Mayo Clinic School of Continuous Professional Development

Psychiatry and Psychology
Continuing Education 2017 Offerings
Psychiatry in Medical Settings
February 9-11, 2017
Fairmont Scottsdale Princess
Scottsdale, Arizona

The Psychiatry in Medical Settings course returns for its sixth year. The course will provide up to date reviews of depression, anxiety, dementia, suicide risk, substance use, and personality factors in medical-surgical patients. Updates also will be provided on somatic symptom disorders, functional neurologic disorders, functional gastrointestinal disorders, and psycho-oncology. Each day will include a featured topic that will be covered in depth by a group of medical and behavioral specialists through well-coordinated didactic presentations, panel discussions, and interactive workshops.

The course has been well-attended by both mental health and general medical practitioners, providing opportunities for free exchange of ideas from multiple vantage points. The 2017 course will include faculty from Mayo Clinic campuses in Minnesota, Arizona and Florida.

Effective Clinical Management of Borderline Personality Disorder
April 19, 2017
UCLA Faculty Center
Los Angeles, California

This course will teach psychiatrists and other clinicians what is needed to become capable and comfortable in treating patients with borderline personality disorder (BPD). The course is co-led by Dr. John Gunderson from McLean Hospital/Harvard Medical School, Dr. Brian Palmer from Mayo Clinic, and Dr. Robin Kissell from David Geffen School of Medicine - UCLA.

The course begins with a focus on interpersonal hypersensitivity as a unifying feature of the disorder. Through interactive cases and ample time for questions and answers, participants will develop skills in diagnosing BPD, understanding its course and outcome, starting a treatment, applying principles of psychopharmacology, and effectively collaborating in multi-provider treatments. Basic information about the impact of BPD on other psychiatric and medical disorders (and vice-versa) will help participants more effectively formulate care and treatment of patients with BPD and other disorders.

Aeschi 9: Suicide Across the Lifespan: Relational Models of Treatment
June 8-10, 2017
Sonnenalp Hotel
Vail, Colorado

After six biennial conferences in the Swiss Alps, the Aeschi group will hold its third North American conference at the world-class Sonnenalp Hotel in the Colorado Rockies. The conference will be built around a series of videos illustrating key concepts in narratives, assessment and treatment of patients at risk for suicide. National and international experts acting as teachers and discussants will engage in intimate and probing exchanges of ideas with participants whose number will be limited to 120 to preserve the collegial and safe atmosphere that has characterized all Aeschi conferences.
New in 2017, the Psychiatry Board Review course is unlike any other psychiatry board review course. It is aimed at graduating residents and psychiatrists who are re-certifying for their American Board of Psychiatry and Neurology (ABPN) boards – as well as psychiatrists looking to increase their overall fund of knowledge. Unlike question banks and online topic reviews, this course intentionally integrates self-assessments, focused lectures, and repeated quizzes – the most powerful tool for increasing knowledge. It applies the best in education science to the processes of mastering board content and draws on the considerable depth of Mayo Clinic faculty in both psychiatry and neurology.

MOC Self-Assessment activity is pending ABPN approval.

Primary care providers are on the front line of identifying and treating mental health problems. The primary care setting is often viewed by patients as a more acceptable and accessible mental healthcare home than specialty psychiatry and psychotherapy settings. Large-scale research trials demonstrate the effectiveness of collaborative care of mental health disorders in the primary care setting. Yet, primary care providers and systems are stretched. In this course we will review the art and science of team-based integrated behavioral health services in the primary care setting.

For those interested, expert trainers in the Collaborative Care Model, as part of the Centers for Medicare and Medicaid Services (CMS) Transforming Clinical Practice Initiative (TCPI), will provide a workshop (meeting American Psychiatric Association standards) emphasizing the key elements of the model (team-driven, population-focused, measurement-guided, and evidence-based) with emphasis on tools and resources for practice redesign.

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Approaches to Pediatric Mood and Related Disorders will focus on presenting an update on developments in the diagnosis, assessment and treatment of pediatric mood disorders and related conditions. Specific areas of focus will include unipolar depression, bipolar disorder, suicidal behavior, anxiety, ADHD, eating disorders, and medical complexities. Course faculty will emphasize an evidence-based approach to management highlighting cutting edge research from structured psychotherapeutic approaches, psychopharmacology, neuroimaging, and emerging therapeutics in children and adolescents. Experts will present content related to hospital, outpatient, and integrated behavioral health practice settings. The course will include highly focused didactic sessions as well as multiple breakout sessions for more detailed conversation.
Principles in the Care of Transgender and Intersex Patients  
September 7-9, 2017  
La Fonda on the Plaza  
Santa Fe, New Mexico  

Health care providers have for the last several years been seeing in their practices an influx of transgender and intersex people seeking sensitive and appropriate care. This pioneering course will offer cutting-edge perspectives and practical evidence-based principles for working with these patients before, during, and after transition. Both national and international experts and clinicians from Mayo’s Transgender and Intersex Multidisciplinary Clinic will instruct attendees in medical, surgical, psychosocial, and legal/ethical issues in transgender and intersex care. Participants will leave with the skills to provide progressive and informed care to this emerging and increasingly visible patient population.

Psychiatry Clinical Reviews  
October 5-7, 2017  
InterContinental Chicago Magnificent Mile  
Chicago, Illinois  

Our flagship course, Psychiatry Clinical Reviews is known for providing clinically relevant updates for management of psychiatric problems across all care settings. Topics to be covered include mood disorders, anxiety disorders, psychotic disorders, child and adolescent psychiatric treatment, psychotherapy techniques and strategies, sleep disorders, and a neurology update. The course is enjoyable and fast-paced. All participants surveyed over the past five years have found it to be a positive learning experience.

The American Board of Psychiatry and Neurology, Inc. has reviewed the Mayo Clinic Psychiatry Clinical Reviews 2016 self-assessment and has approved this program as part of a comprehensive Self-Assessment CME program, which is mandated by the ABMS as a necessary component of Maintenance of Certification.

Frontiers in Addiction Treatment  
November 3, 2017  
Assisi Heights  
Rochester, Minnesota  

Designed for medical professionals & addiction counselors, this course will immerse attendees over one day in the latest substance use assessment, diagnosis & treatment modalities. Expert Mayo staff & invited guests will provide insights on cutting edge treatments in the field.

For more information or to register for courses:  
Web:  
Phone:  800-323-2688 (toll free)  
E-mail:  cme@mayo.edu  
Facebook:  facebook.com/MayoMedEd
Thank you for your interest in our 2017 continuing education portfolio. At Mayo Clinic Department of Psychiatry and Psychology, we take pride in offering the highest quality continuing medical education for clinicians to enhance the care of their patients. Our educational offerings are built around master educators/clinicians providing relevant, engaging and evidence-based continuing education.

All of our programs are based on key principles. First, our education is dynamic, highly interactive and relevant to your individual practice. Education provided is case-based and draws on principles gained from clinical research and our expertise in treating highly complex patients. Our courses utilize a combination of intense case-based sessions along with brief and highly focused larger lectures. Each course is unique, but our intent and philosophy is to bring learners and master educators/clinicians together to collaborate to improve patient care.

Our 2017 portfolio includes popular annual courses including our Psychiatry Clinical Reviews, Psychiatry in Medical Settings, and Effective Clinical Management of Borderline Personality Disorder. The portfolio also includes Psychiatry Board Reviews. New in 2017, this course is aimed at graduating residents and psychiatrists who are re-certifying for their boards – as well as psychiatrists looking to increase their overall fund of knowledge.

Our new 2017 offerings include an innovative course on Principles in the Care of Transgender and Intersex patients, an update on Frontiers in Addiction Treatment, and an examination of Integrated Behavioral Health in Primary Care.

This brochure is intended to provide background information and allow for you to plan your schedule around attendance. For more detailed information regarding each of our courses, please go to the Mayo Clinic School of Continuous Professional Development (MSCPD) webpage at ce.mayo.edu for more details.

Mark A. Frye, M.D.
Professor and Chair
Department of Psychiatry & Psychology
Director, Mayo Clinic Depression Center

Brian A. Palmer, M.D., M.P.H.
Co-Chair, Education
Department of Psychiatry & Psychology
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