Mayo Clinic is an exciting place to learn and practice. Here is a snapshot of the learning environment, which gives you a look at what makes Mayo a world leader in medical education, research and health care.

Learning Community

- 13 current Endocrine fellows; 4 per year, plus 1-2 CI/NIH positions
- More than 2000 residents, fellows, and predoctoral students at Mayo Clinic Rochester.
  - Highly ranked Internal Medicine Residency Program
- Mayo Fellows Association links like-minded trainees together
- More than 600 Internal Medicine faculty (no private attendings).
- 42 on staff in Endocrinology & Metabolism; 30% female.

Patient Base and Care Environment

- On a typical day, approximately 5,700 patients receive care at Mayo Clinic Rochester.
  - Approximately 80% of patients are from Minnesota, Iowa or Wisconsin. Patients travel from every state and 25 countries.
- Mayo Clinic Hospital — Rochester (Saint Marys campus and Methodist campus), all clinic buildings are within walking distance
- Multiple departments ranked in the 2016 U.S. News & World Report "National Top 10 Specialty Rankings." Endocrinology ranked #1 for 17 consecutive years
• U/S guided Thyroid FNA performed in Endocrinology: 800 per year
  • Average fellow performs 60 - 70 U/S guided FNA
• Endocrine Testing Center (ETC)
  • performs over 4,000 specialized diagnostic procedures of static and dynamic hormone function testing annually
  • opportunity to gain experience in the conduct and interpretation of specialized endocrine procedures
• Fellows see any and all patients (no “private” patients)
  • Uncommon disorders are commonly seen. All fellows will evaluate and manage multiple patients Cushing’s, pheochromocytoma, insulinomas, acromegaly, etc.
  • Fellows staff patients with subspecialists in the disorder being managed

Scholarship
• Over 260 peer reviewed articles have been published by the Division of Endocrinology faculty in 2015.
  • Average scholarly activity per fellow: 4 national presentations, 3 publications and 3 abstracts.
• 12 – 21 months of dedicated, mentored research time in area of interest to the fellow.
• Olmsted County database to perform population-based studies.
• Laboratory based research
  • Clinical research Unit (CRU)
  • Training grant for additional years of mentored support
• Center for Clinical and Translational Science (CCaTS)
  • Selected coursework (free) and Certificate or Master’s degree in Clinical Research
• Healthcare Delivery Science
• Mayo Clinic Biobank
• Many more centers, programs, core laboratories and mentors

Schedule & Travel
• Over three years, fellows average 33% of their time in the outpatient settings, 10% inpatient, 5% procedures, 10% elective, and 33% research (Clinical Scholar Track) or 50% research (Research Career Track).
  • No in-house call required on any rotation. Two months pager call at night over the three-year fellowship.
• Elective travel opportunities (with housing provided) are available at Mayo Clinic sites in Florida, Arizona
• Monthly endocrinology clinic at community practices at Mayo Health System sites.
• International Health Program: Mayo supported travel to established international underserved site for one month
• Vacation: 15 days/year.
• Travel support: 10 days/year for presentation; one attendance-only trip during fellowship; one yearly attendance for regional meeting if travel grant awarded.

Work Environment
• Fortune 100: Best Companies to Work For (#73 nationally)
• 2015 DiversityInc, Top 5 Hospital System
• Stipends as of June 2016
  • Graduate Level 4 $60,108
  • Graduate Level 5 $62,702
  • Graduate Level 6 $65,084
• Internal moonlighting opportunity (not for J-1 visa holders)
• Cost of living in Rochester is relatively low
• On site sick/back up childcare program
• Enhanced computer access, including clinical record access from home and on mobile devices

Graduate Medical Education Infrastructure
• Web-based electronic curriculum (MedHub) for each rotation
• Up-to-date and extensive array of online journals, ebooks and clinical information provided free to trainees
• State-of-the-art Multidisciplinary Simulation Center
• Workshops led by experts in each area
  • Quality Improvement Methodology (full day)
  • Medical Educator Skills (three half days)
  • Intercultural Communication and Professionalism (half day)
  • Effective Communication (half day)
  • Presentation skills (2 hours)
  • Grant Writing (full day, fee may apply)
  • Writing for Biomedical publication (full day, fee may apply)

Fellowship Outcomes
• 2010-2015 American Board of Internal Medicine Endocrinology Certification Examination pass rate of 100%.
• Outcomes of endocrinology fellows one year after training: approximately 33% academics, approximately 66% private practice (see “Our Graduates” document on our website.)