Cancer Survivorship:
Rehabilitation Through the Continuum of Care

Saturday, March 7, 2015
Doubletree Hotel, Rochester, MN

Course Directors:
Jenny Bradt, PT, CLT-LANA
Ann Lund, OTR/L, CHT, CLT

http://pmr.education-registration.com/register/listing/30267l
register online now!

Follow us on Twitter at http://twitter.com/mayoclinicpmr

If you already received a copy of this brochure, please give this brochure to an interested colleague.
COURSE DESCRIPTION

As cancer treatment has become more effective, the number of cancer survivors has increased. These individuals have specific rehabilitation needs due to the early and late effects of their cancer treatment. Collaborative cancer survivorship programs are growing in number across the nation, and rehabilitation specialists are poised to contribute significantly towards establishing these programs. This course will review current cancer treatments including chemotherapy and radiation treatment, in order to understand the impact on the musculoskeletal, integumentary, and cardiopulmonary systems. Furthermore, a review of current concepts in cancer survivorship will provide greater background in the goals of these programs. The desired outcome is to provide regional providers with tools needed to bring comprehensive cancer survivorship programs to their home communities. Collaborative cancer treatment programs have increased in number, and this rehabilitation conference underscores PM&R’s unique contribution to the survivorship model.

COURSE LEARNING OBJECTIVES

Upon conclusion of this program, participants should be able to:

• Understand the treatment effects of external beam radiation treatment to tissue in order to develop a safe and effective treatment plan to individuals following radiation treatment.
• Understand the early and late side effects of chemotherapy in the cancer survivor in order to tailor an appropriate rehabilitation program for return to optimal function.
• Establish a cancer rehabilitation program that is supported by emerging clinical practice guidelines for cancer survivors.
• Incorporate mindfulness based physical activity concepts into a comprehensive exercise program for the cancer survivor.
• Implement appropriate manual techniques, exercise principles, and compression for breast cancer survivors in order to improve upper extremity function, exercise participation, and quality of life.

Attendance at this Mayo course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

INTENDED AUDIENCE

Physical Therapists
Physical Therapist Assistants
Occupational Therapists
Occupational Therapy Assistants
Physicians
Nurses
Health Care Professionals
CREDIT

Sponsored by the Program in Physical Therapy, College of Medicine, Mayo Clinic. This course meets the criteria for 6.25 category I Continuing Education Units per Minnesota Physical Therapy Rules 5601.2400, 5601.2500.

Mayo Clinic - Rochester Campus is an approved provider of continuing education by the American Occupational Therapy Association #5660. The assignment of AOTA CEUs does not imply endorsement of specific course content, products or clinical procedures by AOTA. At the conclusion of this conference, participants will be awarded a certificate for up to 0.6 AOTA CEUs.

At the conclusion of this conference, participants will be awarded a certificate for up to 6.25 contact hours maximum based on actual contact hours. Please see your state specific requirements for O.T. licensure credits.

EXHIBITS

At the time of this printing, a complete listing of commercial supporters (financial or in-kind) was not available. Appropriate acknowledgment will be given to all supporters at the time of the meeting.

Exhibits will be available for viewing at all scheduled breaks.

REGISTRATION

To register online, visit http://pmr.education-registration.com/register/listing/30267. The registration fee includes tuition, a downloadable course syllabus, continental breakfast, and designated breaks. Although it is not Physical Medicine and Rehabilitation Therapy Services policy to limit the number of registrants for a course, conference room facilities may necessitate closing of enrollment; therefore, early registration is advised. An email confirmation will be sent upon completion of the registration form.
CANCELLATION POLICY

If you cancel your participation in this course, your registration fee, less a 25% administrative fee, will be refunded when written notification is received by Physical Medicine and Rehabilitation Education Committee up to 14 days prior to the course. No refunds will be made after that date. The Physical Medicine and Rehabilitation Education Committee reserves the right to cancel or postpone any course due to unforeseen circumstances. In the unlikely event a course must cancel or be postponed, the Mayo Clinic – Physical Medicine and Rehabilitation Education Committee will refund the registration fee but is not responsible for any related costs, charges, or expenses to participants, including fees assessed by airline / travel / lodging agencies.

LODGING ACCOMMODATIONS

Limited guest rooms have been reserved for attendees and their guests with a special course rate of $129.00 plus tax per night for single or double occupancy standard rooms at the Doubletree by Hilton – Mayo Clinic Area. Reservations may be made by calling (507) 281-8000 Lodging arrangements are the sole responsibility of the individual registrant. The guest room block is located under the name Advanced Lymphedema Management Course and will be available through February 12, 2015.

PARKING

Parking is available in hotel or city parking ramps. The cost for parking is not included in the registration fee.

FACULTY

<table>
<thead>
<tr>
<th>Name</th>
<th>Institution</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jenny Bradt, PT, CLT-LANA</td>
<td>Physical Medicine and Rehabilitation</td>
</tr>
<tr>
<td>Andrea Cheville, MD</td>
<td>Physical Medicine and Rehabilitation</td>
</tr>
<tr>
<td>Sarah Christensen, MA</td>
<td>Cancer Education Program</td>
</tr>
<tr>
<td>Jeri Lensing</td>
<td>American Cancer Society</td>
</tr>
<tr>
<td>Ann Lund, OTR/L, CHT, CLT</td>
<td>Physical Medicine and Rehabilitation</td>
</tr>
<tr>
<td>Robert Mutter, MD</td>
<td>Radiation Oncology</td>
</tr>
<tr>
<td>Kathryn Ruddy, MD</td>
<td>Medical Oncology</td>
</tr>
<tr>
<td>Daniela Stan, MD</td>
<td>Breast Diagnostic Clinic</td>
</tr>
</tbody>
</table>
program

7:30 a.m.-8:30 a.m.  Registration & Continental Breakfast
8:30 a.m.-9:30 a.m.  Current Perspectives and Emerging Issues on Cancer Rehabilitation  
  Andrea Cheville, MD
9:30 a.m.-10:30 a.m.  Chemotherapy and the Cancer Survivor: What Every Therapist Should Know  
  Kathryn Ruddy, MD
10:30 a.m.-11:00 a.m.  Refreshment Break (Provided)
11:00 a.m.-12:00 p.m.  Radiation Treatment and the Cancer Survivor: What Every Therapist Should Know  
  Robert Mutter, MD
12:00 p.m.-1:00 p.m.  Lunch (Provided)
1:00 p.m.-2:00 p.m.  The Role of Mindfulness-Based Physical Interventions and Pilates for the Breast Cancer Survivor  
  Daniela Stan, MD
2:00 p.m.-3:00 p.m.  Therapy Intervention for the Breast Cancer Survivor: Education, Exercise, Manual Therapy, and Compression  
  Jenny Bradt, PT, CLT-LANA & Ann Lund, OTR/L, CHT, CLT
3:00 p.m.-3:30 p.m.  Break (Snack Provided)
3:30 p.m.-4:30 p.m.  Education for the Cancer Survivor: Providing Resources for the Emotional and Physical Demands of Cancer Treatment  
  Sarah Christensen, MA & Jeri Lensing
4:30 p.m.-4:45 p.m.  Questions & Discussion  
  Jenny Bradt, PT, CLT-LANA & Ann Lund, OTR/L, CHT, CLT

registration

Please register by February 14, 2015.
We now have online registration at the below website:  
http://pmr.education-registration.com/register/listing/30267

You will need to:
1. Find the appropriate course.
2. Create a profile.
3. Complete the registration form.

If questions please contact:
  PM&R Therapy Services
  Mayo Clinic (Mayo 14)
  200 First Street SW
  Rochester, MN 55905
  Telephone: (507) 293-1541

TUITION

PT, PTA, OT, OTA: $200.00
AOTA Member: $180.00

Please access conference schedule and details at: http://pmr.education-registration.com/register/listing/30267
Cancer Survivorship:
Rehabilitation Through the Continuum of Care

Saturday, March 7, 2015
DoubleTree by Hilton Hotel
Rochester, MN

http://www.mayoclinic.org/physicalmedicine-rst/education.html