

Ethics Continuing Medical Education Course

Geriatric Ethics



February 8-10, 2006

**Siebens Medical Education Building
Rochester, Minnesota**

**Presented by
Mayo Clinical Ethics Council
Mayo Clinic
Rochester, Minnesota**

General Information

Course Description

Aging is a complex process that presents many challenges for older adults. These challenges may create ethical issues for the individual as well as their family and caregivers. This course focuses on ethical dilemmas related to geriatric care, with the goal of providing caregivers with clinically-useful tools to address these dilemmas.

Course Learning Objectives

Upon completion of this conference, participants should be able to:

- Identify pertinent ethical issues in the care of elderly patients.
- Describe methods for maximizing the autonomy of elderly patients.
- Define and properly assess decision making capacity.
- Identify challenges associated with surrogate decision-making.
- Apply the rule of double effect.
- Identify the ethical and legal challenges associated with withholding and withdrawing life-sustaining treatments including artificial hydration and nutrition.
- Identify pressures upon the elderly to end their lives. Address the major arguments for and against physician assisted suicide.
- Differentiate end-of-life decision making options and motivations.
- Describe, identify and properly respond to elements of discrimination against the elderly in clinical practice, research and society.

Intended Audience

This course is designed for clinicians, nurses, physician assistants, nurse practitioners, chaplains, social workers, hospital and clinic administrators, and others involved in patient care, plus ethics educators and other individuals interested in clinical ethics issues.

Credit

Mayo Clinic College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Mayo Clinic College of Medicine designates this educational activity for a maximum of 18 category 1 credits toward the AMA Physician's Recognition Award. Each physician should claim only those credits he/she actually spent in the activity. Also, the American Medical Association has determined that non-U.S. licensed physicians who participate in this CME activity are eligible for AMA PRA category 1 credit.

Mayo Nursing Continuing Education is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. Participants attending the entire course will receive 21.6 contact hours.

Other health care professionals will be provided a certificate of attendance for requesting credit in accordance with state nursing boards, specialty societies or other professional associations.

Date and Location

The Mayo Clinical Ethics Council is presenting the Intensive Ethics Education Course, Geriatric Ethics, February 8-10, 2006. Registration and sessions will be located in Leighton Auditorium on the second floor of the Siebens Medical Education Building, Mayo Clinic, 100 Second Avenue Southwest, Rochester, Minnesota. Meeting facilities are easily accessible by pedestrian subway and skyway, which connect Mayo Clinic to hotels, shops and restaurants.

Registration

To register, mail the attached registration form with payment or register online at <http://www.mayo.edu/cme/feb2006.html>. The registration fee includes tuition, course syllabus, continental breakfasts, lunches, break refreshments and Thursday's dinner. As seating is limited to accommodate the interactive nature of the sessions, early registration is strongly advised. A letter of confirmation will be sent upon receipt of payment and completed registration form.

Cancellation Policy

Your registration fee, less a \$75 administrative fee, will be refunded when written notification is received by the Mayo School of Continuing Medical Education before January 23, 2006. No refunds will be made after January 23, 2006.

Travel

Rochester, Minnesota, is a friendly city that greets thousands of visitors from around the world each year. The city is serviced by a modern international airport with multiple flights daily from Chicago, Detroit, Dallas-Fort Worth, and Minneapolis via American or Northwest Airlines. Access to and from the airport is provided by taxi cab and shuttle service. The airport is located approximately 10 driving miles from the Mayo Clinic complex.

Lodging

Blocks of guestrooms have been reserved with special course rates at the following downtown Rochester hotels. To ensure accommodations and the discounted rate, make your reservations by January 17, 2005 and identify yourself as a participant of the *Geriatric Ethics Course*.

Hilton Garden Inn

225 South Broadway
800-445-8667 or 507-285-1234
\$93 single/double

Rochester Marriott Hotel

101 First Avenue SW
877-623-7775 or 507-280-6000
FAX 507-529-0711
\$109 single/double

You may wish to visit the Rochester Convention and Visitors Bureau web site (www.rochestercvb.org) for additional accommodation options.

Parking

Parking is available in hotel, city, and Mayo patient/visitor ramps. The cost for parking is not included in the registration fee. A map indicating the location of downtown parking facilities will be mailed with the registrant confirmation letter.

Faculty

Course Co-Directors

C. Christopher Hook, M.D.

Past Chair, Mayo Clinical Ethics Council
Consultant, Division of Hematology
Assistant Professor of Medicine,
Mayo Clinic College of Medicine

Paul S. Mueller, M.D.

Chair, Mayo Clinical Ethics Council
Consultant, Division of General Internal
Medicine
Assistant Professor of Medicine,
Mayo Clinic College of Medicine

Mayo Clinic in Rochester Faculty

Michael P. Bannon, M.D.

Sr. Mary E. Crowley, M.A.

Kevin C. Fleming, M.D.

Kemuel L. Philbrick, M.D.

Kevin J. Whitford, M.D.

Guest Faculty

Robert D. Orr, M.D.

Director of Ethics, Fletcher Allen Health Care,
Burlington, Vermont
Professor of Family Medicine, University of
Vermont College of Medicine, Burlington

Daniel P. Sulmasy, OFM, MD, PhD

Sisters of Charity Chair in Ethics
John J. Conley Department of Ethics
St. Vincent's Hospital Manhattan
Professor of Medicine and Director of the
Bioethics Institute
New York Medical College

Faculty Disclosure

As a provider accredited by ACCME, Mayo Clinic College of Medicine (Mayo School of CME) must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course Director(s), Planning Committee Members, Faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty also will disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of these relevant financial relationships will be published in course materials so those participants in the activity may formulate their own judgments regarding the presentation.

Program Schedule

Wednesday, February 8, 2006

- 7:30 a.m. Registration and Continental Breakfast
8:15 a.m. Welcome/Introduction to Audience Response System
Course Directors
8:30 a.m. The Challenges of Aging: The Context of Geriatric Ethics
Paul S. Mueller, M.D.
9:15 a.m. The Challenge of Disposable Elders: The Devaluing of Wisdom
in Contemporary American Culture
C. Christopher Hook, M.D.
10:00 a.m. Refreshment Break
10:30 a.m. The Challenge of an Aging Population: Justice in Geriatric Ethics
Kevin C. Fleming, M.D.
Noon Refreshment Break/Box Lunch
12:30 p.m. The Challenge of Preserving Autonomy When Facing Death:
Assisted Suicide and Euthanasia
Robert D. Orr, M.D.
1:30 p.m. The Challenge of Feeding and Caring: Ethical Dilemmas Related
to Artificial Hydration and Nutrition and Other Life-Sustaining
Treatments
Michael P. Bannon, M.D.
3:00 p.m. Refreshment Break
3:30 p.m. The Challenge of Helping and Not Harming: The Rule of Double
Effect Palliative Care
Dan Sulmasy, M.D.
5:00 p.m. Adjourn

Thursday, February 9, 2006

- 8:00 a.m. Continental Breakfast
8:30 a.m. The Challenge of Losing Capacity: The Historical Self, the
Present Self and Personhood
Kemuel L. Philbrick, M.D.
10:00 a.m. Refreshment Break
10:30 a.m. The Challenge of Trying to Hear the Patient's Voice:
Maximize the Elder's Autonomy
Paul S. Mueller, M.D.
Noon Luncheon
1:30 p.m. The Challenge of Deciding for Others: The Ethics of Surrogacy
Kevin J. Whitford, M.D. and Sr. Mary E. Crowley, M.A.
3:00 p.m. Refreshment Break
3:30 p.m. The Challenge of Defining the Goals of Treatment:
The Battleground of Futility
Robert D. Orr, M.D.
5:00 p.m. Adjourn
5:30 p.m. Dinner for Course Attendees and Faculty
Program: "Special Ethics Consultation"
(Two of the course's 18 credit hours are for this segment.)
C. Christopher Hook, M.D. and Paul S. Mueller, M.D.
8:15 p.m. Program Concludes

Friday, February 10, 2006

- 8:00 a.m. Continental Breakfast
8:30 a.m. The Challenge of Staying Out of Trouble: The Ethics of
Preventive Medicine
Dan Sulmasy, M.D.
10:00 a.m. Refreshment Break
10:30 a.m. The Challenge of Wishful Thinking: The Ethics of Life Extension
Technologies
C. Christopher Hook, M.D.
Noon Adjourn

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Mail or fax with payment to:

Mayo School of Continuing Medical Education
 Plummer 2-60
 200 First Street SW
 Rochester, MN 55905

Phone 800-323-2688 or 507-284-2509
 FAX 507-284-0532
 E-mail cme@mayo.edu
 Web site <http://www.mayo.edu/cme>

Register on-line at <http://www.mayo.edu/cme/feb2006.html>

Contact Information

Name of Registrant - first name, middle name or initial, and last name		Degree - select all that apply <input type="checkbox"/> MD <input type="checkbox"/> PhD <input type="checkbox"/> DO <input type="checkbox"/> PA <input type="checkbox"/> NP <input type="checkbox"/> RN <input type="checkbox"/> Other - specify:	
Name of Institution		Medical Specialty	
Preferred Mailing Address - select one <input type="checkbox"/> Work/Business <input type="checkbox"/> Home			
Work/Business Address - street address		Work Phone - include all country and city/area codes as needed along with complete phone number	
City	State or Province	ZIP or Postal Code	Country
Home Address - street address		Home Phone - include all country and city/area codes as needed along with complete phone number	
City	State or Province	ZIP or Postal Code	Country
E-mail Address		FAX - include all country and city/area codes as needed along with complete phone number	FAX Location - select one <input type="checkbox"/> Work/Business <input type="checkbox"/> Home

SPECIAL NEEDS

If you have special assistance needs or dietary restrictions, describe here:

Credit/Registration

Indicate type of credit you wish to receive <input type="checkbox"/> AMA/Category 1 <input type="checkbox"/> ANCC	
Registration Fee: Physicians -	\$400 \$ _____
Residents, Nurses, Physician Assistants, Nurse Practitioners, Chaplains, Social Workers, Administrators, other Allied Health Staff -	\$300 \$ _____
Dinner Guest Reservation: Cost of the Thursday evening dinner is included in the registration fee.	
<input type="checkbox"/> Yes, I will attend with _____ additional guests.	\$30 \$ _____
<input type="checkbox"/> I will not be able to attend the Thursday Dinner.	

Payment Information

<input type="checkbox"/> Check is enclosed in the amount shown at right - make checks payable to Mayo Foundation			Payment Total
Credit Card - select one <input type="checkbox"/> Discover <input type="checkbox"/> MasterCard <input type="checkbox"/> Visa	Account Number	Exp Date - mm/yy	
Name of Cardholder - as it appears on the card		Signature of Cardholder - required X	



200 First Street SW
Rochester, Minnesota 55905

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