

26th Annual Selected Topics in Internal Medicine
Tuesday, January 28 and Thursday, January 30

Concurrent Session Schedule

11:00 a.m. Concurrent Sessions/Workshops

Option #1

Heart Sounds Challenge

Kyle W. Klarich, M.D. and Martha Grogan, M.D.

- Hands on workshop with a clinical cardiologist
- Brush up on your cardiac auscultation skills using wireless stethophones

Option #2

Outpatient Dermatology Procedures (Limited Attendance)

Christopher J. Arpey, M.D., Nerissa M. Collins, M.D., C. Scott Collins, M.D. and Megha M. Tollefson, M.D.

- Hands on workshop where you learn to perform shave and punch biopsies
- Learn from dermatology specialists which lesions need to be biopsied and where to biopsy different types of lesions

Option #3

Physical Examination Skills: Shoulder and Knee (Limited Attendance)

Shawn C. Oxentenko, M.D. and Matthew J. Pingree, M.D.

- Hands on workshop with physiatrists
- Learn physical examination techniques to help you interpret knee and shoulder complaints in the office

Option #4

Interpreting Pulmonary Function Tests: The Basics and Beyond

David E. Midthun, M.D. and Darlene R. Nelson, M.D.

- Learn a systematic approach to reading PFTs
- Learn to recognize important patterns of disease and how to determine patient effort

Option #5

Cases in Palliative Care

Elise C. Carey, M.D. and Jacob J. Strand, M.D.

-

Option #6

Cases in Benign Hematology

Carrie A. Thompson, M.D. and Morie A. Gertz, M.D.

- How do I evaluate patients with an abnormal CBC?
- How I approach a patient with anemia, thrombocytopenia, or abnormal coagulation tests?
- What clues can help distinguish between benign and serious causes of anemia or thrombocytopenia in older adults?

Option #7

Transitions of Care: How can we do it better?

Deanne T. Kashiwagi, M.D. and M Caroline Burton, M.D.

- How can I reduce readmissions by improving care transitions from the hospital to the outpatient setting?
- How do I balance the pressure to shorten the length of stay with avoiding hospital readmission risk?
- Case-based examples will be discussed

Option #8

Cases from the Endocrine Clinic

Diana S. Dean, M.D. and Neena Natt, M.D.

- I feel a thyroid nodule; now what?
- When should I start treatment in my patients with subclinical hypothyroidism?
- When do I need to treat men with "low T"; how should I monitor treatment?
- Which patients need to have their adrenal axis tested?

Option #9

Commonly Encountered Psychiatric Cases

Kate M. Schak, M.D. and Gabrielle J. Melin, M.D.

- How do I choose the best medication to treat my patients with anxiety?
- How do I manage a somatically focused patient?
- How do I recognize and manage addiction disorders?
- What are important medication side effects and interactions should I be aware of in treating my patients with depression?

Option #10

Challenging Cases in Pain Management

W. David Mauck, M.D. and Susan M. Moeschler, M.D.

- How do I assess for and treat anxiety/depression in patients with chronic pain syndromes?
- When should I consider opioid rotation and what are some recommendations on how to do this?
- What issues are important to document in followup visits for patients receiving chronic opioids?
- How do I manage a patient who I suspect may be diverting their pain medications?
- How do I manage a patient who I suspect of opioid addiction?

12:30 p.m.

Complete Evaluations/ Adjourn