



Mayo School of Continuous Professional Development

# OB/GYN Clinical Reviews

**November 12-13, 2009**

**Phillips Hall  
Siebens Building  
Rochester, MN**



# General Information

## Course Description

Mayo Clinic's *OB/GYN Clinical Reviews* addresses a variety of relevant and controversial topics facing patients and their healthcare providers today. The course includes specific clinical challenges encountered in caring for women of all ages and is applicable to many practice styles and settings. Presentations will emphasize obstetrical and gynecologic standards of care and problem solving using current treatment modalities. This program is designed for practicing obstetricians, gynecologists, family practitioners, certified nurse midwives, nurse practitioners and physician assistants.

All faculty members are in full-time practice at Mayo Clinic and will draw from personal research activities as well as clinical experience at the Clinic.

## Course Learning Objectives

At the conclusion of this course, participants should be able to:

- Counsel and manage the menopausal patient using the most current scientific evidence on hormone therapies, bio-identical hormones, and non-hormonal strategies.
- Manage patients with history of gynecologic cancers in follow up.
- Counsel patients on the newest options in the treatment of uterine fibroids.
- Evaluate and manage recurrent pregnancy loss.
- Counsel patients on options for prenatal genetics screening.

Attendance at this Mayo course does not indicate nor guarantee competence or proficiency in the performance of any procedures that may be discussed or taught in this course.

## Intended Audience

The program will be oriented toward practicing obstetricians, gynecologists, family practitioners, general internists, certified nurse midwives, nurse practitioners, physician assistants, nurses and others who have an interest in women's health care.

## Credit

College of Medicine, Mayo Clinic is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

College of Medicine, Mayo Clinic designates this educational activity for a maximum of 15.25 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Other health care professionals will be provided a certificate of attendance for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.

## Date and Location

The *Mayo Clinic OB/GYN Clinical Reviews* will be held **November 12-13, 2009**.

Course headquarters will be located in Phillips Hall, Siebens Building on the Mayo Clinic Campus, in Rochester, Minnesota. Meeting facilities are easily accessible by skyway and pedestrian subway, which connect Mayo Clinic to shops, restaurants, and hotels.

## Registration

To register, complete the attached registration form and return by mail or FAX with the appropriate registration fee by **October 29, 2009**. Online registration is available at [www.mayo.edu/cme/nov2009.html](http://www.mayo.edu/cme/nov2009.html) with credit card payment. Pre-registration is required. The registration fee includes tuition, comprehensive course syllabus, continental breakfasts, break refreshments, and reception. Although it is not Mayo School of Continuous Professional Development policy to limit the number of registrants for a course, conference room facilities may necessitate closing of enrollment; therefore, early registration is strongly advised. A letter of confirmation will be sent upon receipt of payment and completed registration form.

# General Information

## Welcome Reception

*Thursday, November 12, 2009*

Attendees are cordially invited to join the course directors and faculty for a complimentary Welcome Reception in Hage Atrium, subway level of the Siebens Building. This causal reception welcomes attendees to the Mayo Clinic and offers the perfect opportunity to make connections with existing and new colleagues. Pre-registration is requested.

## Cancellation Policy

Your registration fee, less a \$75 administrative fee, will be refunded when written notification is received by the Mayo School of CPD before **October 29, 2009**. No refunds will be made after October 29, 2009.

## Travel

Rochester, Minnesota, is a friendly city that greets thousands of visitors from around the world each year. The city is serviced by a modern international airport with multiple flights daily from Chicago and Minneapolis via American or Northwest Airlines. Access to and from the airport is provided by taxi, shuttle service, and rental car. The airport is located approximately 10 driving miles from the Mayo Clinic campus.

*Note to Travelers:* Several cities in the United States are named Rochester. When you make airline reservations and check your baggage, be sure that

your destination is Rochester, Minnesota (RST) and that your baggage has been properly tagged.

*Travel arrangements are the sole responsibility of the individual registrant.*

## Lodging Accommodations

Blocks of guestrooms have been reserved at special group rates at each of the following downtown Rochester hotels. To ensure accommodations and the discounted rates, please make your reservation by **October 22, 2009**.

Reservation requests received after this date will be subject to availability at the group rate. When making reservations, identify yourself as a participant in the **Mayo Clinic OB/GYN Clinical Reviews**.

### Hilton Garden Inn

225 South Broadway  
800-445-8667/507-285-1234  
\$96 single/double

### Kahler Grand Hotel

20 Second Avenue SW  
800-533-1655/507-282-2581  
\$92 single/double

### Doubletree (Formerly Radisson Hotel)

150 South Broadway  
507-281-8000  
\$104 single/double

### Rochester Marriott Hotel

101 First Avenue SW  
877-623-7775/507-280-6000  
\$129 single/double

## Course Faculty

### Course Co-Directors

#### Obstetrics and Gynecology

*Petra M. Casey, M.D.*  
*Douglas J. Creedon, M.D., Ph.D.*  
*Mary L. Marnach, M.D.*

### Mayo Clinic Rochester

*Brigitte A. Barrette, M.D.*  
*Marcie L. Billings, M.D.*  
*Brian C. Brost, M.D.*  
*William A. Carey, M.D.*  
*Charlie Coddington, M.D.*  
*Paula Craigo, M.D.*

*Norman P. Davies, M.D.*  
*Andrew E. Good, M.D.*  
*Deanna Griebenow, RN*  
*Roger W. Harms, M.D.*  
*Robert H. Heise, M.D.*  
*Donald D. Henrud, M.D.*  
*Matthew R. Hopkins, M.D.*  
*Jani R. Jensen, M.D.*  
*Kris Kringele, M.D.*  
*Margaret E. Long, M.D.*  
*Dennis McWeeny, M.D.*  
*Sharon L. Mulvagh, M.D.*  
*Joshua B. Murphy, M.D.*  
*Joshua F. Nitsche, M.D.*  
*Margaret E. Pfeifer, M.D.*

*Nanette L. Rollene, M.D.*  
*Carl H. Rose, M.D.*  
*Lynn T. Shuster, M.D.*  
*Elizabeth A. Stewart, M.D.*  
*Janice B. Swanson, M.D.*  
*William J. Watson, M.D.*  
*Dana H. Whaley, M.D.*  
*Myra J. Wick, M.D.*  
*Sara C. Young, NP*

### Guest Faculty

*Paul L. Ogburn, M.D.*  
*Stony Brook State*  
*University of New York*

# Program Schedule

## Thursday, November 12, 2009

- 7:00 a.m. Registration and Continental Breakfast
- 7:20 a.m. Course Pre-Test  
Moderator: *Petra M. Casey, M.D.*
- 7:30 a.m. Risk Management and Women's Health: How Not to Get Sued...  
*Joshua B. Murphy, J.D.*
- 8:00 a.m. Bioidentical Hormones: Myths vs. Medicine  
*Lynn Shuster, M.D.*
- 8:30 a.m. Does HT Cause Breast Cancer? Review of Current Data  
*Andrew E. Good, M.D.*
- 9:00 a.m. Discussion – Faculty
- 9:15 a.m. Refreshment Break and Exhibits
- 9:35 a.m. Key Issues in Female Sexual Dysfunction: Testosterone, Sildenafil, Estrogen  
*Mary L. Marnach, M.D. and Janice B. Swanson, M.D.*
- 10:15 a.m. Management of Breakthrough Bleeding and Other Contraceptive Side-Effects  
*Petra M. Casey, M.D.*
- 10:45 a.m. Evaluation and Treatment of Vestibulitis  
*Douglas J. Creedon, M.D., Ph.D.*
- 11:15 a.m. How to Get the Breast Imaging your Patients Need?  
*Dana H. Whaley, M.D.*
- 11:45 a.m. Discussion – Faculty
- 12:00 p.m. Lunch
- 1:15 p.m. Consults From the Pediatrician: Gynecologic Issues in Girls and Adolescents  
*Marcie L. Billings, M.D.*
- 1:45 p.m. PCOS Update  
*Nanette L. Rollene, M.D.*
- 2:15 p.m. Diet Composition and Obesity  
*Donald D. Hensrud, M.D.*
- 2:45 p.m. Discussion – Faculty
- 3:00 p.m. Refreshment Break and Exhibits
- SESSION ONE** – Phillips Hall
- 3:30 p.m. Current Options for Fibroid Treatment  
*Elizabeth A. Stewart, M.D.*
- 4:00 p.m. What Is the Best Prolapse and SUI Repair: Mesh Scarcolpopexy vs. Burch?  
*Christopher J. Klingele, M.D.*
- 4:30 p.m. Predicting Effectiveness of Endometrial Ablation  
*Matthew R. Hopkins, M.D.*
- SESSION TWO** – Leighton Auditorium  
Moderator: *Roger W. Harms, M.D.*
- 3:30 p.m. How to Follow Gyn Cancer Survivors?  
*Brigitte A. Barrette, M.D.*
- 4:00 p.m. Ovarian Preservation  
*Jani R. Jansen, M.D.*
- 4:30 p.m. Management of AUB in the Perimenopausal Patient: Office vs. OR?  
*Sara C. Young, NP*
- 5:00 p.m. Discussion – Faculty
- 5:30 p.m. Welcome Reception

## Friday, November 13, 2009

- 7:00 a.m. Registration and Continental Breakfast  
Moderator: *Douglas J. Creedon, M.D., Ph.D.*
- 7:30 a.m. Individualization of Ethical Decision-making: What Should I Do?  
*Charles C. Coddington, M.D.*
- 8:00 a.m. Evidence Based Preconception Care  
*Joshua F. Nitsche, M.D., Ph.D.*
- 8:30 a.m. New Horizons in Genetic Testing  
*Myra J. Wick, M.D., Ph.D.*
- 9:00 a.m. Discussion
- 9:15 a.m. Refreshment Break and Exhibits
- 9:45 a.m. Management of PTL: MagSO4, 17OHP etc.  
*Carl H. Rose, M.D.*
- 10:15 a.m. Neonatology Consultation Topic  
*William A. Carey, M.D.*
- 10:45 a.m. Omega 3 Fatty Acids and Pregnancy: A Fish Tale  
*Paul L. Ogburn, M.D.*
- 11:15 a.m. Five Common Ultrasound Findings and How to Deal with Them  
*Roger W. Harms, M.D.*
- 11:45 a.m. Discussion – Faculty
- 12:00 p.m. Lunch
- 1:15 p.m. Management of the Pregnant Diabetic: An Update  
*William J. Watson, M.D.*
- 1:45 p.m. Treating Depression and Anxiety During Pregnancy  
*Petra M. Casey, M.D.*
- 2:15 p.m. Pain Management in Pregnancy  
*Norman P. Davies, M.D.*
- 2:45 p.m. Discussion – Faculty
- 3:00 p.m. Refreshment Break and Exhibits
- SESSION ONE** – Phillips Hall
- 3:30 p.m. Prenatal Anesthesia Consultation – Who, When and Why?  
*Paula Craigo, M.D.*
- 4:00 p.m. Trauma in Pregnancy  
*Brian C. Brost, M.D.*
- 4:30 p.m. The Controversy About Thyroid Screening during Pregnancy  
*Margaret E. Long, M.D.*
- 5:00 p.m. Discussion – Faculty
- SESSION TWO** – Leighton Auditorium,  
Moderator: *Mary L. Marnach, M.D.*
- 3:30 p.m. What Do We Need to Know About Heart Disease in Women?  
*Sharon L. Mulvagh, M.D.*
- 4:00 p.m. What to Do with the 34+ Week Premie? Keep or Transfer?  
*Dennis T. McWeeny, M.D.*
- 4:30 p.m. Exercise and Weight Gain During Pregnancy: What's Recommended and How Much is Too Much?  
*Deanna Griebenow, CNM*
- 5:00 p.m. Discussion – Faculty
- 5:15 p.m. Adjourn

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**Mail or FAX form with payment to:**

Mayo School of Continuous Professional Development  
Plummer 2-60  
200 First Street SW  
Rochester, MN 55905

Phone 800-323-2688 or 507-284-2509  
FAX 507-284-0532  
E-mail cme@mayo.edu  
Web site www.mayo.edu/cme

Register online at <http://www.mayo.edu/cme/nov2009.html>

**Contact Information**

Name of Registrant - first name, middle name or initial, and last name		Degree - select all that apply <input type="checkbox"/> MD <input type="checkbox"/> PhD <input type="checkbox"/> DO <input type="checkbox"/> PA <input type="checkbox"/> NP <input type="checkbox"/> Other - specify	
Name of Institution		Medical Specialty	
Preferred Mailing Address - select one <input type="checkbox"/> Work/Business <input type="checkbox"/> Home			
Work/Business Address - street address		Work Phone - include all country and city/area codes as needed along with complete phone number	
City	State or Province	ZIP or Postal Code	Country
Home Address - street address		Home Phone - include all country and city/area codes as needed along with complete phone number	
City	State or Province	ZIP or Postal Code	Country
E-mail Address	FAX - include all country and city/area codes as needed along with complete phone number	FAX Location - select one <input type="checkbox"/> Work/Business <input type="checkbox"/> Home	
<b>SPECIAL NEEDS</b> If you have special assistance needs or dietary restrictions, describe here:			

**Registration**

Type of credit you are interested in receiving: <input type="checkbox"/> AMA PRA Category 1 Credit™ <input type="checkbox"/> AAFP <input type="checkbox"/> ACOG
<b>Welcome Reception on Thursday, November 12:</b> <input type="checkbox"/> Yes, I will attend. (Complimentary) <input type="checkbox"/> Yes, I will bring ___ additional guests. (no fee for guest) <input type="checkbox"/> No, I will attend.
<b>Registration Fee:</b> Physician \$ 450 \$ _____ Non-Physician \$ 350 \$ _____

**Payment Information**

<input type="checkbox"/> Check is enclosed in the amount shown at right - make checks payable to Mayo Clinic		Payment Total
Credit Card - select one <input type="checkbox"/> Discover <input type="checkbox"/> MasterCard <input type="checkbox"/> Visa	Account Number	
Name of Cardholder - as it appears on the card		Exp Date - mm/yy
Signature of Cardholder - required <b>X</b>		



MAYO CLINIC

200 First Street SW  
Rochester, Minnesota 55905

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ROCHESTER, MN

Check the Mayo School of Continuous Professional Development website at <http://www.mayo.edu/cme/nov2009.html> for the online brochure and registration.

## **Additional Information**

Requests for additional information should be sent to the attention of the CPD Registrar, Mayo School of Continuous Professional Development, via e-mail ([cme@mayo.edu](mailto:cme@mayo.edu)) or FAX (507-284-0532).

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