

Controversies in **Women's Health**

June 18-20, 2009



**Glacier Canyon Lodge
at The Wilderness
Wisconsin Dells, Wisconsin**

REGISTER ONLINE NOW!

<http://www.mayo.edu/cme/womens-health.html>

General Information

COURSE DESCRIPTION

This course informs health care providers on controversial topics related to the care of women patients. Presentations, panel discussions and challenging case-based learning sessions feature experts from a variety of specialties including obstetrics & gynecology, cardiology, oncology, endocrinology, general internal medicine and psychiatry. Ample time to discuss cases from your clinical practice is provided.

COURSE LEARNING OBJECTIVES

Upon conclusion of this program, participants should be able to:

- Recognize sex-based differences of diseases and conditions presenting in women across the lifespan
- Utilize current recommendations regarding appropriate preventive modalities, screening tests and diverse therapies for common diseases and conditions occurring in women
- Implement in your practice the most recent lifestyle recommendations, including mind-body techniques
- Identify women who might benefit from newer diagnostic tests and therapies for heart disease, infertility, menopausal concerns, osteoporosis and diabetes

INTENDED AUDIENCE

The program is designed for physicians, nurse practitioners, physician assistants, and other health care professionals who are committed to advancing the quality of care for their female patients.

CREDIT

College of Medicine, Mayo Clinic, is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

College of Medicine, Mayo Clinic, designates this educational activity for a maximum of 19 *AMA PRA Category 1 Credits*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

DATE AND LOCATION

Controversies in Women's Health will be held on **June 18-20, 2009** at the newly completed Glacier Canyon Lodge Conference Center adjacent to the Wilderness Resort.

REGISTRATION

To register online, visit <http://www.mayo.edu/cme/womens-health.html>, or complete the attached registration form. The registration fee includes tuition, course syllabus, continental breakfasts, and lunches. Conference room facilities may necessitate closing of enrollment; therefore, early registration is advised.

CANCELLATION POLICY

Your registration fee, less a \$75 administrative fee, will be refunded when written notification is received by Mayo School of CME before June 4, 2009 (fax#: 507-284-0532). No refunds will be made after June 4, 2009. Canceled registrations are non-transferable.

Mayo School of CME reserves the right to cancel or postpone any course due to unforeseen circumstances. In the unlikely event Mayo School of CME must cancel or postpone this course, Mayo School of CME will refund the registration fee, but is not responsible for any related costs, charges, or expenses to participants, including fees assessed by airline/travel/lodging agencies.

LODGING ACCOMMODATIONS

Guest rooms have been reserved for attendees and their guests with special course rates (\$130 plus tax) at Glacier Canyon Lodge. Call 1-800-867-WILD (9453) to make reservations or inquire about other options.

Cancellations are charged a \$20 fee. Cancellations within 72-hours pay the entire deposit (one night plus tax). There is a 14-day cancellation policy for condos, cabins, and villas with a \$30 cancellation fee.

In order to receive the special rate, reservations must be made on or before **May 16, 2009**. Reservations will be taken following this date based on space and rate availability. Please identify yourself as a participant of the Mayo Clinic block at Glacier Canyon Lodge for the Controversies in Women's Health course.

Lodging arrangements are the sole responsibility of the individual registrant.

For additional information about staying in the Wisconsin Dells, please visit <http://twisdells.com>.

SOCIAL ACTIVITY

Welcome Reception – June 18, 2009, 6 p.m. Attendees and their guest(s) are cordially invited to join the course faculty for the Welcome Reception. This casual reception welcomes you to the course and offers you the perfect opportunity to make connections with existing and new colleagues. Pre-registration is requested. Appetizers will be served.

Course Schedule

THURSDAY, JUNE 18

- 6:45 a.m. Registration and Continental Breakfast
- 7:20 a.m. Welcome and Course Introduction
Sharonne N. Hayes, M.D. and Deborah Rhodes, M.D.
- 7:30 a.m. Learn with the Experts: Challenging Board-like Cases in Women's Health
Deborah Rhodes, M.D., Lynne Shuster, M.D., and Sharonne N. Hayes, M.D.
- 8:00 a.m. Botox and Beyond: New Options for Aging Skin
Amanda Jacobs, M.D.
- 8:30 a.m. "It Hurts to Exercise:" Addressing Common Musculoskeletal Barriers to Physical Activity
Carmen Terzic, M.D.
- 8:55 a.m. Risk Reduction Options for BRCA Carriers
Sandhya Pruthi, M.D.
- 9:20 a.m. Break
- 9:40 a.m. The Resilient Woman: Health Benefits
Amit Sood, M.D.
- 10:10 a.m. Imaging Controversies in Women's Health
Breast: *Deborah Rhodes, M.D.*
Cardiovascular Screening: *Sharonne N. Hayes, M.D.*
Osteoporosis: *Kurt Kennel, M.D.*
- 11:00 a.m. Depression During Perimenopause
Laura Miller, M.D.
- 11:30 a.m. Thyroid Pearls: Common and Challenging Clinical Scenarios
Marius N. Stan, M.D.
- 12:00 p.m. Lunch
- 12:35 p.m. Live Long and Eat Well: You ARE What You Eat!
Gerald Gau, M.D.
- 1:00 p.m. Balancing Exercises that Work for Women Who Fall
Carmen Terzic, M.D.
- 1:20 p.m. REALLY Caring for Obese Women
Leslie Sim, Ph.D.
- 1:45 p.m. Doesn't EVERYONE Get Them? What to Do When You Find Fibroids
Lois McGuire, R.N., A.N.P
- 2:05 p.m. Break

- 2:20 p.m. Hormone Therapy 2009: Answers to Your Questions
Lynne Shuster, M.D., Petra Casey, M.D., Sharonne N. Hayes, M.D., Deborah Rhodes, M.D., and Sandhya Pruthi, M.D.
- 3:10 p.m. Changing Guidelines and Challenging Cases in Cervical Cancer Screening
Petra Casey, M.D.
- 3:35 p.m. The End of Evidence-Based Medicine
Victor Montori, M.D.
- 4:00 p.m. Wrap-up and Daily Evaluation
- 4:10 p.m. Adjourn
- 6:00 p.m. Welcome Reception

FRIDAY, JUNE 19

- 6:45 a.m. Continental Breakfast
- 7:20 a.m. Opening Remarks
Sharonne N. Hayes, M.D. and Deborah Rhodes, M.D.
- 7:30 a.m. Mighty Vitamin D
Kurt Kennel, M.D.
- 7:55 a.m. Female Sexual Dysfunction: When Sex Hurts
Lynne Shuster, M.D.
- 8:20 a.m. HPV Vaccine Controversies
Bobbie Gostout, M.D.
- 8:45 a.m. Non-surgical Management of Urinary Incontinence
Lois McGuire, R.N., M.S.N., W.H.N.P.
- 9:10 a.m. Break
- Pharmacologic and Behavioral Approaches to Mental Health in Women**
- 9:30 a.m. Choosing Autodepressants for Women of Reproductive Age
Laura Miller, M.D.
- 9:55 a.m. Image is Everything: The Epidemic of Body Image Disorders
Kristin Vickers-Douglas, Ph.D.
- 10:15 a.m. A Behavioral Approach to Managing Obesity: What Works?
Leslie Sim, Ph.D.
- 10:35 a.m. Interventions for the Anxious Woman
Kristin Vickers-Douglas, Ph.D.
- 11:00 a.m. Panel Discussion/Q&A
Laura Miller, M.D., Leslie Sim, Ph.D., and Kristin Vickers-Douglas, Ph.D.
- 11:20 a.m. Break

Course Schedule

- 11:30 a.m. Meditation in Women's Health: Getting Beyond the Limbic Lobe
Amit Sood, M.D.
- 12:10 p.m. Lunch
- 12:55 p.m. Does She Have Microvascular Disease or Endothelial Dysfunction? (And If She Does, What Can I Do About It?)
Sharonne N. Hayes, M.D.
- 1:25 p.m. The Real Possibilities of Oncofertility
Charles Coddington, M.D.
- 1:50 p.m. "Prophylactic" Oophorectomy: The Big Picture
Bobbie Gostout, M.D.
- 2:15 p.m. Learn with the Experts: Challenging Board-like Cases in Women's Health
Deborah Rhodes, M.D., Lynne Shuster, M.D., and Sharonne N. Hayes, M.D.
- 2:45 p.m. Break
- 2:05 p.m. Creating a Conversation to Make Better Decisions with Our Patients
Victor Montori, M.D.
- 3:30 p.m. Everyday Osteoporosis: Cases that Challenge
Kurt Kennel, M.D.
- 4:00 p.m. Wrap-up and Daily Evaluation
- 4:10 p.m. Adjourn
- 9:20 a.m. Raloxifene vs. Tamoxifen for Breast Cancer Prevention: Who Benefits?
Sandhya Pruthi, M.D.
- 9:40 a.m. Where Do the New Non-insulin Hypoglycemics Belong in Your Practice?
Marius N. Stan, M.D.
- 10:10 a.m. Mild Hypercalcemia or Mild Asymptomatic Primary Hyperparathyroidism: What To Do?
Kurt Kennel, M.D.
- 10:30 a.m. Skin Cancer: Update on Detection and Treatment
Amanda Jacobs, M.D.
- 10:55 a.m. The Pap Gap: Patient Response to the Demise of the Annual Pap Test
Priscilla Flynn, Dr.P.H.
- 11:10 a.m. Hyperlipidemia: Beyond LDL
Gerald Gau, M.D.
- 11:40 a.m. Evaluation
- 11:50 a.m. Learn With the Experts: Challenging Board-like Cases in Women's Health
Deborah Rhodes, M.D., Lynne Shuster, M.D., and Sharonne N. Hayes, M.D.
- 12:30 p.m. Adjourn

SATURDAY, JUNE 20

- 6:45 a.m. Continental Breakfast
- 7:25 a.m. Opening Remarks
Deborah Rhodes, M.D. and Sharonne N. Hayes, M.D.
- Controversies in Reproductive Medicine**
- 7:30 a.m. Reproductive Approaches to PCOS
Charles Coddington, M.D.
- 7:50 a.m. Controversies in Elective C-Section
Keith Johansen, M.D.
- 8:05 a.m. When to Stop Contraception in the Perimenopause
Petra Casey, M.D.
- 8:20 a.m. Caring for the Older Gravida
Keith Johansen, M.D.
- 8:40 a.m. Panel Discussion/Q&A
Petra Casey, M.D., Keith Johansen, M.D., and Charles Coddington, M.D.
- 9:00 a.m. Break

FACULTY

Course Directors

Sharonne N. Hayes, M.D.
Director, Mayo Clinic Women's Heart Clinic

Deborah Rhodes, M.D.
Director, Executive Health

Guest Faculty

Laura Miller, M.D.
University of Illinois at Chicago

Mayo Faculty

Petra Casey, M.D.
Charles Coddington, M.D.
Priscilla M. Flynn, Dr.P.H.
Gerald Gau, M.D.
Bobbie Gostout, M.D.
Amanda Jacobs, M.D.
Keith Johansen, M.D.
Kurt Kennel, M.D.
Lois McGuire, R.N., M.S.N., W.H.N.P.
Victor Montori, M.D.
Sandhya Pruthi, M.D.
Lynne Shuster, M.D.
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Amit Sood, M.D.
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Kristin Vickers-Douglas, Ph.D.

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Mail or FAX form with payment to:

Mayo School of Continuing Medical Education
Plummer 2-60
200 First Street SW
Rochester, MN 55905

Phone 800-323-2688 or 507-284-2509
FAX 507-284-0532
E-mail cme@mayo.edu
Web site www.mayo.edu/cme

Online Registration: <http://www.mayo.edu/cme/womens-health.html>**Contact Information**

Name of Registrant - first name, middle name or initial, and last name		Degree - select all that apply <input type="checkbox"/> MD <input type="checkbox"/> PhD <input type="checkbox"/> DDS <input type="checkbox"/> NP <input type="checkbox"/> PA <input type="checkbox"/> RN <input type="checkbox"/> Other - specify:	
Name of Institution		Medical Specialty	
Preferred Mailing Address - select one <input type="checkbox"/> Work/Business <input type="checkbox"/> Home			
Work/Business Address - street address		Work Phone - include all country and city/area codes as needed along with complete phone number	
City	State or Province	ZIP or Postal Code	Country
Home Address - street address		Home Phone - include all country and city/area codes as needed along with complete phone number	
City	State or Province	ZIP or Postal Code	Country
E-mail Address	FAX - include all country and city/area codes as needed along with complete phone number	FAX Location - select one <input type="checkbox"/> Work/Business <input type="checkbox"/> Home	
SPECIAL NEEDS If you have special assistance needs or dietary restrictions, describe here:			

Registration Fee

Conference (June 18-20, 2009)		
Physicians/Scientists	\$ 595 USD	\$ _____
Residents, Physician Assistants and Nurse Practitioners	\$ 495 USD	\$ _____
Welcome Reception - June 18, 6pm		<i>Complimentary</i>
Please indicate if you will attend:		
<input type="checkbox"/> Yes, I will attend with ____ adult guests & ____ children	<input type="checkbox"/> No, I will not attend	

Payment Information

<input type="checkbox"/> Check is enclosed in the amount shown at right - make checks payable to Mayo Clinic		Payment Total
Credit Card - select one <input type="checkbox"/> Discover <input type="checkbox"/> MasterCard <input type="checkbox"/> Visa	Account Number	Exp Date - mm/yy
Name of Cardholder - as it appears on the card	Signature of Cardholder - required X	



MAYO CLINIC

Mayo Clinic
200 First St. SW
Rochester, MN 55905

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The Wilderness Resort boasts America's largest waterpark resort, two golf courses and a world class destination spa. For more information on the Wilderness Resort, visit <http://www.wildernessresort.com>.

If you already received a copy of this brochure, please give this brochure to an interested colleague.

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