Geriatric Update for the Primary Care Physician

&

George Randolph & Patricia Scott Lectureship on the Physiology of Aging

Distinguished Lecturer

John E. Morley, M.B., B.Ch.
Director, Division of Geriatric Medicine
St. Louis University Medical School
St. Louis, Missouri

October 31, 2002

Leighton Auditorium
Siebens Medical Education Building
Rochester, Minnesota
The Division of Community Internal Medicine and the Department of Medicine’s program on aging is pleased to offer this one-day course to provide practicing physicians with current information on the care of the elderly, including clinical evaluation, management strategies and innovative practice models. All topics were selected for their clinical relevance. Time will be allocated for questions and discussion.

A special noon lecture on Nutrition and Aging will be presented in Phillips Hall. This luncheon is also open to all Mayo faculty.

At the conclusion of this program, the participant will be able to:

• Apply new treatment options for congestive heart failure.
• Utilize new approaches toward patients with chronic renal insufficiency.
• Manage pain more appropriately to the elderly.
• Advise elderly patients and their families on skin care and therapy.
• Intervene on suicide and depression in the elderly with more appropriate diagnostic tools and therapeutic interventions.
• Apply anticoagulation management protocols in multiple settings.
• Identify surgical and anesthesia risks in elderly populations.
• Diagnose disease states through case based presentations

This course is designed for primary care physicians including family practitioners, internists, general practitioners, advanced nurse practitioners and physician assistants.

Mayo Foundation is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Mayo Foundation designates this educational activity for a maximum of 7.5 hours in category 1 credit towards the AMA Physician’s Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity. This program has been reviewed and is acceptable for 7.5 prescribed hours from the American Academy of Family Physicians.

At the time of this printing, a complete listing of commercial supporters has not been compiled. Appropriate acknowledgment will be given to all supporters at the time of the meeting. There will also be educational displays.

The Geriatric Update for the Primary Care Physician course will be held October 31, 2002. Course headquarters will be located in Leighton Auditorium on the second floor of the Siebens Medical Education Building, Mayo Medical Center, 100 Second Avenue Southwest, Rochester, Minnesota.

To register, complete the attached registration form and return by mail or fax. The registration fee includes tuition, continental breakfast, refreshment breaks, box lunch and comprehensive course syllabus. A letter of confirmation will be sent upon receipt of payment and completed registration form. Please present this letter when checking in at the meeting registration desk.
CANCELLATION POLICY

Your registration fee, less a $50 administrative fee, will be refunded when written notification is received by the Mayo School of Continuing Medical Education before October 17, 2002. No refunds will be made after October 17.

TRAVEL

Rochester, Minnesota, is a friendly city that greets thousands of visitors from around the world each year. The city is serviced by a modern international airport with multiple flights daily from Chicago and Minneapolis via American or Northwest Airlines. Downtown Rochester is located approximately 10 driving miles from the Mayo Medical Center complex. A bus and city cabs meets every flight. In addition, car rental is available at the airport.

For participants arriving via the Minneapolis/St. Paul International Airport, there is a shuttle service to Rochester available through Rochester Direct. For reservations and further information, call 507-280-9270.

American Airlines is the official carrier for this Mayo course. Reduced airfares are available for participants by calling American Airlines at 800-433-1790. Reference this course in star file #59988. The designated travel agency is AAA World Wide Travel. For additional assistance with airfare or ground transportation arrangements, call 800-888-9908.

LODGING ACCOMMODATIONS

Blocks of guestrooms have been reserved with special course rates at each of the following downtown Rochester hotels. To ensure accommodations and the discounted rate, please identify yourself as a participant of the Geriatric Update course.

<table>
<thead>
<tr>
<th>Kahler Grand Hotel</th>
<th>Rochester Marriott Hotel</th>
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<tr>
<td>20 Second Avenue SW</td>
<td>101 First Avenue SW</td>
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<tr>
<td>800-533-1655 or 507-282-2581</td>
<td>877-623-7775 or 507-280-6000</td>
</tr>
<tr>
<td>$82 single/double</td>
<td>$129 single/double</td>
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The hotels listed above are connected by skyway and pedestrian subway to conference facilities, downtown shops, restaurants and theaters. You may also wish to visit the Rochester Convention and Visitors Bureau website (www.rochestercvb.org) for additional accommodation options.

PARKING

Parking is available in hotel, city, and Mayo patient/visitor ramps. The cost for parking is not included in the registration fee. A map indicating the location of downtown parking facilities will be mailed with the registrant confirmation letter.

FACULTY

Course Director
Eric G. Tangalos, M.D.

Mayo Faculty
Robert C. Albright, D.O.
Mark D.P. Davis, M.D.
Mary Doucette
Christopher J. Jankowski, M.D.
Michelle A.O. Kinney, M.D.
Scott C. Litin, M.D.
Laure A. Maki
Gabrielle J. Melin, M.D.
Lyle J. Olson, M.D.
Charles H. Rohren, M.D.
Paul Y. Takahashi, M.D.
Elaine B. York, M.D.

Distinguished Guest Faculty
John E. Morley, M.B., B.Ch.
Dammert Professor of Gerontology
St. Louis University Medical School
St. Louis, Missouri
FACULTY DISCLOSURE

As a provider accredited by ACCME, Mayo Foundation must ensure balance, independence, objectivity and scientific rigor in its educational activities. All faculty participating in a Mayo Foundation activity are required to disclose commitments to and/or relationships with pharmaceutical companies, biomedical device manufacturers or distributors, or others whose products or services may be considered to be related to the subject matter of the educational activity. Faculty will also disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of these commitments and/or relationships will be published in course materials so those participants in the activity may formulate their own judgments regarding the presentation.

PROGRAM - OCTOBER 31, 2002

7:00 – 7:30 a.m.  Registration and Continental Breakfast
Leighton Auditorium
Siebens Medical Education Building, Floor 2

7:30 a.m.  Welcome
Eric G. Tangalos, M.D.

7:30 – 8:15 a.m.  Congestive Heart Failure
Lyle J. Olson, M.D.

8:15 – 9:00 a.m.  Chronic Renal Insufficiency
Robert C. Albright, D.O.

9:00 – 9:45 a.m.  Pain Management in the Elderly
Michelle A.O. Kinney, M.D.

9:45 – 10:15 a.m.  Refreshment Break

10:15 – 11:00 a.m.  Geriatric Dermatology
Mark D.P. Davis, M.D.

11:00 – 12:00 p.m.  Panel on Suicide/Depression in the Elderly
Panel Members:
Mary Doucette
Gabrielle J. Melin, M.D.
Paul Y. Takahashi, M.D.

12:00 – 12:30 p.m.  Lunch

12:30 – 1:30 p.m.  George Randolph & Patricia Scott Lectureship on the Physiology of Aging
Nutrition and Aging
John E. Morley, M.B., B.Ch.
St. Louis University Medical School
St. Louis, Missouri

1:45 – 2:30 p.m.  Case Studies in Anticoagulation Management
Scott C. Litin, M.D.

2:30 – 3:15 p.m.  Anesthesia Risk in the Elderly
Christopher J. Jankowski, M.D.

3:15 – 3:30 p.m.  Refreshment Break

3:30 – 4:30 p.m.  Case Discussions
Charles H. Rohren, M.D.
Elaine B. York, M.D.
Laure A. Maki
Geriatric Update for the Primary Care Physician
October 31, 2002

To register, complete and return this registration form by mail or fax. The registration fee of $185 (Physician) or $100 (Physician Assistant, Nurse Practitioner, Resident) includes tuition, continental breakfast, refreshment breaks, box lunch and comprehensive course syllabus. Pre-registration is required. A letter of confirmation will be sent upon receipt of payment and completed registration form. Enrollment is limited; early registration is encouraged.

Mail form and payment:

Phone: 800-323-2688
507-284-2509

FAX: 507-284-0532

Website: www.mayo.edu/cme

E-mail: cme@mayo.edu

Registration

Registration Fee:

Physician $185 $__________

Physician Assistant, Nurse Practitioner, Other $100 $__________

Total Fee: $__________

[ ] Check #__________ enclosed (made payable to Mayo Foundation)

[ ] Visa [ ] MasterCard [ ] Discover

Card Number                                             Expiration Date

Signature                                                                         Date

Please indicate your needs here: ________________________________

Please check if you have any special assistance needs or dietary restrictions.

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