COURSE DESCRIPTION

Recognition and treatment of mental health problems in medical patients is both complex and important. Increasingly, mental health professionals are also called upon to address policy issues and health promotion efforts. This course will provide up to date information about diagnosis and treatment of specific disorders as well as management of chronic health problems such as obesity. An “insider view” of health care reform and legislation will be provided by our keynote speaker, Kristofer Hagglund, Ph.D., ABPP. He recently completed a Robert Wood Johnson Health Policy Fellowship on Capitol Hill.

COURSE LEARNING OBJECTIVES

By the end of the conference, the participant should be able to

• Assess depression in a medical patient
• Explain the use of self-management skills in health promotion
• Demonstrate behavioral treatment approaches for sleep disorders
• Identify current status of national mental health legislation

INTENDED AUDIENCE

This course is designed for mental health professionals and primary care physicians with at least an intermediate level of knowledge of mental health.

CREDIT

Mayo Foundation is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Mayo Foundation designates this educational activity for a maximum of 11 hours in category 1 credit towards the AMA Physician’s Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity.

Mayo Foundation is approved by the American Psychological Association to offer continuing education for psychologists. Mayo Foundation maintains responsibility for the program. Mayo Foundation is offering this activity for 12 continuing education hours.

Other health care professionals will be provided a certificate of attendance for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.

DATE & LOCATION

Mental Health in a Medical Setting - It’s Not All Depression will be held October 17 – 18, 2002. Course headquarters will be located at Leighton Auditorium on the second floor of the Siebens Medical Education Building, Mayo Clinic, 100 Second Avenue Southwest, Rochester, Minnesota.
REGISTRATION

To register, complete the attached registration form and return by mail or fax. The registration fee includes tuition, comprehensive course syllabus, continental breakfast, break refreshments and luncheon on Friday. Although it is not the policy of Mayo Clinic to limit the number of registrations for a course, conference room facilities may necessitate closing of enrollment; therefore, early registration is strongly advised. A letter of confirmation will be sent upon receipt of payment and completed registration form. Please present this letter when checking in at the meeting registration desk.

CANCELLATION POLICY

Your registration fee, less a $50 administrative fee, will be refunded when written notification is received by the Mayo School of Continuing Medical Education before October 3, 2002. No refunds will be made after October 3, 2002.

TRAVEL

Rochester, Minnesota, is a friendly city that greets thousands of visitors from around the world each year. The city is serviced by a modern international airport with multiple flights daily from Chicago and Minneapolis via American or Northwest Airlines. Access to and from the airport is provided by taxi cab and shuttle service. The airport is located approximately 10 driving miles from the Mayo Clinic complex.

LODGING ACCOMMODATIONS

Blocks of guestrooms have been reserved with special course rates at each of the following downtown Rochester hotels. To ensure accommodations and the discounted rate, please make your reservations by September 13, 2002 and identify yourself as a participant of the course, Mental Health in a Medical Setting - It's Not All Depression.

<table>
<thead>
<tr>
<th>Hotel</th>
<th>Address</th>
<th>Phone Numbers</th>
<th>Room Rates</th>
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<tbody>
<tr>
<td>Hilton Garden Inn</td>
<td>225 South Broadway</td>
<td>800-445-8667 or 507-285-1234</td>
<td>$89 single/double</td>
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<tr>
<td>Kahler Grand Hotel</td>
<td>20 Second Avenue SW</td>
<td>800-533-1655 or 507-282-2581</td>
<td>$85 single/double</td>
</tr>
<tr>
<td>Radisson Plaza Hotel</td>
<td>150 South Broadway</td>
<td>800-333-3333 or 507-281-8000</td>
<td>$99 single/double</td>
</tr>
<tr>
<td>Rochester Marriott Hotel</td>
<td>101 First Avenue SW</td>
<td>877-623-7775 or 507-280-6000</td>
<td>$129 single/double</td>
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Skyway and pedestrian subway to conference facilities, downtown shops, and restaurants connect the hotels listed above. You may also wish to visit the Rochester Convention and Visitors Bureau website (www.rochestercvb.org) for additional accommodation options.

PARKING

Parking is available in hotel, city, and Mayo patient/visitor ramps. The cost for parking is not included in the registration fee. A map indicating the location of downtown parking facilities will be mailed with the registrant confirmation letter.
FACULTY

Course Director
Michelle L. Taylor, Ph.D.
Assistant Professor of Psychology
Department of Psychiatry and Psychology

Guest Faculty
Kristofer J. Hagglund, Ph.D., ABPP
Associate Dean for Health Policy
Professor of Health Psychology in the School of Health Professions
University of Missouri – Columbia

Mayo Faculty
Thomas F. Bergquist, Ph.D., ABPP
Assistant Professor of Psychiatry,
Department of Psychiatry and Psychology
J. Michael Bostwick, M.D.
Assistant Professor of Psychiatry,
Department of Psychiatry and Psychology
Matthew M. Clark, Ph.D., ABPP
Associate Professor of Psychiatry,
Department of Psychiatry and Psychology
Peter J. Hauri, Ph.D.
Consultant Emeritus, Sleep Disorder Center,
Department of Internal Medicine
J. Taylor Hays, M.D.
Assistant Professor of Medicine,
Department of Internal Medicine
Sheila G. Jowsey, M.D.
Assistant Professor of Psychiatry,
Department of Psychiatry and Psychology
Norman H. Rasmussen, Ed.D., ABPP
Assistant Professor of Psychology,
Department of Psychiatry and Psychology
and Department of Family Medicine

Terry D. Schneckloth, M.D.
Assistant Professor of Psychiatry,
Department of Psychiatry and Psychology
Christopher D. Sletton, Ph.D.
Assistant Professor of Psychology,
Department of Psychiatry and Psychology
Bruce Sutor, M.D.
Assistant Professor of Psychiatry,
Department of Psychiatry and Psychology
Janet L. Thomas, Ph.D.
Research Fellow,
Department of Psychiatry and Psychology
Max R. Trenerry, Ph.D., ABPP
Associate Professor of Psychology,
Department of Psychiatry and Psychology
Kristin Vickers, Ph.D.
Research Associate, Instructor,
Department of Psychiatry and Psychology
and Section of Patient Education

GUEST FACULTY

Kristofer J. Hagglund, Ph.D., is the Associate Dean for Health Policy and Professor of Health Psychology in the School of Health Professions at the University of Missouri – Columbia. He was a 2000-2001 Robert Wood Johnson Health Policy Fellow in the Office of Senator Tom Harkin (D-IA), where he worked on legislation addressing patients’ rights, mental health parity, rural health care, health professions workforce, community health centers, and the National Health Service Corps. Dr. Hagglund has an active research program and has published in the areas of adaptation to chronic illnesses and disabilities, health care delivery systems, and professional issues. His current projects include a grant from the Robert Wood Johnson Foundation to evaluate a consumer-driven personal assistance services program being implemented by the State of Missouri. He is the principal investigator of the Missouri Model Spinal Cord Injury System, a five-year research and demonstration project funded by the National Institute on Disability and Rehabilitation Research. Dr. Hagglund is co-principal investigator of the Missouri Arthritis Rehabilitation Research and Training Center, where he is conducting a study of health care delivery systems for people with arthritis. Also, he directs a post-doctoral training program in rehabilitation research funded by the National Institutes of Health. He is a diplomate of the American Board of Professional Psychology and a Fellow of the American Psychological Association.
THURSDAY, OCTOBER 17, 2002

7:30 – 8:00 a.m. Registration and Continental Breakfast

8:00 – 8:15 a.m. Welcome, Introduction of Speaker
Michelle L. Taylor, Ph.D.

8:15 – 9:15 a.m. Health Care Reform in the 108th Congress: Incrementalism or Incongruity?
Kristofer J. Hagglund, Ph.D.

9:15 – 10:15 a.m. Management of Difficult Behaviors in Dementia Patients
Bruce Sutor, M.D.

10:15 – 10:30 a.m. Refreshment Break

10:30 – 11:00 a.m. Management of Patients with Neurobehavioral Impairment
Thomas F. Bergquist, Ph.D.

11:00 – 12:00 noon When Depression Affects Judgement: Legal and Ethical Issues in the Medical Setting
J. Michael Bostwick, M.D.

12:00 – 1:00 p.m. Lunch

1:00 – 1:45 p.m. Practical Work with Insomnia Patients
Peter J. Hauri, Ph.D.

1:45 – 2:15 p.m. Behavioral Approaches to Chronic Pain
Christopher D. Sletten, Ph.D.

2:15 – 2:45 p.m. Psychosocial Issues in Transplant
Sheila G. Jowsey, M.D.

2:45 – 3:00 p.m. Refreshment Break

3:00 – 3:30 p.m. The MMPI-2 in the Medical Setting
Max R. Trenerry, Ph.D.

3:30 – 4:00 p.m. Addictions: How to Detect, Withdraw and Treat
Terry D. Schneekloth, M.D.

4:00 – 4:30 p.m. Somatoform Patients: Recognition and Treatment
Norman H. Rasmussen, Ed.D.

4:30 – 5:00 p.m. Panel Discussion
FRIDAY, OCTOBER 18, 2002

7:30 – 8:00 a.m. Registration and Continental Breakfast

8:00 – 8:15 a.m. Introductions

8:15 – 9:15 a.m. Opportunities for Behavioral Health in Health Care Legislation
Kristofer J. Hagglund, Ph.D.

9:15 – 10:00 a.m. Obesity: Updates on Behavior Therapy
Matthew M. Clark, Ph.D.

10:00 – 10:15 a.m. Refreshment Break

10:15 – 11:00 a.m. Tobacco Dependence Treatment: You Can Make A Difference
J. Taylor Hays, M.D. and Janet Thomas, Ph.D.

11:00 – 11:45 a.m. Self-Management in Health Behavior Change: The Example of Physical Activity Counseling
Kristin Vickers, Ph.D.

11:45 – 12:15 a.m. Panel Discussion

FACULTY DISCLOSURE

As a provider accredited by ACCME, Mayo Foundation must ensure balance, independence, objectivity and scientific rigor in its educational activities. All faculty participating in a Mayo Foundation activity are required to disclose commitments to and/or relationships with pharmaceutical companies, biomedical device manufacturers or distributors, or others whose products or services may be considered to be related to the subject matter of the educational activity. Faculty will also disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of these commitments and/or relationships will be published in course materials so those participants in the activity may formulate their own judgments regarding the presentation.
# Registration Form

## Mental Health in a Medical Setting – It’s Not All Depression: An Update for Clinicians

**October 17 – 18, 2002**
Siebens Medical Education Building, Mayo Clinic
Rochester, Minnesota

Mail form and payment to:
Mayo School of Continuing Medical Education
200 First Street SW
Rochester, MN 55905

**Telephone:** 800-323-2688 or 507-284-2509
**FAX:** 507-284-0532
**Website:** www.mayo.edu/cme
**E-Mail:** cme@mayo.edu

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**Please print or type all information. You may duplicate this form for multiple registrations.**

<table>
<thead>
<tr>
<th>Name</th>
<th>Degree</th>
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<tbody>
<tr>
<td>First Name</td>
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Which is your preferred mailing address:  ☐ Work/Business  ☐ Home

**Work Address**

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<tr>
<th>City</th>
<th>State/PV</th>
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<th>Country</th>
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**Home Address**

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<th>State/PV</th>
<th>ZIP/Postal Code</th>
<th>Country</th>
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</thead>
</table>

**Home Telephone** (______)  **Business Telephone** (______)

**Int'l Telephone (Country code) (City code) (Phone)**

**FAX**

☐ Please check if you have any special assistance needs or dietary restrictions.  
Please indicate your needs here:

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## Registration Fee:

<table>
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<th>Description</th>
<th>Fee</th>
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<tbody>
<tr>
<td>Physicians</td>
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<tr>
<td>Residents, Physician Assistants and Nurse Practitioners</td>
<td>$115</td>
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</table>

**Total Payment Enclosed:** $ _________

## Payment Method:

☐ Check *(payable to Mayo Foundation)*  ☐ Credit Card: ☐ Visa ☐ MasterCard ☐ Discover

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<th>Expiration date MO/YR</th>
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**Signature**

**Date**