Become a Healing Touch or Reiki Volunteer
Mayo Clinic Volunteer Programs

Overview: Healing Touch and Reiki are methods of providing comforting touch and presence to patients while hospitalized. Healing Touch and Reiki are increasingly being requested by patients. The Healing Touch/Reiki volunteer program will provide a centralized process for accessing and standardizing training, competency and availability of these services.

Orientation and Training

- Contact Mayo Clinic Volunteer Programs
- Provide Current Reiki or Healing Touch Certificate Records
  - Reiki volunteers need to have completed level II training
  - Healing Touch volunteers need to have completed level II training
  - Cost of training for Reiki and Healing Touch are the responsibility of the volunteer.
  - Complete a skills evaluation
- As a Mayo Clinic employee and/or a medical professional participating in the Reiki/Healing Touch service is done as a volunteer. As a volunteer you will not receive any financial compensation and will not perform or assist in any usual and customary patient care done by medical personnel
- Required to attend general orientation if not a current Mayo employee
  - As an employee or volunteer you will need to have:
- A current negative Tuberculosis Skin Test and all immunizations current
- Background study in your HR/volunteer file
- Have current Joint Commission requirements met: HIPAA, Safety/Security, Infection Control;
Integrity/Compliance

- Attend shadow orientation
- Required to attend service training with service chair or designee, and keep current on program requirements.

Education/Experience

Healing Touch/Reiki volunteers complete the training and orientation requirements. Previous experience in the hospital setting would be helpful. Volunteers must be a minimum of 18 years of age. Healing Touch/Reiki volunteers must have the ability to manage personal feelings stimulated by interaction with hospitalized patients and continue to offer support and appropriate relationships.

If interested, contact the Mayo Clinic Integrative Medicine Volunteer Coordinator
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Quiet the mind. Soothe the body. Restore the spirit.