Mayo School of Continuous Professional Development

Internal Medicine Review for Nurse Practitioners, Physician Assistants & Primary Care Physicians

A Case Study Approach to the Management of Common Acute and Chronic Problems

16th Annual Conference
State-of-the-Art Education

Register early, this course sells out!

September 10 - 12, 2014
Mayo Clinic • Rochester, Minnesota

2014 Course Highlights
• Satellite Sites
• AMA, ANCC, ACPE credits offered
• Interactive Workshops

Ideal course for common chronic and acute problems encountered in practice by internal medicine clinicians including physicians, nurse practitioners and physician assistants.

Attend at one of these alternative sites:
• Mayo Clinic Health System in Eau Claire, WI
• Mayo Clinic Health System in Mankato, MN
• Mayo Clinic Health System - Franciscan Healthcare in La Crosse, WI

Visit the course website for more details.
http://www.mayo.edu/cme/nppa2014

In Collaboration with:

University of Minnesota
Rochester

ASMNP
Association of SouthEast Minnesota Nurse Practitioners

MAPA
Course Description & Intended Audience

This 16th annual conference emphasizes clinical care issues confronting busy clinicians including current pharmacology content.

The program is designed for nurse practitioners, physician assistants, nurses, and primary care physicians. Breakout and interactive workshop sessions enable the learner to customize their educational experience.

Course Objectives

Upon conclusion of this program, participants should be able to:

• Enhance diagnostic and clinical decision-making skills consistent with available evidence-based guidelines
• Identify current, clinically-oriented, evidence-based practice recommendations in specialties such as cardiology, endocrinology, preventative medicine, women’s health and gastroenterology
• Describe indications for diagnosis, management and patient referral for clinical scenarios encountered in current practices
• Identify pharmaceutical considerations and prescribing indications for common primary care conditions

Continuing Education Credit

Mayo Clinic College of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Mayo Clinic College of Medicine designates this educational activity for a maximum of 22.5 AMA PRA Category 1 Credits™.

Mayo Clinic College of Medicine, Mayo School of Continuous Professional Development is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

Mayo Clinic College of Medicine designates this educational activity for a maximum of 18 ACPE knowledge-based contact hours.

Participants should only claim credit commensurate with the extent of their participation in the activity.

Program provided in cooperation with Mayo Continuing Nursing Education.

Mayo Continuing Nursing Education is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

Participants can earn up to 22.33 nursing contact hours (accredited).

Alternate Locations

View the live course via videoconference at select alternate locations (below). Lunch and refreshment breaks are provided at all locations. At alternate locations only one predetermined concurrent session will be available as indicated (*) on the program schedule.

Mayo Clinic Health System in Eau Claire, WI
Mayo Clinic Health System - Franciscan Healthcare in La Crosse, WI
Mayo Clinic Health System in Mankato, MN

Optional Hands-On Workshops

Optional Workshops offered on September 11 and 12, 2014 in Rochester. There is an additional fee to attend these workshops.

Basic Suturing Skill Lab
Obtain wound assessment and management skills useful in everyday practice. Practice simple interrupted and simple running stitches.

Foot and Toenail Care Workshop
Participants will identify select conditions of the skin and toenails, provide appropriate patient education, and experience a basic level of foot and toenail care as one may see in a clinical setting.

Skin Biopsy Workshop
Learn and practice three types of biopsy techniques: shave, punch and excisional. Prerequisites: suturing experience or enrollment in basic suturing workshop.

Course Registration

Register online at: http://www.mayo.edu/cme/nppa2014

Early registration is strongly advised as this course has sold out in the past.
The registration fee includes tuition, electronic course syllabus, continental breakfasts, break refreshments, and lunches.

<table>
<thead>
<tr>
<th>Registration Fee</th>
<th>Fee</th>
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<tbody>
<tr>
<td>Rochester</td>
<td>$595</td>
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<tr>
<td>Alternate Location</td>
<td>$495</td>
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<table>
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<tr>
<th>Optional Workshops</th>
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<tr>
<td>Basic Suture Workshop</td>
<td>$125</td>
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<tr>
<td>Skin Biopsy Workshop</td>
<td>$125</td>
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<tr>
<td>COMBO Suture and Biopsy Workshop</td>
<td>$225</td>
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<tr>
<td>Foot Care Exam Workshop</td>
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**National Physician Payment Transparency Program**

Mayo Clinic College of Medicine complies with the requirements of the National Physician Payment Transparency Program OPEN PAYMENTS (Physician Payments Sunshine Act).

**Cancellation Policy**

Cancelled course registrations are refunded if written notice is received by Mayo School of CPD before August 27, 2014 (fax#: 507-284-0532 or email cme@mayo.edu).

*No refunds will be made on or after August 27, 2014. Cancelled registrations are non-transferable.*

Mayo School of CPD reserves the right to cancel or postpone any course due to unforeseen circumstances. In the unlikely event MSCPD must cancel or postpone this course, MSCPD will refund the registration fee, but is not responsible for any related costs, charges, or expenses to participants, including fees assessed by airline/travel/lodging agencies.

**Hotel Accommadations**

Hotels offering discounted rates:

- Broadway Residence and Suites by BridgeStreet
- Kahler Grand Hotel
- DoubleTree
- Rochester Marriott
- Hilton Garden Inn

Identify yourself as an attendee at the NPPA-Internal Medicine course when making your reservation.

Hotel rates listed in ‘Additional Information’ tab at: http://www.mayo.edu/cme/nppa2014

**Faculty Listing**

**Course Directors:**
- David A. Foley, M.D.
- Jane A. Linderbaum, M.S., C.N.P.
- Rick A. Nishimura, M.D.
- Mark R. Zellmer, P.A.-C.

**Guest Faculty:**
- Katherine Adamson, P.A.-C., MMSc, MA
  Director, Medical Advisor
  National Commission on Certification of Physician Assistants
  San Antonio, Texas

**Faculty:**
- Christopher J. Arendt, Pharm.D., R.Ph.*
- Roberto P. Benzo, M.D.
- Carol J. Bohanon, R.N., C.N.P.
- Barry A. Boilson, M.D.
- Jennifer A. Bold, R.N., C.N.P.*
- Lynn S. Borkenhagen, R.N., C.N.P.
- Marcia K. Britain, R.N., C.N.P. *
- Maria Brown, M.Ed., MBA, MT (ASCP) *
- Nicole K. Callahan, R.N., C.N.P. *
- Amy J. Chihak, R.N. *
- Michael W. Cullen, M.D.
- Dawn Marie R. Davis, M.D.
- Amelia Dudakovc, P.A.-C.
- Denise M. Dupras, M.D.
- Felecia R. Fiek, P.A.-C.
- David A. Foley, M.D.
- Angela Fritsche, M.P.A., B.S.B.A. *
- Kevin L. Greason, M.D.
- Grant S. Hamilton, III, M.D.
- Donald D. Hensrud, M.D.
- Andrew J. Herber, P.A.-C.
- Robert M. Jacobson, M.D.
- Asma Javed, MBBS
- Dawn M. Kaderabek, R.N., C.N.P.
- Jamki Kandmar, P.A.-C. *
- Amy J. Koenigs, R.N., C.N.P.
- Stephen L. Kopecky, M.D.
- Seema Kumar, M.D.
- Ann L. Leland, R.N., C.N.P. *
- Jane A. Linderbaum, M.S., C.N.P.
- Francisco Lopez-Jimenez, M.D.
- Lois J. McGuire, R.N., C.N.P.
- Timothy J. Nelson, M.D., Ph.D.
- Danika M. Nelson, R.N., C.N.P. *
- Rick A. Nishimura, M.D.
- Polly A. Noll, R.N., C.N.P.
- Jason S. O’Grady, M.D.
- John J. Paterucha, M.D.
- Sam Radke, P.A.-C. *
- Chelsey A. Recker, P.A.-C. *
- Julie A. Reed *
- Paul M. Robelia, M.D.
- Priya Sampathkumar, M.D.
- Craig N. Sawkich, Ph.D.
- Emilie Scheid, P.A.-C.
- Sarah D. Schettle, P.A.-C.
- Carrie A. Schinistock, M.D.
- Garrett E. Schramm, Pharm.D., R.Ph.
- Robert D. Sheeler, M.D.
- Roger W. Thomas, P.A.-C.
- Elizabeth A. Timmerman, R.N., C.N.P.
- Dorothy J. VanBuskirk, R.N., C.N.P. *
- Carole A. Warnes, M.D.
- Jody A. Weckwerth, PA, P.A.-C. *
- Elynn M. Welle, R.N., C.N.P. *
- Audrey J. Wegmiller, R.N., C.N.P.
- Mark R. Zellmer, P.A.-C. *

*Planning Committee Member
Wednesday, September 10, 2014
7:00 a.m. Registration - Phillips Hall
Continental Breakfast – Marriott Ballroom
7:30 a.m. Welcome and Introductions
7:45 a.m. New Lipid Guidelines: What Does it Mean for Your Practice? Rx
8:35 a.m. Congenital Heart Disease Practical Pearls for Primary Care Clinicians Rx
9:25 a.m. Refreshment Break
9:55 a.m. Statin Intolerance – Is it Real? Rx
10:45 a.m. Prosthetic Heart Valves for Generalists Rx
11:35 a.m. Lunch - Marriott Hotel Ballroom
12:35 p.m. Pediatric Dermatology Pearls for Primary Care Rx
1:25 p.m. Keynote: Regenerative Medicine: From Bench to Bedside
2:15 p.m. Refreshment Break
2:45 p.m. Valvular Heart Disease – Patient Selection
3:35 p.m. Surgery for Valvular Heart Disease – What’s New and Cool?
4:25 p.m. Newer Oral Anticoagulants - Overview Rx
5:15 p.m. Closing Comments
5:30 p.m. Welcome Reception (Optional, Pre-Registration Requested) - Marriott Hotel Ballroom

Thursday, September 11, 2014
7:00 a.m. Registration - Phillips Hall
Continental Breakfast – Marriott Ballroom
7:30 a.m. Welcome and Introductions
7:45 a.m. Female Athlete Triad: Amenorrhea, Osteoporosis, and Disordered Eating
8:35 a.m. Menopausal Transition Bleeding: Evaluation and Treatment Rx
9:25 a.m. Refreshment Break
9:55 a.m. Update on Preventive Screening Guidelines
10:45 a.m. Diabetes Encounters of the Primary Kind Rx
11:35 a.m. Lunch - Marriott Hotel Ballroom

12:35 p.m. CONCURRENT SESSIONS – CHOOSE ONE TO ATTEND

| *Clinical Apps for Busy Clinicians | Heart Failure Comprehensive Management | Eenie, Meanie, Minie, Moe. How to Care for Feet and Toes |

1:25 p.m. *The Nature and Management of Clinical Anxiety Rx | Palliative Care Rx |

2:15 p.m. Refreshment Break

2:45 p.m. CONCURRENT SESSIONS – CHOOSE ONE TO ATTEND

| *Ask Mayo Expert/Precepting | Female Urinary Incontinence: Tips for Taming the Tinkles Rx | Peripheral Arterial Disease |

3:35 p.m. *Antibiotic Update Rx | COPD Management Rx |

4:25 p.m. *Clinical Pearls in Primary Care Rx | A Step-wise Approach to Foot and Ankle Pain |

5:15 p.m. Closing Comments
5:30 p.m. Tour (Optional, Pre-Registration Required)
Friday, September 12, 2014

7:00 a.m.  Registration - Phillips Hall
Continental Breakfast – Marriott Ballroom

7:30 a.m.  Welcome and Introductions

7:45 a.m.  Immunization Update

8:35 a.m.  Hepatitis C Update

9:25 a.m.  Refreshment Break

9:55 a.m.  Travel Medicine for Primary Care

10:45 a.m. Diastolic Heart Failure: An Update for Primary Care

11:35 a.m. ASMNP Luncheon

12:35 p.m.  CONCURRENT SESSIONS – CHOOSE ONE TO ATTEND

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<thead>
<tr>
<th>ASMNP Luncheon</th>
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<th>Networking Luncheon</th>
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1:25 p.m.  CONCURRENT SESSIONS – CHOOSE ONE TO ATTEND

| *Hypertension: What's New in JNC 8 | Transitional Care Program | Suture Workshop |

2:15 p.m.  CONCURRENT SESSIONS - CHOOSE ONE TO ATTEND

| *Sinusitis | Insulin Management: Breaking the Barrier |

2:45 p.m.  CONCURRENT SESSIONS - CHOOSE ONE TO ATTEND

| *Diagnosis and Management of Atrial Fibrulation | Renal Insufficiency to Kidney Transplant - The Road Less Traveled | Biopsy Workshop |

3:35 p.m.  CONCURRENT SESSIONS – CHOOSE ONE TO ATTEND

| *Pediatric Obesity | ECG Workshop |

4:25 p.m.  Closing Comments & Adjourn

*R Lectures containing Pharmacology content.

* Lectures broadcast to alternate locations.
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A Case Study Approach to the Management of Common Acute and Chronic Problems

September 10 - 12, 2014
Mayo Clinic • Rochester, Minnesota

Course Description
An interactive case study format focuses on evidence-based diagnostic and management strategies for clinical decision making. Expert speakers present clinical topics chosen for applicability to primary care practice settings with diverse topics to include cardiovascular, internal medicine, women’s health, endocrinology, pulmonology, preventive medicine and more.

Mayo School of Continuous Professional Development
Email: cme@mayo.edu
Phone: 800-323-2688 (toll free) or 507-284-2509

http://www.mayo.edu/cme/nppa2014