2015 Mayo Clinic Nursing Evidence-Based Practice Conference

Translating Evidence: Increasing Value

Tuesday, March 3, 2015
Mayo Clinic
Rochester, Minnesota

Provided by
Mayo Continuing Nursing Education
Winona State University
Kappa Mu Chapter - Sigma Theta Tau International
Conference description and goals
This one-day conference will draw attention to the value of translating evidence to practice. Participants will be provided a forum to dialogue with colleagues about the opportunities and challenges encountered in the translation of evidence to practice.

The goals of the conference are to:
• Promote opportunities for scholarly networking
• Differentiate goals of evidence-based practice from quality improvement and research
• Identify strategies for facilitating implementation of best practice initiatives.

Featured faculty
Dr. Paul Cook, a clinical psychologist, is an associate professor at the University of Colorado College of Nursing. He has been the principal investigator on grants from the National Institutes of Health, private industry and other organizations. He currently chairs the college’s Research Committee. In addition, Dr. Cook serves as program evaluator for the Health Resources and Services Administration (HRSA)-funded Mountain-Plains AIDS Education and Training Center, a Substance Abuse And Mental health Services Administration (SAMHSA)-funded nurse training grant on screening and brief intervention for substance use, and a Center for Disease Control (CDC)-funded capacity-building grant for HIV prevention. In a previous position he was responsible for all quality improvement activities in the Specialty Division of Centene Corporation, a private-sector Medicaid Health Maintenance Organization (HMO). Dr. Cook advises students in both the PhD and DNP programs at the University of Colorado Denver. These varied experiences have made him “bilingual” in the languages of evidence-based practice/quality improvement and research. He will be speaking about the similarities between these complementary approaches to nursing science.

Date and location
The conference will be held Tuesday, March 3, 2015, in Phillips Hall, first floor, Siebens Building, Mayo Clinic, 100 Second Avenue SW, Rochester, Minnesota.

Intended audience
This conference is designed for nurses, nursing students, educators, and other healthcare providers interested in evidence-based practice initiatives.

Poster session
Posters will be presented throughout the day. Nursing colleagues will share innovative ideas, nursing research, and practice issues over breakfast and breaks.

Continuing education credit
Mayo Continuing Nursing Education is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

Participants can earn up to 6.75 ANCC nursing contact hours for attendance at the conference and completion of the evaluation.
Register before Tuesday, February 10, 2015

The conference registration fee of $155 includes instructional materials, breakfast, and break refreshments. Lunch will be on your own. A student rate of $85 is available. Please bring proof of current student status to the conference (for example, a copy of your student identification card). Pre-registration is required and preferred by Tuesday, February 10, 2015. Registrations received after February 10, 2015 will be accepted on a space-available basis.

Visit http://cne.education-registration.com to register.

Out of respect for conference participants, children are restricted from the conference.

Cancellations

If you cancel your participation in this conference, your registration fee, less an administrative fee, will be refunded when written notification is received by Mayo Continuing Nursing Education before February 10, 2015 (fax#: 507-266-6910 or e-mail: cne@mayo.edu). No refunds will be made on or after February 10, 2015.

Mayo Continuing Nursing Education reserves the right to cancel or postpone any conference due to unforeseen circumstances. In the unlikely event Mayo Continuing Nursing Education must cancel or postpone this conference, Mayo Continuing Nursing Education will refund the registration fee, but is not responsible for any related costs, charges, or expenses to participants, including fees assessed by airline/travel/lodging agencies.

Lodging and parking

Rooms have been reserved for conference participants and their guests at the Doubletree by Hilton Hotel Rochester – Mayo Clinic Area (507-281-8000) at a rate of $139 per night and the Centerstone Plaza Hotel Soldiers Field – Mayo Clinic Area (800-366-2067) at a rate of $85 per night. The rates listed may be extended before and after the conference based on availability. To ensure accommodations, please make your reservation by Monday, February 9, 2015. Reservation requests received after this date will be accepted on a space available basis.

Visit www.mayoclinic.org/travel-rst/maps.html for a map indicating the location of downtown parking facilities. The cost of parking is not included in the registration fee.

About Mayo Clinic

Mayo Clinic’s mission is to inspire hope and contribute to health and well-being by providing the best care to every patient through integrated clinical practice, education, and research.

Mayo Continuing Nursing Education conducts educational conferences that will advance nursing practice.

Mayo Clinic in Rochester, Minnesota, has been granted Magnet® Recognition for Nursing Excellence by the American Nurses Credentialing Center.
This conference is jointly provided with: Winona State University, Department of Nursing, has been providing high quality nursing education in southeast Minnesota for over 40 years. Programs are located in Winona and Rochester, Minnesota and other regional campuses, and include undergraduate nursing, RN Completion, Master’s, and DNP programs.

Kappa Mu Chapter - Sigma Theta Tau International, a nursing honor society, recognizes superior achievement, develops leadership qualities, fosters high professional standards, encourages creative work and strengthens commitment to the ideas of purposes of the profession.

For more information
Contact Mayo Continuing Nursing Education at 800-545-0357 or 507-266-1007, fax 507-266-6910, or e-mail cne@mayo.edu. Visit our web site at http://cne.education-registration.com

Multiple brochures?
Mayo Continuing Nursing Education uses multiple mailing lists and cannot always eliminate duplications. Please post or share extra brochures with colleagues.

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Watch the Mayo Continuing Nursing Education web site at http://calendar.cne-registration.com for more information on the following 2015 conferences and courses.
• Diabetes Nursing
• 32nd Annual Minnesota Geriatric Care Conference
• Advanced Practice Nursing Conference: Care Through the Ages
• Cardiac and Vascular Nursing Review Course
• 22nd Annual Heart Disease and Stroke Conference: Getting to the Heart of the Matter
• 2015 Brain Injury Conference
• 2015 Psychiatric Nursing Conference
• Oncology Nursing Review Course
• 2015 Cancer Care Conference
• Mayo Clinic Medical Surgical Nursing Conference: Quest for Best Outcomes
• 2015 LPN Clinical Practice Review
• Medical Surgical Nursing Review Course
Schedule

7:00 a.m. Registration, Breakfast, and Posters
7:45 a.m. Welcome and Announcements
8:00 a.m. Plenary Session
Pathways for Building Nursing Science Through Quality Improvement, Evidence-Based Practice and Research
Paul F. Cook, PhD, Psychologist
College of Nursing-University of Colorado, Aurora, Colorado
9:15 a.m. Break and Posters
9:45 a.m. Concurrent Session I
11 Using Evidence of Stress Management Training for New Nurses to Inform Best Practice
Sherry S. Chesak, PhD, RN, Mayo Clinic, Rochester, Minnesota
12 Evidence-Based Practice: Essential Oils for Sleep
Susanne M. Cutshall, DNP, RN, CNS, Mayo Clinic, Rochester, Minnesota
13 From Disjointed to Designed: Deploying an Advanced Practice Nurse in a Nurse Navigator Role to Develop and Implement an Evidenced-Based, Cost-Effective Total Joint Program
Chad D. Bailey, MN, FNP, ARNP, Kootenai Health, Coeur D’Alene, Idaho
10:30 a.m. Travel Break
10:45 a.m. Concurrent Session II
21 Addressing Role and Leadership Competencies in Graduate Education: Evidence-Based Practice Leadership Projects
Julie A. Ponto, PhD, RN, AGCNS-BC, AOCNS®, Winona State University, Rochester, Minnesota
22 Achieving the New CMS Blood Glucose SCIP Metric in Post-Operative Cardiac Surgery Patients
April I. Faas, MS, RN, ACNS-BC, CCRN-E, OSF Saint Anthony Medical Center, Rockford, Illinois
23 The Effects of Unit-Specific Evidence Based RBC Transfusion Guideline on Clinical Practice: Adherence Review and Cost-Saving Analysis
Lindsay A. Beniwal, MS, RN, CNS, Mayo Clinic, Rochester, Minnesota
11:30 a.m. Lunch (on your own)
12:30 p.m. Plenary Session II
From Evidence to Action: Facilitating Practice Change (Panel Discussion to Follow)
Sherry Wolf, MS, RN, ACNS-BC, AOCNS®, Mayo Clinic, Rochester, Minnesota
Panel Faculty
M. Ellen Joswiak, MA, RN-BC, Mayo Clinic, Rochester, Minnesota
April A. Bursiek, MSN, RN, Mayo Clinic, Rochester, Minnesota
Vicki Loeslie, DNP, RN, CNP, Mayo Clinic, Rochester, Minnesota
2:00 p.m. Break and Posters
2:30 p.m. Concurrent Session III
31 Cultural Mindfulness in Healthcare
Roxanne L. Vandendries, MSN, RN, South Dakota State University, Brookings, South Dakota
32 Catch a Wave: Using ECG Waveform to Confirm PICC Tip Location
Leslie A. Strasser, MSN, RN, Mayo Clinic, Rochester, Minnesota
33 Step Forward in an Emergency: Mock Codes – Preparing Nurses for the Real Deal
Megan D. Herbers, BS, RN, Mayo Clinic, Rochester, Minnesota
3:15 p.m. Travel Break
3:30 p.m. Plenary Session III
Less Than 17 Years: Getting Evidence Into Practice
Paul F. Cook, PhD, Psychologist
College of Nursing-University of Colorado, Aurora, Colorado
4:15 p.m. Summary
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