Review the association of estrogen and breast cancer
• Summarize the knowledge of androgen therapy in menopause
• Discuss the role of estrogen on the heart
• Describe the effects of estrogen on lipid metabolism

INTENDED AUDIENCE

This conference is designed for family physicians, obstetricians, gynecologists, general internists, midlevel providers and anyone interested in women’s healthcare.

CONTINUING MEDICAL EDUCATION FOR PHYSICIANS

Mayo Foundation is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Mayo Foundation designates this educational activity for a maximum of 14 hours in category 1 credit towards the AMA Physician’s Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity.

The American College of Obstetricians and Gynecologists has assigned 15 cognate hours (Formal Learning) to this program.

Other health care professionals will be provided a certificate of attendance for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.

EDUCATIONAL GRANT

This course is supported in part by an educational grant from Solvay Pharmaceuticals, in accordance with ACCME Standards.

DATE AND LOCATION

The Hormone Replacement Therapy will be held February 13 – 15, 2003. Course headquarters will be located at the Manchester Grand Hyatt Hotel, One Market Place, San Diego, California.
REGISTRATION

To register, complete the attached registration form and return by mail or fax. The registration fee includes tuition, course syllabus, continental breakfasts, refreshment breaks, and welcome reception. Although it is not Mayo School of Continuing Medical Education policy to limit the number of registrants for a course, conference room facilities may necessitate closing of enrollment; therefore, early registration is strongly advised. A letter of confirmation will be sent upon receipt of payment and completed registration form. Please present the confirmation letter when checking in at the meeting registration desk.

CANCELLATION POLICY

Your registration fee, less a $75 administrative fee, will be refunded when written notification is received by the Mayo School of Continuing Medical Education before January 30, 2003. No refunds will be made after January 30, 2003.

TRAVEL

American Airlines is the official carrier for this Mayo course. Reduced airfares are available for participants by calling American Airlines at 800-433-1790 or 817-267-2222 or the designated travel agency, AAA, at 800-648-6718. Please reference this course under star file #59988, authorization number 3423AE, and by destination and meeting dates. Special car rental rates are available through the Hertz Car Rental Agency. Call 1-800-654-2240 for reservations. Be sure to identify the CV# 022L0678.

LODGING ACCOMMODATIONS

The Manchester Grand Hyatt San Diego is a classically designed 40-story downtown hotel. It is conveniently located on San Diego Bay adjacent to Seaport Village and is a short walk from the Gaslight District and shopping at Horton Plaza.

Blocks of guestrooms have been reserved with a special course rate of $229, plus taxes, for a single/double bay view sleeping room at the Manchester Grand Hyatt Hotel. To ensure accommodations and the discounted rate, please make your reservations prior to January 15, 2003 and identify yourself as a participant of the Mayo Clinic Hormone Replacement Therapy course.

SOCIAL PROGRAMS

Welcome Reception – Thursday, February 13, 2003
Attendees and their guest(s) are cordially invited to join the course faculty for a Welcome Reception on Thursday evening. This casual reception offers the perfect opportunity to meet the faculty and make connections with existing and new colleagues. Pre-registration is requested.

RECREATION/LEISURE ACTIVITIES

San Diego, a favorite destination, offers excellent weather and numerous activities for everyone. The San Diego Zoo, Balboa Park, Old Town, Maritime Museum, Wild Animal Park, Birch Aquarium at Scripps and the Cabrillo Monument provide enjoyable and educational opportunities for leisure hours.

The concierge at the Manchester Grand Hyatt Hotel can assist you in making arrangements for local tours and other activities.
FACULTY

Course Director
Andrew E. Good, M.D.
Assistant Professor of Obstetrics and Gynecology
Department of Obstetrics and Gynecology

Course Co-Director
Lorraine A. Fitzpatrick, M.D.
Professor of Medicine
Division of Endocrinology

Mayo Clinic Faculty
Lynn C. Hartmann, M.D.
Professor of Oncology
Department of Oncology

Thomas M. Kastner, M.D.
Assistant Professor
Department of Obstetrics and Gynecology

John M. Miles, M.D.
Professor of Medicine
Department of Endocrinology

Guest Faculty
Elizabeth Barrett-Connor, M.D.
Professor and Chief Division of Epidemiology
Department of Family and Preventive Medicine
University of California at San Diego

Richard E. Blackwell, M.D., Ph.D.
Professor of Obstetrics and Gynecology
University of Alabama at Birmingham
Birmingham, Alabama

Stanley J. Birge, M.D.
Associate Professor of Medicine
Division of Geriatrics
Washington University School of Medicine

Sharon L. Mulvaugh, M.D.
Associate Professor of Medicine
Department of Cardiology

Lynne T. Shuster, M.D.
Assistant Professor of Medicine
Division of Area General Internal Medicine

Leonard J. Deftos, M.D., J.D.
Professor of Medicine
Department of Medicine
University of California, San Diego

Carolyn L. Smith, M.D.
Assistant Professor of Molecular and Cellular Biology
Baylor University
Houston, Texas

FACULTY DISCLOSURE

As a provider accredited by ACCME, Mayo Foundation must ensure balance, independence, objectivity and scientific rigor in its educational activities. All faculty participating in a Mayo Foundation activity are required to disclose commitments to and/or relationships with pharmaceutical companies, biomedical device manufacturers or distributors, or others whose products or services may be considered to be related to the subject matter of the educational activity. Faculty will also disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of these commitments and/or relationships will be published in course materials so those participants in the activity may formulate their own judgments regarding the presentation.
Program Schedule

THURSDAY, FEBRUARY 13, 2003

7:55 AM – 8:00 AM  Introduction and Welcome – Dr. Andrew E. Good
8:00 AM – 8:45 AM  Different Ways to Use HRT - an Overview
                  – Dr. Lynne T. Shuster
8:45 AM – 9:30 AM  Estrogen's Action in the Cell – A View Toward the Future
                  – Dr. Carolyn L. Smith
9:30 AM – 10:15 AM Diverse Progestins: Do They Make A Difference?
                   – Dr. Andrew E. Good
10:15 AM – 10:40 AM Discussion
10:40 AM – 11:00 AM Break
11:00 AM – 11:45 AM Non-hormonal Treatments of Hot Flashes
                  – Dr. Thomas M. Kastner
11:45 AM – 12:30 PM Breast Cancer and HRT: The Issues – Dr. Lynn C. Hartmann
12:30 PM – 1:00 PM  Discussion
1:00 PM             Adjourn

FRIDAY, FEBRUARY 14, 2003

8:00 AM – 8:45 AM  Complementary Medicines and Menopause: Is There Evidence?
                   – Dr. Lynne T. Shuster
8:45 AM – 9:30 AM  SERM's - Are They Good or Bad Substitutes?
                   – Dr. Elizabeth Barrett-Connor
9:30 AM – 10:15 AM Estrogen’s Effect on Brain and Balance – Dr. Stanley J. Birge
10:15 AM – 10:40 AM Discussion
10:40 AM – 11:00 AM Break
11:00 AM – 11:45 AM Androgens and Menopause – Much Ado over Nothing?
                  – Dr. Richard E. Blackwell
11:45 AM – 12:30 PM Non - “classical” Target Tissues of Estrogen
                  – Dr. Lorraine A. Fitzpatrick
12:30 PM – 1:00 PM  Discussion
1:00 PM             Adjourn

SATURDAY, FEBRUARY 15, 2003

8:00 AM – 8:45 AM  Pathogenesis and Diagnosis of Osteoporosis
                   – Dr. Leonard J. Deftos
8:45 AM – 9:30 AM  Treatment of Osteoporosis – The Stuff that Really Works
                   – Dr. Lorraine Fitzpatrick
9:30 AM – 10:15 AM Lipids and HRT: Oral vs. Transdermal – Dr. John M. Miles
10:15 AM – 10:40 AM Discussion
10:40 AM – 11:00 AM Break
11:00 AM – 11:45 AM HRT and Cardioprotection: Myth or Truth
                   – Dr. Sharon L. Mavlaugh
11:45 AM – 12:30 PM Summing Up: Practical Aspects of HRT
                   – Dr. Andrew E. Good
12:30 PM – 1:00 PM  Discussion
1:00 PM             Adjourn
Registration Form

Hormone Replacement Therapy: Practice and Theory – Threat or Treatment

Manchester Grand Hyatt Hotel San Diego
San Diego, California

Course Dates: February 13 – 15, 2003

Mail or FAX form with payment to:
Mayo School of Continuing Medical Education
200 First Street SW
Rochester, MN 55905

Telephone: 800-323-2688 or 507-284-2509
FAX: 507-284-0332
Website: www.mayo.edu
E-mail: cme@mayo.edu

REGISTRATION FEE:
Physicians: $550 $___________
Residents, Physician Assistants and Nurse Practitioners: $350 $___________
Welcome Reception #_______tickets requested (adult)
#_______tickets requested (child)

Total Payment Enclosed: $___________

Check Enclosed (make checks payable to Mayo Foundation)

Credit Card:  ☐ Visa  ☐ MasterCard  ☐ Discover

Card Number Expiration Date

Signature Date

(Please print or type all information. You may duplicate this form for multiple registrations.)

Name___________________________First Name ___________________ M.I. __________________ Last Name ____________________

Degree ☐ MD ☐ DO ☐ PhD ☐ PA ☐ NP ☐ Other __________________

Institution ____________________________________________________________

Medical Specialty_____________________________________________________

What is your preferred mailing address? Choose one: ☐ Work ☐ Home

Work Address________________________________________________________

City_______________________State/PV_____ ZIP/PC_________ Country_________

Home Address________________________________________________________

City_______________________State/PV_____ ZIP/PC_________ Country_________

Business Phone (_____)(_____)(_____); Home Phone (_____)(_____)(_____)

Int’l Phone (country code)________(city code)_____(phone)______________

FAX (_____)(_____)(_____); E-mail address ______________________________

☐ Check box if you have special accommodation/dietary needs. If so, please indicate your needs here: __________________________________________________________

First Name M.I. Last Name ________________________________
Hotel Registration Form

Hormone Replacement Therapy
Manchester Grand Hyatt Hotel San Diego
San Diego, California
February 13 – 15, 2003

Rate: $229 Single/Double, plus taxes

Reservation request and one night’s deposit must be received by January 18, 2003. All reservations received after this date will be confirmed only if there is space available. Please note guests checking out prior to their stated departure date will be charged an early departure fee.

Check in: 3:00 PM   Check Out: 12:00 Noon

Name___________________________________________________________________________
Address_________________________________________________________________________
City_______________________State/PV_____ ZIP/PC_________Country____________
Home Phone (_______)__________________ Business Phone (_______)___________________
Int’l Phone (country code)____________(city code)_______(phone)______________________
FAX (_______)____________________________________________________________________
Arrival Date ________________________________at _____________________________am/pm
Departure Date_____________________________ at _____________________________am/pm

Payment:
☐ Deposit $____________ enclosed
☐ Charge to my credit card #______________________________________________________

Cardholder name___________________________________________(as appearing on credit card)
☐ Check Enclosed
☐ Credit Card: ☐ Visa ☐ MasterCard ☐ Discover ☐ AM EX ☐ Diners Club

Card Number Expiration Date

Signature Date

Special Request:

Number of rooms required #_________
☐ Smoking ☐ Handicap accessible ☐ King
☐ Non Smoking ☐ Crib required ☐ Two double beds
Other______________________________

List guests(s) sharing room (if any)___________________________________________________

Return to: Manchester Grand Hyatt Hotel
One Market Place
San Diego, California 92101 USA
Reservations: 619-232-1234
Reservation Fax: 619-645-6237
Hotel Guest Fax: 619-233-6464