17th Annual
NUTRITION & WELLNESS IN HEALTH AND DISEASE

THE PARK CENTRAL SAN FRANCISCO
SAN FRANCISCO, CALIFORNIA
SEPTEMBER 25–26, 2017

Mayo Clinic School of Continuous Professional Development

CE.MAYO.EDU/NUTRITION2017

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14.25 AMA & ABIM MOC CREDITS™

Pre-Course Session
ABFM Knowledge Self-Assessment – Health Behavior
Sunday, September 24, 2017
COURSE HIGHLIGHTS
- Ambulatory nutrition, wellness and physical activity topics with multidisciplinary faculty
- Obesity management update for children and adults and obesity-related conditions topics, including diabetes, dyslipidemia and non-alcoholic fatty liver disease
- Current literature updates, clinical topics, interactive case studies and panel discussions
- Many opportunities for interaction with course faculty

TARGET AUDIENCE
This course is designed for physicians (general internal medicine, family medicine, endocrinologists, and subspecialists interested in nutrition), advanced practice clinicians (nurse practitioners and physician assistants), dietitians and health and wellness specialists.

LEARNING OBJECTIVES
Upon conclusion of this program, participants should be able to:
- Identify a nutrition, physical activity, behavioral, surgical and/or pharmacologic approach for overweight and obese adult and pediatric patients
- Describe the benefits of physical activity and develop programs
- Recognize the components of healthy eating for patients
- Identify helpful nutrition activities and diet applications
- Diagnose common medical conditions associated with obesity and evaluate nutrition management of those with diabetes and dyslipidemia
- Recognize the importance of burnout among health care providers and approaches to the problem

COURSE DIRECTORS
M. Molly McMahon, M.D.
Manpreet S. Mundi, M.D.
Donald D. Hensrud, M.D., M.P.H.

REGISTRATION
Register online at: CE.MAYO.EDU/NUTRITION2017

$650 USD
- Physicians/Scientists

$550 USD
- Residents, Physician Assistants, Nurse Practitioners,
- Dietitians and Allied Health

$200 USD
- Pre-Course Session: ABFM Knowledge Self-Assessment – Health Behavior

CANCELLATION POLICY
Please visit ce.mayo.edu/cancellation for more information.

LOADING ACCOMMODATIONS
Park Central Hotel San Francisco
Make reservations calling (888) 627-8561 or online at https://www.starwoodmeeting.com/events/start.action?id=1702202423&key=CE0F214

Reserve your room before the room block fills or August 24, 2017, whichever comes first, in order to receive a discounted rate (limited number available). Please identify yourself as a participant of the Mayo Clinic Nutrition and Wellness course when making your reservation.

PROGRAM AT-A-GLANCE

Sunday, September 24
Pre-Course Session: ABFM Knowledge Self-Assessment – Health Behavior
(Additional Fee Applies)

Monday, September 25
Obesity: Getting Started
- Introduction and Importance of Nutrition for Clinicians
- Office Assessment of Obesity
- Dietitian Approach to Obesity
- Behavioral Approach to Obesity

Obesity: Application
- Pediatric Obesity
- Food Allergies
- Clinical Aspects of Appetite Regulation

Obesity: Getting Started
- Pharmacotherapy for Weight Loss: How to Get Started
- Patient with Obesity and Diabetes
- Post Bariatric Surgery Management
- Management of Dyslipidemia
- Hypertension
- Endometrial Cancer
- Fatty Liver
- Diabetes Management Update
- Enhancing Resiliency

Tuesday, September 26
Dietary Approaches
- Individualized Diets/ Microbiome
- Food Additives
- Cultural Counseling
- Dairy

See the full schedule at: CE.MAYO.EDU/NUTRITION2017

CREDIT
Mayo Clinic College of Medicine and Science is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Mayo Clinic College of Medicine and Science designates this live activity for a maximum of 14.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Additional AMA credits can be claimed if you sign up for the following module on September 29, 2016 (additional fees apply):
ABFM SAM Module: Health Behavior
- Mayo Clinic College of Medicine and Science designates this live activity for a maximum of 5.0 AMA PRA Category 1 Credits™.

ABIM Maintenance of Certification (MOC) Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 14.25 MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Participation information will be shared with ABIM through PARS.

Other Health Care Professionals A certificate of attendance will be provided to other health care professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.